**MIA de BETHUNE, MA, ATR-BC, LCAT, SEP**

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**CURRENT: Art Therapy and related work experience**

**2010-Present - Adjunct Faculty/Administrator -** NYU Graduate Art therapy Department – Internship Coordinator, Instructor for Internship Seminar and Adolescent

Theory.

**2020 Curator/Producer** – “The Unlonely Project” NYU CAT Consortium and Harvard Medical School collaboration to tell webinar stories of art therapy and resilience during COVID19.

**2020 Founder** the Hudson Valley/NY Makers & Creators of PPE – a Northeast regional group that came together to manufacture PPE by hand during the COVID19 surge in NY City.

**2018-Present - Advisory Board Saori Arts NYC, Inc** -serving as art therapy advisor for this group which brings Japaneses Saori weaving – where mistakes lead to discovery – to differently abled individuals in the NY metropolitan area and through online tutorials.

**2013-Present - Art Therapist** with Hospice and Palliative Care of Westchester doing home visits with adults and children who are experiencing illness or related loss of siblings or parents.

**2006 to present- Private Practice** – Licensed Creative Arts Therapist. Individual clients from pre-teens to adults. Supervision for art therapy graduates seeking credentials. Methods used: art therapy, relational psychology, somatic experiencing, breath work and reiki practice. Groups for Guided Drawing.

**2008-Present - Lecturer**:

-Expressive Arts Therapy Summit, NYC (2011-2015) with writing coach Nelly Gupta *Writing for the Soul: A Multi-modal Art Journaling Workshop*. At the

-American Art Therapy Association Conference in Cleveland, Ohio (2008) **–** Co-presented a paper entitled “*Giving the Gift of the Transitional Object: An Interagency Experiment in Altruism”* with Kelley Linhardt, ATR-BC, LCAT.

-Villa des Art in Rabat, Morocco (2012) as part of a mental health cultural exchange.

-NY Presbyterian Morgan Stanley Children’s Hospital Peri-Natal Palliative Care Conference (2017).

-Andrus Children’s Center Psychology Internship Program, Hastings-on-Hudson, NY

-Westchester Group Psychotherapy Society

-New York Social Workers Association

-Various Westchester County school districts,

-College of New Rochelle, Brooklyn Extension

-Expressive Arts Therapy Summit, NYC 2019 – teaching therapeutic bookmaking and Guided Drawing.

**PAST: Art Therapy and related work experience**

**2014-2016 – Adjunct Faculty** School of Visual Arts MPS Art Therapy Program – Art Therapy with Groups and Assessments Class.

**2006 to 2013 - Arts Coordinator/Art Therapy Intern Supervisor**, The Children’s Village, providing arts enrichment/art therapy for at-risk adolescent population in residential treatment, responsible for administering the arts enrichment grants from the Keith Haring Foundation for the recreation dept., running groups in area of expertise (drawing, painting, puppet making, sculptural construction), interviewing, hiring and supervising independent artists/creative arts therapists to run workshops within the cottages, organizing cultural events on campus, and cultural trips off campus to museums and theatre. Developed the art therapy internship program in 2006 to train and supervise art therapy students to see individual clinical cases and run art groups through the recreation department. Implemented a referral and assessment process for children seen in art therapy. Responsible for exhibiting student work within the facility. Managing enrichment budget, preparing reports and liaison with granting foundations. Supporting the CV’s Development/Volunteer Services with volunteers from the community.

**2003 to 2014 - Freelance work** running expressive art groups at The Children’s Village, The Masters School, The Hudson River Museum, the annual Aquafest Event on the Old Croton Aqueduct, local high school health fairs, and Girl Scout troops. Groups include puppet making, drawing, collage work, painting, mural making, art journaling workshops, and fiber-based workshops.

**2003-2006 - Art therapist and primary therapist** at The Anthony and Sally Mann Center (formerly Linden Hill School) RTF of the Jewish Board of Family and Children’s Services. Responsible for adjunctive art therapy for all residents; individually and in small groups. Responsible for assessment, treatment planning, team treatment conferences, and documentation of all art therapy cases. Developed a referral process for art therapy. Case management for several individual cases, writing court reports, making court appearances, conducting family therapy, treatment planning. Co-lead psycho-dynamic groups on loss, bereavement, trauma, emotional safety, and anger management. Developed the art therapy program to include as many residents as possible in numerous dyadic/triadic art therapy groups. These groups promoted socialization, communication, community and emotional support to those who attended. Responsible for supervising and training several art therapy interns who enabled the group program to expand. Provided Open Studio format art groups to the community at large on a fairly regular basis. Organized a resident exhibition once a year and was responsible for the display of residents’ work within the facility. Managed art therapy supply budget. Provided in-service training about art therapy to staff, lead art therapy groups for staff trainings and presented at Grand Rounds in Sept. 2003 on the impact of art therapy on a resident who successfully transitioned from residential treatment to foster care. Trained my successor, a recent graduate, to take over my position.

**2002 to 2003- Part-time art teacher** in the Outer Academy at Greenburgh Eleven, the school district for Children’s Village in Dobbs Ferry, NY. Responsibilities included teaching art to adolescent boys (12 to 18) in the special cottages at this 300-bed residential treatment center and running an afterschool art program for high school boys in the general program. Populations in the special cottages include juveniles who are in crisis and restricted to the cottages because of runaway behavior, aggression, substance abuse, or sex offense upon other minors.

**2001 to 2002- Art therapy intern** and primary therapist at The Henry Ittleson Center for Child Research, Riverdale, NY. Responsibilities included seeing six individual patients (ages 10-13) in adjunctive art therapy sessions once a week for nine months; co-leading a dyad group once a week; handling the casework for two primary patients which included seeing them twice a week for art, play and talk therapy, as well as seeing them in family therapy twice a month. Assessments, treatment planning, case conferences, and weekly charting were required for primary patients, monthly charting and treatment summaries.

**2000 to 2001-**  **Art therapy intern** at North Central Bronx Hospital in the adult psychiatric unit. Responsibilities included room set up and running group art therapy sessions four times a week; seeing one individual patient 1X per week, doing intake assessments of new patients; charting patients weekly; attending rounds, community meeting, case conferences, and treatment team meetings.

**1983 to 1992 - Freelance Film and Sound Editor –** film, television, documentaries and features. Experience involves many aspects of sound as well as picture editing. (Separate resume)

**Other work experience**

Retired Member of Local 771 IATSE Motion Picture and Video Tape Editors Union.

1991: Substitute Instructor - New York University, Tisch - Undergraduate Film Sound

 Editing

1992: Alumnae consultant to evaluate RISD film/video dept.

1993-98: Board Chairperson, Enrichment Chairperson, Secretary, Newsletter editor, Ombudsman - Hastings Cooperative Nursery School, Hastings, NY

1999: Freelance writer for Homesteader Newspaper, Framingham, MA

1999-02: Coordinator for The Rivertown Arts Council Music Lesson Program

2002-03: Board Member, Rivertown Arts Council, Curator for the Hastings Municipal

 Building Hall Space

2003 Member of the Pen & Brush, Inc., NY, NY

2003 Member of New York Art Therapy Association

2005 Registered with American Art Therapy Association (#05-106)

 Warden/Vestry Member Grace Episcopal Church, Hastings, NY

2006 Certified by the Art Therapy Credentials Board

License- NYS Dept. of Ed.- Creative Arts Therapist (#660-1)

**Education**

1978-79: Connecticut College, New London, CT

1983: Rhode Island School of Design, Providence, RI, BFA Film/Video

1988: New York State Writer's Workshop, Saratoga Springs, NY

1989: The Writer's Voice, NY, NY

1994-95: Painting - SUNY Purchase, Purchase, NY

1995-99 & 2011-16 The Writing Institute, Sarah Lawrence College

1998 Usui/Tibetan Reiki Level 1 and 2

2000-03: New York University M.A. in Art Therapy

2012 Gurfein Writing Fellowship, Sarah Lawrence College

 Certified MARI – Mandala assessment practitioner,

 Reiki Master: Usui Tibetan Tradition

2013-15 -Training for Certified Group Therapy Practitioner

2014 Reiki Master Training: Transcendental Tradition

2016 Child and Adolescent Psychotherapy Certificate – Westchester Center for the

 Study of Psychoanalysis and Psychotherapy

2017-19 Somatic Experiencing Training

2017-18 Haystack Mountain School of Art – Fiber Arts

2019 Somatic Experiencing Advanced Certification with Raja Selvam, PhD and Abi

 Blakeslee, PhD,

 Guided Drawing Certification with Cornelia Elbrecht, ATR, SEP

2020 Holy Fire® III Karuna® Reiki Master Training, with William Lee Rand

 Inner Reflection Focusing certification with Maureen Gallagher, PhD

 Integral Somatic Psychology Training with Raja Selvam, PhD

2020-Present PhD student Lesley University Expressive Therapies Program

**Publications**

de Bethune, M. (2009).Writer of O: Review of a film by Pola Rappaport*. JATA* , Vol 26/4. 2009. Page 191.

McHugh, G.(Ed)(2013). *500 Paper Objects*. Lark Publications/Barnes & Noble

de Bethune, M. & Linhardt, K. (2019). Cultivating resilience through creative altruism with institutionalized youth in foster care,in M. Berberian & B. Davis (Eds) *Art Therapy Practices for Resilient Youth*. London: Routledge, Pp 227-251.

de Bethune, M. (2017). *Distance and Proximity* – Unpublished paper examining the use of the art therapy studio in adolescent individuation and identity development.

de Bethune, M. (2018). *Living at the End of Life* – Unpublished paper examining the use of collage to facilitate communication and embodiment for a 100-year-old client in hospice.

**Honors**

\*Presented at Grand Rounds for the Jewish Board of Family and Children Services 2002

\*Presented a paper at The American Art Therapy Conference in Cleveland, OH 2008

\*Presented at The Expressive Therapies Conference in NYC, 2011, 2012, 2015, 2019

\*Gurfein Writing Fellow at the Sarah Lawrence College Writing Institute 2012

\*Catwalk Art Residency Summer 2014 and 2015.

\*Presented at NY Presbyterian Morgan Stanley Children’s Hospital Conference on Peri-Natal Palliative Care with Hospice of Westchester 2017

\*Honored as Local Hero by NY State Senate Majority Leader Andrea Stewart Cousins for forming a group to make PPE for hospitals during the COVD19 Pandemic 2020

**Affiliations**

1984-92: Local 771-IATSE Motion Picture Editors Union-retired member

2002-03 Rivertown Arts Council Board Member

2003-04 Member of the Pen & Brush, Inc., NY, NY

2003-08 Member of the New York Art Therapy Association

2005-08 Registered with the American Art Therapy Association

2006-08 Certified by the Art Therapy Certification Board,

 Licensed by the NY State Board of Education

2008-13 Westchester Group Psychotherapy Society

2007-09 Member of The Blue Door Gallery Association

2016-20 Member - The Upstream Galley, Hastings, NY

2016-20 Member – Westchester Psychoanalytic Association

2018-20 Board Advisor Saori Arts NYC – therapeutic weaving

2017-20 Member Somatic Experiencing Therapy Institute