

WILLIAM TSAI, PhD

Curriculum Vitae

CONTACT

NYU Steinhardt
Department of Applied Psychology
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ACADEMIC APPOINTMENT

September 2018 – present **New York University**
Assistant Professor, *Department of Applied Psychology*

August 2016 – August 2018 **California State University San Marcos**
Assistant Professor, *Department of Psychology*

EDUCATION & TRAINING

June 2016 **Ph.D., Clinical Psychology**
University of California, Los Angeles
Minor: Health Psychology
Dissertation Title: *Cultural Differences in Emotion Expression and Suppression: Implications for Health and Well-Being*

2015 – 2016 **APA-accredited Clinical Psychology Predoctoral Internship**
Veterans Affairs Greater Los Angeles Healthcare System
Site: West Los Angeles VA Medical Center

December 2011 **M.A., Clinical Psychology**
University of California, Los Angeles
Thesis Title: *Cultural Differences in the Effects and Processes of Self-Reflection over Negative Experiences*

May 2010 **B.S., Psychology** (*Magna Cum Laude*)
 University of Michigan, Ann Arbor
 Minor: Applied Statistics
 Honors Thesis Title: (Awarded High Honors): *Examining the Relations
 Between Rumination and Adjustment: A Focus on Ethnicity*

FELLOWSHIPS

2014 – 2015 UCLA Dissertation Year Fellowship
 2012 UCLA Graduate Summer Research Mentorship Award
 2011 – 2012 UCLA Center for Culture, Brain, and Development Fellowship
 2011 UCLA Graduate Summer Research Mentorship Award
 2010 – 2011 UCLA University Fellowship

HONORS AND AWARDS

2017 CSU Long Beach Center for Health Equity Research Institute (CHER)
 Faculty Fellow (Invited participant to the six days intensive National
 Institute of Health (NIH) Grant application development program funded
 by the NIH)

2016 APA Committee on Ethnic Minority Affairs (CEMA) Jeffrey S. Tanaka
 Memorial Dissertation Award in Psychology – Semi-finalist

2016 APA Division 45 Distinguished Student Research Award – Runner-up

2015 Asian American Psychological Association Dissertation Award

2014 Asian American Psychological Association Division of Students Graduate
 Research Award

2014 Nominated - Shepherd Ivory Franz Distinguished Teaching Assistant
 Award

2013 Nominated - Shepherd Ivory Franz Distinguished Teaching Assistant
 Award

2012 Association for Psychological Science RISE Research Award – Honorable
 Mention

2011 Asian American Psychological Association Student Travel Award

2009 Asian American Psychological Association Undergraduate Research Award

ACTIVE GRANTS

1. NYU CTSI (NIH/NCATS 1UL1 TR001445) Pilot Project Award (\$38,833).
A Pilot Study of Expressive Helping Intervention for Chinese-Speaking Cancer Survivors
Role: Principal Investigator
4/1/2019 – 3/31/2020
2. NYU Institute of Human Development and Social Change (IHDSC) Seed Award (\$15,000)
Helping Oneself by Helping Others: Testing the Feasibility of a Narrative Intervention for Chinese American Cancer Survivors
Role: Principal Investigator
3/7/2019 – 3/6/2020

COMPLETED GRANTS

1. CSUSM College of Humanities, Arts, Behavioral & Social Sciences Faculty Development Grant (\$1,000).
Role: Principal Investigator
1/2/2018 – 6/1/2018
2. CSUSM Faculty Center Professional Development Grant (\$750).
Role: Principal Investigator
1/2/2018 – 6/1/2018
3. CSUSM Grant Proposal Seed Money Grant (\$3,000).
Internet Feasibility Pilot Study: Recruiting Ethnic Minority Cancer Survivors over Facebook.
Role: Principal Investigator
5/8/2017 – 5/1/2018
4. CSUSM Research, Scholarship, and Creative Activity Grant (\$7,000).
Multi-modal Exploration of Expressive Suppression on Memory.
Role: Principal Investigator
7/1/2017 – 5/31/2018
5. CSUSM Faculty Center Professional Development Grant (\$750).

Physiological Effects of Emotion Suppression on Memory.

Role: Principal Investigator

12/1/2016 – 5/31/2017

6. CSUSM College of Humanities, Arts, Behavioral & Social Sciences Faculty Development Grant (\$1,000).
Reflecting on Negative Experiences: The Role of Self-Distancing.
Role: Principal Investigator
12/1/2016 – 5/31/2017
7. UCLA Institute of American Cultures Research Grant (\$2,460).
Cultural Differences in Emotion Expression and Suppression: Implications for Health and Well-Being.
Role: Principal Investigator
7/1/2014 – 5/31/2015
8. UCLA Institute of American Cultures Research Grant (\$3,000).
Emotional Expression and Disclosure in Ethnic Matching.
Role: Principal Investigator
7/1/2012 – 5/31/2013
9. UCLA Asian American Studies Center Okura Research Grant (\$3,000).
Emotional Expression and Disclosure in Ethnic Matching.
Role: Principal Investigator
7/1/2012 – 5/31/2013
10. UCLA Center for Culture, Brain, and Development Research Grant (\$6,000).
Examining the effects of Rumination on Health across Asian and European American College Students.
Role: Principal Investigator
1/4/2011 – 12/31/2011

PEER-REVIEWED PUBLICATIONS

*Student Advisee/Trainee

1. **Tsai, W.**, Weiss, B., Kim, J. H., & Lau, A. S. (*in press*). Longitudinal Relations between Emotion Restraint Values, Life Stress, and Internalizing Symptoms among Vietnamese American and European American Adolescents. *Journal of Clinical Child and Adolescent Psychology*.
2. Kim, J. H., **Tsai, W.**, Kodish, T., Trung, L., Lau, A.S., & Weiss, B. (*in press*). Cultural Variation in Temporal Associations among Somatic Complaints, Anxiety, and Depressive symptoms in Adolescence. *Journal of Psychosomatic Research*.

3. Ji, L., **Tsai, W.**, Wang, L., Lu, Q., Ma, Y., Sun, X., Wang, H., & Lu, G. (2019). The Detrimental Effects of Ambivalence over Emotional Expression on Well-being among Mainland Chinese Breast Cancer Patients: Mediating role of Perceived Social Support. *Psycho-Oncology*, 28, 1142-1148.
*first and second author contributed equally
4. **Tsai, W.**, Wu, I. H., & Lu, Q. (2019). Acculturation and Quality of Life among Chinese American Breast Cancer Survivors: The Mediating Role of Self-stigma, Ambivalence over Emotion Expression, and Intrusive Thoughts. *Psycho-Oncology*, 28, 1063-1070.
5. **Tsai, W.**, Zavala, D.* & Gomez, S.* (2019). Using the Facebook Advertisement Platform to Recruit Chinese, Korean, and Latinx Cancer Survivors for Psychosocial Research. *Journal of Medical Internet Research*, 21, e11571.
6. **Tsai, W.** & Lu, Q. (2019). Ambivalence over Emotional Expression and Intrusive Thoughts Moderates the Relations between Stigma and Depressive Symptoms among Chinese American Breast Cancer Survivors. *Journal of Behavioral Medicine*, 42, 452-460.
7. Gallagher, M. W., Long, L. J., **Tsai, W.**, Stanton, A. L., & Lu, Q. (2018). The unexpected impact of expressive writing on posttraumatic stress and growth in Chinese American breast cancer survivors. *Journal of Clinical Psychology*, 74, 1673-1686.
8. Lu, Q., **Tsai, W.**, Chu, Q., & Xie, J. (2018). Is Emotion Suppression Harmful for Chinese American Breast Cancer Survivors? *Journal of Psychosomatic Research*, 109, 51-56.
9. **Tsai, W.** & Lu, Q. (2018). Culture, Emotion Suppression and Disclosure, and Health. *Social and Personality Psychology Compass*, 12, 1-13.
10. **Tsai, W.** & Lu, Q. (2018). Perceived Social Support Mediates the Longitudinal Relations between Ambivalence over Emotional Expression and Quality of Life among Chinese American Breast Cancer Survivors. *International Journal of Behavioral Medicine*, 25, 368-373.
11. **Tsai, W.** & Lu, Q. (2017). Acculturation Matters in the Relation between Ambivalence over Emotional Expression and Well-being among Chinese American Breast Cancer Survivors. *Quality of Life Research*, 26, 2755-2762.
12. **Tsai, W.**, Wang, K., & Wei, M.F. (2017). Reciprocal Relations between Social Self-Efficacy and Loneliness among Chinese International Students. *Asian American Journal of Psychology*, 8, 94-102.

13. **Tsai, W.**, Lau, A. S., Nguyen, J.*, Ngo, V., & Bahr, W. (2017). Cultural differences in the reciprocal relations between emotion suppression coping, depressive symptoms and interpersonal functioning among adolescents. *Journal of Abnormal Child Psychology*, 45, 657-669.
14. Lau, A. S., Guo, S., **Tsai, W.**, Nguyen, D. J.*, Nguyen, H. T., Ngo, V., & Bahr, W. (2016). Adolescents' stigma attitudes toward internalizing and externalizing disorders: Cultural influences and implications for distress manifestations. *Clinical Psychological Science*, 4, 704-717.
15. **Tsai, W.**, Sun, M., Wang, S. W., & Lau, A. S. (2016). Implications of emotion expressivity for daily and trait interpersonal and intrapersonal functioning across ethnic groups. *Asian American Journal of Psychology*, 7, 52-63.
16. **Tsai, W.**, Chiang, J. J., Lau, A. S. (2016). The Effects of Self-Enhancement and Self-Improvement on Recovery from Stress Differ across Cultural Groups. *Social Psychological and Personality Science*, 7, 21-28.
17. **Tsai, W.**, Lau A. S., Niles, A. N., Coello, J., Lieberman, M. D., Ko, A. C.*, Hur, C.*, Stanton, A. L. (2015). Cultural Differences in Self-Enhancement and Self-Improvement Motivations during Expressive Writing. *Cultural Diversity and Ethnic Minority Psychology*, 21, 584-592.
18. Lau, A. S., **Tsai, W.**, Shih, J., Hwang, W.C., Liu, L., & Takeuchi, D. (2013). The Immigrant Paradox among Asian American Women: Is the increased burden of depression and anxiety paradoxical or explicable? *Journal of Consulting and Clinical Psychology*, 81, 901-911.
19. **Tsai, W.** & Lau, A. S. (2013). Cultural Differences in the Effects and Processes of Self-Reflection over Negative Experiences. *Cognition and Emotion*, 27, 416-429.
*APS RISE Research Award – Honorable Mention
20. **Tsai, W.**, Chang, E. C., Herringshaw, A. J. (2011). An Examination of Happiness as a Buffer of the Rumination-Adjustment Link: Ethnic Differences Between European and Asian American Students. *Asian American Journal of Psychology*, 2, 168-180.
21. Chang, E. C. & **Tsai, W.** (2010). Examining the relations between rumination and adjustment: Do ethnic differences exist between Asian and European Americans? *Asian American Journal of Psychology*, 1, 46-56.

MANUSCRIPTS UNDER REVIEW

*Student Advisee/Trainee

1. Wu, I. H., **Tsai, W.**, McNeill, L. H., & Lu, Q. (under review). Sleep Quality, Medication Use, and Daytime Dysfunction among Chinese Breast Cancer Survivors: The Role of Self-Stigma, and Ambivalence over Emotion Expression.
2. **Tsai, W.**, Nusrath, S.*, & Zhu, R.* (under review). A Systematic Review of Depressive, Anxiety, and Post-traumatic Stress Symptoms among Asian American Breast Cancer Survivors.

MANUSCRIPTS IN PREPRATION

*Student Advisee/Trainee

1. Chen, L.*, **Tsai, W.**, Lau, A. S. (in prep). The Functions of Rumination across Cultures: Mediating Role of Social Problem Solving.
2. **Tsai, W.** & Sun, M. (in prep). Ambivalence over Emotion Expression, Social Support, and Well-being among Latinx American College Students: The Moderating Role of Interdependence.
3. **Tsai, W.** & Kimel, S. (in prep). The Relations Between Support Giving and Psychological Well-being: An Examination of Ethnicity and Collectivism Values

INVITED TALKS AND WORKSHOPS

1. **Tsai, W.**, Weiss, B., Kim, J. H., & Lau, A. S. (March, 2019). *Emotion Restraint Values, Life Stress, and Internalizing Symptoms Among Vietnamese American and European American Adolescents: Test of the Cultural-Congruence Hypothesis*. Invited Symposium presentation at the Culture and Emotion Preconference for the 2019 Society for Affective Science Conference. Boston, MA.
2. **Tsai W.** (February, 2019). *Motivational Interviewing and Goal Setting with Chinese immigrants*. Invited workshop at the Hamilton Madison House, New York, NY.
3. **Tsai W.** (October, 2018). *Applying Stress Management and Motivational Interviewing Techniques for Research with Chinese immigrants*. Invited workshop at the Center for Study of Asian American Health (CSAAH) at NYU School of Medicine, New York, NY.
4. **Tsai W.** (2017, December). *Culture and Emotion Expression: From Basic Science to Applied Interventions*. Invited talk at the National Chengchi University, Taipei, Taiwan.
5. **Tsai W.** (2017, April). *Bottom-up and Top-down Approaches to Research: Drawing from your own Cultural Experiences*. Invited talk for the Cross-Cultural Center at the California State University, San Marcos, CA.

6. **Tsai, W.** (2017, January). *Ways of Thinking and Feeling – Different Cultural Pathways to Health and Well-being*. Invited talk at the National Chengchi University, Taipei, Taiwan.
7. **Tsai, W.** & Lau, A.S. (2015, August). *Culturally distinct pathways to recovering from stress: Bolstering Esteem vs Striving for Improvement*. Invited Symposium presentation at the Annual Convention of the Asian American Psychological Association, Toronto, ON, Canada.

CHAired CONFERENCE SYMPOSIA

1. **Tsai, W.** & Lu, Q. (2019, August). Influence of Acculturation on the Relationship between Emotion Regulation and Well-being among Chinese American breast cancer survivors. In W. Tsai (Chair) *An Interactive Symposium on the Well-being among Racial and Ethnic Minority Cancer Patients and Survivors: Research and Clinical Perspectives*. Symposium to be presented at the Annual Convention of the American Psychological Association, Chicago, IL.
2. **Tsai, W.** & Lu, Q. (2019, May). Psychosocial mechanisms of the acculturation and quality of life link among Chinese American breast cancer survivors. In W. Tsai (Chair) *The Role of Acculturation on Psychological and Physical Health among Chinese and Latinx Cancer Survivors*. Symposium to be presented at the Annual Convention of the Association for Psychological Science, Washington, DC.
3. **Tsai, W.** & Lau, A. S (2013, June). Effects of Ethnic Match on Emotional Expression. In W. Tsai (Chair) *Examining the Effects of Culture on Emotional Expression and Reactivity*. Symposium presented at the International Association for Cross-Cultural Psychology Regional Conference, Los Angeles, CA.

CONFERENCE SYMPOSIA/TALKS

*Student Advisee/Trainee

1. **Tsai, W.** (2019, October). Preparing for and Pursuing Post-Graduate Positions: Experiences from a Panel of Early Career AANHPI. Symposium to be presented at the Annual Convention of the Asian American Psychological Association, San Diego, CA.
2. **Tsai, W.** & Sun, M. (2019, May). Ambivalence over Emotion Expression, Social Support, and Well-being among Latinx American College Students: The Moderating Role of Interdependence. In S.W. Wang (Chair) *The Cultural Shaping of Social-Health*

Processes across Diverse Contexts. Symposium presented at the Annual Convention of the Association for Psychological Science, Washington, DC.

3. **Tsai, W.**, Lu, Q., Gallagher, M., Loh, A., & Young, L. (2018, April). Culturally-Sensitive Expressive Writing Intervention Among Chinese American Breast Cancer Survivors. Paper presented at the Annual Convention of the Society for Behavioral Medicine, New Orleans, LA.
4. **Tsai, W.** & Lu, Q. (2017, October). Emotional Restraint, Relationships, and Health among Chinese Breast Cancer Survivors. In S.W. Wang & J. Chang (Co-chairs) *Intersecting Identities, Culture, Relationships, and Health: The Asian (American) Experience*. Symposium presented at the Annual Convention of the Asian American Psychological Association, Las Vegas, NV.
5. **Tsai, W.** (2017, October). Now What? Finding Success After Graduation. In M. Tu (chair) *Division of Student Presents: Making the Most Out of Your Graduate School Training Experience*. Symposium presented at the Annual Convention of the Asian American Psychological Association, Las Vegas, NV.
6. **Tsai, W.** & Lu, Q. (2017, May). Social Support Mediates the Longitudinal Relations between Ambivalence over Emotional Expression and Quality of Life among Chinese Breast Cancer Survivors. Data-Blitz Talk presented at the Cultural-Clinical Psychology APS Pre-Conference, Boston, MA.
7. **Tsai, W.**, Wang, K.T., & Wei, M. (2017, May). Sources of Friendship, Social Self-Efficacy, and Loneliness among Chinese International Students. In S.W. Wang & J. Chang (Co-chairs) *Ties that Bind: Culture Shapes the Effects of Support and Friendships on Health and Well-Being*. Symposium presented at the Annual Convention of the Association for Psychological Science, Boston, MA.
8. **Tsai, W.**, Wang, K.T., & Wei, M. (2016, August). Reciprocal Relations between Social Self-Efficacy and Loneliness among Chinese International Students. Paper presented at the International Congress of the International Association for Cross-Cultural Psychology. Nagoya, Japan.
9. **Tsai, W.**, & Lau, A. S. (2013, August). Reciprocal prospective associations between Emotion Suppression and Internalizing Symptoms. In A.S. Lau (Chair) *Informing Prevention Efforts with Emerging Findings from the ACES Study: Cause, consequence or correlate?* Symposium presented at the Annual Convention of the Asian American Psychological Association, Honolulu, Hawaii.
10. Lau, A.S., **Tsai, W.**, Guo, S., Ngo, V., & Weiss, B. (2013, June). Understanding Adolescent Psychopathology Across Cultures: Cultural Values, Stress Vulnerability, and

Symptom Profiles. Symposium presented at International Society for Research on Child and Adolescent Psychopathology, Leuven, Belgium.

11. Ng, F., Loke, S., **Tsai, W.**, Yuen, C., Chung, S., Liu, M., Dang, P., Yi-Chen, J. (2011, August). Addressing the Challenges of Graduate School from the Student Perspective. Symposium presented at the Annual Convention of the Asian American Psychological Association, Washington, D.C.

POSTER PRESENTATIONS

*Student Advisee/Trainee

1. Lee, C.* & **Tsai, W.** (2019, October). Harnessing the benefits of helping others through writing: A Randomized Controlled Trial for Chinese international students. Poster to be presented at the Annual Convention of the Asian American Psychological Association. San Diego, CA.
2. Choo, C*, Yang, Z.*, Nusrath, S.*, Zhu, R.*, Xun, Z.*, & **Tsai, W.** (2019, May). The Cultural Motivations Underlying Social Support Provision and Psychological Health Among Chinese International Students. Poster presented at the 31st Association for Psychological Science Annual Convention. Washington, D.C., USA
3. Xun, Z.* & **Tsai, W.** (2019, May). Enhancement and Suppression Ability Differentially Predict Social Functioning and Psychopathology Symptoms. Poster presented at the Annual Convention of the Association for Psychological Science. Washington, D.C.
4. Kim, J. H., **Tsai, W.**, Kodish, T., Trung, L., Lau, A.S., & Weiss, B. (2019, March). Cross-Cultural Longitudinal Relations Among Internalizing Symptoms: The Contribution of Somatic Complaints. Poster presented at the Annual Meeting of the American Psychosomatic Society. Vancouver, BC, Canada.
5. Zavala, D.*, Gomez, S.*, Mendez, D.*, & **Tsai, W.** (2018, May). Recruiting Ethnic Minority Cancer Survivors from Facebook. Poster presented at the annual Psychology Undergraduate Research Conference at UCLA.
6. Mendez, D.*, Gomez, S.*, Zavala, D.*, De Lisser, O.*, Smith, A.*, & **Tsai, W.** (2018, May). Sense of Belonging and Well-being among First-Generation College Students. Poster presented at the Annual Convention of the Association for Psychological Science. San Francisco, CA.
7. De Lisser, O.*, Mendez, D., Zavala*, D., Smith*, A., Ridenour, C.*, & **Tsai, W.** (2018, April). Stressing out Helps when Stressors are Viewed as Opportunities. Poster presented at the Annual Western Psychological Association Convention. Portland, OR.

8. Ridenour, C.* & **Tsai, W.** (2017, November). Resilience Moderates the Relationship between Rumination and Emotional Reactivity. Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
9. Ramirez, J.*, Mendez, D.*, Gomez, S.*, & Qasem, A.*, Ridenour, C.*, & **Tsai, W.** (2017, May). Context differentiation as a Mediator of the link between Emotional Expression and Well-being. Poster presented at the 26th Annual UCLA Psychology Undergraduate Research Conference. Los Angeles, CA.
10. Qasem, A.*, Clifford, L.*, Gomez, S.*, De Lisser, O.*, Ridenour, C.*, & **Tsai, W.** (2017, May). Examining the Mechanisms between Positive Emotional Expressivity and Life Satisfaction Among Latino Americans. Poster presented at the 26th Annual UCLA Psychology Undergraduate Research Conference. Los Angeles, CA.
11. Gallagher, M. W., Long, L. J., **Tsai, W.**, Stanton, A. L., Lu, Q. (2017, May). The Unexpected Impact of Expressive Writing on Posttraumatic Stress and Growth in Chinese American Breast Cancer Survivors. Poster presented at the Annual Convention of the Association for Psychological Science, Boston, MA.
12. Ramirez, J.*, Mendez, D.*, De Lisser, O.*, Gomez, S.*, Qasem, A.*, Clifford, L.*, Ridenour, C.*, & **Tsai, W.** (2017, April) Ambivalence over Emotional Expression and Well-being among Latino Americans: A Moderated Mediated Model. Poster presented at the 24th Annual CSUSM Psychology Undergraduate Research Conference. San Marcos, CA.
13. **Tsai, W.** & Lu, Q. (2017, March). Acculturation Moderates Ambivalence over Emotional Expressions and Well-being among Chinese Breast Cancer Survivors. Poster presented at the Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
14. **Tsai, W.**, Wang, K.T., & Wei, M. (2016, August). Reciprocal Relations between Social Self-Efficacy and Loneliness among Chinese International Students. Poster presented at the Annual Convention of the Asian American Psychological Association, Denver, CO.
15. Chen, K. K.*, Lam, C.*, Martinez, S.*, He, R., Campos*, E., **Tsai, W.**, & Lau, A. S. (2015, May). Cultural differences in coping and experience of face loss: context matters. Poster presented at the 15th Annual Stanford Undergraduate Psychology Conference. Stanford, CA.
16. He, R. *, Martinez, S. *, Campos, E. *, Lam, C. *, Chen, K. K. *, **Tsai, W.**, & Lau, A. S. (2015, May). Context matters: cultural differences in the experience of face loss. Poster presented at the 24th Annual Psychology Undergraduate Research Conference. Los Angeles, CA.

17. Sun, M., **Tsai, W.**, Wang, S.W., Lau, A.S. (2014, November). Culture and emotion expression: Daily and trait interpersonal and intrapersonal functioning between Asian and European American college students. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
18. **Tsai, W.**, Lau A. S., Niles, A. N., Coello, J., Lieberman, M. D., Ko, A. C.*, Hur, C.*, Stanton, A. L. (2014, August). Ethnicity Moderates the Outcomes of Self-Enhancement and Self-Improvement Themes in Expressive Writing. Poster presented at the Annual Convention of the Asian American Psychological Association, Washington, DC.
19. Chen, K. K.*, **Tsai, W.**, & Lau, A. S. (2014, August). Coping with Face Loss in Achievement vs. Interpersonal Domains. Paper presented at the Annual National McNair Symposium. University of California, Berkeley.
20. **Tsai, W.**, Lau A. S., Niles, A. N., Coello, J., Lieberman, M. D., Ko, A. C.*, Hur, C.*, Stanton, A. L. (2014, May). Cultural Differences in Self-Enhancement and Self-Improvement Motivations during Expressive Writing. Poster presented at the Annual Conference of the Association for Psychological Sciences, San Francisco, CA.
21. Hur, C.*, Ko, A. C.*, Savikaluck, K.*, Kerr, T.*, **Tsai, W.**, & Lau, A. (2014, Feb). Cultural Differences in the Utilization and Function of Self-Enhancement Domains. Poster presented at the 15th Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.
22. **Tsai, W.** & Lau, A. S. (2012, May). Cultural Differences in the Effects and Processes of Self-Reflection over Negative Experiences: Evaluating Alternate Models of the Influence of Cultural Values on Adolescent Internalizing Problems. Poster presented at the Annual Conference of the Association for Psychological Sciences, Chicago, IL. (RISE-UP Research Award Honorable Mention)
23. Ko, A. C.*, Yang, M.*, **Tsai, W.** & Lau, A. (2012, May). Cultural Differences Underlying the Role of Life Satisfaction in Negative Self-Reflection. Poster presented at the 21st Annual Psychology Undergraduate Research Conference at University of California, Los Angeles.
24. Hur, C.*, Ko, A. C.*, Yang, M.*, **Tsai, W.**, & Lau, A. (2012, March). Cultural Differences Underlying the Role of Life Satisfaction in Negative Self-Reflection. Poster presented at the 2nd Berkeley Psychology Undergraduate Conference at University of California, Berkeley.
25. **Tsai, W.** & Lau, A. S. (2011, August). The Effects of Negative Self-Reflection on the Mood: Are There Cultural Differences? Poster presented at the Annual Convention of the Asian American Psychological Association, Washington, D.C.

26. **Tsai, W.**, Herringshaw, A. J., Chang, E. C., Lin, N. J. (2010, August). Relations Between Rumination and Psychological Adjustment in Asian and European Americans: Evidence for Ethnic Differences in the Impact of Emotional Happiness. Poster presented at the Annual Convention of the Asian American Psychological Association, San Diego, CA.
27. **Tsai, W.**, Hirsch, J. K., Chang, E. C., Hazlett, K. E., Kim, J. M., Singh, R., Srivastava, K., Jeglic, E. L., Ng, M., Jacobson, J. R. (2009, August). Perfectionism and Suicidal Risk in a College Student Population. Poster presented at the 117th Annual Convention of the American Psychological Association, Toronto, ON.
28. **Tsai, W.**, Chang, E. C., Srivastava, K., Kim, J. M., Hazlett, K. E., Singh, R., Ng, M., Jacobson, J. R. (2009, August). Loneliness: A Moderator for Relations Between Social Problem-Solving and Adjustment. Poster presented at the 117th Annual Convention of the American Psychological Association, Toronto, ON.
29. **Tsai, W.**, Chang, E. C., Hazlett, K. E., Kim, J. M., Srivastava, K., Singh, R., & Ng, M., (2009, August). Examining the Relations Between Rumination and Adjustment: A Focus on Ethnicity. Poster presented at the Annual Convention of the Asian American Psychological Association, Toronto, ON.
30. Hazlett, K. E., Hirsch, J. K., Chang, E. C., **Tsai, W.**, Srivastava, K., Kim, J. M., Jeglic, E. L., Singh, R., & Ng, M. (2009, July). Perfectionism and Suicidal Risk in a College Student Population: Does Loneliness Affect the Link? Poster presented at the 2009 Association for Research in Personality Conference, Evanston, IL.
31. **Tsai, W.**, Chang, E. C., Hazlett, K. E., Singh, R., Kim, J. M., Srivastava, K., & Bodem, M. R. (2009, May). Optimism-Pessimism: Is There Any Value in Considering a Domain-Specific Framework? Poster presented at the 21st annual Convention of the Association for Psychological Science, San Francisco, CA.
32. **Tsai, W.**, Chang, E. C., Hazlett, K. E., Chang, R., Srivastava, K., Kim, J. M., & Singh, R. (2009, April). Testing the usefulness of performance perfectionism theory across cultures: Does negative self-oriented perfectionism in the US and Japan predict depressive symptoms across time? Poster presented at the 30th annual Society of Behavioral Medicine meeting at Montreal.
33. **Tsai, W.**, Chang, E. C., Srivastava, K., Singh, R., Hazlett, K. E., & Kim, J. M. (2008, November). An examination of the maladaptive theory of perfectionism in college students: Is there a growing gap between theory and data? Poster session presented at the 2008 Sigma Xi Annual Meeting and Student Research Conference, Washington, D. C.
34. **Tsai, W.**, Tardif, T., Chan, C., Meng, X.Z., (2008, May) Infant word-learning in English and Mandarin. Poster session presented at the 17th annual Psychology Undergraduate Research Conference at UCLA.

35. **Tsai, W.**, Tardif, T., Chan, C., Meng, X.Z., (2008, April) Infant word-learning in English and Mandarin. Poster session presented at the Psychology Undergraduate Research Forum at the University of Michigan.

PRESS/MEDIA COVERAGE

紐大華裔學者開啟專項研究為華人癌症病患打造輔導模式 (NYU Researcher Develops Culturally-Appropriate Psychosocial Intervention for Chinese Cancer Patients). *Sing Tao Daily*, May 13th, 2019. <https://www.singtaousa.com/ny/436-%E7%B4%90%E7%B4%84/2333726-%E7%B4%90%E5%A4%A7%E8%8F%AF%E8%A3%94%E5%AD%B8%E8%80%85%E9%96%8B%E5%95%9F%E5%B0%88%E9%A0%85%E7%A0%94%E7%A9%B6+%E7%82%BA%E8%8F%AF%E4%BA%BA%E7%99%8C%E7%97%87%E7%97%85%E6%82%A3%E6%89%93%E9%80%A0%E8%BC%94%E5%B0%8E%E6%A8%A1%E5%BC%8F/>

TEACHING EXPERIENCE

New York University

GRADUATE COURSES

Abnormal Psychology Fall 2018, Fall 2019

UNDERGRADUATE COURSES

Abnormal Psychology (Elective) Spring 2019

Research Methods II (Core) Fall, 2019

California State University San Marcos

UNDERGRADUATE COURSES

Abnormal Psychology Fall 2016, Spring 2017, Fall 2017

Psychological Testing Spring 2017, Fall 2017, Spring 2018

GRADUATE COURSES

Proseminar in Clinical Psychology Fall 2016

MASTER THESIS READER (NYU)

- Fanya Sun (2018; N. Way, Chair)

MASTER THESIS COMMITTEE (CSU San Marcos)

- Jennifer Lobos (2017 – 2018)
- Raquel Good (2017 – 2018)
- Kathryn Layton (2016 – 2018)
- Cliff Ridenour (2016 – 2018)

GRADUATE AND UNDERGRADUATE RESEARCH ASSISTANTS SUPERVISED

NEW YORK UNIVERSITY

- Erica Jones (2019; summer only)
- Nicole Horner (2019; summer only)
- Charlotte Teng (2019 – present)
- Sophia Hon (2019 – present)
- Tiffany Wong (2019 – present)
- Liwei Zhang (2019 – present)
- Zhi Xun (2018 – present)
- Sumaiya Nusrath (2018 – present)
- Zhenyi Yang (2018 – present)
- Ruidi Zhu (2018 – present)
- Lucy Quezada (2018 – present)
- Cherie Choo (2018 – 2019)

CSU SAN MARCOS

- Cliff Ridenour(2016 – 2018)
- Sol Gomez (2016 – 2018)
- Denisse Mendez (2016 – 2018)
- Olivia De Lisser (2016 – 2018)
- Alexandria Smith (2017 – 2018)
- Daisy Zavala (2017 – 2018)
- Victoria Meyerott (2017 – 2018)
- Eun Kyung Kim (2017 – 2018)
- Itzia Ibarra (2017 – 2018)
- Lauren Clifford (2016 – 2017)
- Amelia Qasem (2016 – 2017)
- Johnathan Ramirez (2016 – 2017)

UNDERGRADUATE RESEARCH EXPERIENCES SUPERVISED

- Zhi Xun (2019 – 2020; Honors Thesis Program at NYU Department of Psychology)
- Daisy Zavala (2017 – 2018; Maximizing Access to Research Careers-Undergraduate Student Training Research (MARC U*STAR) Program at CSUSM)
- Keer Chen (2014 – 2015; Ronald E. McNair Scholars Program at UCLA)
- Ahra Ko (2011 – 2012; Psychology Opportunities Research Program at UCLA)

SERVICE

EDITORIAL SERVICE

Consulting Editor

2019 – Present *Cultural Diversity and Ethnic Minority Psychology*

Editorial Board Member

2018 – Present *Asian American Journal of Psychology*

2018 – Present *Frontiers in Psychology: Cultural Psychology*

Ad Hoc Reviewer

Asian Journal of Social Psychology

Child Development

Cognition and Emotion

Current Psychology

European Journal of Cancer Care

International Journal of Behavioral Medicine

International Journal of Intercultural Relations

Journal of Clinical Psychology

Journal of Cross-Cultural Psychology

Journal of Health Psychology

Journal of Family Psychology

PLOS One

Psycho-Oncology

Quality of Life Research

PROFESSIONAL SERVICE

July 2019 – Present APA Division 38 Society for Health Psychology International Relations Committee Chair

2017 – July 2019 APA Division 38 Society for Health Psychology International Relations Committee Associate Chair

2017 – 2018 AAPA Award Committee Member

2015 – 2017 AAPA Convention Committee Registration Co-Chair

2015 – 2016 APA Division 45 Proposal Reviewer

2012 – 2015 APS Student Research Award Reviewer

2010 – Present AAPA Presentation Proposal Reviewer

2010 – 2012 AAPA Division of Students Research Coordinator

UNIVERSITY SERVICECalifornia State University San Marcos

2017 – 2018 Faculty Mentor for the Faculty Mentoring Program (CSUSM)

2017 – 2018 IRB Committee Member (CSUSM)

DEPARTMENTAL SERVICE

New York University

- 2019 – Present Counseling Psychology Program Improvement Committee (Member)
 2018 – Present M.A. in Counseling for Mental Health and Wellness Program Committee
 (Member)
 2018 – Present Counseling for Mental Health and Wellness Admissions Committee
 (Member)

California State University San Marcos

- 2016 – 2018 Online Instruction and Technology Committee (CSUSM)
 2016 – 2017 Psi Chi and Psychology Student Organization Faculty Advisor (CSUSM)

PROFESSIONAL AFFILIATIONS

Asian American Psychological Association (AAPA)
 Association for Psychological Science (APS)
 APA Division 45 Society for the Psychological Study of Ethnic Minority Issues
 APA Division 38 Society for Health Psychology
 International Association for Cross-Cultural Psychology (IACCP)
 Society for Behavioral Medicine (SBM)
 American Psychosomatic Society (APS)
 Taiwan Psychology Network (TPN)

CLINICAL EXPERIENCE

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- 2015 – 2016 **Psychology Intern**, VA Healthcare System (West Los Angeles)
 Completed APA-accredited internship. Conducted individual and group
 therapy with veterans using a range of evidence-based treatments.
 Conducted comprehensive psychodiagnostic and neuropsychological
 assessments. *Director of Training*: Anna Okonek, Ph.D.
- 2014 – 2015 **Advanced Therapist**, UCLA Psychology Clinic
 Conducted individual adult therapy using an integrative modality
 (cognitive-behavioral, psychodynamic). *Supervisor*: Donald Hiroto, Ph.D.
- 2014 – 2015 **Clinical Therapy Supervisor**, UCLA Psychology Clinic
 Supervised beginning graduate student in cognitive-behavioral therapy.
 Reviewed session videotapes and met with student for weekly supervision.
 Oversaw writing of clinical reports and case management. Attended
 weekly seminar with licensed psychologist about the supervision process.
Supervisor: Jill Waterman, Ph.D.
- 2013 – 2014 **Psychology Pre-Intern**, VA Healthcare System (Sepulveda)
 Conducted evidence-based trauma treatments with Veterans with PTSD
 (Prolonged Exposure, Cognitive Processing Therapy). Led mindfulness

and psychoeducational group therapies with Veterans in a primary-care setting. *Supervisor:* Shana Spangler, Psy.D.

2012 – 2013

Practicum Student Therapist, UCLA Counseling and Psych Services
Conducted short-term individual therapy with diverse student populations using an integrative modality (cognitive-behavioral, interpersonal, psychodynamic). Co-led psychoeducational groups and DBT skills group. *Practicum Training Director:* Bonnie Zucker, Ph.D.

2010 – 2012

Graduate Student Therapist, UCLA Psychology Clinic
Conducted child, adult, and couples therapy using evidence-based approaches (Cognitive-behavioral therapy, Integrative Behavioral Couples Therapy) with diverse populations from the community. *Supervisors:* Bruce Chorpita, Ph.D. and Andrew Christensen, Ph.D.

2010 – 2011

Assessor, UCLA Psychology Clinic
Conducted comprehensive psychodiagnostic, personality, and neuropsychological assessments. Wrote clinical reports and made recommendations for treatment. *Supervisor:* Eric Miller, Ph.D.

LANGUAGES

Mandarin: Reading, speaking, and writing (native)