

**CURRICULUM VITAE
SUMIE OKAZAKI**

Department of Applied Psychology
 NYU Steinhardt School
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 sumie.okazaki@nyu.edu

EDUCATION

- 1994 Ph.D. in Psychology, University of California, Los Angeles
- 1990 M.A. in Psychology, University of California, Los Angeles
- 1988 B.S. with High Distinction, with High Honors in Psychology, University of Michigan

POSITIONS HELD

- 2012-present Professor of Applied Psychology, New York University
- 2014-present Director of Counseling Psychology Program, New York University
- 2009-2012 Associate Professor of Applied Psychology, New York University
- 2008-2009 Visiting Associate Professor of Applied Psychology, New York University
- 2003-2009 Associate Professor of Psychology, University of Illinois at Urbana-Champaign
- 2004-2006 Director of Clinical Training, University of Illinois at Urbana-Champaign
- 1999-2003 Assistant Professor of Psychology, University of Illinois at Urbana-Champaign
- 1995-1999 Assistant Professor of Psychology and Asian American Studies, University of Wisconsin-Madison
- 1995-1997 Visiting Assistant Researcher, UCLA Department of Psychology
- 1994-1995 Postdoctoral Fellow, UCLA Family Project, UCLA Department of Psychology
- 1992-1994 Psychology Intern, UCLA Neuropsychiatric Institute & Hospital
- 1990-1991 Psychology Trainee, Asian Pacific Family Center, Rosemead, California
- 1989-1992 Psychology Trainee, UCLA Psychology Clinic

RESEARCH INTERESTS

Impact of migration and race on Asian and Asian American adolescents, emerging adults, and families within local and transnational contexts; intersection of education, career, and mental health

PEER-REVIEWED PUBLICATIONS

- Brice, C., Masia Warner, C., Okazaki, S., Ma, W., Sanchez, A., & Esseling, P. (in press). Social anxiety and mental health service use among Asian American high school students. *Child Psychiatry & Human Development*.
- Taras, V., Sarala, R., Muchinsky, P., Kemmelmeier, M., Singelis, T. M., Avsec, A., ... & Sinclair, H. C. (2014). Opposite ends of the same stick? Multi-method test of the dimensionality of individualism and collectivism. *Journal of Cross-Cultural Psychology, 45*, 213-245.
- Gupta, T., Rogers-Sirin, L., Okazaki, S., Ryce, P., & Sirin, S. R. (2014). The role of collective self-esteem on anxious-depressed symptoms for Asian and Latino children of immigrants. *Cultural Diversity & Ethnic Minority Psychology, 20*, 220-230.
- Kim, H.-J., & Okazaki, S. (2014). Navigating the cultural transition alone: Psychosocial adjustment of Korean early study abroad students. *Cultural Diversity & Ethnic Minority Psychology, 20*, 244-253.
- Okazaki, S., Kassem, A., & Tu, M.-C. (2014). Addressing Asian American mental health disparities: Putting community-based principles to work. *Asian American Journal of Psychology, 5*, 4-12.
- Ling, A., Okazaki, S., Tu, M.-C., & Kim, J. J. (2014). Challenges in meeting the mental health needs of urban Asian American adolescents: Service providers' perspectives. *Race and Social Problems, 6*, 25-37.

- Wong, G., Derthick, A. O., David, E. J. R., Saw, A., & Okazaki, S. (2013). The what, the why, and the how: A review of racial microaggressions research in psychology. *Race and Social Problems*. doi: 10.1007/s12552-013-9107-9
- Way, N., Okazaki, S., Zhao, J., Kim, J., Chen, X., Yoshikawa, H., Jia, Y., & Deng, H. (2013). Social and emotional parenting: Chinese mothering in a changing society. *Asian American Journal of Psychology*, 4, 61-70.
- Saw, A., Berenbaum, H., & Okazaki, S. (2012). Influences of personal standards and perceived parental expectations on worry for Asian American and White American college students. *Anxiety, Stress, & Coping*. Doi:10.1080/10615806.2012.668536.
- Okazaki, S., Kassem, A. M., & Tan, J. Y. (2011). Annual review of Asian American psychology: 2010. *Asian American Journal of Psychology*, 2, 225-290.
- Chao, M. M., Okazaki, S., & Hong, Y. (2011). The quest for multicultural competence: Challenges and lessons learned from clinical and organizational research. *Social and Personality Psychology Compass*, 5, 263-274. DOI: 10.1111/j.1751-9004.2011.00350.x
- Okazaki, S. & Saw, A. (2011). Culture in Asian American community psychology: Beyond the East-West binary. *American Journal of Community Psychology*, 47, 144-156.
- Lau, A. S., Chang, D.F., & Okazaki, S. (2010). Methodological challenges in treatment outcome research with ethnic minorities. *Cultural Diversity & Ethnic Minority Psychology*, 16, 573-580.
- Saw, A., & Okazaki, S. (2010). Family emotion socialization and affective distress in Asian American and White American college students. *Asian American Journal of Psychology*, 1, 81-92.
- Kang, H., Okazaki, S., Abelmann, N., Kim-Prieto, C., & Lan, S. (2010). Redeeming immigrant parents: How Korean American emerging adults reinterpret their childhood. *Journal of Adolescent Research*, 25, 441-464.
- David, E. J. R. & Okazaki, S. (2010). Activation and automaticity of colonial mentality. *Journal of Applied Social Psychology*, 40, 850-887.
- Kim-Prieto, C., Goldstein, L., Okazaki, S., & Kirschner, B. (2010). Effect of exposure to American Indian mascots on the tendency to stereotype a different minority group. *Journal of Applied Social Psychology*, 40, 534-553.
- Leong, F. T. L., & Okazaki, S. (2009). History of Asian American psychology. *Cultural Diversity & Ethnic Minority Psychology*, 15, 352-362.
- Masood, N., Okazaki, S., & Takeuchi, D. T. (2009). Gender, family, and community correlates of mental health in South Asian Americans. *Cultural Diversity & Ethnic Minority Psychology*, 15, 265-274.
- David, E. J. R., Okazaki, S., & Saw, A. (2009). Bicultural self-efficacy among college students: Initial scale development and mental health correlates. *Journal of Counseling Psychology*, 56, 211-226.
- Jang, Y., Chiriboga, D. A., & Okazaki, S. (2009). Attitudes toward mental health services: Age-group differences in Korean American adults. *Aging & Mental Health*, 13, 127-134.
- Okazaki, S. (2009). Impact of racism on ethnic minority mental health. *Perspectives on Psychological Science*, 4, 103-107.
- Okazaki, S., David, E. J. R., & Abelmann, N. (2008). Colonialism and psychology of culture. *Social and Personality Psychology Compass*, 2, 90-106. DOI: 10.1111/j.1751-9004.2007.00046.x
- Lee, M. R., Okazaki, S., & Yoo, H. C. (2006). Frequency and intensity of social anxiety in Asian Americans and European Americans. *Cultural Diversity and Ethnic Minority Psychology*, 12, 291-351.
- Dzokoto, V. A., & Okazaki, S. (2006). Happiness in the eye and the heart: Somatic referencing in West African emotion lexicon. *Journal of Black Psychology*, 32, 117-140.
- David, E. J. R., & Okazaki, S. (2006). The Colonial Mentality Scale (CMS) for Filipino Americans: Scale construction and psychological implications. *Journal of Counseling Psychology*, 53, 241-252.
- David, E. J. R., & Okazaki, S. (2006). Colonial mentality: A review and recommendation for Filipino American psychology. *Cultural Diversity and Ethnic Minority Psychology*, 12, 1-16.

- Constantine, M. G., Kindaichi, M., Okazaki, S., Gainor, K. A., & Baden, A. L. (2005). A qualitative investigation of the cultural adjustment experiences of Asian international college women. *Cultural Diversity and Ethnic Minority Psychology, 11*, 162-175.
- Constantine, M. G., Okazaki, S., & Utsey, S. O. (2004). Self-concealment, social self-efficacy, acculturative stress, and depression in African, Asian, and Latin American international college students. *American Journal of Orthopsychiatry, 74*, 230-241.
- Leong, F. T. L., Okazaki, S., and Tak, J. (2003). Assessment of depression and anxiety in East Asia. *Psychological Assessment, 15*, 290-305.
- Okazaki, S. (2002). Self-other agreement on affective distress scales in Asian Americans and White Americans. *Journal of Counseling Psychology, 49*, 428-439.
- Okazaki, S. & Kallivayalil, D. (2002). Cultural norms and subjective disability as predictors of symptom reports among Asian Americans and White Americans. *Journal of Cross-Cultural Psychology, 33*, 482-491.
- Okazaki, S., Liu, J. F., Longworth, S. L., & Minn, J. Y. (2002). Asian American-White American differences in expressions of social anxiety: A replication and extension. *Cultural Diversity and Ethnic Minority Psychology, 8*, 234-247.
- Okazaki, S. (2002). Influences of culture on Asian Americans' sexuality. *Journal of Sex Research, 39*, 34-41.
- Weisman, A. G., Tompson, M. C., Okazaki, S., Gregory, J., Goldstein, M. J., Rea, M. M., & Miklowitz, D. J. (2002). Clinicians' fidelity to a manual-based family treatment as a predictor of the one-year course of bipolar disorder. *Family Process, 41*, 123-131.
- Abe-Kim, J., Okazaki, S., & Goto, S. (2001). Unidimensional versus multidimensional approaches to the assessment of acculturation for Asian American populations. *Cultural Diversity and Ethnic Minority Psychology, 7*, 232-246.
- Okazaki, S., & Sue, S. (2000). Implications of test revisions for assessment with Asian Americans. *Psychological Assessment, 12*, 272-280.
- Okazaki, S. (2000). Asian American-White American difference on affective distress symptoms: Do symptom reports differ across reporting methods? *Journal of Cross-Cultural Psychology, 31*, 603-625.
- Okazaki, S. (2000). Treatment delay among Asian American patients with severe mental illness. *American Journal of Orthopsychiatry, 70*, 58-64.
- Weisman, A., Okazaki, S., Gregory, J., Goldstein, M. J., Thompson, M. C., Rea, M., & Miklowitz, D. J. (1998). Evaluating therapist competency and adherence to Behavioral Family Management with bipolar patients. *Family Process, 37*, 107-121.
- Okazaki, S. (1998). Teaching gender issues in Asian American psychology: A pedagogical framework. *Psychology of Women Quarterly, 22*, 33-52.
- Okazaki, S. (1998). Psychological assessment of Asian Americans: Research agenda for cultural competency. *Journal of Personality Assessment, 70*, 54-70.
- Okazaki, S. (1997). Sources of ethnic differences between Asian American and White American college students on measures of depression and social anxiety. *Journal of Abnormal Psychology, 106*, 52-60.
- Okazaki, S., & Sue, S. (1995). Methodological issues in assessment research with ethnic minorities. *Psychological Assessment, 7*, 367-375. [reprinted in A. E. Kazdin (Ed.) (1998). *Methodological issues and strategies in clinical research, 2nd edition*. Washington, DC: American Psychological Association, and in P. B. Organista, K. Chun, & G. Marin (Eds.) (1998). *Readings in ethnic psychology*. N.Y.: Routledge.]
- Fujino, D.C., Okazaki, S., & Young, K. (1994). Asian-American women in the mental health system: An examination of ethnic and gender match between therapist and client. *Journal of Community Psychology, 22*, 164-176.
- Sue, S., & Okazaki, S. (1991). Explanations for Asian-American achievements: A reply. *American Psychologist, 46*, 878-880.
- Sue, S., & Okazaki, S. (1990). Asian-American educational achievements: A phenomenon in search of an explanation. *American Psychologist, 45*, 913-920. [reprinted in D. T. Nakanishi & T. Y.

Nishida (Eds.) (1995). *The Asian American educational experience: A source book for teachers and students*. NY: Routledge.]

BOOK CHAPTERS

- Okazaki, S., Ling, A., Wong, S. N., & Tu, M.-C. (in press). Cross-cultural assessment and research. To appear in S. Kelly (Ed.). *Issues in Couple and Family Psychology: Across Socioeconomics, Ethnicities, and Sexualities*. NY: Praeger.
- Okazaki, S., David, E. J. R., & Petalio, J. (in press). Colonialism's impact on ethnic minority mental health. In A. Czopp (Ed.) *Social issues in living color: Challenges and solutions from the perspective of ethnic minority psychology (Vol. 2)*. Santa Barbara, CA: ABC-CLIO/Praeger.
- Okazaki, S. (in press). Toward a more critical psychology of Asians and Asian Americans. In P. L. Hammack (Ed.) *Oxford Handbook of Social Psychology and Social Justice*. NY: Oxford University Press.
- Lau, A. S., Chang, D.F., Okazaki, S., & Bernal, G. (in press). Psychotherapy research with ethnic minorities: What is the research agenda? To appear in N. W. S. Zane, G. Bernal, & F. T. L. Leong (Eds.) *Cultural-informed evidence-based practices for ethnic minorities: Challenges and solutions*. Washington, DC: APA Books.
- Okazaki, S., Saw, A., & Cho, J. (2015). *Psychosocial adjustment of early study abroad students*. In A. Lo, S.-A. Kwon, N. Abelmann, & S. Okazaki (Eds.) *South Korea's education exodus: The life and times of early study abroad* (pp. 228-253). Seattle, WA: University of Washington Press.
- Okazaki, S., & Abelmann, N. (2014). Religiosity and immigrant family narratives in Korean American young adults. In C. Kim-Prieto (Ed.) *Religion and Spirituality Across Cultures*, (pp. 355-369). NY: Springer.
- David, E. J. R., Okazaki, S., & Giroux, D. (2014). Conceptualization and models: A set of guiding principles to advance concepts in multicultural psychology. In F. T. L. Leong (Ed.) *APA Handbook of Multicultural Psychology*. Washington, DC: APA.
- Okazaki, S. & Ling, A. (2013). Assessing and treating Asian Americans: Recent advances in mental health research. In F. Paniagua & A. Yamada (Eds.) *Handbook of Multicultural Mental Health, 2nd ed* (pp. 305-326). NY: Elsevier.
- Okazaki, S. (2013). Asian American mental health: Individuals and families in a global context. In M. J. Gelfand, C.-Y. Chiu, & Y.-Y. Hong (Eds.) *Advances in Culture and Psychology, Volume 4* (pp. 302-351). New York: Oxford University Press.
- Saw, A. & Okazaki, S. (2012). What is the psychology of Asians? In E. C. Chang (Ed.) *Handbook of adult psychopathology in Asians: Theory, diagnosis, and treatment* (pp. 15-29). N.Y.: Oxford University Press.
- Okazaki, S., & Lim, N.E. (2011). Educational outcomes of Asian American children and adolescents. In F. Leong, L. Juang, D.B. Qin, & H.E. Fitzgerald (Eds.) *Asian American and Pacific Islander Children and Mental Health, Vol. 1: Development and Context* (pp. 143-168). Santa Barbara, CA: ABC-CLIO.
- Niwa, E.Y., Way, N., Qin, D.B., & Okazaki, S. (2011). Hostile hallways: How the model minority myth shapes peer discrimination and the well-being of Asian Americans in school. In F. Leong, L. Juang, D.B. Qin, & H.E. Fitzgerald (Eds.) *Asian American and Pacific Islander Children and Mental Health, Vol. 1: Development and Context* (pp. 193-218). Santa Barbara, CA: ABC-CLIO.
- Okazaki, S., Okazaki, M., & Sue, S. (2009). Clinical personality assessment with Asian Americans. In J. N. Butcher (Ed.) *Oxford Handbook of Personality Assessment*. (pp. 377-395). N.Y.: Oxford University Press.
- Saw, A., & Okazaki, S. (2008). Research methods. In N. Tewari & A. Alvarez (Eds.). *Asian American Psychology: Current Perspectives* (pp. 49-68). Mahwah, NJ: Erlbaum.
- Okazaki, S., Lee, R. M., & Sue, S. (2006). Theoretical and conceptual models: Toward Asian Americanist psychology. In F. T. L. Leong, A. Inman, A. Ebreo, L. Yang, L. Kinoshita, & M. Fu (Eds.) *Handbook of Asian American Psychology, 2nd ed.* (pp. 29-46). Thousand Oaks, CA: Sage.
- Leong, F. T. L., Okazaki, S., & David, E. J. R. (2006). History and future of Asian American

- psychology. In F. T. L. Leong, A. Inman, A. Ebreo, L. Yang, L. Kinoshita, & M. Fu (Eds.) *Handbook of Asian American Psychology*, 2nd ed. (pp. 11-28). Thousand Oaks, CA: Sage.
- Okazaki, S. & Tanaka-Matsumi, J. (2006). Cognitive-behavioral assessment with multicultural populations. In P. A. Hays & G. Y. Iwamasa (Eds.), *Cognitive behavioral therapy with culturally diverse populations* (pp. 247-266). Washington, DC: APA.
- Okazaki, S. (2002). Beyond questionnaires: Conceptual and methodological innovations in Asian American psychology. In G. C. N. Hall & S. Okazaki (Eds.) *Asian American psychology: The science of lives in context* (pp. 13-39). Washington, DC: APA Books.
- Okazaki, S. & Hall, G. C. N. (2002). Introduction: The who, what, and how of Asian American Psychology. In G. C. N. Hall & S. Okazaki (Eds.) *Asian American psychology: The science of lives in context* (pp. 3-11). Washington, DC: APA Books.
- Hall, G. C. N., Okazaki, S., & Nagata, D. K. (2002). Epilogue: Toward the future of Asian American psychology. In G. C. N. Hall & S. Okazaki (Eds.) *Asian American psychology: The science of lives in context* (pp. 195-200). Washington, DC: APA Books.
- Okazaki, S. (2002). Cultural variations in self-construal as a mediator of distress and well-being. In K. S. Kurasaki, S. Okazaki, & S. Sue (Eds.) *Asian American mental health: Assessment theories and methods*. (pp. 107-121) N.Y.: Kluwer Academic/Plenum Publishers.
- Okazaki, S., Kallivayalil, D., & Sue, S. (2002). Clinical personality assessment with Asian Americans. In J. N. Butcher (Ed.) *Clinical personality assessment: Practical approaches*, 2nd ed. (pp. 135-153) N.Y.: Oxford University Press.
- Okazaki, S. (2000). Assessing and treating Asian Americans: Recent advances. In I. Cuellar & F. A. Paniagua (Eds.) *Handbook of multicultural mental health: Assessment and treatment of diverse populations* (pp. 171-193). NY: Academic Press.
- Chung, R. C. Y., Bemak, F., & Okazaki, S. (1997). Counseling Americans of Southeast Asian descent: The impact of the refugee experience. In C. C. Lee (Ed.) *Multicultural issues in counseling: New approaches to diversity 2nd edition* (pp. 207-231). Alexandria, VA: American Counseling Association.
- Mickelson, R. A., Okazaki, S., & Zheng, D. (1995). Reading reality more carefully than books: A structural approach to race and class differences in adolescent educational performance. In P. W. Cookson, & B. Schneider (Eds.) *Transforming Schools* (pp. 81-105). N.Y.: Garland.
- Okazaki, S., & Sue, S. (1995). Cultural considerations in psychological assessment of Asian Americans. In J. N. Butcher (Ed.) *Clinical personality assessment: Practical approaches* (pp. 107-119). N.Y.: Oxford University Press.
- Chung, R. C. Y., & Okazaki, S. (1991). Counseling Americans of Southeast Asian descent: The impact of the refugee experience. In C. C. Lee & B.L. Richardson (Eds.) *Multicultural issues in counseling: New approaches to diversity* (pp. 107-126). Alexandria, VA: American Association for Counseling and Development.

EDITED BOOKS

- A. Lo, S. Kwon, N. Abelmann, & S. Okazaki (Eds.) (2015). *South Korea's education exodus: The life and times of early study abroad*. Seattle, WA: University of Washington Press.
- G. C. N. Hall & S. Okazaki (Eds.) (2002) *Asian American psychology: The science of lives in context*. Washington, DC: APA Books.
- K. S. Kurasaki, S. Okazaki, & S. Sue (Eds.) (2002) *Asian American mental health: Assessment theories and methods*. N.Y.: Kluwer Academic/Plenum Publishers.

MANUSCRIPTS UNDER REVIEW

- Kim, J., & Okazaki, S. (under review). *Children's Early Study Abroad (ESA) as working mothers' "intensive mothering project": Korean ESA families in Southeast Asia*.

MANUSCRIPTS IN PREPARATION

- Okazaki, S., Abelmann, N., Kim, J. J., Lan, S., Lim, N. E., & Kim-Prieto, C. (in progress). *Ethnocultural narratives of immigrant families in Korean American and South Asian American*

communities.

Okazaki, S., Abelmann, N., & Kim, J. J. (in progress). *South Korean returnee college students after early study abroad experience.*

BOOK MANUSCRIPT IN PREPARATION

Abelmann, N. & Okazaki, S. (in progress). *Making family work: How Korean American teens and parents navigate immigrant America.*

HONORS AND AWARDS

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|-----------|---|
| 2014 | Dalmas A. Taylor Distinguished Contributions Award, American Psychological Association Minority Fellowship Program |
| 2008 | Outstanding Asian American Faculty Award, University of Illinois at Urbana-Champaign Asian American Cultural Center |
| 2007 | Elected to Fellow Status, American Psychological Association Division 45 (Society for the Psychological Study of Ethnic Minority Issues) |
| 2007 | Elected to Fellow Status, Asian American Psychological Association |
| 2007 | Faculty Study in the Second Discipline Fellowship (in Anthropology), University of Illinois at Urbana-Champaign College of Literature, Arts, & Sciences |
| 2004 | Early Career Award, American Psychological Association Minority Fellowship Program |
| 2003 | Emerging Professional Award, Society for the Psychological Study of Ethnic Minority Issues (Division 45, American Psychological Association) |
| 2000 | Early Career Award for Distinguished Contribution, Asian American Psychological Association |
| 1991-1992 | APA Minority Fellowship Program |
| 1987 | Muenzer Memorial Award in Psychology, University of Michigan |

RESEARCH GRANTS

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| 2014-2015 | National Research Foundation of Korea “Becoming immigrant as a member of international remarriage family: Identify reformation, schooling, and family experiences of adolescents with Vietnamese stepmothers” (PI: Jeehun Kim, 15 million Korean won) |
| 2014-2015 | W. T. Grant Foundation Distinguished Fellows Award, “Asian American students in an urban public school district: Bridging research, policy, and practice” (\$151,974) |
| 2011-2013 | New York University, University Research Challenge Fund, “Cultural Adaptation of Internet-Based Depression Prevention for Asian American Adolescents” (\$15,000) |
| 2011-2012 | New York University Steinhardt Faculty Challenge Fund, Community Collaborative Award, “Community Based Participatory Research to Develop a Culturally Informed Mental Health Promotion Program for Korean American Youth” (\$15,000) |
| 2003-2006 | University of Illinois Critical Research Initiatives, “Korean American mental health in its familial context” (co-PIs Abelmann & Wiley) (\$121,000) |
| 1997-2002 | National Institute of Mental Health (NIMH) Mentored Scientist Development Award (K01), “Correlates of Affective Distress among Asian Americans” (\$548,920) |
| 1995-1997 | National Alliance for Research on Schizophrenia & Depression (NARSAD) Young Investigator Award “Cultural factors in treatment delay among Asian American schizophrenic patients and their relatives” (\$60,000 direct) |

RESEARCH CONSULTANCY

- | | |
|--------------|--|
| 2013-present | Culture, Family Process, and Developmental Outcomes in Asian American Youth (NICHD 1R01HD073200, PI: Yoonsun Choi) |
| 2009-2010 | Asian American Center on Disparities Research (NIMH P50MH073511, PI: Nolan Zane) |
| 2009-2011 | Mental Health Literacy among Korean American Elders (NIMH R21MH08109, PI: |

Yuri Jang)
 2009-2011 Culture and Mental Illness: Risk, Prevention, and Treatment in Asian Americans
 (NIMH R13MH082499, PI: Margaret Shih)

TECHNICAL REPORTS, BOOK REVIEWS, & OTHER PUBLICATIONS

- Okazaki, S. (2009). Ethnocentrism, Ethnicity, Ethnic Minorities, Racial Identity. In D. Matsumoto (Ed.) *Cambridge Dictionary of Psychology*, Oxford: Cambridge University Press.
- Okazaki, S. (2009). Multicultural counseling on the world's stage [Review of the book *Principles of Multicultural Counseling and Therapy*]. *PsycCRITIQUES Contemporary Psychology: APA Review of Books*, 54 (No. 27) Article 5. Retrieved [July 9, 2009], from the PsycCRITIQUES database.
- Saw, A., & Okazaki, S. (2008). Social Identity. In F.T.L. Leong (Ed.) *Encyclopedia of Counseling*, Thousand Oaks, CA: Sage.
- Lim, N., & Okazaki, S. (2008). Discrimination. In F.T.L. Leong (Ed.) *Encyclopedia of Counseling*, Thousand Oaks, CA: Sage.
- Okazaki, S. (2008). Stanley Sue. In F.T.L. Leong (Ed.) *Encyclopedia of Counseling*, Thousand Oaks, CA: Sage.
- David, E. J. R. & Okazaki, S. (2006). Biculturalism. In Y. Jackson (Ed.) *Encyclopedia of multicultural psychology*. Thousand Oaks, CA: Sage.
- Lee, M. R. & Okazaki, S. (2006). Intergroup relations. In Y. Jackson (Ed.) *Encyclopedia of multicultural psychology*. Thousand Oaks, CA: Sage.
- Masood, N. & Okazaki, S. (2006). CES-D scale. In Y. Jackson (Ed.) *Encyclopedia of multicultural psychology*. Thousand Oaks, CA: Sage.
- Okazaki, S. (2003, October). Expressions of social anxiety in Asian Americans. *Psychiatric Times*, XX, pp. 76,78,80.
- Rasmussen, A., Okazaki, S., Bracey, J., Groot, A., Lee, M.R., Mattison, E., Radek, M., & Uqdah, A. (2003, Summer). Clinic-refugee center collaboration: A case study in culturally appropriate service. *The Community Psychologist*, 36, 40-43.
- Okazaki, S. (2000) Influence of culture on Asian Americans' sexuality and sexual behavior. Contribution to the *Surgeon General's Call to Action to Promote Sexual Health and Responsible Sexual Behavior* (Scientific Editors, E. Coleman, J. S. Hyde, & M. W. Ross).

INVITED PRESENTATIONS

- Okazaki, S. (2015, February). *Myths and realities of Asian American mental health: Challenges for communities*. Asian Association of Princeton Theological Seminary, Princeton, NJ.
- Okazaki, S. (2014, June). *Depressive symptoms among Nanjing adolescents: Gender, school, and family contexts*. Invited paper for inaugural conference of the NYU-ECNU Institute for Social Development at NYU Shanghai, Shanghai, China.
- Okazaki, S. (2014, June). *Qualitative research methods with racial and ethnic minority groups*. Invited workshop for the APA Advanced Training Institute on Research Methods with Diverse Racial and Ethnic Groups. East Lansing, MI.
- Okazaki, S. (2014, April). *Myths and realities of Asian American mental health: Challenges for communities*. New York City Asian American Student Conference. New York, NY.
- Okazaki, S. (2013, June). *Qualitative research methods with racial and ethnic minority groups*. Invited workshop for the APA Advanced Training Institute on Research Methods with Diverse Racial and Ethnic Groups. East Lansing, MI.
- Okazaki, S. (2013, April). *Stress, resilience, and well-being of Asian American women in the academy*. Invited presentation in the Interdisciplinary Medicine and Health Panel at Faculty Women of Color in the Academy conference, Champaign, IL.
- Okazaki, S. (2012, May). *Tiger cub and "the other Asian": Addressing the invisible mental health needs of Asian American youth*. Invited talk for the Division of Prevention and Community Research at the Consultation Center, Department of Psychiatry, Yale University School of Medicine, New Haven, CT.

- Okazaki, S. (2011, April). *Tiger cub and "the other Asian": Addressing the invisible mental health needs of Asian American youth*. Invited talk for the AAPI State of the Science Mental Health and Treatment Issues for Asian American and Pacific Islanders conference, Los Angeles, CA.
- Okazaki, S. (2010, October). *Race, racism, and mental health in Asian American communities*. Invited talk for the Buchanan Ingersoll & Ronney PC Speaker Series, Center on Race & Social Problems. University of Pittsburgh, Pittsburgh, PA.
- Okazaki, S. (2008, February). *Asian Americanist psychology: Rediscovering our activist roots*. Invited talk for the 25th Annual Teachers College Winter Roundtable on Cultural Psychology and Education, New York, NY.
- Okazaki, S. (2007, August). *Developing a program of research in Asian American psychology*. Invited talk for the Asian American Psychological Association Convention, San Francisco, CA.
- Okazaki, S. (2006, November). *How do culture and ethnicity shape the contours of affective distress in Asian Americans?* Colloquium presented as an invited speaker for the Department of Psychology, Florida State University, Tallahassee, FL.
- Okazaki, S. (2006, October). *Sociocultural and familial sources of distress and wellness in Asian Americans*. Colloquium presented as an invited speaker for the Department of Psychology Colloquium Series, Southern Illinois University Carbondale, Carbondale, IL.
- Okazaki, S. (2006, August). *On-gaeshi: My experience being mentored and being a mentor*. Paper presented in the Presidential Program "Centering on Mentoring: Voices across Three Generations" at the 114th annual convention of the American Psychological Association, New Orleans, LA.
- Okazaki, S. (2005, October). *Affective distress in Asian Americans: Manifest resilience and contained resistance and Beyond the model minority: A critical examination of research with Asian Americans*. Colloquium and workshop presented as an invited speaker for Binghamton University Dean's Speaker Series: "A multicultural approach to psychology – research and applications." Binghamton, NY.
- Okazaki, S. (2004, October). *Experience, expression, and family socialization of social anxiety among Asian Americans*. Paper presented at the Emerging Scholar Panel of the Notre Dame Conference on Culture and Diversity, Notre Dame, IN.
- Lee, R. M., & Okazaki, S. (2004, July). *Beyond the model minority: A critical examination of Asian American families*. Workshop presented at the 1st Summer Institute of the Family Research Consortium IV, San Juan, Puerto Rico.
- Okazaki, S. (2003, February). *Contours of affective distress in Asian Americans*. Colloquium presented at the Department of Psychology, University of Illinois, Chicago, IL
- Okazaki, S. (2001, May). *Contours of social anxiety in Asian Americans*. Paper presented at the 72nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Okazaki, S. (2000, December). *Contours of social anxiety and depression in Asian Americans*. Paper presented in a symposium at Kyoto University Department of Psychology, Kyoto, Japan.
- Okazaki, S. (1998, November). *How does cultural variation in self-construal influence the manifestation and experience of mental illness?* Paper presented at the "Conceptual, Methodological, and Practice Issues in the Mental Health Assessment of Asian Americans" conference, Davis, CA.
- Okazaki, S. (1997, May). *Are Asian Americans emotionally distressed? Methodological and conceptual issues in ethnic comparisons of distress*. Paper presented at the 69th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Okazaki, S. (1996, July). *Cultural differences in Expressed Emotion: A preliminary report on Asian American families*. Lecture given [in Japanese] at the Department of Neuropsychiatry, Nihon University School of Medicine, Tokyo, Japan.
- Okazaki, S. (1996, July). *Culture, ethnicity, and mental health in America*. Lecture given [in Japanese] at the Saitama Comprehensive Mental Health Center, Saitama, Japan.
- Okazaki, S. (1994, October). *Cultural considerations in treating Asian Americans*. Paper presented at the 2nd annual conference on Psychopathology, Psychopharmacology, Substance Abuse and Culture, Los Angeles, CA.

Okazaki, S. (1994, June). *Asian American women*. Paper presented at the NIMH workshop on “Mental health of minority women: Developing a research agenda” Bethesda, MD.

CONFERENCE PRESENTATIONS

- Okazaki, S., & Elgendy, S. (2015, March). *Math and English Performance among 3-8th Grade Students from Chinese, Bengali, Urdu, and Punjabi Speaking Homes in New York City*. Poster presented at the biennial conference of the Society for Research in Child Development, Philadelphia, PA.
- Yang, R., Zhang, C., Way, N., Yoshikawa, H., Okazaki, S., & Chen, X. (2015, March). *Urban Chinese mothers' beliefs about boys and girls under rapid changing social and economic context*. Poster presented at the biennial conference of the Society for Research in Child Development, Philadelphia, PA.
- Ling, A., Okazaki, S., & Tu, M.-C. (2014, August). *The education and career aspirations among Chinese immigrant young adults*. Poster presented at the annual convention of Asian American Psychological Association, Washington, DC.
- Zhou, X., Okazaki, S., & Lee, R. M. (2014, June). *The effectiveness of peer support group on acculturative adjustment of Chinese international students*. Poster presented at the third biennial APA Division 45 Research Conference, Eugene, OR.
- Ling, A., Okazaki, S., Tu, M.-C., & Kim, J. J. (2014, February). *Challenges in meeting the mental health needs of urban Asian American adolescents: Service providers' perspective*. Poster presented at the 31st Annual Winter Roundtable Conference, New York, NY.
- Tu, M.-C., Okazaki, Way, N., Chen, X., & Yoshikawa, H. (2014, February). *Intersectionality of class and gender: A longitudinal analysis of depression among junior high school students in Nanjing, China*. Poster presented at the 31st Annual Winter Roundtable Conference, New York, NY.
- Okazaki, S. & Abelmann, N. (2013, August). *Immigrant family resilience: Use of Christian narratives among Korean Americans*. Paper presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.
- Ling, A., Okazaki, S., Kim, J. J., & Tu, M.-C. (2013, August). *Exploring academic and vocational aspirations among Chinese immigrant young adults*. Poster presented at the 121st annual convention of the American Psychological Association. Honolulu, HI.
- Cheuk, S., Kasai, E., Nickens, A., Queena P., Rhodes, R., Wong, G., Saw, A., & Okazaki, S. (August, 2013) *Are we really making a mountain out of a molehill? Examining the proximal physiological impact of microaggressions*. Poster presented at the annual convention, Asian American Psychological Association, Honolulu, HI.
- Tran, T., Dunn, M., Kasai, E., Rhodes, R., Wong, G., Saw, A., & Okazaki, S. (August, 2013) *The immediate emotional impact of racial microaggressions and the effects of racial identity*. Poster presented at the annual convention, Asian American Psychological Association, Honolulu, HI.
- Zhao, J., Kim, J. J., Way, N., Okazaki, S., Chen, X., Yoshikawa, H., Jia, Y., & Deng, H. (2013, April). *Social and emotional parenting: Mothering in a changing Chinese society*. Poster presented at the Society for Research on Child Development biennial conference. Seattle, WA.
- Ling, A., Okazaki, S., & Kim, J. J. (2012, November). *Assessment of mental health needs among the Asian American community*. Poster presented at the Asian American Issues in Behavior Therapy & Research SIG at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Lim, N. E., & Okazaki, S. (2012, August). *The Filipino American Satisfaction with Parental Upbringing Scale*. Poster presented at the annual convention of the Asian American Psychological Association, Orlando, FL.
- Okazaki, S., & Abelmann, N. (2012, March). *Relationship between parent-adolescent differences in perceived family functioning and individual distress in Korean American immigrant families*. Poster presented at the 14th biennial meeting of the Society for Research in Adolescence. Vancouver, Canada.
- Benson, J., Pham, B., Wong, G., Saw, A., & Okazaki, S. (2011, August). *Impact of racial microaggressions on Asian Americans: An experimental design*. Poster presented at the annual

- convention, Asian American Psychological Association, Washington, D.C.
- Okazaki, S., & Abelmann, N. (2009, August). *Coping with immigrant family stress: Korean American teens and parents*. Paper presented at the 117th annual convention of the American Psychological Association, Toronto, Canada.
- Saw, A., & Okazaki, S. (2006, February). *The relationship between family emotion socialization and current affective distress among Asian American and White American college students*. Poster presented at the annual Winter Roundtable Conference, New York, NY.
- Okazaki, S. (2006, February). *Manifest resilience and contained resistance to family stress in Korean American adolescents*. Paper presented at the APA Expert Summit on Immigration, San Antonio, TX.
- Kang, H., Oswald, R., Ebata, A., Okazaki, S., & Abelmann, N. (November, 2005). *Narratives of Korean American college students in emerging adulthood*. Paper presented at the annual conference of the National Council on Family Relations, Phoenix, AZ.
- Okazaki, S., & Abelmann, N. (2005, August). *Korean vs. South Asian conceptions of well-functioning families*. Poster presented at the 113th annual convention of the American Psychological Association, Washington, DC.
- Okazaki, S., Abelmann, N., & Oh, E. (2005, June). *Parent-adolescent discrepancies in Korean American immigrant families*. Poster presented at the 2nd summer institute of the Family Research Consortium IV, New Orleans, LA.
- Okazaki, S. (2003, August). *Psychology in the age of identities: One or many psychologies?* Panel presented at the 111th annual convention of the American Psychological Association, Toronto, Canada.
- Okazaki, S., Abelmann, N., Kim-Prieto, C., & Lan, S. (2003, June). *Korean American mental health in its familial context*. Poster presented at the 5th summer institute of the Family Research Consortium III, Santa Ana Pueblo, NM.
- Rasmussen, A., Okazaki, S., Braceyy, J., Groot, A., Lee, M.R., Mattison, E., Radek, M., & Uqdah, A. (2003, June). *Clinic-refugee center collaboration: A case study in culturally appropriate service*. Paper to be presented at the 9th Biennial Conference on Community Research and Action, Las Vegas, NM.
- Okazaki, S. (2002, June). *Family socialization surrounding affective distress in Asian Americans*. Poster presented at the fourth summer institute of the Family Research Consortium III, Charlotte, NC.
- Lee, M. R., Okazaki, S., & Yoo, H. (2001, August). *Experiencing social anxiety: Asian American and White American diary reports*. Poster presented at the annual convention of the Asian American Psychological Association, San Francisco, CA.
- Okazaki, S. & Kallivayalil, D. (2001, August). *Cultural perceptions of distress in Asian American and White Americans*. Paper presented at the 109th annual convention of the American Psychological Association, San Francisco, CA.
- Weisman, A. G., Tompson, M. C., Okazaki, S., Gregory, J., Golstein, M. J., Rea, M., & Miklowitz, D. J. (2000, November). *Therapist competency and adherence to behavioral family management as a predictor of relapse and hospitalization in patients with bipolar disorder*. Paper presented at the annual convention of the Association for Advancement of Behavior Therapy.
- Okazaki, S. (1999, August). *Informant reports of affective distress for Asian and White Americans*. Paper presented at the 107th annual convention of the American Psychological Association, Boston, MA.
- Weisman, A., Okazaki, S., Gregory, J., Goldstein, M. J., Thompson, M. C., Rea, M., & Miklowitz, D. J. (1998, May). *Evaluating therapist competency and adherence to Behavioral Family Management*. Paper presented at the 10th annual convention of the American Psychological Society, Washington, DC.
- Okazaki, S. (1997, August). *Seeking help for schizophrenia: Asian American patients and their families*. Paper presented at the 105th annual convention of the American Psychological Association, Chicago, IL.
- Okazaki, S. (1996, August). *Methodological and conceptual issues in the assessment of Asian*

- Americans: Toward an experimental approach.* Paper presented at the 24th annual convention of the Asian American Psychological Association, Toronto, Canada.
- Okazaki, S. (1996, March). *Psychological assessment of Asian Americans.* Paper presented in a symposium "Culturally competent assessment of visible racial/ethnic groups in the United States: 1996" (Chair: Richard Dana) at the Midwinter meeting of the Society for Personality Assessment, Denver, CO.
- Okazaki, S. (1995, August). *Cultural dimensions underlying Asian-White differences on the MMPI-2.* Paper presented at the 103rd annual convention of the American Psychological Association, New York, NY.
- Okazaki, S. (1994, August). *Cultural variations in the self-concept and emotional distress.* Paper presented at the Minority Fellowship Program Dissertation Symposium, 102nd annual convention of the American Psychological Association, Los Angeles, CA.
- Okazaki, S. (1994, August). *Operationalizing cultural self views: Measuring independent and interdependent self-construals.* Paper presented at the 102nd annual convention of the American Psychological Association, Los Angeles, CA.
- Mickelson, R.A., Okazaki, S., & Zheng, D. (1993, April). *Different tales told at the dinner table: Asian, Black, and White adolescents' performance and attitude toward education.* Paper presented at the American Educational Research Association convention, Atlanta, GA.
- Okazaki, S. (1992, June). *Cultural variations in self-concept and emotional distress: A proposal.* Poster presented at the International Conference on Emotion and Culture, Eugene, OR.
- Okazaki, S. (1991, October). *Mental health service delivery to Asian community: Interface between research and practice.* Paper presented at the 3rd annual convention of the Los Angeles County Psychological Association, Los Angeles, CA.
- Otsuka, T., Sugasaki, H., Okazaki, Y., Nakane, Y., Goldstein, M.J., & Okazaki, S. (1991, October). *Evaluation of Expressed Emotion using Five Minutes Speech Sample (FMSS) in Japan.* Paper presented at the 5th scientific meeting of the Pacific Rim College of Psychiatrists, Los Angeles, CA.
- Okazaki, S. (1991, August). *Coping with interpersonal problems: Empirical examination of cultural differences.* Paper presented at the 99th annual convention of the American Psychological Association, San Francisco, CA.
- Okazaki, S. (1991, April). *Using archival data: Approximating the realities of minority mental health.* Paper presented at the 71st annual convention of the Western Psychological Association, Burlingame, CA.
- Okazaki, S. (1990, August). *Ethnic differences in the conceptualization of mental health problems: A replication study.* Paper presented at the 98th annual convention of the American Psychological Association, Boston, MA.
- Okazaki, S., & Zane, N. (1990, April). *Conceptualization of mental health problems among Asian Americans.* Paper presented at the 70th annual convention of the Western Psychological Association, Los Angeles, CA.

TEACHING & SERVICE

Courses taught

- Cross-cultural Counseling, New York University, Fall 2008, Spring 2009, Fall 2009, Spring 2010, Fall 2010, Spring 2011, Fall 2011, Spring 2012, Fall 2012, Spring 2013, Fall 2013.
- Advanced Practicum in Counseling Psychology, New York University, Fall 2013, Spring 2014.
- Abnormal Psychology, New York University, Fall 2009, Fall 2010, Fall 2011, Fall 2012.
- Interpretation and Use of Tests in Counseling Adults, New York University, Spring 2011, Spring 2012, Spring 2013.
- Personality Assessment, University of Illinois at Urbana-Champaign, Spring 2004.
- Clinical Interview Skills, University of Illinois at Urbana-Champaign, Fall 2001 & Fall 2002.
- Multicultural Psychotherapy Practicum, University of Illinois at Urbana-Champaign, Fall 2000-Spring 2001, Fall 2002-Spring 2003, Fall 2003-Spring 2004, Fall 2004-Spring 2005, Fall 2005-Spring 2006, Fall 2007.

Cultural and Ethnic Issues in Clinical Psychology, University of Wisconsin-Madison, Spring 1997 & Spring, 1999; University of Illinois at Urbana-Champaign, Spring 2000, Spring 2001, & Spring 2002.

Abnormal Psychology (undergraduate), University of Wisconsin-Madison, Spring 1996 & Fall 1996.
Introduction to Asian American Studies, University of Wisconsin-Madison, Fall 1996.

Asian American Psychology, University of Wisconsin-Madison, Fall 1995, Spring 1996, Spring 1997, & Spring, 1998; University of Illinois at Urbana-Champaign, Spring 2000, Fall 2003, & Spring 2008

Introductory Psychology, UCLA Freshman Summer Program, Summer 1994.

Five Minute Speech Sample Training Seminar [taught in Japanese], WHO Collaborating Center for Research and Training in Mental Health, Department of Neuropsychiatry, Nagasaki University School of Medicine, Nagasaki, Japan, August 1989 & September 1992; Department of Neuropsychiatry, Nihon University School of Medicine, Tokyo, Japan, July 1996.

Invited speaker

NYU School of Medicine Center for the Study of Asian American Health 7th Biennial Asian American, Native Hawaiian, and Pacific Islander Health Conference (New York, NY), Panel on “Employing a Life Course Perspective to Recognize Migration, Immigration, and Acculturation Processes” (October, 2014).

United East Athletics Association’s Young Women’s Leadership Program (New York, NY), Asian American Mental Health panel (August, 2014).

Asian American Federation (New York, NY), National State of Asian American Children’s Conference (March, 2014).

Asian American Center for Disparities Research, University of California, Davis, March, 2010.

NIMH-COR program at Hunter College (New York, NY), September, 2009.

Freeman Fellows Seminar Series, Center for East Asian & Pacific Studies (Urbana, IL), October 2006.

Champaign County Mental Health Agencies Council (Champaign, IL), October 2004 & October, 2005.

University Laboratory High School (Urbana, IL), February 2004.

Urbana High School (Urbana, IL), May 2000.

Department of Psychology, University of California, Davis, October 1997.

Department of Child & Family Studies, University of Wisconsin-Madison, March 1997.

Mental Health Center of Dane County (Madison, WI), March 1996.

Department of Psychology, University of Southern California (Los Angeles, CA), March 1995.

Graduate Program in Psychology and Education, Pepperdine University (Los Angeles, CA), March 1995.

Graduate School of Psychology, Fuller Theological Seminary (Pasadena, CA), February 1995.

Staff Development Forum, UCLA Placement & Career Planning Center, May 1993.

Rosemead School of Psychology, Biola University (Los Angeles, CA), January 1992.

Community Consultation, Service, & Media

Interviewed for “How beauty teaches minorities to look more white” by Sharon J. Yi on www.refinery29.com, February 2014.

Interviewed for “Asian Americans and the model minority myth” (video podcast episode of Out Talk) by Kevin Nadal, December, 2013.

Interviewed for Associated Press story “In South Korea, US education means split families” by Alan S. Zagier, April 2012.

Studio Guest, PBS-syndicated *Asian America* television program episode on “Tiger mom: What’s good parenting?” (New York, NY), February, 2011.

Studio Guest, *Asia Pacific Forum* radio show, WBAI 99.5FM Pacifica Radio (New York, NY), November, 2010.

NYU Counseling & Behavioral Health Services staff workshop (New York, NY), Fall 2009.

Champaign County Mental Health Board (Champaign, IL), November 2003.
 Americorp Chart (Champaign, IL) January 2001.

Other Professional Service

ASPPB (Association of State and Provincial Psychology Boards) Examination for Professional Practice in Psychology test item writer, 2009-2012.
 APA Task Force to recommend change to APA conventions that would appeal to scientists, 2007.
 APA Minority Fellowship Program Summer Institute faculty, 2005.
 APA Minority Fellowship Program initial reviewer, 2011, 2012, 2013, 2014.
 Society for Community Research and Action dissertation award reviewer, 2013.

PROFESSIONAL ORGANIZATIONS & SERVICE

American Psychological Association (Member of Division 17; Fellow of Division 45) (Division 45 Secretary, 2002-2004; Division 45 Convention Program Co-chair, 2004-2006)
 American Psychological Association Minority Fellowship Program (Advisory Board, 2006-2007)
 Asian American Psychological Association (Secretary/Historian, 1995-1998; Finance & Membership Officer, 1999-2001; Vice President, 2009-2011, President-Elect & President, 2012-present).
 International Association for Cross-Cultural Psychology (member)

EDITORIAL & GRANT REVIEW ACTIVITIES

Associate Editor (Past)

Cultural Diversity and Ethnic Minority Psychology (2004-2011)

Editorial Board Member (Current)

American Journal of Community Psychology (2014-present)

Asian American Journal of Psychology (2011-present)

Journal of Cross-Cultural Psychology (2006-present)

Editorial Board Member (Past)

Cultural Diversity and Ethnic Minority Psychology (1999-2003, 2011-2013)

Journal of Personality and Social Psychology: Personality Processes and Individual Differences (2003)

Perspectives on Psychological Science (2007-2008)

Social and Personality Psychology Compass: Culture & Diversity section (2006-2012)

Ad Hoc Grant Reviewer

National Institute of Mental Health (NIMH)

Interventions Research Review Subcommittee (ITV)

Mental Health Services in Non-Specialty Settings (SRNS)

Special Emphasis Panel

Social Sciences & Humanities Research Council of Canada

US-Israel Binational Science Foundation