

Kesia Constantine, Ph.D.
Clinical Associate Professor
Department of Applied Psychology
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Education

New York University, New York, NY
Ph.D. in Counseling Psychology

Harvard Graduate School of Education, Cambridge, MA.
Ed.M. in Human Development and Psychology
Concentration: Adolescent Risk and Prevention

Swarthmore College, Swarthmore, PA
B.A. in Psychology and Sociology/Anthropology

Clinical Experience

Kesia Constantine, Ph.D., New York, NY
Licensed New York State Psychologist, February 2008-present

- Provide individual and couples therapy to adults in a private practice. The practice addresses issues of anxiety, depression, stress management, phase of life issues, career conflicts, life transitions, cultural issues, body image, etc.

VA NY Harbor Healthcare System, Brooklyn Campus, Brooklyn, NY
Consultant Supervisor, July 2013-present

- Serve as couples therapy supervisor and didactic instructor to psychology interns in a weekly seminar and supervision session.
- Facilitate the extern process group.
- Co-facilitate and design the diversity didactic seminar to psychology interns.

Primary Care Staff Psychologist, October 2010-May 2013

- Served as psychologist on several integrated primary care teams, where I provide consultative services to providers, same day patient evaluations, short-term individual, group, and couples psychotherapy, as well as health and behavior interventions to a diverse veteran population.
- Coordinated and supervise interns on the Geriatric/Health Psychology Rotation.
- Active member of the Psychology Department's Diversity Subcommittee.
- Organized and conduct as part of a team the diversity seminar for the psychology interns.
- Taught the psychology interns weekly couples therapy seminar.
- Served as couples therapy consultant to the psychology interns.

New York University Counseling and Wellness Services, New York, NY
Staff Psychologist and The Gallatin School Counselor, September 2006-July 2010
Externship Coordinator, September 2009-July 2010

- Provided short-term individual, couples, and group therapy to undergraduate and graduate students from diverse backgrounds.
- Coordinated psychology externship program.
- Supervised psychology externs and postdoctoral psychology fellows.
- Provided crisis management services to students as well as faculty and administrators.

Kesia Constantine cont'd

- Conducted outreach activities throughout the university community, including advising a mental health based student outreach group.

Postdoctoral Fellow, Specialty Area: Eating Disorders, September 2005-August 2006

- Provided short-term individual, couples, and group therapy to undergraduate and graduate students from diverse backgrounds.
- Facilitated weekly group therapy program for students struggling with eating disorders. Also treat individual students with eating disorders.
- Provided crisis management services.
- Conducted outreach activities throughout the university community.

Bellevue Hospital Center, New York, NY

Psychology Intern, July 2004-June 2005

- Provided yearlong individual psychotherapy to outpatients in the adult mental hygiene clinic and child and adolescent clinic.
- Provided couples therapy as part of a family team at the NYU Child Study Center.
- Co-led a supportive psychotherapy group for HIV positive gay men.
- Rotations: Comprehensive Psychiatric Emergency Program, Forensic Psychiatry Inpatient Service, and Traumatic Brain Injury/Neuropsychological Assessment.
- Elective: Provide individual psychotherapy to an adult outpatient in the Bellevue/NYU Program for Survivors of Torture, and conduct monthly intake evaluations within this clinic.
- Participated in case presentations.
- Administered psychological assessment and provided feedback.

Kings County Hospital Center, Brooklyn, NY

Psychology Extern, September 2002-August 2003

- Provided individual brief supportive psychotherapy to prison inmates on the forensic service, as well as an inpatient unit and outpatient facility.
- Provided group supportive psychotherapy to an alternative status of care inpatient unit.
- Conducted psychological diagnostic evaluations of patients.

VA NY Harbor Healthcare System, Brooklyn Campus, Brooklyn, NY

Psychology Extern, June 2002-August 2002

- Provided individual short-term supportive psychotherapy and psychological intake evaluations to veterans in the primary care clinic.

New York University Counseling and Wellness Services, New York, NY

Counseling Extern, September 2001-May 2002

- Provided individual short-term supportive psychotherapy and crisis intervention counseling to undergraduate and graduate students enrolled at New York University.

Judge Baker Children's Center-The Manville School, Boston, MA

Dr. William H. Ohrenberger Elementary School, West Roxbury, MA

Pair Therapist, September 1996-June 1997

An intervention/prevention designed by Dr. Robert Selman to foster interpersonal development. Therapy involved increasing students' interpersonal negotiation skills and levels of perspective taking.

- Provided therapy for students with mild to severe behavioral and emotional difficulties at a private day school and a public elementary school.
- Created a safe environment, in which children could participate in the often-painful process of making and keeping friends, and address the issues and conflicts that go along with building relationships.

Related Professional Experience

New York University Steinhardt School of Education, New York, NY

Kesia Constantine cont'd

Clinical Associate Professor & Associate Director of Clinical Training, June 2013-present

- Oversight of the clinical training required by the counseling programs
- Advise students regarding their clinical trajectories
- Development & supervision of the core courses related to clinical training
- Teach relevant clinical courses (i.e., practicum in counselor training, interpretation and use of tests in counseling adults, and group dynamics)

Kingsborough Community College, Brooklyn, NY

Adjunct Counselor, October 2003-May 2004

- Provided counseling and academic advisement to students on academic probation and in academic jeopardy in the retention program within a diverse student population.
- Conducted psychoeducational workshops geared toward promoting academic success.

A.K. Rice Institute/NYU Group Relations Conference, New York, NY

Associate Administrator, March 2004

- Assisted in the organization and implementation of the NYU group relations conference entitled 'Foreigner in our Midst.'

Training Fellow, March 2003

- Served as a consultant to a small experiential group exploring group dynamics in the here and now at the 2003 A.K. Rice/NYU sponsored conference entitled 'Working Within and Across Differences: Studying Authority and Leadership in Organizational Life.'

New York University, Student Services & Martin Luther King, Jr. Scholars Program, New York, NY

Graduate Assistant, September 2000-May 2003

- Designed and conducted academic skills workshops to aid in the first year transition for incoming students.
- Met with and counseled students considering taking a leave of absence, and students in academic jeopardy.
- Assisted in the daily operation and maintenance of the scholars' group, including the planning and implementation of weekly seminars.
- Organized group activities including domestic and international travel.
- Provided resources to scholars in need of additional support.
- Designed and facilitated a discussion forum on issues of race, culture, and academic life for faculty, administrators, graduate and undergraduate students.

Legal Outreach, Inc., New York, NY

Life Skills Coordinator, September 1997-September 2000

A multifaceted non-profit education organization. I worked specifically in the College Bound Program. A program designed to assist and support high school students in, not only, the college admissions process, but in the development of skills that will enable them to successfully participate and compete in college and life.

- Designed and implemented curriculum geared toward advancing the psychological and social development of students in the program.
- Counseled parents, through individual meetings and monthly workshops, with regard to the stages and responses to adolescent development.
- Addressed the needs of families in crisis.

Teaching Experience

Long Island University, Brooklyn Campus, Brooklyn, NY

Adjunct Instructor, January 2013-August 2013

Teach weekly *Mental Health Counseling Internship I & II* class.

VA NY Harbor Healthcare System, Brooklyn Campus, Brooklyn, NY

Instructor, August 2011-present

Kesia Constantine cont'd

Conduct monthly seminars on diversity in clinical practice.

Instructor, September 2012-present

Teach weekly couples therapy seminar to psychology interns.

New York University, Department of Applied Psychology, New York, NY

Instructor, Fall 2009

Taught the units on family and diversity issues in college mental health in the team taught course *College Mental Health Intervention*.

New York University, Department of Applied Psychology, New York, NY

Instructor, September 2003-December 2003

Taught the course *Individual Counseling Lab I*, an experiential counseling course designed to introduce students to basic counseling skills.

Instructor, January 2003-May 2003

Taught the course *Individual Counseling Lab II*, an experiential counseling course focused on more advanced counseling skill development.

Additional Clinical Training

Mindfulness-Based Stress Reduction Professional Training Retreat

Attended 7-day MBSR professional training retreat at Omega Institute in Rhinebeck, NY, June 2013

The Gottman Relationship Institute

Completed level 1 training of Gottman Couples Therapy: A Research-Based Approach, October 2010

Mindfulness Training

Participated in *Mindfulness: An Educational Retreat*, June 2011

- Designed to provide clinicians with initial training in integrated mindfulness practices into clinical work.

Presentations

Constantine, K. (December, 2011). Integrated Healthcare: The Potential for Reducing Racial and Ethnic Mental Health Disparities. Webinar presented for the New York State Psychological Association.

Silverman, D., Davidson, E., Ellis, P., Lazenby, T., & Constantine K. (October, 2008). Depression Care Workflow: Building Coordinated Systems of Care. Workshop presented at the National College Depression Partnership Learning Session 2

Constantine, K. (September 2002 & 2003). Working with West-Indian Clients in Therapy. Discussion presented at Kings County Cross-Cultural Psychology Internship/Externship Training Seminar.

Kuriakose, G., Washburn, M. H., & Constantine, K. (March 2002). Effects of perceived school climate on perceptions of friendship quality among ethnically diverse adolescents. Poster presented at the bi-annual meeting of the Society for Research on Adolescence, New Orleans, LA.

Research Experience

New York University, New York, NY

Dissertation Research, 2002-2006

Kesia Constantine cont'd

- Conducted data analysis of the psychological and socio-contextual factors influencing male offenders' substance relapse, criminal recidivism, and retention in a prison-based treatment program.

New York University, New York, NY

Research Assistant, October 2000-February 2002

- Interviewed adolescents and analyzed data in Professor Niobe Way's *Relationships among Peers* research study.

Honors and Awards

Swarthmore College-Mellon Funded Research, Brooklyn, NY

Mellon Undergraduate Fellow, June 1994-September 1994

Recipient of an Andrew Mellon Foundation fellowship that enabled me to conduct independent research.

- Conducted secondary resources research on West Indian immigration to Brooklyn, with specific emphasis on their coping mechanisms.

Publications

Richardson, M. S., Constantine, K., Washburn, M. H. (2005). New directions for theory development in vocational psychology. In M. B. Savickas & M. L. Walsh (Eds.), *Handbook of Vocational Psychology* (3rd ed.). Mahwah, NJ: Lawrence Erlbaum.

Professional Associations

New York State Licensed Psychologist, 2008-present

American Psychological Association, 2001-present

New York State Psychological Association, 2003-2006; 2009-present

American Counseling Association 2013-present