

Curriculum Vita

JOAN PHILLIPS, PhD, LPC, LMFT,ATR-BC
Registered Art Therapist-Board Certified
Licensed Marital & Family Therapist
Licensed Professional Counselor

EDUCATION

PhD, Doctor of Philosophy in Interdisciplinary Studies with emphasis in art therapy (10/04) The Union Institute and University, Cincinnati, OH; Dissertation topic: The emotional experience of the Freshman male student-athlete at a Division I University.

MS Psychology/Art Therapy, Emporia State University, Emporia, KS. (12/81)
Rorschach, clinical art therapy, research in art therapy, techniques of psychotherapy, psychopathology of childhood, 27 hours of studio art, four month full-time internship on the Short-term Diagnostic and Treatment Unit of the Menninger Foundation, Topeka, KS

MA Psychology, Duquesne University, Pittsburgh, PA. (8/77) Individual and group therapy, psychological assessment (WAIS, WISC-R, TAT, Bender, DAP), psychopathology, developmental and social psychology; balance of theory and practice.

BA Psychology, BA Philosophy, University of Georgia, Athens, GA. (6/75) Magna cum laude, Phi Kappa Phi, chosen as Governor's Intern in Public Health, research assistant in social psychology.

EMPLOYMENT/EXPERIENCE

Private practice of counseling, marital and family therapy, art therapy and clinical supervision of individuals training to become art therapists, counselors or marriage and family therapists. Norman, OK (12/90 to present)

Contract clinical and consultation services:

*Youth Habilitation Center, Norman, OK, clinical consultant for adolescent sex offender

- residential treatment unit (6/00 to 9/02)
- *High Pointe, Oklahoma City and Norman, group art therapy (4/85 to 4/96)
- *Willowview Hospital, Oklahoma City, group art therapy, assessments (6/92-5/94)
- *Center for Counseling and Psychotherapy, Norman, individual therapy (5/87-7/88)
- *Pottawatomie County Guidance Center, clinical consultant (7/89-7/92)
- *McClain County Youth and Family Center, Purcell, OK, consultation (9/95-7/99)
- *Casey Family Program, Oklahoma City, individual art therapy (4/95-4/00)

Bethesda Alternative, Inc., Norman, OK. Provision of clinical services in a comprehensive outpatient sexual abuse treatment program; training of agency and community professionals in the field of sexual abuse; provision of direct clinical services; piloted pre-school treatment program; served in position of Children's Services Coordinator 4/85-9/89 and Clinical Director 9/89-5/91. (part time 4/85-7/91)

Juvenile Services, Inc., Norman, OK. Children's Program Coordinator - planned and carried out therapeutic activities for physically abused children; co-led art therapy groups; supervised volunteers in working with children. (part time 11/85-11/86)

Bethany Guidance Center, Bethany, OK. Art Therapist/Psychological Assistant - responsibilities included diagnostic and treatment services for children and their families, educational and supportive work for prevention of disturbances and administrative duties of variable nature such as Interim Coordinator for the center 11/82-2/83. (4/82-4/85)

The Menninger Foundation, Short-term Diagnostic and Treatment Unit, Topeka, KS. Art Therapy Intern - under the supervision of a registered art therapist (Charles Anderson, ATR) provided individual and group therapy; member of an interdisciplinary treatment team. (8/81-12/81)

Emporia State University, Emporia, KS. Graduate Assistant, Center for Personal Growth - involved in supportive activities for the center, facilitated Assertion Training workshops and assisted in the Biofeedback Relaxation Lab (8/80-8/81)

Red Rock Comprehensive Mental Health Center, Shawnee, OK. Provided individual and group psychotherapy, art therapy, assessment and community based supportive services with wide variety of clientele. (11/79-8/80)

Sunbeam Family Services, Oklahoma City, OK. Supervisor, Senior Companion Program-provided supervision, training and supportive counseling to older volunteers engaged in providing social services to isolated elderly in the community; conducted growth and support groups on an ongoing basis. (11/77-11/79)

ACADEMIC/TEACHING EXPERIENCE

University of Oklahoma, Norman, OK - *Human Relations Department*, Graduate Adjunct Assistant Professor, diagnosis and assessment, basic and advanced counseling skills, ethics and professional practice, nonverbal behavior, art therapy coursework; *Art*

Department- Instructor- undergraduate introductions to art therapy and creative therapies; *University College*, freshman orientation classes and seminars; *College of Continuing Education*, travel/study course in Santa Fe, NM yearly, conference coordination for annual art therapy conference (2/94 present)

New York University, Steinhardt School of Culture, Education, and Human Development- Adjunct Associate Professor, Family Art Therapy, (2005 to present)

Florida State University, Family art therapy, abuse and trauma. (2003, 2006 and 2009)

Mt.Mary College/Milwaukee- visiting adjunct instructor/lecturer. Adolescent art therapy (2006)

University of Phoenix, Norman and Oklahoma City campuses- Professor. Undergraduate general studies courses, psychology, sociology, human services, developmental and motivational psychology; Graduate human services courses (2/04 to 2007)

University of Central Oklahoma, Edmond, OK - *Department of Visual Art and Design*, Adjunct Instructor teaching graduate and undergraduate coursework in art therapy. (8/92 to 12/96)

Oklahoma City University -*Department of Art*, Adjunct Instructor teaching art therapy coursework at both graduate and undergraduate level. (4/87 to 8/92)

Pre-Conference Courses for the American Art Therapy Association (offered for graduate credit through the Univ. of Illinois at Chicago):

"Special Topic in Adolescent Art Therapy: Satanism and the Occult", Las Vegas, NV (11/92)

"Sexual Abuse Treatment: Integrating Child, Family and Court Systems", Denver. CO (11/91)

"Dinosaurs to Dragons: Art Therapy with Preschoolers"(filled in for Beth Young), San Francisco, CA (11/89)

"Group Art Therapy Treatment of Child Sexual Abuse Victims Ages 4-12" (with Debbie Simms, MS,A.T.R.) Miami, FL (11/87)

"Family Art Assessment",Los Angeles, CA (11/86)

Kearney State College, Kearney, NE - presented in three topic areas (art therapy with sexual abuse, with physical abuse and a case study) for a graduate level conference (6/87)

University of Oklahoma, Norman, OK, Center for Continuing Education, Coordinator and Presenter at Art Therapy Conference from 1984 to present (yearly in the Spring)

Northeastern State University, University Center at Tulsa, OK, "Expressive Art Therapy" graduate course (10/91)

**SELECTED LIST OF PRESENTATIONS, WORKSHOPS AND PAPERS
PRESENTED:**

- “Creating community: Strategies for innovative collaborative programs”, Plenary session for the American Art Therapy Association Conference, Cleveland, OH (11/13/08)
- “Doors/Entries: the interface of architecture and art therapy in interpreting form and enhancing well being”, co-presented with D. Boeck, paper presentation for EDRA- Environmental Design Research Association, Sacramento, CA (6/1/07)
- “Words and Art”, keynote address and one workshop, Kansas Art Therapy Association, Lawrence, KS, April 14, 2007
- “Families in crisis”, paper and workshops presented for Korean Art Therapy Association as invited keynote lecturer, Daegu, Korea, November 1-5, 2006
- Keynote speaker Kansas Art Therapy Association, Art and Words- Kansas City, KS, March 2006
- “Poetry, play and art: the language of healing for children”, “Credentials and ethics in developing art therapy”, and day long workshop on family art therapy- all for the Taiwan Art Therapy Association, Taipei Municipal Teachers College, (6/05)
- Credentials in art therapy, panel presentation for American Art Therapy Association, San Diego, CA, (11/11/04)
- “Words and pictures, combining the two”, Oklahoma Art Therapy Association conference, Edmond, OK (6/12/04)
- Panel presentation regarding variety of art therapy services and models in Oklahoma, American Art Therapy Association Annual Conference, Albuquerque, NM (11/01)
- “Clinical Supervision”, private course taught for approved supervisors for Oklahoma LPC and LMFT, 15 clock hours and 30 directed reading hours. Offered several times per year through private practice.
- “Art Therapy and Play Therapy”, Play Therapy Institute, Fairleigh Dickinson University, Hackensack, NJ (7/00)
- “Using art therapy with children”, two day trainings presented in Johannesburg and Capetown, South Africa, (2/00)
- “Art Therapy and Play Therapy: Natural Partners”, University of North Texas, Summer Play Therapy Institute, Denton, TX (7/95 and 7/99)

- "Art in Play Therapy", workshop for the California School of Professional Psychology Summer Play Therapy Institute, Monterey, CA (6-13/14-97)
- "It's not that black and white- a racial dialogue", American Art Therapy Assoc., Philadelphia, PA (11/96) co-presented with Renea Butler-King, MSW
- "The cutting edge; self-mutilation seen in a larger context", University of Oklahoma Art Therapy conference, Norman, OK (4/95) [also presented at 4th National Conference on Abuse, Trauma and Dissociation in Austin, TX 9-95 and to AATA 11-95]
- "Professional and ethical issues and sexual abuse update" for Dade County Public Schools art therapy department, Miami, FL (10/95)
- "Survival as a Group Art Therapist" and "Art Therapy Certification", Emporia State University, Emporia, KS (10/94)
- "Art Therapy" - one day workshop for the Oklahoma Counselors Association, Edmond, OK. (9/93)
- "Art Therapy Skills for the Non-Art Therapist", Sam Houston State University, Huntsville, TX. (2/93)
- "Becoming an A.T.R." and "Satanic/Occult Themes in Adolescent Art", Emporia State University, Emporia, KS (10/92)
- "Satanic Occult Themes in Adolescent Artwork", University of Oklahoma, Norman, OK (4/92)
- "Sexual Abuse Interventions" - workshop for Dade County Public Schools Art Therapists, Miami, FL (2/92)
- "Finding a Path Through Art Therapy" - Keynote address for the Art Therapy Association of Oklahoma Conference, Tulsa, OK. (10/91)
- "Uses of art in group settings"-workshops for Okla. State Department of Health, Guidance Division in-service training, Fountainhead Resort, OK (11/90)
- "Collaborating With One's Client", paper presented at NCATA conference, Washington, D.C. (11/90)
- "But I Can't Talk About it: Group Art Therapy with Victims of Child Sexual Abuse Ages 8-12" and "Piloting Treatment for Preschool Victims of Child Sexual Abuse", First Annual Training Conference on Child Sexual Abuse, Oklahoma City, OK. (4/89)

- "Detection and Treatment of Child Sexual Abuse", 8th Okla. Occupational Therapy Assoc. Conf. (10/88)
- "Uses of Clinical Art Therapy"- 2 day professional workshop for Oklahoma Juvenile Personnel Training Program, Oklahoma City, OK (1/88 and 5/89)
- "Transpersonal Psychology and Art Therapy" Univ. of Oklahoma Arts Therapies Conference, Norman, OK (3/85)
- "Developmental Stages in Children's Graphic Art", Oklahoma Psychological Association, division of Educational and School Psychology, Oklahoma City, OK (2/84)
- "Grandma Layton's Art as a Tool in Therapy", American Art Therapy Association national meeting, Chicago, IL (10/83)
- "Victims of Incest: Family Dynamics and Treatment", The Fine Art of Therapy IV Symposium, Emporia State Univ. Emporia, KS. (9/81)

SELECTED LIST OF ADDITIONAL POST-GRADUATE TRAINING ATTENDED:

- "American Association of State Counseling Boards Annual Conference", Tucson, AZ, (1/8-10/09)
- "Eating Disorders In Today's Culture", Crossings Behavioral Health Symposium Series, Oklahoma City, OK (4/10/09)
- "Clinical Consultation On Religion In Counseling", Ron Mahn, LMFT, Norman, OK, (6/12/09)
- "Creative and Expressive Perspectives For Helping Professionals", Comanche Nation College, Lawton, OK, (06/19/09)
- "Healing and Transformation Through Self Guided Imagery", Integris Health Center for Mind, Body & Spirit, Oklahoma City, OK (7/12/09)
- "Juvenile Sex Offender Training", Norman, OK, Barbara Bonner, PhD, (1/25/08)
- "Supervision Skills and Issues Update", Nena West, MHR, Norman, OK, (3/07/08)
- "Positive Psychology: Practical Applications in Clinical Work", Crossings Behavioral Health Symposium Series, Oklahoma City, OK (5/16/08)
- "Critical Incident Stress Management: Group Crisis Intervention", Integris Corporate

Assistance Program, Oklahoma City, OK (6/06-07/07)

- "Psychological First Aid: The Acute Disaster Intervention of Choice", Oklahoma Department of Mental Health and Substance Abuse Services, Oklahoma City, OK (6/12/07)
- "Art therapy and anxiety", Pamela Hayes, LMHC, ATR-BC, Oklahoma City, OK (5/23/07)
- "Artful therapy", Judith Rubin, PhD, Norman Regional Hospital, Norman, OK (2/14/06)
- "Sex offenders and child abuse", Barbara Bonner consultation, Norman, OK (2/24/06)
- "Pat Allen: arts with at-risk adolescents", UCO art therapy conference, Edmond, OK (6/11/05)
- "Critical incident stress management: individual crisis intervention and peer support", Integris Oklahoma City, OK (4/20-21/05)
- "Building resilient communities", OU Health Sciences Center, Oklahoma City, OK (3/24-25/04)
- "Current practices update: Michael Hanes, LPC, ATR-BC", Norman, OK (1/28/04)
- "Oklahoma Marriage and Family Therapy Conference: Intimacy in Marriage", Harriet Lerner, Edmond, OK (4/4/03)
- "Legacy of addiction", Claudia Black, Norman, OK (3/28/03)
- "Turning Crisis into opportunity", Lucia Cappachione, ATR, Oklahoma City, OK (3/14-15/03)
- "Doing right while doing good; legal and ethical issues", Norman, OK (12/5/02)
- "Trauma Based Disorders: stabilization strategies", Laura Noll, PhD, St. Anthony's Behavioral Medicine Center, (8/15/02)
- "Treating Juvenile Sex Offenders", OU Health Sciences Center for Child Abuse & Neglect, Norman, OK (3/14-15/02)
- "Ethics, Values and Diversity", Okla. Dept. of Mental Health and Substance Abuse, Norman, OK (6/2/01)
- "Explosive and Difficult Children", Okla. Dept. of Mental Health and Substance Abuse, Norman, OK (2/23/01)

- “Brief Solution Focused Therapy”, Oklahoma Dept. of Mental Health and Substance Abuse, Norman, OK (1/14/00)
- “Working with the Adolescent in the Family Context”, Oklahoma AAMFT, (3/23/99)
- “Attention Deficit and Hyperactivity disorder”, Oklahoma Psychological Assoc. conference, (7/16/99)
- “The Borderline Patient”, Norman, OK (5/97)
- “Treating Multi-problem Families”, Suzanne Smart, MSW, Oklahoma City (9/96)
- “The grieving child”, Oklahoma City, OK (4/96)
- “Brief Therapy and Managed Care”, Michael Hoyt, Norman, OK (10/95)
- “Emergency Psychiatric Update”, Andrew Slaby, M.D., Norman, OK, sponsored by the Oklahoma Dept of Mental Health. (1/93)
- “Adolescent Sex Offenders: Interdisciplinary Training for Professionals”, Oklahoma City, OK, presented by the OU Health Sciences Center. (2/93)
- “Supervision”, seminar and tutorial to meet requirements for becoming an approved supervisor for Licensed Marital and Family Therapist licensure in Oklahoma, Moore Family Institute, Moore,OK (8/93 - 12/93)
- “Treating Borderline Patients”, Glenn Gabbard, M.D., Norman, OK, (9/92)
- “Solution Focused Brief Therapy”, Edmond, OK, (4-92)
- “Emporia State University Art Therapy Conference”, Cathy Malchiodi ATR, Emporia, KS, (10/91)
- “Treatment of Offenders and Victims: Sexual Abuse”, Nicholas Groth, Suzanne Sgroi, Oklahoma City, OK, (4/90)
- “Treatment of Sexual Abuse”, Suzanne Sgroi, Lawton Area Vo-Tech, Lawton, OK (1/89)
- “Assessment and Treatment of the Sexually Abused Child”, Okla. Institute for Mental Health Education and Training, Dept. of Mental Health, Norman, OK (7/17/87)
- “Sexual Abuse: Overview of Treatment”, OU Juvenile Personnel Training

Program, Oklahoma City, OK, (1/87)

- "Phenomenology: A New Approach in Art Therapy", Mala Betensky, Pre-conference course at American Art Therapy Association, New Orleans, LA (10/85)

- "Kinetic Family Drawing" workshop with Robert Burns, Norman, OK (10/82)

- "Family Art Therapy", Maxine Junge, A.T.R.AATA Pre-conference, (11/83)

- "Problem Focused Brief Treatment", one week course at Tulane Univ. School of Social Work, New Orleans, LA, (6/80)

- "Art: It's Use in a Psychiatric Setting", The Menninger Foundation, Topeka, KS, (2/80)

PUBLICATIONS

Phillips, J. (in press) "Letting Depression Talk: Speaking through Collage Therapy", in Brooke, S. *The use of the creative therapies in treating depression issues*.

Phillips, J. (2007). Too Young To Tell: Group Art Therapy and Preschool Aged Victims of Child Sexual Abuse. In Brooke, S. (Ed.), *The Use of the Creative Therapies With Sexual Abuse Survivors*. Springfield, IL: Charles C. Thomas.

Phillips, J. (2003) "The effectiveness of art therapy in impacting individual and systemic issues in foster care", in Creative Arts Therapy Approaches to Adoption and Foster Care Treatment, Editor, Donna Betts, Charles C. Thomas.

Phillips, J. (2002) "Working with Adolescents' Violent Imagery", in Handbook of Clinical Art Therapy, Editor, C. Malchiodi, Guilford Press.

Phillips, J. (1994) "Commentary on the assessment portion of the art therapy practice analysis survey", *Art Therapy: Journal of the American Art Therapy Association*, 11(2)151-152.

Knapp, L. and Phillips, J. (1994) "Report on the national art therapy practice analysis survey", [Knapp, J.E., Knapp, L.G. and Phillips, J.] *Art Therapy: Journal of the American Art Therapy Association*, 11(2),146-50.

Phillips, J. (1992) "Collaborating with One's Client", *Arts in Psychotherapy*, Vol. 19, 295-298.

Phillips, J. (1981) "The Art of Grandma Layton: An Art Therapy Tool With the Elderly", *Activities, Adaptation and Aging*, 2(1).

Grandma Layton's Art: An Art Therapy Tool, self-published slide/discussion format clinical tool distributed to over 100 U.S. and Canadian clinical, convalescence and rehabilitation centers. (1981-85)

PROFESSIONAL AFFILIATIONS AND ACTIVITIES

Licensed Marital and Family Therapist, State of Oklahoma, (1991) (License # 229); approved supervisor for Marital and Family Therapists under LMFT licensure requirements for Oklahoma (1993 to present).

Licensed Professional Counselor, State of Oklahoma, (1992) (License # 1139); approved supervisor for licensure.

Registered Art Therapist-Board Certified- A.T.R.(1983# 83-085), Board Certified in first national examination for art therapists 1995.

American Professional Society on the Abuse of Children, Professional Member (1989-2001; charter member of Oklahoma APSAC chapter).

American Art Therapy Association - Credentialed Professional Member; Standards Committee (1986-1992); Regional Chairperson Standards (1990-1991); Co-chairperson of the Certification Committee (1992-1993); AATA Regional Symposia presenting team for topic of "Family Art Therapy" (1994 to present); elected as Director to serve on AATA Board (1995-1996 and 1997-1998), President-elect (2007-2009).

Art Therapy Credentials Board, Inc. - Chair, Certification Committee (1993-1994), Board of Directors (1998-2002), Board President (2000-2003).

American Counseling Association, professional member.

Appointed member , Children's Rights Coordinating Commission for City of Norman (1986-1991): Chairperson (1990).

Appointed member State of Oklahoma Advisory Board for Licensed Marital and Family Therapy, (1997-2001)

Appointed member, Human Rights Commission, City of Norman (1997-2001)

AWARDS

“Most inspiring faculty” award, voted by student athletes at University of Oklahoma, presented at Athletic Academic Awards ceremony, Spring 2002.

Distinguished Service Award, given by AATA and awarded at the AATA National Conference in Philadelphia, November 1996.

Art Therapy Association of Oklahoma - founding member (1981) and former President (1992), Distinguished Service Award, 1991.

POETRY

High Road, Low Road. Village Books Press, Cheyenne, OK. 2009

“Seeing Anne at the Nursing Home” and “Boundaries”, *Blood and thunder: musings on the art of medicine*, OU College of Medicine, Issue 8, Fall 2008.

“1962”, and “West toward Amarillo”, *Crosstimbers: a Multicultural, interdisciplinary journal*, Spring/Summer 2008.

First place- “Oklahoma” category, Norman Public Library poetry contest, April 2007

“Session: a snapshot”, *Blood and thunder: musings on the art of medicine*, OU College of Medicine, Issue 6, Fall 2006.

“Diagnosis”, *Blood and thunder: musings on the art of medicine*, OU College of Medicine, Issue 4, Fall 2004.

WordPictures: the poetry and art of art therapists, Charles C. Thomas, three poems and essay, 2004.

“State of Mind”, *Oklahoma Today*, Fall 2004.

“My religious values”, *English Quarterly*, vol. 35, nos. 3-4, p.11, 2003.

“Session 3-12-02”, *Medicinal purposes: a literary review*, vol.2. no.8, p.6. 2003.

“Fancy Words”, *English Quarterly*, vol.35, no.1, p.29, 2003.

“Phenomenology”, *Insights: a publication of the John Dewey Society for the study of education and culture*, vol.35, no.1, p.9, July 2002.

EXHIBITIONS

Oklahoma art therapists group show, Lightwell Gallery, University of Oklahoma, February 3-9, 2007.

“Joanalisa”, one person show at Galileo’s Bar and Grill, Paseo Arts District, Oklahoma City, OK, (2/02)

Faculty Art Show, Summer Art Therapy Intensive, University of Oklahoma Lightwell

Gallery. 6/98, 6/99, 6/02)

Faculty Art Show, University of Central Oklahoma, Edmond, OK (2/94, 2/95)

Texas Art Therapy Association conference group show, Downtown Hilton Hotel,
Ft.Worth, TX, (10/86)

"Rainbow Riddle", one person show at the Individual Artists of Oklahoma, Oklahoma
City, OK (2/84)

"Photographers Christmas Cards" at California Museum of Photography, Riverside, CA
(12/83)

"Red/White/Blue" invitational group show at Firehouse Art Center, Norman, OK (7/83)

"Fiberworks '82" group show at Kirkpatrick Center, Oklahoma City, OK (3/82)

"Anna's House", three person studio showing, Emporia, KS (9/81)

"Fe-Mail Art", mailart show at Massachusetts College of Art, Boston, MA (5/81)
Woman's Week Art Show, Emporia State Univ., Emporia, KS (3/81)

Art Therapy Graduate Students Exhibit, Firehouse Art Center, Norman,OK (3/81)