

Curriculum Vitae

ANI BUK, MFA, MA, ATR-BC, LCAT, LP, FIPA

Education:

- 5/05** The Psychoanalytic Training Institute of the New York Freudian Society
Certificate in adult psychoanalysis
- 6/99** Institute for Child, Adolescent and Family Studies
Certificate from three-year program in the psychoanalytic psychotherapy of
children and adolescents
- 2/91** New York University
MA in Art Therapy (Course work completed 5/88)
- 5/85** Yale University School of Art
MFA (Masters of Fine Arts) in Graphic Design
- 5/79** Tufts University
BS in Mental Health (Clinical Psychology), *magna cum laude*
- 1/78 - 6/78** Institute of Anthropos, Athens, Greece
Studied cross-cultural psychology

Clinical, Administrative and Teaching Experience:

- 11/96 - present** PRIVATE PRACTICE
New York, NY
Psychotherapist and Supervisor

Provides psychoanalytic psychotherapy, psychoanalysis, and art therapy to children, adolescents and adults, including couples therapy and parent guidance.
Provides art therapists and other psychotherapists with group and individual supervision.

- 1/93 - present** GRADUATE ART THERAPY PROGRAM
NEW YORK UNIVERSITY
New York, NY
Instructor; Clinical Supervisor

Instructor of *Working with Traumatized Populations: Clinical and Countertransference Issues for Art Therapists* (2000, 2004 – present), *Clinical Supervision Seminar* (1993 – 1999), and *Art Therapy: Theory and Practice* (1994 – 1999). Guest lecturer, *Psychology of the Artist*, 1996. Fieldwork coordinator, 1996 – 1999. Admissions Committee, 1994. Intern supervisor, 1993 – 2006.

1/94 – 6/07

ALBERT EINSTEIN COLLEGE OF MEDICINE
 YESHIVA UNIVERSITY
 New York, NY

Faculty in Department of Psychiatry; Preceptor; Group Facilitator

Faculty appointment at the rank of Associate in Psychiatry, 4/96 – 6/07.

Preceptor in the Human Rights Clinic, training Primary Care Residents to assess the psychosocial sequelae of torture and imprisonment, 3/95 – 9/04.

Small-group co-facilitator of the year-long, first-year course *Introduction to Clinical Medicine*, including *Introduction to the Patient*, and *Introduction to Psychopathology*, 1/94 - 6/97.

3/95 – 12/05

DOCTORS OF THE WORLD
 New York, NY

Consultant and Volunteer

Conducted training sessions on the assessment of psychological trauma for physicians and psychologists who volunteered to evaluate survivors of political torture seeking political asylum.

Conducted training sessions for health care providers on the refugee experience.

Mentored new volunteers, reviewed affidavits following the evaluations, and conducted support groups.

7/02 - 8/02

FAMILY RESOURCE CENTER OF TRINITAS HOSPITAL
 Cranford, NJ

Consultant Art Therapist

Under a Greater New York Hospitals grant, designed and co-led art therapy groups for children and adolescents whose fathers died on 9/11.

9/97 - 12/01

MOUNT SINAI SCHOOL OF MEDICINE
 New York, NY

Preceptor

Preceptor for the elective course *Child Abuse: Identification and Treatment* (sponsored by the Children's Advocacy Center of Manhattan), conducting training sessions for medical students and residents on the neurological and psychological consequences of exposure to intense trauma, and the treatment of survivors of child abuse.

9/97 - 6/00

SCHOOL BASED HEALTH CENTER
 INTERMEDIATE SCHOOL 70, NYC BOARD OF EDUCATION
 New York, NY

Consultant Art Therapist

Designed and directed art therapy program for traumatized junior high school students (sponsored by New York University and Bellevue Hospital Center), including the supervision of graduate interns.

2/91 - 3/98

NORTH CENTRAL BRONX HOSPITAL
ALBERT EINSTEIN COLLEGE OF MEDICINE
New York, NY

8/93 - 3/98

Director of Creative Arts Therapy

Responsible for the clinical and administrative supervision and functioning of the hospital-wide creative arts therapy department. Brought department up to code and expanded it following this promotion to include four Master's-level creative arts therapists and one child-life specialist who worked on Inpatient Psychiatry, the Child and Adolescent Crisis Intervention Team, and Inpatient Pediatric Medicine. Monitored operational budget of approximately \$13,000. Developed and maintained departmental Policy and Procedure Manual and Quality Improvement Program. Expanded the Master's-level art therapy internship program, training and supervising students who provided art therapy services in HIV/Psychiatry, Consultation/Liaison Psychiatry, Outpatient Psychiatry, Pediatric Medicine, and Rehabilitation Medicine. Preceptor in the Human Rights Clinic, training Primary Care Residents to assess the psychosocial impact of imprisonment and torture, and designed a pilot program to provide art therapy to patients with symptoms of PTSD. Conducted twice-weekly art therapy groups with patients on the Rehabilitation Medicine Unit. Designed and established a year-long paid art therapy fellowship on the Child & Adolescent Crisis Intervention Team.

3/95 - 3/97

*Associate Director of Psychiatry
& Director of Creative Arts Therapy*

In addition to the responsibilities related to position as Director of Creative Arts Therapy as described above, coordinated the administrative functioning of the Department of Psychiatry, including the preparation of the annual operational and personnel budget, which was in excess of \$7,000,000. Acted as hospital-wide Administrator-on-Duty as needed. Researched and prepared a comprehensive report outlining the program description, start-up outfitting costs, and floor plan for a proposed Partial Hospital. Member of the Ethics Committee.

2/91 - 8/93

Supervising Art Therapist

On a 24-bed, acute psychiatric inpatient unit, ran art therapy groups, as well as creative writing, verbal group therapy and, on a rotating basis, community meetings. Coordinated the multi-disciplinary unit activity program. Responsible for assessments, progress notes and case presentations. Hired and supervised a second art therapist. Supervised Master's-level art therapy interns. Co-trainer of psychology Doctoral-level interns in techniques of verbal group therapy. Primary therapist in the outpatient clinic, providing long-term individual psychotherapy.

1/89 - 9/90

MAY ACADEMY SPECIAL EDUCATION PROGRAM
YOUTH CONSULTATION SERVICE
Union City, NJ
Art Therapist

At a day school for emotionally disturbed children and adolescents, provided art therapy to individuals and dyads on an adjunctive basis. Responsibilities included assessments, treatment planning, case presentations, the supervision of Master's-level art therapy interns, and the clinical and administrative restructuring of the art therapy program.

10/87 - 1/89

THE HOLLEY CHILDCARE & DEVELOPMENT CENTER
 YOUTH CONSULTATION SERVICE
 Hackensack, NJ
Psychotherapist; Art Therapist

Primary and adjunctive therapist at a residence for severely traumatized children who had been physically and/or sexually abused. Responsibilities included assessments, treatment planning, case presentations, liaison work with family members and state agencies, and discharge planning.

6/87 - 10/87

THE SANFORD HOME
 NEW YORK PSYCHOTHERAPY & COUNSELING CENTER
 New York, NY
Art Therapist

Ran art therapy groups with chronically mentally ill adults in a long-term residential setting. Additional clinical work included verbal group therapy and relaxation therapy, as well as assessments, treatment planning and case presentations.

12/79 - 4/81

ADULT INPATIENT UNIT
 ERICH LINDEMANN MENTAL HEALTH CENTER
 Boston, MA
Milieu Therapist

On a 40-bed unit, responsible for admitting patients and developing and implementing their treatment plans as part of a multi-disciplinary team specializing in both crisis intervention and long-term treatment. Clinical work included individual, group, and family therapy.

Professional Certifications, Memberships, and Appointments:

Board of Directors, The Psychoanalytic Training Institute of the New York Freudian Society, 2009 - present.

Licensed Psychoanalyst (LP) 3000558-1, NY State Education Department, 2006 - present.

Licensed Creative Arts Therapist (LCAT) #000055-1, NY State Education Department, 2005 - present.

Member and Fellow (FIPA), International Psychoanalytical Association, 2005 - present.

Member, The New York Freudian Society, 2005 - present.

Board Certified (ATR-BC) by the Art Therapy Credentials Board, 1997 - present.

Registered Art Therapist (ATR) #90-161, certified by the American Art Therapy Association, 1990 - present.

Professional Member of the New York Art Therapy Association, 1995 - present.

Member of the Executive Committee of the International Society for Traumatic Stress Studies, New York Chapter, 1997 - 2001.

Member of the United Nations' NGO Committee on Mental Health, co-chair of the working group on Refugees and Other Survivors of Disasters, 1997 - 2000.

Alternate Representative to the United Nations for the International Society for Traumatic Stress Studies, 1999 - 2000.

Publications:

Buk, A. (2009). The mirror neuron system and embodied simulation: Clinical implications for art therapists working with trauma survivors. *The Arts in Psychotherapy, Special Issue: The Creative Arts Therapies in the Treatment of Trauma*, 36, 61 – 74.

Buk, A., Freed, D., Kato, M., Metalios, E., Moore, A., & Smullian, D. (2003). *Human Rights Clinic: Training Manual for Physicians and Mental Health Professionals*. New York: Doctors of the World.

Buk, A., Duff, E., Kato, M., Metalios, E., & Thiel de Bocanegra, H. (2001). *Facilitators' guide: Training health care providers to work with refugees*. New York: Doctors of the World/Safe Horizon/Office of Refugee Resettlement.

Buk, A. (1999). [Review of the book *The portable studio – Art therapy and political conflict: Initiatives in former Yugoslavia and South Africa*]. *Art Therapy: Journal of the American Art Therapy Association*, 16 (4), 206 - 207.

Presentations, Seminars and Workshops Conducted:***Picturing the Implicit Realm: The Art of Adult Survivors as a Window into the Trauma Response and its Treatment***

~ Scientific Program of the New York Freudian Society, scheduled April, 2010.

Discussant of "The Psychological Birth of a Traumatized Child" by Christa Balzert, PhD

~Scientific Program of the Institute for Child, Adolescent and Family Studies, 2007.

A Safe Place: Healing the Impact of Vicarious Traumatization

~42nd Annual American Dance Therapy Association Conference, "Dance/Movement Therapy: New Currents/New Bridges," 2007.

~Safe Horizon, seminar for clinical staff, 2004.

~New York Coalition of Creative Arts Therapists, Annual Conference, 2004.

~"Symposium: The Creative Arts Therapies' Response to 9/11," New York University, 2002.

~Institute for Child, Adolescent and Family Studies, Scientific Lecture, 2001.

~Children's Advocacy Center of Manhattan, 2001.

~"Mastering the Key Connection: 6th Annual Clinical Training Conference on Trauma Services in the Public Mental Health System," sponsored by New York State Office of Mental Health, 2000.

~A seminar for social workers and psychologists, sponsored by New York City Board of Education, Committee on Special Education, District 3, 2000.

~A seminar for Primary Care Residents, Albert Einstein College of Medicine, 1996.

Trauma and Representation: Integrating Art Therapy in the Psychoanalytic Treatment of Survivors of Abuse, Torture and Imprisonment"

~Refugee and Immigrant Study Group of the William Alanson White Institute, 2006.

Taking Care of Yourself and Your Child when Applying to Nursery Schools

~ Presenter and panelist, "The Nursery School Process," The JCC in Manhattan, 2006.

Art Therapists as Trauma Specialists: The Language of Rupture and Repair

~ "Clinical Applications of Art Therapy Workshop Series," Graduate Art Therapy Program, New York University, 2005.

A Multi-Sensory Guided Visualization Approach to Healing Vicarious Traumatization

~ “Trauma and Memory: Unable to Remember, Unable to Forget,” Annual Conference co-sponsored by Jamaica Hospital and the Advanced Institute for Analytic Psychotherapy, 2005.

Right and Left Hemisphere Modes of Processing: An Experiential Demonstration

~ Experiential and discussion presented to illustrate keynote speech by Daniel Siegel, MD, “Bridging Art and Science: The Anatomy of Creativity,” Annual Conference of the Graduate Art Therapy Program of the School of Visual Arts, 2005.

Interpersonal Neurobiology: Clinical Implications for Art Therapists

~ “Bridging Art and Science: The Anatomy of Creativity,” Annual Conference of the Graduate Art Therapy Program of the School of Visual Arts, 2005.

Why Art Therapy Works: New Implications from the Field of Interpersonal Neurobiology

~New York Art Therapy Association, 2004.

Working with Traumatized Populations: Clinical and Countertransference Issues for Art Therapists

~School of Visual Arts Art Therapy Programs, Annual Guest Instructor, 1998 – 2004.

Assessing the Psychological Sequelae of Torture and Imprisonment

~A segment of a training session for physicians and psychotherapists on the medical documentation of human rights abuses for refugees seeking political asylum, sponsored by Doctors of the World, two to three times per year, 1998 – 2004.

Creating a Safe Place in a Precarious World

~“Rebuilding and Recovery: The Arts at Ground Zero,” Annual NY State Arts Conference, 2002.

Working with the Severely Traumatized Client: Vicarious Traumatization and Countertransference Issues

~Workshop, First Annual Conference, NJ Institute for Training in Psychoanalysis, Child and Adolescent Psychotherapy Program, 2002.

~Two workshops for the conference “New Developments: Innovations in the Creative Arts Therapies,” School of Visual Arts, 1999.

~Two workshops for the conference “Images of Trauma,” Hofstra University, 1999.

Neurological and Psychological Consequences of Exposure to Intense Trauma: Treatment Implications from an Art Therapist’s Perspective

~Woodhull Medical and Mental Health Center, Department of Psychiatry Grand Rounds, 2002.

~New York Freudian Society, Continuing Education Program, 2001.

~Jamaica Hospital Medical Center, Department of Psychiatry Grand Rounds, 2001.

~“Mastering the Key Connection: 5th Annual Clinical Training Conference on Trauma Services in the Public Mental Health System,” sponsored by New York State Office of Mental Health, 2000.

~Keynote speaker for the conference “Images of Trauma,” Hofstra University, 1999.

~Institute for Child, Adolescent and Family Studies, Scientific Lecture, 1999.

~Harlem Hospital, Department of Psychiatry Grand Rounds, 1998.

~International Society of Traumatic Stress Studies, New York Chapter, Annual Conference, 1998.

~The American Art Therapy Association National Conference, 1996.

~Albert Einstein College of Medicine, Department of Psychiatry Grand Rounds, 1995.

~Marywood College Graduate Art Therapy Program, 1994.

~Mount Sinai Medical Center, Department of Psychosocial Rehabilitation Grand Rounds, 1993.

~North Central Bronx Hospital, Department of Psychiatry Grand Rounds, 1993.

Principles of Art Therapy for Psychotherapists Treating Traumatized and Emotionally Disturbed Children and Adolescents

- ~Keynote Speaker, First Annual Conference, NJ Institute for Training in Psychoanalysis, Child and Adolescent Psychotherapy Program, 2002.
- ~Columbia University School of Social Work, Guest Lecturer, 2001, 2003.
- ~10-month seminar, Audrey Hepburn Children's House, Hackensack University Medical Center, 2000 - 2001.
- ~Children's Advocacy Center of Manhattan, 1998, 1999, 2000.
- ~The Johnson Counseling Center, 1999.
- ~Montefiore Medical Center Child Psychiatry Outpatient Clinic, 1991.
- ~The Center for Children and Families, 1990.

Integrating Art Therapy in the Psychoanalytic Treatment of Survivors of Torture and Imprisonment

- ~22nd Annual Spring Meeting, American Psychological Association, Division of Psychoanalysis, 2002.

The Refugee Experience: Biopsychosocial Issues for Health Care Providers

- ~Team member conducting training sessions for clinical staff at hospitals and clinics throughout NYC, under a grant sponsored by the Office of Refugee Resettlement, 1999-2001.

The Inner World of the Traumatized Adolescent

- ~"A Collaborative Approach to Creative Arts Therapy with Adolescents at Risk," Annual Conference of The Turtle Bay Music School, 2001.

Trauma, Integration and Transformation: Some Thoughts on the Future of the Creative Arts Therapies

- ~"Forging New Paths: Innovative Approaches in the Creative Arts Therapies," NY Coalition of Creative Arts Therapists Annual Conference, Pratt Institute, 2000.

Encountering Trauma: Transforming the Experience of Vicarious Traumatization

- ~Conference Chair, and workshop leader, 10th annual conference, International Society for Traumatic Stress Studies, NY Chapter, Fordham University, 2000.

An Introduction to the Principles of Art Therapy for Psychotherapists in the School Setting

- ~Seminars for social workers and psychologists, sponsored by New York City Board of Education, Committee on Special Education, District 3, 1997, 1998, 2000.

Refugees, Trauma, and Healing

- ~NGO Committee on Mental Health, The Church Center of the United Nations, NY, 1999.

Victims of Violence: Evaluation and Treatment of Post-traumatic Stress Disorder

- ~A seminar for first-year medical students, Albert Einstein College of Medicine, 1997, 1998, 1999.

Healing from Human Rights Abuses: Traumatic Stress Workers in the Field

- ~Panel member, 51st Annual DPI/NGO Conference, United Nations Headquarters, NY, 1998.

Nurturing the Caregiver: Complimentary Approaches

- ~Chair of panel presentation, International Society for Traumatic Stress Studies, NY Chapter, Fordham University, 1999.

The Art Therapist as Psychotherapist

- ~New York Art Therapy Association and the Graduate Art Therapy Program of NYU, 1999.
- ~New York Coalition of Creative Arts Therapists, Annual Conference, 1998.

Art Therapy as a Career

- ~Fordham Psychology Association, Fordham University, 1999.

Psychology of the Artist: Piet Mondrian and Primal Scene Traumatization

- ~NYU Graduate Art Therapy Program, lecture for *Psychology of the Artist*, 1996.
- ~New York Art Therapy Association/Bellevue Hospital Center, 1996.
- ~Springfield College Graduate Art Therapy Program/New England Art Therapy Association, 1994.
- ~The American Art Therapy Association National Conference, 1993.
- ~North Central Bronx Hospital, Department of Psychiatry Grand Rounds, 1992.

Academic Awards and Honors:

- Recipient of the Alexei Brodovitch Prize, Yale University School of Art, 1985.
- Recipient of the Champion International Corp. Scholarship, Yale University School of Art, 1984.
- Member of PSI CHI - National Psychology Honor Society, Tufts University, 1979.

Media:

- Featured expert and clinician in “The Art of Healing” by Elaine McArdle, *Tufts Magazine*, Summer 2006.
- Featured expert and clinician in “Creative Arts Therapists Deal with Lingered 9/11 Traumas” by Carl Blumenthal, *Brooklyn Heights Press & Cobble Hill News*, September 9, 2004.
- Featured expert and clinician in “Creative Arts Therapists Heal 9/11 Trauma Victims” by Carl Blumenthal, *Brooklyn Daily Eagle*, September 2, 2004.
- Featured clinician, interviewed for two 30-minute cable TV shows entitled “Art Therapy: Healing the Impact of Trauma” and “Creating a Safe Place in a Precarious World.” Produced by *Frontiers: The Brooklyn Cable Psychotherapy Journal*, the shows were aired in New York City in May 2004.
- Featured clinician in “The Art of Healing” by Hope Reeves, *Rosie Magazine*, December, 2002.
- Featured expert in “The Art of Healing” by Marianne Szegedy-Maszak, *U.S. News & World Report, Commemorative Issue: One Year After 9/11 – A Nation Changed*, 2002.
- Featured expert in “9/11: Six Months Later” by Stephanie Smith, *Scholastic News Senior Edition*, March 4, 2002.
- Featured expert in “Coping with Chaos” by Colleen DeBaise, *Chicago Tribune*, January 1, 2002.
- Featured clinician in “For Wounds of the Mind, The Healer’s Art is Art” by Ralph Blumenthal, *The New York Times*, October 29, 1997.