Greetings on behalf of PT Momentum, the NYU PT Alumni Newsletter. Extraordinary events have happened over the past year! We are proud to announce the creation of The Marilyn Moffat Endowed Chair—the first endowed chair to be established in NYU’s Department of Physical Therapy. The establishment of the Moffat Chair is a major accomplishment that reinforces our department’s commitment to innovative research and will help us to educate the next generation of practitioners and scholars.

We offered our first global experiences to students in Trinidad & Tobago during the winter break. We have plans to expand to Tel Aviv this year.

Our department launched its first annual conference titled, Financial Intelligence in Health.

FROM THE CHAIR
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The Second Annual Incoming Class Inauguration

ON SEPTEMBER 12th, 2015 our department hosted the Second Annual Incoming Class Inauguration at 4 Washington Place to welcome new professional and post-professional physical therapy students to NYU PT. A procession of our current students followed by our newly enrolled students in the Doctor of Practicing Physical Therapy, Masters of Arts, Doctor of Philosophy, and Doctor of Physical Therapy Programs served as our event opener. The march of new students was accompanied by a snare drum.

Dr. Mitchell Batavia, Department Chair, introduced speakers, who included Dean Dominic Brewer, Associate Dean Patricia Carrey as well as Program Directors, Dr. Marilyn Moffat, Dr. Wen Ling, Dr. Tsega Mehrethaub and Dr. Kevin Weaver. Previous Chairs of the department, Professor Eileen Nathanson (1984 to 1989), Dr. Andrew McDonough (1989 to 1997), and Dr. Wen Ling

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Top, third-year DPT students at the Incoming Class Inauguration ceremony. Above, (l-r): Dr. Andrew McDonough, Dr. Marilyn Moffat, Dr. Wen Ling, Dr. Tsega Mehrethaub, Professor Eileen Nathanson

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DPT Goes Global: Students Experience Trinidad & Tobago

AFTER TWO YEARS of careful planning, Drs. Elaine Becker and Marilyn Moffat succeeded in launching the Physical Therapy Department’s first international initiative in Trinidad. The objective of the initiative was for students to observe the clinical practice of expert clinicians outside of the United States in order to gain an understanding of different physical therapy service delivery models, health delivery systems, and cultures. Alexander Hsiao (DPT’15), Rachel Tavel (DPT’16), and Christina Crowder (DPT’16) participated in the two-week pilot of this program under the supervision of Dr. Marilyn Moffat.

The health delivery system in Trinidad is a two-tiered system featuring public and private practices. The Ministry of Health oversees the public facilities while the Regional Health Authorities are responsible for health facilities on a local level. There are free health services at public facilities, and health insurance is not required for patients to receive treatment. According to the United Nations Development Program, while Trinidad has the “best-equipped services in the Caribbean, it suffers from a chronic shortage of health professionals.”

Hsiao, Tavel, and Crowder conducted their observations in the Physiotherapy Department of the Eric Williams Medical Sciences Complex in Champs Fleurs and in the Physiotherapy Department in the Medical Centre of Petrotrin, the largest petroleum company in Pointe-a-Pierre.

Our three students observed Master Clinicians, which enabled collaborative learning with international colleagues. The Trinidian faculty mentored our students’ investigation of the clinical decision making process and educated the students on the protocols within each facility as the students developed their skills with respect to suggesting tests and measures that could be incorporated into treatment plans, offering ideas on how to augment exercise programs, and providing feedback and suggestions for an intended plan of care.

At the Eric Williams Medical Sciences Complex, their Master Clinician was Jacqueline Rouse. The patient population was extremely diverse, and our students were involved with examinations and interventions for patients with: delayed development and/or autism, peripheral nerve injuries, hydrocephalus, cerebral spinal cord injury, extensor tendon laceration, cerebral palsy, pneumothorax due to a penetrating wound, and various other conditions including open heart surgery.

At Petrotrin, their Master Clinician was Dr. Stacy de Gale. The patient population included adults affiliated with Petrotrin and again were extremely varied. Our students were involved with examinations and interventions for patients with shoulder tendinitis, neck pain, knee pain, total knee arthroplasty, distal radius fracture, cervical pain, nerve damage due to dog bite, traumatic brain injury, cerebrovascular accident, bronchiectasis, and other conditions.

In addition to the enriching professional experiences, Hsiao, Tavel, and Crowder ate wonderful Trinidian food (shark and bake, pelau-rice and pigeon peas, kalalou-pig tail and spinach, doubles, roti),

Financial Intelligence in Health Practice Environments: Planning for the Future

ON APRIL 25, 2015, Steinhardt health students and clinicians met at 5 Washington Place for our first annual inter-professional conference, “Financial Intelligence in Health Practice Environments”, to learn more about the Affordable Care Act, student loan debt, and other matters related to finances for health care professionals planning to go into or stay in clinical practice.

The morning keynote speaker, Dr. Sherry Glied, Dean of New York University’s Robert F. Wagner Graduate School of Public Service and Professor of Public Service, captivated the audience with her update on the Affordable Care Act and its implications for health care and the insurance industry included: David Sofer, Chairman, Advisory Panel on Payment for the New York Physical Therapy Association; Christina Meltzer, Chief Public Affairs Officer, Public Affairs Division of The American Occupational Therapy; Karen Riedel, former Director, Speech and Language Pathology Rusk Institute of Rehabilitation Medicine; Jeffrey R. Ungvary, President of Strategic Wellness & Insurance Management Services; Inc; and Ryan J. Petrizzi, Vice President, Consumer Markets & Sales Operations for AmeriHealth New Jersey. The interaction among the insurance and health professionals was intense.

In the afternoon, Reyna Gobel, Student Loan & Paying for College Expert, addressed specific student concerns about loan repayment by exhibiting a website and calculator that could be used to compare loan consequences under different plans. Dean Surkin, Principal at RSSM CPA LLP, reviewed legal aspects of setting up a private practice, and Philip Valeriano, Senior Vice President and Investment Officer at Wells Fargo Advisors, LLC, offered sage advice on building a portfolio for retirement. Based on the positive feedback on the conference, the department will likely run another conference on the Affordable Care Act and its impact on clinical practices in the future.
Movie Night: Abilities in the Cinema

ON MARCH 2nd, graduate students in Steinhardt converged into an amphitheater on 5 Washington Place to view the highly acclaimed French film, The Intouchables—the true and transformational story of a severely disabled wealthy man with tetraplegia who hires an ex-con home attendant.

The viewing of The Intouchables was preceded by a light reception of French fare and music and followed by a discussion led by Dr. Randy Mowry from the Department of Applied Psychology and Dr. Anita Perr from the Department of Occupational Therapy. Issues included wealth, poverty, race, and friendship. Conversations about disability in society resonate as we celebrate the 25th anniversary of The Americans with Disabilities Act of 1990.

The purpose of Abilities in the Cinema, sponsored by all eleven Steinhardt departments and NYU’s Council for the Study of Disability, is to bring students from diverse programs across the school together for an evening of intellectual and social engagement using film as the vehicle to increase awareness of disability-related issues in society.

We are excited to announce that NYU Steinhardt will be inviting our alumni to participate in Abilities in the Cinema beginning this spring!

FROM THE CHAIR
continued from page 1

Practice Environments, an inter-professional event that covered pressing topics on the Affordable Care Act and student loan debt.

Our NYU students received the Merit Award in the 2014-2015 Miami-Marquette Challenge for raising $7,448 to help the Foundation of Physical Therapy achieve its mission of funding outstanding physical therapist research. Of 146 schools that participated, NYU was one of four schools that received the Merit Award this year.

Escorted by bagpipes, the class of 2015 participated in the hooding ceremony at the doctoral convocation in May and PT graduation ceremony in August. Our department also hosted its second incoming class inauguration in September to welcome both professional and post-professional physical therapy students into our NYU family. The event also included a ribbon cutting ceremony to inaugurate the department’s new historical photo gallery.

We welcomed two new faculty to the NYU PT family: Dr. Anat Lubetzky, an assistant professor, researcher and physical therapist who investigates how sensory systems contribute to postural control and balance and Dr. John Sutera, a clinical assistant professor and a Master clinician with expertise in evaluating and treating patients with vestibular problems. We also bid farewell to Dr. Gregory Gutierrez and Elliot Fishbein and wish them well.

The Department of Physical Therapy continues to organize Abilities in the Cinema, a thought-provoking cross-department film experience, where students from across Steinhardt view and discuss films featuring disability issues at the crossroads of culture, education, and human development.

We also have much to look forward to in 2016 and beyond. This year marks the 125th anniversary of our school and the 25th anniversary of The Americans with Disabilities Act of 1990. Additionally, 2017 marks the 90th anniversary of NYU PT and we are excited to begin the preparations for our celebrations.

Please read more to see what faculty, students, and alumni are doing to fulfill the NYU PT mission. Remember to keep in touch with your NYU PT family by visiting our website, checking social media, and celebrating events with us!

— Mitchell Batavia

UPCOMING CONFERENCE

April 23rd 2016

NYU HealthTech 2016

An inter-professional conference on how technology impacts health. Co-sponsored by the NYU Steinhardt Departments of Physical Therapy, Occupational Therapy, Communication Science Disorders, Nutrition, and the NYU College of Global Public Health.

THE NYU PHYSICAL THERAPY DEPARTMENT CELEBRATES ITS 90TH ANNIVERSARY IN SPRING 2017!

Save the Date:
May 18, 2017

Stay tuned for Spring 2017 Gala announcements!
Louis N. Iannuzzi, PT, DPT, C.Ped

Louis N. Iannuzzi, gave a lecture as part of a seminar May 1, 2015 at the NYU School of Medicine titled “Strengthening Your Outpatient Practice.”

“The focus of the presentation traced the early history of the development of the “total contact cast” in the management of lepromatous foot conditions in the past (gold standard) treatment of diabetic foot ulceration and Charcot’s Neuroarthropathy. EBM research studies have demonstrated the TCC to be the single most cost effective intervention in the treatment of plantar ulcers and the prevention of lower extremity amputation related to diabetes mellitus.” The presentation was extremely well received by the PTs, RNs, MDs, DPMs in attendance.

In addition to giving this lecture, Professor Iannuzzi is involved in assessing the efficacy of the clinical use of amniotic cell and collagen cell wound healing dressings at NYUMC and Bellevue Hospital Center.

Anat Lubetzky, PT, PhD

Anat Lubetzky joined the PT Department last year as a visiting assistant professor and we’re happy to report that she has now joined the core faculty as an assistant professor. In addition to teaching, Anat is currently collecting data for the following research projects:

Which patients are likely to benefit from a lumbar spine surgery?

Dr. Marilyn Moffat and Dr. Anat Lubetzky received a University Research Challenge Fund from the NYU Provost’s office for their project titled: “Clinical, Morphological And Functional Success Predictors Following Lumbar Spine Surgery”. Collaborators in this international interdisciplinary project include: Dr. Thomas Errico (Chief Division of Spine Surgery, NYULMC); Dr. Daphna Harel (Assistant Professor of Applied Statistics, Steinhardt Humanities and Social Sciences) and Dr. Youssef Masharawi (Head Spinal Research Lab, Tel Aviv University Physical Therapy Department). The long term goal of this project is to derive, validate, and test the impact of a clinical prediction rule to determine which patients with degenerative changes of the lumbar spine and chronic low back pain are likely to have successful long term outcomes post-surgery.

The aims of this first step project are to test the study’s recruiting and testing procedure, to describe short term outcomes for patients following lumbar surgery, and to generate pilot data for future grant applications. The same study protocol will be conducted at Tel Aviv University, Israel.

Can a virtual reality headset be used for balance testing?

Dr. Lubetzky formed a collaboration with Ken Perlin, a Professor of Computer Science at the NYU Courant Institute of Mathematical Science, to develop a virtual reality assessment of sensory integration for postural control (i.e. how people use their senses to balance themselves). This study will draw on methods developed by Dr. Lubetzky in her dissertation research and will utilize the highest level of virtual reality headset technology which is currently being studied at Prof. Perlin’s Media and Games Network Lab (MAGNET). The study is currently under review by the University Committee on Activities Involving Human Subjects. Data collection is expected to begin in Fall 2015.

Smita Rao, PT, PhD

Smita Rao, alumni, students, and others will be presenting at Combined Sections Meeting (CSM) in Anaheim in February 2016! All are encouraged to attend the following:


   PLATFORM Presentation in the Hand Rehabilitation Section.

   Presenters: Diane Richmond; Kathleen Castro; Thais Dias; Nelson Marinho de Lima Filho; Judith Meer; Smita Rao


   POSTER Presentation in the Section on Research

Presenters: Justin Burr; Megan Boland; Edwin Aldrien; Rachel Baumstein; Krupa Trivedi; Smita Rao


   EDUCATIONAL Session in the Orthopedics Section/Foot and Ankle SIG

   Presenters: Frank DiLiberto PT, PhD, OCS, FAAOMPT; Assistant Professor, Rosalind Franklin University of Medicine & Science; Mary K. Hastings, PT, DPT, MSCI, ATC, Associate Professor, Washington University School of Medicine; Smita Rao PT, PhD, Associate Professor, New York University; Christopher G. Neville, PT, PhD, Associate Professor, Upstate Medical University; Ruth L. Chimenti, PT, DPT, PhD. Post doctoral Fellow, University of Rochester.

Final meeting schedule will be posted on the CSM website. Please feel free to email smita.rao@nyu.edu with questions.

John Sutera, PT, DPT, MS

John Sutera is excited to be joining the faculty at NYU Steinhardt. After teaching in the physical therapy program as an adjunct professor for a few years, he welcomes the opportunity to work with other faculty in the department as well as with students in the various programs in a greater capacity. “It is an honor to be a part of developing and nurturing the future of our profession as a professor in the physical therapy program.” Although Dr. Sutera considers himself a generalist from having worked in so many different areas of physical therapy, he has extensive experience in Cardiopulmonary, Neurological, and Vestibular Rehabilitation. He has presented research at CSM on “The Effect of a Therapeutic Ball on the Quadriceps and Lumbar Paraspinals During a Forward Reaching Task” and his article, “Special Tools for the Assessment of Balance and Dizziness in Individuals with Mild Traumatic Brain Injury,” was published in Neurorehabilitation.

On a personal note, he is a former collegiate swimmer, and he enjoys running, meditation, photography, the theater, and is a fan of the Seattle Seahawks.
The Marilyn Moffat Endowed Chair in Physical Therapy

NYU’s Steinhardt School of Culture, Education, and Human Development created the Marilyn Moffat Endowed Chair in Physical Therapy this year to support a faculty member dedicated to advancing physical therapy through research, teaching, and practice.

The endowed chair—the first to be established in NYU’s Department of Physical Therapy—was funded by 426 donors, who were physical therapy alumni and other friends of the department. The new endowed chair will reinforce our department’s commitment to innovative research and will help us to educate the next generation of practitioners and scholars.

Established with $2 million in gifts, the endowed chair honors Marilyn, a recognized leader in the fields of physical therapy, exercise, and healthy aging. Gale and Ira Druker Dean of NYU Steinhardt Dominic Brewer notes “An endowed professorship is one of the highest honors in academia. Offering a master teacher and researcher a named chair—especially one honoring Marilyn—enables us to recruit an immensely talented individual to the Department of Physical Therapy and the Steinhardt community. The Department of Physical Therapy has always been fortunate to have Marilyn as part of our faculty, given her dedication to the field of physical therapy and to improving the lives of her students and patients/clients, so we are exceedingly pleased to establish this position in her name.”

As a professor of physical therapy at NYU, Marilyn directs both the doctor of physical therapy (DPT) program and the post-professional master’s degree program. She has served as the President of the World Confederation for Physical Therapy, the American Physical Therapy Association, and the New York Physical Therapy Association, and has authored several books on physical therapy, exercise, and aging.

“I am grateful for our alumni and other friends of the Department of Physical Therapy for generously supporting this new position and the future of physical therapy at NYU,” said Moffat. The endowed chair position will be held by a new hire, who will join the Department of Physical Therapy and the Steinhardt School as an associate professor. The search for the candidate to fill this position has commenced this year. Stayed tuned to hear our progress.

NEW YORK UNIVERSITY
Steinhardt School of Culture, Education, and Human Development

THE DEPARTMENT OF PHYSICAL THERAPY
IS PLEASED TO ANNOUNCE THE ENDOWING OF THE
MARILYN MOFFAT CHAIR IN PHYSICAL THERAPY

Applications are now being sought for an Associate Professor, Physical Therapy, Tenure-Track, to fill this most prestigious position.

The Department of Physical Therapy is seeking applicants for this tenure-track faculty position in Physical Therapy at the Associate Professor rank. The position is a nine-month appointment with possibilities of summer assignment. New York University’s Steinhardt School is a pioneer in physical therapy clinical and research education and is home to the Department’s Arthur J. Nelson Human Performance Research Laboratory. The Department has a top-ranked DPT program, the first PhD program, an advanced post-professional master’s degree program in pathokinesiology, and a clinical residency program in orthopedics. For more information see: http://steinhardt.nyu.edu/pt

RESPONSIBILITIES:

• Maintain an active agenda of research, publications, and grant-writing
• Teach and mentor students in the Department’s professional and postprofessional programs
• Participate in faculty meetings, committees, and other service appropriate to a university faculty member.

QUALIFICATIONS: An academic doctoral degree (PhD, EdD, DSc) in the area of physical therapy, rehabilitation science, exercise science, or related field; an identified area of research; a productive record of peer-reviewed publications; a record of externally-funded research; and relevant background teaching in the areas of exercise science, anatomy, motor learning/control or critical inquiry/research methods.

NYU’s dynamic Global Network University includes NYU Abu Dhabi, NYU Shanghai, and international programs/academic centers around the world. NYU Steinhardt faculty may be afforded the opportunity for variable term work at these global study and research sites.

NYU is committed to building a culturally diverse educational environment and strongly encourages applications from historically underrepresented groups.

APPLICATIONS: Please apply online with a letter indicating qualifications, a curriculum vitae, and the names and contact information of four references.

www.nyuopsearch.com/applicants/Central?quickFind=51276

Further information about the position may be obtained from:
Wen K Ling, PT, PhD
Co-Chair, Search Committee
Department of Physical Therapy - New York University
380 Second Avenue, 4th Floor
New York NY 10010-5615
Email: wkll@nyu.edu Subject: Faculty Search

Review of applications will begin immediately and continue until the position has been filled. Nomination of a candidate for the position may also be submitted to the Search Chair.

EOE/Minorities/Females/Vet/Disabled
EOE/AA/Minorities/Females/Vet/Disabled/Sexual Orientation/Gender Identity.
(1997 to 2013) were honored guests and shared the history of the department with students.

Two of our third-year DPT students, Sergio Gomez and Brittney Mims, shared an overview of the service projects fostered by the Department over the past year. These projects, run by “houses” (student-run groups), included volunteering with Wheeling Forward, an organization that works with patients with spinal cord injuries and a Holiday Clothing Drive through the Salvation Army, for which over 200 items were donated. Projects for the upcoming year include volunteering with City Harvest to help fight hunger in New York City, working with Achilles International to enable people with all types of disabilities to participate in mainstream athletics, and participation in a Mapathon, to locate and write reviews of NYC restaurants that are accessible to the disabled community. (See page 12.)

Two students in their second year of the program, Justin Ho and Ally Perrotti, discussed the origins of the White Coat Ceremony. Then, under the instructions of Dr. Louis Iannuzzi, six third-year DPT students—Grace Adegbola, Edwina Adrien, Darla DeVito, Marissa Guttenberg, Nicole Horutz, and George Schlitzer—were called to the stage to coat the incoming DPT class of 2018. Dr. Elaine Becker then asked students to stand to recite the Physical Therapy Oath. The event was broadcast on a live stream to friends and family of the students who tuned in from locations including but not limited to Illinois, California, and Israel.

The inauguration was followed by a reception at 5 Washington Place. The reception featured a ribbon-cutting ceremony to inaugurate the PT department’s new historical gallery. Included in the gallery were the photographs of Professor Eileen Nathanson, Dr. Andrew McDonough, Dr. Wen Ling, and Dr. Marilyn Moffat, in honor of their leadership and contribution to the department. The four honorees joined Dr. Batavia in cutting the ribbon. The reception was punctuated with a toast offered by second-year DPT student Yera Patel and third-year DPT student Adefemi Betiku.
Marilyn Moffat Honored at Rusk Celebration

A GATHERING OF alumni of Rusk Institute of Rehabilitation was held on Friday, June 12th in honor of the founding by Howard A Rusk, MD, of the original Institute of Physical Medicine and Rehabilitation. Rusk Institute was the world’s first university-affiliated facility devoted entirely to rehabilitation. Dr. Howard A. Rusk, widely considered “the father of rehabilitation medicine,” founded the Institute and drew on his experience treating wounded soldiers during World War II. He developed the Rusk Institute around the philosophy that rehabilitation provides services for the entire person that included not only their illness or disability, but also their emotional, psychological, and social needs. At a time when people with disabilities were often shunned by society, Dr. Rusk was determined to “take them back into the best lives they can live with what they have left.” His approach became the model for rehabilitation as it is now practiced around the world.

A highlight of the event was the presentation of the Rusk Rehabilitation Ambassador Award to Marilyn Moffat. Moffat presented a keynote address entitled: “Are We Doing Our Part in Non-Communicable Disease Management.” Dr. Moffat’s physical therapy career began at Rusk Institute where over the course of eight years, she rose through the ranks from staff to senior physical therapist, to supervisor of the pulmonary rehabilitation service, and finally to supervisor of special projects. She has gone on to become a recognized leader in the United States and internationally, as a practitioner, a teacher, a consultant, and an author. She is currently a Full Professor of Physical Therapy at New York University and a private practitioner in the New York area.

Dr. Moffat is Immediate Past-President of the World Confederation for Physical Therapy and Past-President of both the American Physical Therapy Association and the New York Physical Therapy Association.

Amongst her many publications are two books for the lay audience: Age-Defying Fitness and the APTA’s Book of Body Maintenance and Repair. She also completed a four book series know as the Musculoskeletal Essentials, Cardiovascular/Pulmonary Essentials, Neuromuscular Essentials, and Integumentary Essentials for physical therapy clinicians and students.

As part of her commitment to research, Dr. Moffat has been a member of the Board of Trustees of the Foundation for Physical Therapy. She is also currently on the Board of Directors of the


AT THE MARCH 8, 2015 Job Fair, held high up in NYU Kimmel Center’s Rosenthal Pavilion and sponsored by the New York-New Jersey Clinical Educators Consortium, we had strong participation and excellent attendance. Companies that sponsored tables were more than satisfied with the number and variety of attendees drawing on a great many in the region.

• Tables registered: 22
• Attendees (primarily students): 145
• Organizations represented: 20+, including:

Columbia
College of Staten Island
Hunter
LIU
NYIT
NYU
Sage Graduate School
Seton Hall
Stony Brook
SUNY Buffalo
Touro College Orthopedic Residency Program

MDNJ-Rutgers
University of Delaware
University of Hartford
University of Penn
University of Scrantron
Utica College
Western University
Utica College
Western University

Looking for a new job opportunity?
The NYU PT Website is a great resource to view new job listings in the physical therapy field for all alumni. Visit http://steinhardt.nyu.edu/internship/pt for a complete list of positions. If you are interested in posting a new position, click “Post a New Internship/Job” to share your opportunity with other NYU alumni.
Short Takes | News and Notes from PT Alumni

Trudy (Gertrude) Schwarz (Cert ’51), is now 96 years young, still does her exercises every morning and drives her own car, even at night. She continues to volunteer at a nursing home spending nine hours once a week there on her feet and shopping for the residents at eight stores the rest of the week. In August she spent ten lovely days vacationing in Austria with her family. They hiked in the Alps and Vienna. Over the course of one day, she walked eight miles on her trip! She also keeps busy by attending lectures.

Fatima Tyebjee Hakeem (Cert ’76) works at the Woman’s Hospital of Texas in Houston and has been specializing in women’s health for over 30 years. Fatima is on the Review Board of the NAFC (National Association for Continence) and speaks at various seminars. Fatima’s son, Zain, is married and practicing as a DO in Austin, Texas. Her daughter Sara is completing her Ph.D. at the University of Michigan at Ann Arbor. Fatima has one grand-baby and another on the way.

Congratulations to Amir Burnstein (MA ’78) who just signed a licensing agreement with Lite-Gait-Mobility Research to manufacture, distribute, and hopefully sell his baby crawling device, the iCanCrawler, which was exhibited at the APTA convention in Salt Lake. He is thankful to Dr. Moffat for introducing him to several contacts at the convention including NYU’s own Dr. Elaine Becker. Amir has demonstrated the iCanCrawler device in several venues, has had some pediatric PTs as well as a group of parents test it and respond with very good results and positive feedback via iphone videos. He is looking forward to writing a piece about his device for a forthcoming issue of PT Momentum.

Mary Stavridis Mooney (Cert ’79) completed her transitional DPT in January 2010 at Stony Brook. Currently, she is a care manager at VNS of Suffolk where she oversees the plan of care for all of our CHHA patients including SN, PT, OT, ST, MSW and RD. She is also involved in the coordination of care through weekly inter-disciplinary meetings. When her schedule permits it, she also serves as a TA at Stony Brook.

Robert E. Post (BSPT ’80, MA ’83, PhD ’88) is a professor and director of the physical therapy program at Neumann University with primary teaching responsibilities in gross anatomy, clinical pharmacology, diagnostic imaging, and clinical pathology. Dr. Post is also a commissioner serving on the Review Board of the NAFC (National Association for Continence) and speaks at various seminars. Fatima’s son, Zain, is married and practicing as a DO in Austin, Texas. Her daughter Sara is completing her Ph.D. at the University of Michigan at Ann Arbor. Fatima has one grand-baby and another on the way.

Robert E. Post (BSPT ’80, MA ’83, PhD ’88) is a professor and director of the physical therapy program at Neumann University with primary teaching responsibilities in gross anatomy, clinical pharmacology, diagnostic imaging, and clinical pathology. Dr. Post is also a commissioner serving on the Commission on Accreditation in Physical Therapy Education (CAPTE). He is a life-long practitioner and instructor of martial arts, and has successfully integrated martial arts training with physical therapy through programs designed to provide martial arts instruction to persons with physical and learning disabilities. Recent scholarship includes a book chapter on laser in the next edition of Modalities for Therapeutic Intervention by Michlovitz et al. and an accepted presentation on electrophysiology at CSM 2016.

Bernice Small (BS ’81) is proud to announce that her oldest daughter graduated as a DPT in 2009, married in 2010, and gave her the most beautiful granddaughter in 2014! Bernice’s youngest daughter graduated with her BS in Public Health in 2009, her MS in Environmental Science in 2011, married in 2014, and will be receiving her Ph.D. in Environmental Science in 2016. Bernice’s husband is working for Alcatel-Lucent and they just celebrated their 34th anniversary this past June. She is no longer working, but is quite busy enjoying being a full time grandmother!

Adrienne Telemaque (BS ’82) currently teaches Pilates to student ballet dancers and is also in the process of creating an injury prevention program at the Ballettschule Theater Basel in Basel, Switzerland.

David Bertone (BS ’88) was reappointed by Governor Christie to the New Jersey Board of Physical Therapy Examiners for a second term. In addition, Dr. Bertone was reappointed as an adjunct professor at Rutgers The State University of New Jersey, teaching doctoral PT students about Concussion Management. He is also proud to have celebrated his 25th wedding anniversary with his wife Cecilia whom he met during his last year of PT school at NYU.

Patricia Ladis (BS ’99), PT, co-founded KIMA Center for Physiotherapy & Wellness with Tracey Vincel, PT, MPhy in 2006. KIMA, a holistic physical therapy and wellness center aims to bring together talented physical therapists, acupuncturists, massage therapists, mind-body psychologists, nutritionists, Pilates instructors, personal trainers, Yoga, and other wellness practitioners to help heal the whole human being. With a passion for prevention and wellness KIMA is constantly adding new, innovative services to their list of offerings. As of 2015, patients can benefit from research-grade forceplate gait analysis (Protokinetics & ZenoWalkway), NORAXON Motion Analysis (MyoMotion & EMG), and Capnography (breathing, behavioral learning). On a personal note, Patricia married Nick Pappas in 2007 and they have 3 children, Stel (7), Dimitri (5), and Aya (8 months).

Congratulations to Rivi Har-El (DPT ’00) for the publication of her book Moving Pain Away—RiVision: An Innovative Physical Therapy Method. She continues to teach at the Department of Physical Therapy at SUNY-Downstate and was recently promoted to Clinical Assistant Professor. Her clinic (RiVision Healing Center) recently moved to a new location: 225 East 79th Street, Suite 1B, NYC 10075. RiVision provides hands-on, one-on-one sessions as well as classes, lectures, and group sessions for people who suffer from musculoskeletal disorders and chronic pain. Additionally, a hearty congratulations to her son, Amir, on his engagement to Shaylin.

Yokasta Espaillat (DPT ’02) works part-time as a pediatric physical therapist at Steppingstone Day School in Queens, NY. She is still affiliated with NY Presbyterian Hospital on a per diem basis. Yokasta and her husband Steve recently welcomed a baby boy, William, to their family. They now have four children: Ellensere, age 11; Sarah, age 6; Steven, age 4; and William, who was born in July 2015, is four months old.

Denise Jagroo (DPT ’02) was featured in GLOW Beauty Magazine (GLOW), a bi-annual publication focused on bringing its audience current information on a multitude of remedies that promote and benefit overall good health. The article, Pelvic Health & Rehabilitation: Let’s (NOT) change the subject, appeared in GLOW’s Spring/Summer 2015 5th Anniversary issue where it discussed Denise’s holistic style of assessing and treating a patient’s condition as well as her recently published book, Your Best Pregnancy.

Maya Caspi Manning (DPT ’05) currently works at Hospital for Special Surgery (HSS) and has been the Clinical Supervisor of Acute Care Rehabilitation at HSS since January 2013. On October 13, 2014, Maya gave birth to her son, Benjamin, who is over a year old now.
Michael Konstaild (DPT ‘07) has worked as a roving physical therapist for the New York City Education department since 2008 when he is making an amazing difference in the lives many children with special needs. Michael combines his professional skills as a PT with his knowledge of carpentry to create and build custom furniture for children with special needs. Michael was recognized for his work in the NY Times’ April 15, 2015 article, For Special-Needs Students, Custom Furniture Out of Schoolhouse Scraps and also featured in the Defining Moment section of the APTA’s September 2015 magazine issue of PT IN Motion.

Love is in the air for alumnus, Demetrios Hilas (DPT ‘08) who married Erica Patusco MS, OTR (pictured at right). Congratulations Demetrios and Erica!

Emil Berengut (DPT ‘09) is working at Memorial Sloan Kettering Cancer Center Outpatient Center. Most recently, Emil’s presentation on Evidence Based Interventions in Cancer Rehabilitation was accepted to the annual American Congress of Rehabilitation Medicine conference. Emil will also be speaking on this topic at the APTA Combined Sections Meeting in Anaheim and has started to mentor NYU students as a Master Clinician. Emil is looking forward to welcoming the next pair of students later in the fall.

Daniel Giordano (DPT ‘10) was a guest speaker at the 2015 Nike+ Run Club Global Coaches Summit on prevention and rehabilitation of the top running injuries. He has also served as a sports medicine team member for: 2015 USA Track and Field Olympic Trials, 2011 USA Outdoor Track & Field National Championships, 2015 Pro Surfing Championships, and 2010 & 2011 Tribeca Film Festival NY Fest Soccer Day. Daniel is also the co-founder of Bespoke Treatments (bespoke-treatments.com) where he serves as Director of Physical Therapy. You can follow him on Twitter/Instagram: @DanGiordanoDPT

Congratulations to Kristen Gerst (DPT ‘11) who recently received her OCS certification this past spring upon successful completion of the exams in March.

Patrick Kelly (DPT ‘11) developed and launched an infant development app for new parents called Super Baby in April 2015. It is available for download in the iTunes store and already has 10,000 downloads! Super Baby features over 40 developmental activity videos featuring therapeutic techniques designed to help babies achieve key milestones in their physical development. The app features a user-friendly interface that allows users to watch videos by age group or milestone. You can track all of your baby’s key milestones as well as their progress. The app provides you with your baby’s growth percentile ranking and suggests target milestones. You can sync Super Baby to your Facebook account to share your baby’s progress with friends. Read more about it at www.superbabyapp.com.

Congratulations to Matthew Hernandez (DPT ‘15) on his recent marriage on August 29, 2015! The wedding featured special guests including DPT ‘15 alumni Grace, Femi, and Youssef Soras.

Sarah Myres (DPT ‘15) recently accepted an offer to start as an Inpatient Physical Therapist at the Hospital for Special Surgery. She is super excited for this new chapter and wishes everyone well.

YEAR OF 2015 IN MEMORIAM
CLASS OF
1954 James McClinch
1958 Mavis Rose

NYU PT Alumni Who Have Gone on to Specialize

CARDIOPULMONARY (CCS)
Susan Hoover Garritan (‘78), Maryclare Krusing (‘83), William Kuntz (‘84), Suri Granek (‘86), Cynthia Smestad (‘88), Peg Meisler (‘90)

GERIATRIC (GCS) Judith Dailey (‘61), Marilyn Moffat (‘63), Gail Davies (‘66), Meryl Berg (‘78), Bernadette Toscani (‘78), Barbara Jean Brown (‘83), Jean Hill (‘84), Kathleen Kline (‘94), Ronald G. Chapman (‘96), Jennifer Lehman (‘01), Amarilis Yzashe Bien-Amie (‘07)

LSVT BIG®
Barbara Jean Bundy (‘83)

NEUROLOGIC (NCS) David Smyntek (‘78), Vita Incantalupo (‘86), Cristina Kahl (‘86), Laural Crandall (‘90), Jason Shaw (‘97), Grace Chen (‘02), Robert Schreyer (‘03), Clara Gaspari (‘04), Melissa Chung (‘05), Miriam Gross (‘08), Maytal Zliza (‘08)

ORTHOPEDIC (OCS) William Temes (‘74), Evelyn Orton (‘75), Bernard Finnerty (‘77), Debra Howard (‘77), Frances Kramer Niemierzycy (‘77), Susan Edmond (‘78), Marie Kardys Kelly (‘78), Thomas Nolan (‘78), Patrick Van Beveren (‘79), Linda Bernot (‘81), Jeffrey Snyder (‘81), Jody Llacer (‘83), Donna Croce (‘84), Scott Gelbs (‘85), Jill (Samuels) Horbachewicz (‘86), David Baetone (‘88), Marshall Hagins (‘88), James Macaluso (‘88), Gaetano Lombardo (‘89), Dierdre Muller (‘89), Kevin Weaver (‘90), Glen Rowell (‘92), Emmanuel Yan Yung (‘92), Wing-Mun Wong (‘96), Donald Demay (‘98), Paul Palestis (‘98), Josephine Park (‘99), Wing-Sze Fu (‘00), Justin Gornell (‘01), Ivan Hernandez (‘01), Hiromi Otani (‘02), Grace Tang (‘02), Gregory C. Thomas (‘03), James Koo (‘04), Maureen Mangosong Wenski, (‘04), Michael D’Agati (‘05), Fun-Yu Kevin Kay (‘06), Emil Berengut, (‘09), Carmen Shante Cofield (‘10), Claire Catherine Storck (‘11), Nicole Denise Saladino (‘13)

PEDIATRIC (PCS) Sylvene Blissett (‘82), Peter Raaff (‘82), Suri Granek (‘86), Cynthia Arigo (‘87), Linda Finneran (‘87), Linda Fuller (‘89), Carol Mangini (‘90), Bala Pillai (‘93), Wen Yu Liu (‘95), Michael Cantara (‘96), Wing-Sze Fu (‘00), Megan Freeland (‘05), Michael Olario Gallano (‘13)

SPORTS (SCS) Arnold Bell (‘74), Karen Maier Berger (‘86), Benjamin Gelfand (‘88), Michael Fox (‘91), Cindi Gold (‘94), Jennifer Gentile (‘01), Ivan Hernandez (‘01), Philip Lombardo (‘02), Hiromi Otani (‘02), James Koo (‘04), Brian Gurney (‘05), Erica Lee Zimmerman (‘05), Jeremy Crow (‘06), Fun-Yu Kevin Kay (‘06), Joseph Ciccone (‘07), Joshua Mackay (‘10), Andrea Katharine Tyczanski (‘11)

WOMEN’S HEALTH Denise Jagroo (‘02), Laurelle Kilmartin (‘04)

Listed culled from American Board of Physical Therapy Certified Specialists
Moffat Completes 8-year Presidency of WCPT

ON JUNE 2, 2007 Marilyn Moffat was elected President of the World Confederation for Physical Therapy (WCPT) at the General Meeting in Vancouver, Canada. This year marked the completion of her eight-year term of office at WCPT’s General Meeting in Singapore. WCPT evolved in large measure because of the physical therapy needs produced by the ravages of the great wars. Out of strife, global responsibility was born, and physical therapists became immersed in the responsibility that they had to the world. With increasing awareness of the many similarities of the problems around the world, the strength of WCPT grew each year as more organizations saw the need to pick up their share of global responsibility, to assure that those in need of physical therapy services would indeed receive them. In addition, the discrepancies between large and small, between rich and poor challenged the profession and of note is the sharp contrast between 4 of the largest WCPT member organizations with more than 20,000 members and 4 of the smallest member organizations with fewer than 30 members.

Marilyn noted that it had been her “good fortune to be in leadership positions at many levels within the profession, and each level broadened her knowledge, understanding, and total appreciation of how physical therapists practice so hard to promote the profession. While there are differences among practitioners around the world, there are so many incredible similarities.”

Accomplishments Over 8 Years

Marilyn has been an integral part in establishing ten guidelines for practice and education as a part of what WCPT is today. These guidelines are: entry level education, faculty, accreditation/recognition, clinical education, quality exercise programs, quality continuing professional development, physical therapy practice, records management, legislation/regulation/recognition, and specialization. She was also involved in:

- expanding meeting offerings and approving a WCPT Congress every two years;
- developing an accreditation process for professional entry-level physical therapy educational programs;
- facilitating the development of physical therapist educational programs in countries that did not have programs meeting WCPT standards;
- developing the process to provide continuing education units for offerings that meet the WCPT standards;
- increasing recognition of physical therapists as exercise experts;
- developing and continuing the expansion of data bases to facilitate a deeper understanding of exactly the scope of physical therapy around the world;
- increasing awareness of the need for evidence-based physical therapist practice and supporting access through sites such as PEDRO;
- promoting the roles of physical therapists in wellness and fitness and preventing illness and disability;
- providing physical therapists knowledge of their roles in disaster management;
- expanding WCPT’s awards program; and
- ever so many other activities to promote the profession worldwide.
Travels

Over the last year, Marilyn has travelled internationally to Poland, Trinidad & Tobago, London, Barranquilla Colombia, and Singapore.

Over the past 8 years she has:
• made approximately 70 round-trip international airline flights covering more than one million kilometers;
• spent approximately 500 nights away from home;
• made more than one million PowerPoint slides per the estimation of her staff;
• visited countries in all five regions;
• delivered hundreds of keynote addresses, speeches, and/or provided instruction through courses;
• presented more than 50 awards;
• had more than 4,000 patient visits in spite of the hectic schedule; and
• received and responded to hundreds of pieces of correspondence personally.

Observations

Marilyn stated that “during her term of office she saw many exciting changes occur, and yet so many daunting challenges still confront the profession. Physical therapists around the world are challenged with ever-changing health service delivery systems and environments in ways unprecedented in our histories.” In spite of those changes, she noted that “physical therapists must manage the right patient/client, at the right time, with the right intervention, and the correct prescription.” In many areas of the world, resources are so scant that physical therapists are forced to compete for limited resources in personnel, facilities, and equipment. In some developing countries structural readjustment is occurring that does not allow expansion of services and may also result in reversals. Government-sponsored social and health services are facing potentially severe cutbacks. Physical therapists are being increasingly challenged to provide quality services in a totally cost-efficient way. In some countries the control of health services by large corporations has also challenged the way in which services are delivered, with the bottom line in some instances more important than the quality output.

Thus, the practice environments in which physical therapists around the world participate must provide more for less in ways never before imposed upon them. And this will occur whether services are provided in a rural community with community-based physical therapy services or in an urban environment in a highly complex institutional establishment. Marilyn indicated that “delivering physical therapy services around the world will require: reaffirming a deep sense of commitment to the patient or client physical therapists serve; collectively tackling the problems facing the profession; finding creative ways to distribute the talents of physical therapists; providing exposure to different modes of service delivery; expanding the out-of-institution-based model of delivery of service; incorporating prevention programs into all physical therapy service delivery; having functional outcomes serve as a primary reason for physical therapy practitioners; and using worldwide communications through satellites, computers, and fiber optic tubes to facilitate sharing of information and continued professional development.” Marilyn hopes to see WCPT continue to grow and expand its influence around the world. Globalization will enable continued outreach to meet the growing needs of physical therapy around the world.
NYU DPT 5K Run/Walk—The Marquette Challenge

IT HAS LONG been a tradition that the students of NYU’s DPT program host a fundraiser in support of the Foundation for Physical Therapy through the Marquette Challenge. Donations help fund physical therapy research and support our unique, ever-progressing profession. This tradition has grown and evolved into an amazing event held each year in Prospect Park, Brooklyn, known as the Annual NYU DPT 5k Walk/Run.

March 2015 marked our fifth year of participation in this annual race where over 200 people showed their support by running in the cold on race day, while hundreds more participated through the virtual race and personal contributions. Our friends at Nuun, Mile High Run Club, Muscle Milk, and RaceWire helped us organize our smoothest race yet. With the combined efforts of family, friends, alumni, faculty, staff and sponsors, the Class of 2015 was able to donate $7,448! As the tradition is passed on to the class of 2016, the Class of 2015 would like to thank everyone who contributed. Please know that it would not be possible to host the race or be able to contribute in some small way to the profession of physical therapy without your continued support.

Look forward to the 6th Annual NYU DPT 5k Walk/Run in Spring 2016! Hope to see you there!

Marilyn Moffat Honored at Rusk Celebration

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the World Rehabilitation Fund and is a member of the Executive Committee. In addition to her professional associations, she was elected to be a member of Kappa Delta Pi and Pi Lambda Theta.

Dr. Moffat has received numerous national and international awards and has had three awards named after her: the Marilyn Moffat Leadership Award of the American Physical Therapy Association, the Dr. Marilyn Moffat Distinguished Service Award of the New York Physical Therapy Association, and the Marilyn Moffat Service Award of the North America/Caribbean Region World Confederation for Physical Therapy.
Spring + Summer 2016 Schedule

Weekend Intensives in Orthopedic Physical Therapy

Advanced Physical Therapy Examination and Intervention Skills of the Musculoskeletal System

Fridays 6:00 pm – 8:30 pm and Saturdays 8:00 am – 5:00 pm
All classes are held at 380 Second Avenue (at 22nd Street), 4th Floor. Each module is a minimum of 1.1 CEUs.

* Discounted Rate for NYU Alumni — $295 per course *

SPRING 2016:

February 26–27, 2016

MODULE 5: THORACIC/LUMBAR SPINE

Tara Jo Manal, PT, DPT, OCS, SCS
Clinical Services, Department of Physical Therapy, University of Delaware

• Explore valuable red and yellow flag measures and how they can impact your care
• Review clinical practice guidelines that you can apply to patient care on Monday morning
• Gain mastery of mobilization and manipulation procedures through laboratory participation
• Understand the role of spinal exercises in treatment; which, on whom, when
• Special evaluation and treatment considerations for the older adult with low back pain;

March 4–5, 2016

MODULE 6: SI/HER

Michael S. Puniello, DPT, MS, OCS, FAAMPT
South Shore Physical Therapy Associates, Hingham, MA; Adjunct Clinical Assistant Professor, Physical Therapy Program, MGH Institute of Health Professions

• Common hip pathologies
• Physical examination of the hip integrating with best evidence
• Manual physical therapy techniques and therapeutic exercise
• Integrate a mechanical approach and best evidence for sacroiliac joint
• Physical examination of the pelvis
• Manual physical therapy techniques and therapeutic exercise for SIJ dysfunction

April 8–9, 2016

MODULE 7: KNEE

Tara Jo Manal, PT, DPT, OCS, SCS
Director of Clinical Services, Department of Physical Therapy, University of Delaware

• Review the tests and measures in knee rehabilitation and what they tell you
• Understand differential diagnosis in knee pain: what needs to be treated
• Explore procedure-modified rehabilitation; which surgical procedures impact your post-operative therapy decisions and why: ACL, PCL, MCL, proximal distal realignment, meniscus, and more
• Total knee arthroplasty surgery will increase to 3.5 million by 2030, synthesis of the body of evidence behind rehabilitation for this population can enhance your care
• Review the evidence for rehabilitation progression after knee injury, when can they drive, run, or return to sport
• Understand the role of the quadriceps in knee dysfunction: how and when can electrical stimulation enhance your treatment efforts

April 15–16, 2016

MODULE 8: ANKLE/FOOT

Smita Rao, PT, PhD
Assistant Professor, Department of Physical Therapy, New York University

Emily Sandow, PT, DPT
Harkness Center for Dance Injuries, NYU Langone Medical Center

• Appropriate for beginner, intermediate, and advanced clinicians, and those preparing for the OCS exam
• Didactic sessions will cover recent advances in biomechanical, clinical, and translational research relevant to clinical decision-making and direct access
• Lab sessions will cover: clinical examination techniques and interventions such as manual therapy, taping, orthoses prescription, and therapeutic exercise
• Walking/running video analysis with a focus on foot/ankle

SUMMER 2016:

June 3–4

MODULE 9: MOVEMENT GAIT

Wen Ling, Smita Rao, and Todd Wilkowski

June 24–25

MODULE 10: MOTOR CONTROL

Dick Magill

July 15–16

MODULE 11: RSI ERGONOMICS

Kevin Weaver

July 29–30

MODULE 12: WORK CONDITIONING FCE

Mark Wurster and John McLinden

Participants may register for individual weekend modules. Cost: $325 per module. Open to physical therapists licensed in the U.S. (Valid for New York State continuing education credits for PTs only.) Modules 2, 4, 11 & 12 open to New York State licensed occupational therapists (OTs not eligible for continuing education credits.). To register, contact Peggy Dadalife at 212 998 9429 or pd70@nyu.edu. For more information go to www.steinhardt.nyu.edu/pt.

NYU’s orthopedic residency was a meaningful experience that reinforced good habits from the beginning of my career as a physical therapist. Through the program, I learned more advanced PT diagnoses and techniques and directly applied those to my patients with the help of my mentor. Assisting in the lab with the second year students was a very rewarding experience. Teaching forced me to be more comfortable with my knowledge set. The year of the residency was physically and mentally demanding, but I am a much stronger physical therapist as a result.
—Annie Keener, Ortho Res 2015

The residency for me has been a year long learning experience to focus on my clinical reasoning and critically self-reflection. The mentorship aspect of the residency has been the most beneficial aspect because of the continuous constructive feedback. The program has provided me with the guidance to continue taking a proactive approach to further learning and advancement in clinical skills.
—Jeffrey Sam, Ortho Res 2015
chow, and corn soup), visited the island’s attractions (Wild Fowl Trust, Royal Botanical Gardens, National History Museum, Emperor Zoo, Pitch Lake, The Savannah, Maracas Beach, Tribe Ice (“limin’”), and listened to the music of the steel drums.

“NYU Global PT was a priceless and unique experience. The hands on interaction with patients in the outpatient, inpatient, cardiopulmonary, neuromuscular, and pediatric settings helped prepare me for my final affiliations and board exam.” — Alexander Hsiao, DPT ’15

“I learned a tremendous amount from the physical therapists and health care professionals in Trinidad and broadened my understanding of physical therapy in a global context. Not only was it a great physical therapy learning experience, but I also enjoyed experiencing another culture first hand, creating global relationships with other healthcare professionals, and bonding with faculty and fellow students outside of a classroom setting.” — Christina Crowder, DPT ’17

This year, the department plans to increase the number of DPT students participating in global studies by expanding the opportunity in Trinidad and adding a clinical site in Tel Aviv. Stay tuned for updates on our worldwide expansion. If you’re an NYU Physical Therapy student who wishes to participate in a global study, or you’d like to learn more about how you can help support this initiative, contact Marilyn Moffat at mm8@nyu.edu for more information.

“Our trip to Trinidad was an incredible learning experience in so many ways. We were exposed to a whole range of conditions with varying degrees of severity (and many conditions we might never see in the U.S.), and we were able to observe treatments in everything from inpatient cardiac rehab to pediatrics and outpatient orthopedics. The range and diversity of what we saw was something I will never forget, and the PTs we worked with were amazingly generous, kind, and helpful.” — Rachel Tavel, DPT ’17

DPT GOES GLOBAL continued from page 2

Class of 2015 Awards

Alan Ng
Arthur J. Nelson Award
For excellence in clinical electrotherapy

Krupa Trivedi
Department Service Award
For outstanding service and excellent leadership

Minnie Jan
Department Service Award
For outstanding service and excellent leadership

Allison Silverman
Elizabeth C. Addoms Award
For excellence in academic and clinical performance

Congratulations TO THE CLASS OF 2015
THANK YOU Dean Carey. I am honored to speak in front of such a distinguished crowd.

Our bodies are meant to move. In my physical therapy program, we were told that we will graduate as movement specialists. The cruelest joke in our profession is that we can only become licensed movement specialists after three long years of sedentary studying.

We need to move physically, yes, for pressure relief, for exercise, for transportation. This type of movement I love. To me, nothing is better than a run to start my day or a longer walk to avoid the $2.75 swipe of my MetroCard. But what about moving in the sense of moving on? Right. Of that, I am not so fond. I am a creature of habit, a person of proximity. Recently I have been experiencing my “lasts”—my last final, my last affiliation, my last week in my three-year-old apartment, my last month in this city with my best friend before she moves to California. I have cried at home where no one could see me, and on Second Avenue with friends where everyone at the M-15 bus stop probably thought we were nuts. But remaining static, stuck in the past, and focused on what was, frankly, is more exhausting than moving on. We need to change directions—geographically, emotionally, professionally—so that we may accept new challenges and establish new points of growth. And just like movement of the body, these movements must be practiced with a delicate blend of strength, flexibility, and balance.

Most of us relocated to New York City a few years ago. While some of us are moving on geographically once again, all of us are moving on professionally. By professionally I do not mean we will be getting a job and becoming settled in the “real world.” We will get a job and join the real world, yes, but there is no settling for us. Our intellect will not be stagnant. Our professors within our programs have been prime examples of this. After we leave this institution, our research won’t stop, our curiosity will heighten, and our careers will evolve. Even though we think we are done with exams forever, we cannot kid ourselves. There will still be tests, more important tests, even if they did not come in the form of a blue book. We are lifelong learners. Inevitably, we also will become lifelong educators to those willing to listen, and we will accept the challenge from those who won’t.

If there is one thing I learned in PT school, it is that the body needs “proximal stability for distal mobility.” During our time at NYU we have all created our core foundation, our base—our proximal stability. Now, with degrees in hand, we are safely prepared to be functional, productive; to express our distal mobility elsewhere beyond the confines of the classroom. Now all we have to do is move.

Congratulations to my fellow 41 strong, and to the Doctoral Degree Graduates of 2015!

- Prepare to sit for the clinical specialist exam offered by the American Physical Therapy Association
- Obtain advanced orthopedic knowledge and clinical skills at a top-ranked research university
- Learn about the latest developments in evidence-based orthopedic physical therapy
- Study with board-certified clinical specialists and physicians
- Complete the advanced certificate program in 12 months

Application deadline: Monday, May 16, 2016
Pursue your goals. Be the future. Be NYU Steinhardt.
Visit www.steinhardt.nyu.edu/pt/opt or call Peggy Dadaille at 212 998 9429 or pd70@nyu.edu.

NEW YORK UNIVERSITY
New York University is an affirmative action/equal opportunity institution.

Become a Master Clinician and Clinical Affiliate!

We are looking for interested clinicians and sites to serve as Master Clinicians and clinical affiliates. Clinical education is an important aspect of the Doctor of Physical Therapy curriculum, and we are continually looking for experienced clinicians to serve in these capacities. As an NYU graduate, your connection with the PT Department gives you a unique opportunity to serve as a mentor and assist current DPT students in their educational experience. By serving as a Master Clinician or clinical affiliate, you will also earn tuition credits at NYU that can be used to further your own education free of charge.

As part of NYU’s dedication to its students, the Physical Therapy Department is continually looking to expand its network of clinical sites nationwide. Please contact our Director of Clinical Education, Elaine Becker, PT, DPT, MA, PCS at 212 998 9407 or eb2@nyu.edu to request more information.

PT Staff Attends 2014-2015 Longer Service Recognition & Awards Reception

ON MAY 7, 2015, treasured staff member, Julie Chin, was honored with the Longer Service Recognition Award and also received the Give-A-Violet Award as she celebrated her 20th year of service in the Physical Therapy Department. Her dedication, support and willingness to go the extra mile regardless of the challenge has made her an invaluable asset to the PT Department!

Dean Dominic Brewer presents Julie Chin with her award.

2016 ANNUAL PHYSICAL THERAPY RECRUITMENT FAIR

Sunday, March 6, 2016
New York University
Rosenthal Pavilion, Kimmel Center, 10th Floor
60 Washington Square South

A unique opportunity for health care professionals to meet with members of the health care industry!

WHO SHOULD ATTEND?
Health related organizations
Health care administrators
Health care representatives
Physical therapy students
Practicing physical therapists interested in relocation or opportunities for upward mobility

Exhibitors must register. For pricing information, please contact Anne Seaton at 212 998 9414 or email mas2@nyu.edu.

Registration deadline: February 26, 2016.
Space is limited.

Registration after this date will be accepted on a space available basis.