

Curriculum Vitae
Meriah L. DeJoseph, M.A.

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EDUCATION

TEACHERS COLLEGE, COLUMBIA UNIVERSITY, New York, NY
Master of Arts, Psychology in Education with Spirituality Mind-Body concentration, July 2015
(Advisor: Karen Froud, PhD)

UNIVERSITY OF CALIFORNIA, SAN DIEGO, La Jolla, CA
Bachelor of Science, Cognitive Science w/ specialization in Neuroscience; Philosophy minor, June 2013

HONORS, SCHOLARSHIPS, AND FELLOWSHIPS

2017 NSF Graduate Research Fellowship (under review)
2017 Ford Fellowship (under review)
2016 Distinction in Research, Teachers College, Columbia University
2014 Teachers College, Columbia University Scholarship
2013 Mentors Foundation Grant
2010-2013 Provost Honors, UCSD
2013 Superior Teaching as Undergraduate Teaching Assistant, UCSD Cognitive Science Dept
2009-2013 Cal-SOAP Rewarding College Dreams Scholarship
2009-2013 San Diego Foundation Scholarship

PUBLICATIONS

Manuscripts Accepted for Publication

Perry, R.E., Finegood, E.D., Braren, S.H., **DeJoseph, M.L.**, Wilson, D.A., Sullivan, R.M., Raver, C. C., & Blair, C. (in press at *Development & Psychopathology*). Developing a neurobehavioral animal model of poverty: drawing cross-species connections between environments of scarcity-adversity, parenting quality, and infant outcome

Finegood, E.D., Raver, C.C., **DeJoseph, M.L.**, & Blair, C (2017). Parenting in poverty: Attention bias and anxiety interact to predict parents' perceptions of daily parenting hassles. *Journal of Family Psychology*, 31(1), 51.

Singh, F., **DeJoseph, M.**, & Cadenhead, K.S. (2014). Therapeutic considerations in individuals at clinical risk for developing psychosis. *Current Treatment Options in Psychiatry*, 1(2), 134-148.

Manuscripts Under Review

DeJoseph, M.L., Finegood, E.D., Raver, C.C. Blair, C.B., & The Family Life Project Key Investigators (under review at *Developmental Psychology*). Measuring stress reactivity in the home: Preliminary findings from a version of the Trier Social Stress Test (TSST-H) appropriate for field-based research

Roy, A.L., Raver, C.C., Masucci, M.D. & **DeJoseph, M.L.** (revise and resubmit at *Developmental Psychology*). "If they focus on giving us a chance in life we can actually do something with the world": Poverty, inequality, and youths' sociopolitical engagement

Manuscripts in Preparation

DeJoseph, M.L., Finegood, E.D., Blair, C., & The Family Life Project Key Investigators (in preparation). Cortisol moderates the association between cumulative exposure to poverty and adjustment problems in preschool

Avery, T. Froud, K., **DeJoseph, M.L.**, & Brooks-Gunn, J. (in preparation). Evaluating the effects of school-based mindfulness curricula utilizing EEG measures of attention and salivary measures of stress

Li-Grining, C.P., **DeJoseph, M.L.**, Masucci, M.D., & Raver, C.C. (in preparation). Self-Regulation Assessment in Early Adolescence: Capturing Emotion, Cognitive, and Behavior Regulation

CONFERENCE PAPER PRESENTATIONS

Finegood, E.D., Raver, C.C., **DeJoseph, M.L.**, & Blair, C. Parenting in Poverty: Attention Bias and Anxiety Interact to Predict Parents' Cognitive Appraisals. In J. Obradović & A. Shaffer (chairs), *Parental self-regulation as a determinant of parenting in young children across diverse contexts*. Paper presented at Society for Research in Child Development; 2017 April 6-8; Austin, TX

Perry, R.E., Finegood, E.D., Braren, S.H., **DeJoseph, M.L.**, Wilson, D.A., Sullivan, R.M., Blair, C., & Raver, C.C. The Impact of Poverty on Mother-Infant Interactions: A Cross-Species Study. In R. Perry (chair), *Exploring the Impact of Cross-Disciplinary Research in the Field of Child Development*. Paper presented at Society for Research in Child Development; 2017 April 6-8; Austin, TX

CONFERENCE POSTER PRESENTATIONS

DeJoseph, M.L., Finegood, E.D., Blair, C.B., & The Family Life Project Key Investigators. Cortisol moderates the association between cumulative exposure to poverty and adjustment problems in preschool. Poster presented at the International Society for Developmental Psychobiology; 2017 November 8-10; Washington, D.C.

DeJoseph, M.L., Finegood, E.D., Raver, C.C. Blair, C.B., & Family Life Project Key Investigators. Measuring stress reactivity in the field: Developing a home-based TSST among a high poverty sample of adolescents. Poster presented at the International Society for Developmental Psychobiology; 2017 November 8-10; Washington, D.C.

DeJoseph, M.L., Ibrahim, D.A., Obregon, J.N., & Raver, C.C. Attention bias to threat moderates the association of poverty and anxiety with internalizing among low-income adolescents. Poster presented at the Flux International Congress on Developmental Cognitive Neuroscience; 2017 September 16-18; Portland, OR

Ibrahim, D.A., **DeJoseph, M.L.**, & Raver, C.C. Emotional Go/No-Go in the field: Applying a lab-based standard measure of emotional regulation to a high-poverty adolescent population. Poster presented at the Flux International Congress on Developmental Cognitive Neuroscience; 2017 September 16-18; Portland, OR

Ibrahim, D.A., **DeJoseph, M.L.**, Roy, A.L., & Raver, C.C. Adolescents take action: A look into the

experiences that inform the development of critical consciousness among low-income minority youth. Poster presented at the Society for the Study of Human Development; 2017 October 6-8; Providence, RI

Perry, R.E., Finegood, E.D., Braren, S.H., **DeJoseph, M.L.**, Wilson, D.A., Sullivan, R.M., Blair, C., & Raver, C.C. Introducing a Rodent Model of Poverty: Low Resource Rearing Impacts Parenting Style and Infant Neurobehavioral Outcomes. Poster presented at Society for Research in Child Development; 2017 April 6-8; Austin, TX

Masucci, M.D., **DeJoseph, M.L.**, Manos, E.L., Li-Grining, C.P., & Raver, C.C. Effects of Purpose-For- Learning Intervention on Distress Tolerance and Self-Regulation. Poster presented at Society for Research in Child Development; 2017 April 6-8; Austin, TX

Raver, C.C., Blair, C., **DeJoseph, M.L.**, & Finegood, E.D. Two sides of the coin: Analyzing changes in parenting to answer key questions in developmental science and program evaluation. Poster presented at ACF National Research Conference on Early Childhood; 2016 July 11; Washington, D.C.

Avery, T., **DeJoseph M.L.**, & Froud, K., Brooks-Gunn, J. Reliability and sensitivity of EEG measures of attention, salivary measures of stress, and behavioral assessments in measuring the effects of mindfulness programs in young children. Poster presented at Society for Psychological Research; 2015 September 30 – October 4; Seattle, WA

Avery, T., **DeJoseph M.L.**, & Froud, K. Mindfulness practices improve attention and reduce stress in young children. Poster presented at Advances in Meditation Research Conference; 2015 Sep 25; New York, NY

DeJoseph M.L., Avery T., & Froud, K. Measuring the effects of mindfulness programs in low-income elementary schools. Poster presented at: Teachers College Spirituality Mind Body Institute's Spiritual Life Conference; 2015 Jun 21; New York, NY

INVITED TALKS AND CAMPUS TALKS

DeJoseph, M.L. (2017, March). Brain Awareness Week: The science of mindfulness. Know Science speaker series. Lecture conducted from The Rockefeller University, New York, NY

DeJoseph, M.L. & Perry, R.E. (2016, December). Beating holiday stress: The science of mindfulness. Know Science speaker series. Lecture conducted from The Post Office Bar, Brooklyn, NY

DeJoseph, M.L. (2016, July). Regulating your brain: The science of mindfulness. Know Science speaker series. Lecture conducted from Genspace, Brooklyn, NY

DeJoseph, M.L. (2015, October). Neural correlates of mindfulness. *Iss: Mind-Body Medicine*. Invited by Bornali Basu, PhD, Adjunct Professor. Lecture conducted from Teachers College, Columbia University, New York, NY

DeJoseph, M.L. (2014, December). Emerging mindfulness research. *Iss: Mind-Body Medicine*. Invited by Bornali Basu, PhD, Adjunct Professor. Lecture conducted from Teachers College, Columbia University, New York, NY

Singh, F. & **DeJoseph, M.L.** (2013, October). Oxytocin, mirror neuron system, and schizophrenia. *Cognitive Science 11: Minds and Brains*. Invited by Mary Boyle, PhD. Lecture conducted from University of California, San Diego, La Jolla, CA

DeJoseph, M.L. (2013, June) Incorporating mindfulness into working with children. *UCSD PATH to Reading Seminar*. Lecture conducted from University of California, San Diego, La Jolla, CA

DeJoseph, M.L. (2013, May). Meditation & the mind. *Cognitive Science 11: Minds and Brains*. Lecture conducted from University of California, San Diego, La Jolla, CA

RESEARCH EXPERIENCE

New York University

2015 – Present Lab Project Manager, Department of Applied Psychology, New York University, Neuroscience and Education Lab; PIs: Clancy Blair, PhD and C. Cybele Raver, PhD
Projects: *Family Life Project*, *ECHO FLP*, *Chicago School Readiness Project*, *New Fathers and Mothers Study*, *ABC Intervention*
Multi-site, federally and privately funded longitudinal studies investigating the development of self-regulation and the effects of poverty-related adversity. I primarily oversee the Family Life Project, which is currently funded through an R01 and UG3 from the [NIH ECHO program](#).

Teachers College, Columbia University

2014 – 2015 Research Assistant, Department of Biobehavioral Sciences, Neurocognition of Language Lab; PI Karen Froud, PhD
Project: *Evaluating the Effects of Mindfulness in Young Children*
A pilot study using ERP and salivary cortisol to explore the effects of a mindfulness program in 5-6 yr old children from a low-income Bronx school.

University of California, San Diego

2013 Research Assistant, UCSD Medical Center, Cognitive Assessment and Risk Evaluation Lab; PIs: Kristin Cadenhead, MD; Fiza Singh, MD
Assisted with an EEG pilot study examining the use of oxytocin nasal spray among individuals with schizophrenia.

2010 – 2013 Research Assistant, Department of Computer Science and Engineering; PIs: Teri Lawton, PhD; Gary Cottrell, PhD
Project: *Path to Reading*
A 4-year school-based RCT investigating the effects of a computer-based visual intervention among low-income students with dyslexia and ADHD.

2011 – 2012 Lab Assistant, Department of Psychology, Brain and Cognitive Development Lab; PI: David Liu, PhD
Project: *Neural Underpinnings of Social-Cognitive Development*
An ERP study exploring neural correlates and development of social cognition.

TEACHING EXPERIENCE

- 2015 Assistant Teacher, HYPOTHEkids Inc, Harlem Biospace, New York, NY
Created and led STEM-related lessons to first graders participating in summer program.
- 2014 – 2015 Clinical Research Assistant, Department of Clinical Psychology, Columbia University, Spirituality Mind Body Institute; Director: Lisa Miller, PhD
Taught and evaluated mindfulness and wellness workshops for graduate students at SMBI's wellness center; Led summer mindfulness classes for 5th grade students in Harlem elementary school.
- 2013 – 2014 English Teacher, AYC Intercultural Programs Thailand, Bangkok, Thailand
- 2013 College Readiness Coach, California Student Opportunity Access Program (Cal-SOAP), San Diego, CA
Mentor and coach for a summer outreach program offered to underprivileged high school students to inspire them to pursue higher education.
- 2013 Undergraduate Teaching Assistant, UCSD Department of Cognitive Science
Prepared testing materials, held office hours and discussion sections, presented lecture for Dr. Mary Boyle's lower division cognitive neuroscience class.

SERVICE POSITIONS

- 2017 – present New York Academy of Sciences 1,000 Girls 1,000 Futures (STEM program), Mentor
- 2017 – present Institute for Human Development and Social Change (IHDSC), Associate Editor for IHDSC Dissemination Initiative aimed at informing public policy
- 2016 – present Know Science Inc., Speaker for international education and advocacy non-profit organization working to promote science to a non-specialized audience (www.knowscience.org).
- 2012 – 2013 National Alliance on Mental Illness (NAMI), held weekly outreach meetings for families of psychiatric patients at the UCSD Medical Center

OTHER RELEVANT EXPERIENCE

- 2009 – 2012 Clinical Assistant, Dr. Rustin Berlow's Private Practice Psychiatry, San Diego, CA

ADDITIONAL PROFESSIONAL TRAINING

- Fall 2016 Intermediate Quant Methods: General Linear Model (PhD-level course audit), NYU
- Spring 2016 Self-Regulation in Early Childhood (graduate course audit), NYU
- Summer 2016 SAS Summer Bootcamp, New York University
- Spring 2015 Mission Be Mindful Educator Curriculum Training, New York, NY
- Fall 2014 Mindful Schools Curriculum Training, New York, NY,
- Fall 2012 8-wk MBSR program, UCSD Center for Mindfulness, San Diego, CA
- Statistical Skills*
Multiple regression, moderation and path analyses, and mixed linear modeling using SPSS and Mplus