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# ALYSSA STRYSKO

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NYU Neuroscience and Education Lab

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## EDUCATION

### **B.A. Psychology**

San Francisco State University

Major GPA: 3.76

## HONORS

Deans List, College of Science and Engineering 2015 - 2017

Psi Chi, International Honors Society in Psychology 2017

## RESEARCH EXPERIENCE

### **Retention and Communications Coordinator**

*Department of Applied Psychology*

New York University

Neuroscience and Education Lab

October 2017 - Present

#### **Responsibilities:**

I create and implement strategies designed to maintain participants' interest and involvement in the Family Life Project, a longitudinal study run by principal investigator Dr. Clancy Blair. The Family Life Project is a multi-site, federally and privately funded study investigating the development of self-regulation and the effects of poverty-related adversity. My specific tasks for the study include enhancing the study identity, overseeing all social media and participant outreach, creating postcards and newsletters to be sent out to participants, conducting focus groups with participants, and planning raffles and events for participants in order to communicate ongoing appreciation.

### **Research Assistant**

*Department of Psychology*

San Francisco State University

January - May 2017

**Responsibilities:**

I assisted Dr. Melissa Hagan on a research project studying the effects of childhood trauma on young adult women. We looked specifically at their physiological responses and their tendency towards aggression when asked to perform tasks in the lab which were meant to activate their stress response. My specific role in the lab was that of the experimenter. In this role my responsibilities were to: recruit participants, be the only researcher to interact with the participants, conduct the health intake/consent forms/questionnaires, debrief the participants at the end of each experiment, hook up the participants to the psychophysiological equipment (ECG, impedance tape, temperature sensor), facilitate and explain each task to the participants, collect cortisol samples throughout the experiment, and enter in data to SPSS.

CLINICAL EXPERIENCE

**Childcare Volunteer**

*Domestic Violence Emergency Shelter*

1736 Family Crisis Center

July - August 2017

**Responsibilities:**

As a childcare volunteer I supervised the children residing in the shelter while their Mother's were off site in therapy sessions. I interacted with the children on a friendly level and engaged them in therapeutic play in hopes that this would help them to adjust to their new environment and sudden change of routine. I worked both one on one with the children, who ranged in age from 2-13 years of age, and also in groups when the Mother's of the shelter were in group therapy.

TEACHING EXPERIENCE

**Teaching Assistant**

Abnormal Psychology PSY 452

San Francisco State University

January - May 2017

**Responsibilities:**

I assisted Professor Zoe Martell by recommending specific lecture materials, moderating and contributing to the direction and flow of lectures, and by grading papers.

PROFESSIONAL EXPERIENCE

**Research Intern**

Upstream Cinema

July - September 2017

**Responsibilities:**

I assisted Stephen Gyllenhaal in researching differing cultural trauma therapies for his upcoming documentary exploring the effects of in uterine trauma on personality and resilience. My specific role was to find scholarly articles on topics such as trans-generational trauma, epigenetic studies, and the influence of big Pharma on societal views of mental disorders.

REFERENCES

**Dr. Melissa Hagan**

Professor, Psychology Department

San Francisco State University

[mjhagan@sfsu.edu](mailto:mjhagan@sfsu.edu)

1600 Holloway Ave

San Francisco CA, 94132

**Michele Nadeau**

Volunteer and Outreach Coordinator

1736 Family Crisis Center

[michelefor1736@gmail.com](mailto:michelefor1736@gmail.com)

21707 Hawthorne Blvd

Torrance, CA 90503

**Zoe Martell**

Lecturer, Psychology Department

San Francisco State University

[zmartell@sfsu.edu](mailto:zmartell@sfsu.edu)

1600 Holloway Ave

San Francisco, CA 94132

**Stephen Gyllenhaal**

Director/ Producer/ Marriage and Family Therapist

Upstream Cinema

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