

DEPARTMENT OF NUTRITION, FOOD STUDIES AND PUBLIC HEALTH
411 Lafayette Street, 5th Floor, New York, NY10003

34-CREDIT MASTER OF SCIENCE (MS) DEGREE IN NUTRITION & DIETETICS *with a Concentration in*

CLINICAL NUTRITION

(Curriculum Code GEHONDMS:CNU002)

2013 - 2014

Lisa Sasson, MS, RD, CDN, Program Director
Frederick R. Tripp, MS, RD, CDN, Advising Coordinator
Kathleen Woolf, PhD, RD, Advisor
Mary Platek, PhD, RD, CDN, Advisor

**THE 34-CREDIT MASTER'S PROGRAM IN NUTRITION AND DIETETICS
WITH A CONCENTRATION IN CLINICAL NUTRITION (GEHONDMS:CNU002)**

INTRODUCTION

The Department offers a 34-credit master's program in Nutrition and Dietetics with a concentration in Clinical Nutrition (GEHONDMS:CNU002) that prepares students who have completed a dietetic internship accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) for a wide range of careers as:

- Dietitians in health care, community, and private practice settings,
- Food industry specialists in public relations, media, or food product development,
- Nutrition educators in health care, community, or corporate health programs
- Please see the Career Opportunities section for additional options.

ADMISSIONS

Applicants must have a bachelor's degree from an accredited institution and a Dietetic Internship Verification Statement from an ACEND-accredited dietetic internship or proof of registration status from the Commission on Dietetic Registration (CDR). For information, including access to the *Steinhardt School of Culture, Education, and Human Development Graduate Bulletin* and application materials, please visit the Graduate Admissions website at http://steinhardt.nyu.edu/graduate_admissions.

The Bulletin contains detailed information for students about tuition and living costs, non-matriculated status, and financial aid. Applicants who have non-US undergraduate credentials must present a course-by-course evaluation of their international credentials along with their completed application. A number of agencies can provide this service: <http://www.eatright.org/students/getstarted/international/agencies.aspx>

The deadlines for admission to the MS program are **October 1** for the spring semester and **February 1** for the fall semester.

PROGRAM GOALS

The goals of this program are to increase the knowledge and clinical skills of Registered Dietitians in order to improve the ability to:

1. Help individuals and the public choose foods that will optimize health and prevent disease.
2. Apply nutrition principles to the treatment of diet-related disease conditions.
3. Manage human, financial, and physical resources to improve the nutritional care of individuals and population groups.
4. Help individuals and population groups improve their nutritional status.
5. Monitor trends and issues in nutrition science and translate this information into curriculum and training programs.
6. Apply research principles and methods to the examination of current problems in nutrition and dietetics.

REQUIRED: CULMINATING EXPERIENCE

Research applications: NUTR-GE 2061 may be taken only after completion of all core requirements which includes:

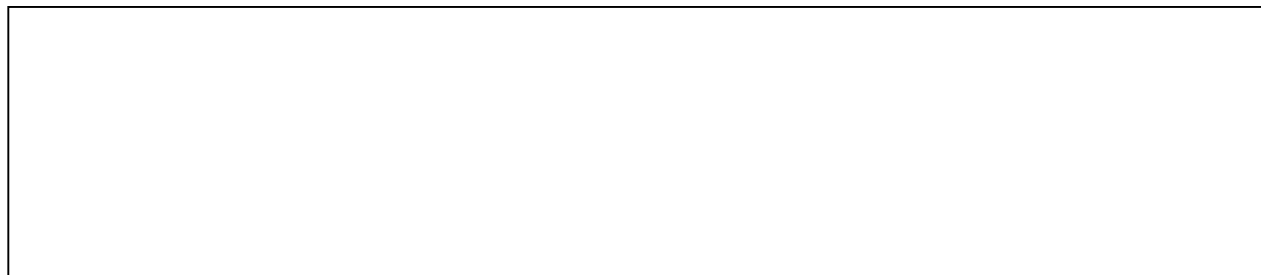
- **Nutrition Science Courses:** NUTR-GE 2139 - Protein, Fats & Carbohydrates, NUTR-GE 2144 - Vitamins & Minerals and **CLINICAL NUTRITION (GEHONDMS:CNU002): 34-CREDIT MS CURRICULUM**
- **Two Advanced Clinical Nutrition courses**

This curriculum is reserved for students who already hold the Registered Dietitian (RD) credential or have successfully completed an ACEND-accredited dietetic internship. It is designed to strengthen the clinical nutrition knowledge and skills of practicing dietitians.

Notes:

1. No NUTR-GE, FOOD-GE or PUHE-GE courses may be taken pass/fail or taken online.
2. Not all courses listed are offered every semester. Classes run only if enrollment is sufficient.
3. A minimum GPA of 3.0 is required to graduate from the program.

MASTER'S PROGRAM REQUIREMENTS (GEHONDMS:CNU002)		CREDITS
FIRST SEMESTER – all students		3
NUTR-GE 2000	New Graduate Student Seminar (0)	
NUTR-GE 2190	Research Methods ((3)	
NUTRITION SCIENCE – required to take both:		6
NUTR-GE 2139	Advanced Nutrition: Protein, Fats, and Carbohydrates (3)	
NUTR-GE 2144	Advanced Nutrition: Vitamins and Minerals (3)	
ADVANCED CLINICAL NUTRITION – two required:		6
NUTR-GE 2041	Pediatric Nutrition (3)	
*NUTR-GE 2043	Critical Care Nutrition (3) (can only be taken during or after completion of a ACEND-accredited Dietetic Internship)	
NUTR-GE 2045	Sports Nutrition (3)	
NUTR-GE 2194	Weight Management (3)	
NUTR-GE 2220	Nutrition in Aging (3)	
NUTR-GE 2222	Nutritional Aspects of Eating Disorders (3)	
ELECTIVES: Graduate level courses		16
With approval by advisement, graduate electives may be taken from other programs and schools. Only 2000-level courses are considered graduate level. Elective options may include:		
FOOD-GE 2015	Food Policy (3)	
NUTR-GE 2199	Nutrition Education (3)	
NUTR-GE 2192	Nutrition Epidemiology (3)	
NUTR-GE 2XXX	Seminar in Advanced Nutrition (3)	
PUHE-GE 2213	Nutrition in Public Health (3)	
CULMINATING EXPERIENCE – Choose one:		3
<i>These courses can only be taken after all core requirements have been met</i>		
NUTR-GE 2061	Research Applications (3)	
NUTR-GE 2063	Research Apprenticeship (3), by Departmental permission	
TOTAL CREDITS		34



CAREER OPPORTUNITIES

Graduates of our programs are currently employed as:

- Clinical dietitians or managers of nutrition programs in hospitals, clinics, nursing homes, health professions schools, and other health care settings.
- Members of clinical specialty teams in pediatrics, internal medicine, family medicine, surgery, renal, HIV/infectious diseases, gastrointestinal, cardiovascular, and critical care medicine services.
- Counselors of patients with chronic conditions such as diabetes, cardiovascular disease, obesity, hypertension, cancer and HIV.
- Community nutritionists in a wide variety of programs sponsored by local, state, and federal agencies of the government and private sector.
- Nutrition educators in health care, community, or corporate health programs.
- Private nutrition consultants to the general public, health care agencies, weight management programs, government agencies, and the food industry.
- Staff members of private sector health agencies such as the American Heart Association, the Red Cross, or the March of Dimes.
- Staff members of local and state health departments.
- Staff members of federal agencies such as USDA, Library of Congress, National Institutes of Health, and the Food and Drug Administration.
- Nutrition teachers in schools, colleges, and universities.
- Project officers of private philanthropic foundations.
- Writers, editors, and staff members of nutrition organizations.
- Product development staff to food companies.
- Public relations specialists in private and corporate settings.
- Media consultants: print, radio, television.
- Food writers for culinary and health magazines and newspapers.
- Authors and editors of cookbooks and textbooks.
- Owners and managers of restaurants, catering firms, and other food service establishments.