

MICHAEL D. LEVY
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EDUCATION

NEW YORK UNIVERSITY

Doctor of Philosophy: Counseling Psychology
Associate Director of Clinical Training: Kesia Constantine, kesia.constantine@nyu.edu

Anticipated May 2020

COLUMBIA UNIVERSITY TEACHERS COLLEGE

Masters of Arts: Clinical Psychology

October 2013

NEW YORK UNIVERSITY

Bachelor of Arts: Psychology
Honors: Cum Laude, University Honors Scholar

May 2010

CLINICAL AND PROFESSIONAL EXPERIENCE

COUNSELING CENTER, PACE UNIVERSITY

Pre-Doctoral Extern Therapist

September 2016 – Present

Supervisors: Dr. Regina Hund and Dr. Faedra Dagrmanjian

- Maintain a caseload of 6 clients drawn from highly diverse student population being seen for individual psychotherapy
- Conduct 2 intakes a week for walk-in clients seeking psychological services
- Lead a skills-based stress management group utilizing the guiding principles of Acceptance and Commitment Therapy (ACT)
- Deliver comprehensive campus outreach presentations to promote the resources offered by the Counseling Center

NATIONAL CENTER FOR CHILDREN IN POVERTY, COLUMBIA UNIVERSITY

Assessor

April 2016 – August 2016

Supervisor: Dr. Shelia Smith

- Administered the Peabody Picture Vocabulary Test (PPVT-4) and Phonological Awareness Literacy Screening (PALS) to over 60 students in 3 schools enrolled in a research project exploring a Continuous Quality Improvement Model (CQI) in New York City preschools serving low-income families
- Collaborated with education directors as well as teachers from control and intervention classrooms to coordinate effective assessment environments in order to best capture data related to relevant domains of interest

THE NEW SCHOOL-BETH ISRAEL CENTER FOR CLINICAL TRAINING AND RESEARCH, THE NEW SCHOOL
Center Coordinator

December 2013-June 2014

Supervisors: Dr. Christopher Christian, Dr. Jeremy Safran

- Assisted Director with all aspects of New School-Beth Israel Center for Clinical Training and Research
- Promoted person-centered care through telephone intake screenings with prospective Brief Psychotherapy Research Program patients with increased attention to suicidality and self-harm risk
- Liaised between advanced externs, outside supervisors, and Beth Israel/New School personnel to ensure programmatic cohesion regarding clinical matters
- Ensured students' compliance with hospital and university policies and credentialing processes at the New School Beth Israel Center for Clinical Training
- Performed billing duties for the Brief Psychotherapy Research Program and provided bi-weekly reports to the Brief Program Chief Investigator

NYU CHILD STUDY CENTER, NEW YORK UNIVERSITY

Assistant Group Leader

2008-2010

Supervisor: Candace Baugh

- Facilitated weekly social skills for group of 6-8 college-aged individuals on the autism spectrum in order to increase social skills, empathy, and emotional intelligence
- Led exercises in mindfulness, empathy, and conversational etiquette
- Delivered and designed presentations on dating and sexual health information

YOUNG ADULT INSTITUTE

Recreation Counselor

2009-2010

- Supervised community engagement experiences for adults with a variety of clinical diagnoses including: Bipolar Disorder, Major Depressive Disorder, Borderline Personality Disorder, Down's Syndrome
- Actively participated in weekly case conferences addressing group members' progress and target behavioral goals

A CARING HAND ADULT DAY CARE CENTER

Recreation Assistant

2006

Supervisor: Dr. Susan Mehlman

- Assisted in mediating group therapy for adults with diagnoses such as: Schizophrenia, Bipolar Disorder, Borderline Personality Disorder, Substance Abuse, Major Depressive Disorder
- Led recreation activities such as general educational lesson plans, physical exercises, and arts and crafts
- Assisted with facility maintenance and construction techniques

RESEARCH EXPERIENCE

NEW YORK UNIVERSITY, CENTER FOR HEALTH, IDENTITY, BEHAVIOR, AND PREVENTION STUDIES

Research Assistant

August 2015 – Present

Project Director

June 2014 – August 2015

Research Intern

October 2012 – October 2013

Supervisor: Dr. Perry Halkitis

- Responsible for overall project direction and management of a 10-year NIH-funded longitudinal cohort study examining the intersection between mental health, substance use, and sexual risk behavior in a racially and socioeconomically diverse sample of minority youth
- Managed, mentored, and trained over 40 undergraduate interns
- Conducted HIV/STI pre/post-test counseling, assessing for history of depression, suicidality, intimate partner violence, and housing instability
- Administered study assessments to measure mental health status, recent sexual activity, substance use, social support, history of trauma, and cognitive abilities
- Delivered preliminary and confirmatory HIV results to study participants
- Established mechanisms for referrals for mental health, substances, HIV, and STI treatment

NEW YORK UNIVERSITY, SEXUAL ORIENTATION, GENDER, IDENTITY, AND QUESTIONING PROJECT

Research Intern

February 2013-July 2013

Supervisor: Dr. Arnold Grossman

- Theorized correlations for the Sexual Orientation, Gender, Identity, and Questioning Project (SOGI-Q); a five-year longitudinal research study following a diverse sample of lesbian, gay, bisexual and transgender (LGBT) youth, ages 15-24, and to examine changes in constellations, magnitudes, and developmental sequences of risk and protective factors for suicidal behaviors with a particular emphasis on the major components of the interpersonal psychological theory of suicide

- Canvassed existing peer-reviewed literature to determine researched correlations between sexual identity, socioeconomic status, social support, and suicidal measures
- Synthesized findings to produce comprehensive literature review on the relationship between levels of openness and sexual orientation victimization
- Researched and troubleshot the use of various assessment measures used in this population to better capture accurate data

NYU CHILD STUDY CENTER

Research Assistant

September 2009-May 2010

Supervisor: Dr. Samantha Miller

- Coded child behavior at The League Center for Early Learning for individuals with psychiatric and developmental disabilities using the Revised Edition of the School Observation Coding System (REDSOS) in order to better facilitate the teacher-child dyad
- Assessed teacher performance in Teacher Child Interaction Training (TCIT) by utilizing Dyadic Teacher-Child Interaction Coding System (DTICS)
- Reviewed child progress and teacher development with principal investigators to ensure fidelity of implementation

NYU CHILD STUDY CENTER

Research Assistant

September 2008-May 2009

Supervisor: Dr. M.S. Steven Kurtz

- Entered and managed data for a project exploring communication patterns between therapists, caregivers, and children with Selective Mutism in Parent-Child Interaction Therapy (PCIT)
- Received training in behavior functional analysis in order to help researchers/therapists understand which factors trigger particular target behaviors in children with behavior problems as well as factors that reinforce target behaviors

TEACHING EXPERIENCE

NEW YORK UNIVERISTY

Course Assistant

August 2016 - Present

Course: Cultures of Psychology

Instructor: Dr. Tamarie Macon

- Scaffold the learning experiences of over 40 Applied Psychology Undergraduates students
- Provide academic support as students navigate topics related to race, sexual orientation, intersectionality, and multiculturalism
- Assist Professor with administrative issues related to course design, grading, and attendance tracking

COLUMBUS PRESCHOOL

Teaching Assistant

2010-2013

- Participated in and coordinated case conferences with directors, parents, staff, and specialists to tailor interventions and increase socioemotional development of students
- Served as an effective and communicative liaison between parents and administrators
- Facilitated the institution's progressive philosophy by adhering to school's mission statement

ST. FRANCIS OF PAOLA EARLY LEARNING CENTER

Teaching Assistant

June 2008-August 2008

- Promoted positive socioemotional development in developmentally delayed preschool children
- Effectively managed aggressive, violent, and disruptive behavior
- Assisted profoundly delayed students by ensuring proper feeding and toileting techniques

LEADERSHIP EXPERIENCE

NEW YORK UNIVERSITY, COUNSELING PSYCHOLOGY DOCTORAL PROGRAM

Student-Faculty Representative

September 2016- Present

- Serve as the student liaison for fellow Counseling Psychology Doctoral students to program faculty members
- Attend monthly faculty meetings in order to advocate for programmatic, curricular, and financial changes on behalf of fellow students
- Disseminate relevant policy changes to fellow students in order to increase programmatic cohesion

NEW YORK UNIVERSITY, AMERICAN PSYCHOLOGICAL ASSOCIATION OF GRADUATE STUDENTS

Campus Representative

September 2015-August 2016

- Represented the Applied Psychology Counseling Psychology Doctoral Program in the national organization to increase awareness of issues related to social justice and advocacy
- Communicated relevant advocacy issues related to fellow student body pertaining to gun violence, mental health legislation, and other systemic phenomena that impact psychology graduate students and the populations we serve

NEW YORK UNIVERSITY, CENTER FOR COMMUNITY HEALTH AND WELL-BEING AT NYU STEINHARDT

Committee Member

September 2015-August 2016

- Collaborated with students and faculty members to build a clinic designed to serve marginalized populations within the neighboring University community in addition to train multiculturally competent clinicians
- Helped build a comprehensive program of evaluation and research including the design of informed consent forms as well as the selection of pre- and post-intervention measures
- Contributed to the organization and editing of the Center's policy and procedure manual

COLUMBIA UNIVERSITY TEACHERS COLLEGE

Master of Arts Program Ambassador

August 2012-June 2014

- Provided comprehensive guidance to current and prospective students by answering questions pertaining to program curriculum, professional development, and university policies
- Oriented first year students by presenting on aggregate data from entry-survey results
- Liaised interdepartmentally with administrators to design events and programming promoting professional growth
- Redesigned student surveys to ensure accurate metrics of student satisfaction with program policies, diversity, and overall perceived betterment
- Created, formatted, and disseminated program publication to students and alumni detailing local mental health events and opportunities for professional growth at Columbia University and in New York City

PUBLICATIONS

- Halkitis, P.N., D'Avanzo, P., Stults, C.B., Levy, M.D., Krause, K.D., Kupprat, S.A., Volebel, G., Urbina, A.E., & Kapadia, F. (2016). Neurocognitive functioning in an urban clinic-based sample of adults ages 50 and older living with HIV. *Journal of HIV/AIDS & Social Services*
- Kapadia, F., Levy, M.D., Griffin-Tomas, M.B, Greene, R.E., Halkitis S.N., & Halkitis P.N. (2016). Perceived social support and mental health states in a clinic-based sample of older HIV positive adults. *Journal of HIV/AIDS and Social Services*.
- Duncan, D.T. Kapadia, F., Reagan, S.D., Goedel, W.C., Levy, M.D., Barton, S.C, Friedman, S.R., & Halkitis P.N. (2016). Feasibility and acceptability of global positioning system (GPS) methods to study the spatial contexts of substance use and sexual risk behaviors among young men who have sex with men in NYC: A P18 cohort sub-study. *PLoS ONE*.
- Halkitis, P.N., Griffin-Thomas, M., Levy, M. D., Greene, R.E. & Kapadia F. (2016). Parental psychopathology in relation to substance use and mental health of emerging adult gay, bisexual and other YMSM: the P18 cohort study. *Journal of Homosexuality*.

- Halkitis, P. N., **Levy, M. D.**, Moreira, A. D., & Ferrusi, C. N. (2014). Crystal Methamphetamine Use and HIV Transmission Among Gay and Bisexual Men. *Current Addiction Reports*, 1-8.
- Halkitis, P. N., **Levy, M. D.**, & Solomon, T. M. (2014). Temporal relations between methamphetamine use and HIV seroconversion in gay, bisexual, and other men who have sex with men. *Journal of health psychology*, 1359105314522675.
- Kupprat, S. A., Halkitis, P. N., Pérez-Figueroa, R., Solomon, T. M., Ashman, T., Kingdon, M. J., & **Levy, M. D.** (2013). Age-and education-matched comparison of aging HIV+ men who have sex with men to general population on common neuropsychological assessments. *Journal of health psychology*, 1359105313509844.
- Athan, A.A., Miller, L.M. (2013) Motherhood as Opportunity to Learn Spiritual Values: Experiences and Insights of New Mothers. *Journal of Prenatal and Perinatal Psychology and Health*, 27(4), 220-253. [**Special Acknowledgment**]

PRESENTATIONS

- Halkitis, P.N., Stults, C.B., **Levy, M.D.**, D'Avanzo, P., & Kapadia, F. (2015, August). Lessons from the P18 cohort study: Health, risk, and resilience in a new generation of diverse gay and bisexual men. Symposium to be presented at the American Psychological Association Convention (Division 17), Toronto, Canada

CERTIFICATIONS

- *Certified Phlebotomy Technician* – New York Medical Career Training Center
- *HIV Testing and Counseling* – New York City Department of Health and Mental Hygiene
- *Delivering HIV Positive Test Results* - New York City Department of Health and Mental Hygiene