

MIA de BETHUNE, MA, ATR-BC, LCAT

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Art Therapy and related work experience

2010 to Present - Adjunct Faculty NYU Graduate Art therapy Department – Internship Coordinator, also teaching Internship Seminar and Adolescent Theory.

2014-2015 Adjunct Faculty School of Visual Arts MPS Art Therapy Program – teaching Art Therapy with Groups. Guest lecture for Assessments Class (current)

2008-2013 Presenter at the Expressive Arts Therapy Conference in NYC (2011-2012) with writing coach Nelly Gupta *Writing for the Soul: A Multi-modal Art Journaling Workshop*. At the American Art Therapy Association Conference in Cleveland, Ohio (2008) – Co-presented a paper entitled “*Giving the Gift of the Transitional Object: An Interagency Experiment in Altruism*” with Kelley Linhardt, ATR-BC, LCAT. The Villa des Art in Rabat, Morocco (2012) as part of a mental health cultural exchange.

2008 to present – Guest lecturer at the NYU Graduate Art Therapy Department, Andrus Children’s Center Psychology Internship Program, Hastings-on-Hudson, NY, the Westchester Group Psychotherapy Society, various school districts in Westchester County, the College of New Rochelle Campus in Brooklyn, and the Westchester 9-3 Working Women’s Group.

2006 to 2013 - Arts Coordinator/Art Therapy Intern Supervisor, The Children’s Village, providing arts enrichment/art therapy for at-risk adolescent population in residential treatment, responsible for administering the arts enrichment grants from the Keith Haring Foundation for the recreation dept., running groups in area of expertise (drawing, painting, puppet making, sculptural construction), interviewing, hiring and supervising independent artists/creative arts therapists to run workshops within the cottages, organizing cultural events on campus, and cultural trips off campus to museums and theatre. Developed the art therapy in internship program in 2006 to train and supervise art therapy students to see individual clinical cases and run art groups through the recreation department. Implemented a referral and assessment process for children seen in art therapy. Responsible for exhibiting student work within the facility. Ordering supplies and managing enrichment budget. Acting as a liaison between granting foundation and Children’s Village. Supporting the Children’s Village Office of Development/Volunteer Services in art activities with volunteers from the community.

2006 to present- Private Practice – Licensed Creative Arts Therapist. Running several adult women’s groups in private studio. Groups touch on issues from identity, loss and bereavement, widowhood, careers, memory loss, and aging through art making and group process. Individual clients ranging from adults with Alzheimer’s to children within the autistic spectrum.

2003 to present - Freelance work running expressive art groups at The Children's Village, The Masters School, The Hudson River Museum, the annual Aquefest Event on the Old Croton Aqueduct, local high school health fairs, and Girl Scout troops. Groups include puppet making, drawing, collage work, painting, mural making, and recently a series of art journaling workshops with writing coach Nelly Edmundsen Gupta.

2003-2006 - Art therapist and primary therapist at The Linden Hill School RTF on the Hawthorne Cedar Knowles Campus of the Jewish Board of Family and Children's Services. Responsible for adjunctive art therapy for all residents individually and in small groups. Responsible for assessment, treatment planning, team treatment conferences, and documentation of all art therapy cases (Case load of 20). Developed a referral process for art therapy. Case management for several individual cases, writing court reports, making court appearances, conducting family therapy, treatment planning. Co-lead psycho-dynamic groups on loss, bereavement, trauma, emotional safety, and anger management. Developed the art therapy program to include as many residents as possible in numerous dyadic/triadic art therapy groups. These groups promoted socialization, communication, community and emotional support to those who attended. Responsible for supervising and training several art therapy interns who enabled the group program to expand. Provided Open Studio format art groups to the community at large on a fairly regular basis. Organized a resident exhibition once a year and was responsible for the display of residents' work within the facility. Managed art therapy supply budget. Provided in-service training about art therapy to staff, lead art therapy groups for staff trainings and presented at Grand Rounds in Sept. 2003 on the impact of art therapy on a resident who successfully transitioned from residential treatment to foster care. Trained my successor, a recent graduate, to take over my position.

2002 to 2003- Part-time art teacher in the Outer Academy at Greenburgh Eleven, the school district for Children's Village in Dobbs Ferry, NY. Responsibilities included teaching art to adolescent boys (12 to 18) in the special cottages at this 300-bed residential treatment center and running an after school art program for high school boys in the general program. Populations in the special cottages include juveniles who are in crisis and restricted to the cottages because of runaway behavior, aggression, substance abuse, or sex offense upon other minors.

2002- Project Liberty volunteer, working with high school students at the High School of Economics (located next to the World Trade Center) to make murals on the anniversary of September 11th.

2001 to 2002- Art therapy intern and primary therapist at The Henry Ittleson Center for Child Research, Riverdale, NY. Responsibilities included seeing six individual patients (ages 10-13) in adjunctive art therapy sessions once a week for nine months; co-leading a dyad group once a week; handling the casework for two primary patients which included

seeing them twice a week for art, play and talk therapy, as well as seeing them in family therapy twice a month. Assessments, treatment planning, case conferences, and weekly charting were required for primary patients, monthly charting and treatment summaries.

2000 to 2001- Art therapy intern at North Central Bronx Hospital in the adult psychiatric unit. Responsibilities included room set up and running group art therapy sessions four times a week; seeing one individual patient 1X per week, doing intake assessments of new patients; charting patients weekly; attending rounds, community meeting, case conferences, and treatment team meetings.

1999- Art mentor volunteer at the Children's Village. Worked with two high school boys to develop their painting skills and expose them to local museums and galleries. Ran several art workshops for preadolescent boys in painting and collage.

1993 - Assistant writing teacher in the Coachman Hotel Writing Project, White Plains, NY. Helping children in a homeless shelter to write poems, stories and essays, which were printed into a book.

1983 - 1992 - Freelance Film and Sound Editor – film, television, documentaries and features.

Other work experience

1983-92: Film and video editor on documentaries, features, and television. (separate resume) Experience involves many aspects of sound as well as picture editing.

Member of Local 771 IATSE Motion Picture and Video Tape Editors Union.

1991: Substitute Instructor - New York University, Undergraduate Film Sound Editing

1992: Alumnae consultant on panel to evaluate RISD film/video dept.

1993-98: Board Chairperson, Enrichment Chairperson, Secretary, Newsletter editor, Ombudsman -- Hastings Cooperative Nursery School, Hastings, NY

1999: Freelance writer for Homesteader Newspaper, Framingham, MA

1999-02: Coordinator for The Rivertowns Arts Council Music Lesson Program

2002-03: Board Member, Rivertowns Arts Council

Curator for the Hastings Municipal Building Hall Space

2003 Member of the Pen & Brush, Inc., NY, NY

2003 Member of New York Art Therapy Association

2005 Registered with American Art Therapy Association (#05-106)

Vestry Member Grace Episcopal Church, Hastings, NY

2006 Certified by the Art Therapy Credentials Board

Licensed by the State of NY Dept. of Education as a Creative Arts Therapist (#660-1)

Education

1978-79: Connecticut College, New London, CT

1983: Rhode Island School of Design, Providence, RI, BFA Film/Video

1988: New York State Writer's Workshop, Saratoga Springs, NY

1989: The Writer's Voice, NY, NY

1994-95: Painting - SUNY Purchase, Purchase, NY

1995-99, 2011-12 The Writing Institute, Sarah Lawrence College, Bronxville, NY

1999-Present: Reiki training
1999-00: Psychology - SUNY Purchase, Purchase, NY
2000-03: New York University, NY, NY, M.A. in Art Therapy
2012 Gurfein Writing Fellowship, Sarah Lawrence College
Certified MARI – Mandala assessment practitioner
Reiki Master Training
2014 – Present Training for Certified Group Therapy Practitioner
2013-2016 Certified Child and Adolescent Specialist – Westchester Center for the Study of Psychoanalysis and Psychotherapy

Publications

“Giving the Gift of the Transitional Object: An Interagency Experiment in Altruism”
unpublished paper presented at the 2008 national art therapy conference with co-author Kelley Linhardt, ATR-BC, LCAT.

Writer of O: Review of a film by Pola Rappaport. Journal of the American Art Therapy Association. Vol 26/4. 2009. pg 191.

500 Paper Objects by Gene McHugh, Lark Publications/Barnes & Noble

Honors

Presented at Grand Rounds for the Jewish Board of Family and Children Services 2002
Presented a paper at The American Art Therapy Conference in Cleveland, OH 2008
Presented at The Expressive Therapies Conference in NYC, 2011 and 2012
Gurfein Writing Fellowship at the Sarah Lawrence College Writing Institute 2012
Catwalk Art Residency Summer 2014 and 2015.

Affiliations

1984-1992: Local 771-IATSE Motion Picture Editors Union-retired member
2002-03 Rivertowns Arts Council Board Member
2003-04 Member of the Pen & Brush, Inc., NY, NY
2003-08 Member of the New York Art Therapy Association
2005-08 Registered with the American Art Therapy Association
2006-08 Certified by the Art Therapy Certification Board,
Licensed by the NY State Board of Education
2007-09 Member of The Blue Door Gallery Association