Health in Motion

Alumni News from the Department of Physical Therapy

FROM THE CHAIR

Greetings from the NYU Steinhardt Physical Therapy Department! 2011 has been a productive, busy year for us, as we hope it has been for you. I am pleased to announce that, despite the fragile economic state of so much of the world, the field of physical therapy is booming. And I want to thank you for your part in that, whether it be financial support of your physical therapy alma mater, offering your practice for a clinical affiliation, stepping forward yourself as a master clinician or to mentor an orthopedic resident, hiring a DPT grad or any of the myriad of other ways physical therapists help to perpetuate the profession.

With an ever-increasing need for more physical therapists in changing careers is not a course to be embarked on lightly. It requires a great deal of time, energy and in some cases financial resources. However, the benefits of choosing a new career path may outweigh the headache and hardship that inevitably follow before one is established anew. And the end result, one hopes, will be a happier, healthier you.

Choosing a career in physical therapy is an auspicious decision for many reasons. With the increase in elderly, the demand for physical therapists will continue to grow throughout the next several years. More individuals will need attention as a result of limited function and disabilities. Aging Baby Boomers will need more of everything, including cardiac rehabilitation stemming from heart attacks and strokes. Continued advances in medical technology are generating greater need for therapeutic treatment as more people survive birth defects, diseases, and extreme trauma.

Predictably, careers in health service delivery are on the rise and physical therapy is a key contributor. The Bureau of Labor Statistics reports, “Employment of physical therapists is expected to grow by 30 percent from 2008 to 2018, much faster than the average for all occupations” (http://www.bls.gov/oco/ocos080.htm, 2010).

Graduates of the NYU Physical Therapy Department understand the benefit of choosing a career in physical therapy. Some students know early on that they want to pursue a career in this field. Others discover PT after spending time in a completely different area. That was the case for two current doctoral students. After

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1951 Trudy Hirsch Schwarz writes that she’s “practicing on myself only, by doing daily morning exercise (at age 91). I am still getting job offers in the mail! Still spending many hours/week volunteering in a nursing home.”


1960 Eileen Nathanson writes: “After 50 years of continuous licensure and practice, I have ‘officially’ retired as a PT. I have been enjoying developing my creative side, doing watercolors, pottery and sculpture. Retirement has opened a world of new possibilities. Exercise, yoga and Tai Chi remain important in my life.”

1965 Jacquie Wollins is back at classes learning bridge, quilting and striving to re-start other artistic skills after retiring. She will continue to quietly pursue cranio-sacral therapy and the Feldenkrais Method at UNC Asheville and at home.

1968 Val Mason Vivian, while disabled from practice in 2002, continues her speaking engagements. She recently spoke on “Benign Hypermobility Syndrome” to NJ Women’s Health SIG and on “The Heads Up on Cervical Myelopathy” to the Northern District of NJ APTA.

1969 Mary Gresbach Van Hoon is in home health in Maine. “My reward is to help people, the reason I became a PT. The one-on-one care is the best in their homes. I continue to enjoy everyday PT care, home health, in my 50th year of PT.”

1971 Terry Brown is Regional Vice President, Healthsouth, Inc.

1974 Philip Smythe received the Rotary Club “Paul Harris Award.” He has been director of rehab services in a small hospital in Michigan since 1992 and is retiring as of 11/1/11.

1974 Susan N. Dengel Baker has retired but is continuing to do part-time home health and school-based PT.

1976 Alison Kaplan Axelrod and Donna Pizzo Bailey have both retired.

1986 Karen Mohr is at Kerlan Jobe Orthopaedic Foundation in Los Angeles.

1987 Prity Shah is a physical therapist in early intervention.

1988 Allie Molinda writes: “Will probably be re-entering the field sometime in 2011.”

David Bertone opened DB Orthopedic Physical Therapy, PC in 2008. He’s president of the New Jersey Society of Independent Physical Therapists. He graduated from the Evidence in Motion Institute of Health Professions in January 2010 with DPT & Executive Management Program in Private Practice.

1989 Gail Cherry is at Westchester Medical Center specializing in neonatal ICU care. She’s also CCCE at WMC.


Surie (Simone) Kraus was honored this past spring at a Capitol Hill tribute luncheon by the organization SPARKS, whose mission is combating postpartum depression and raising awareness of it and related illnesses.

Freda Ternis is at Kerlan Jobe Orthopaedic Foundation in Los Angeles.
Embracing a Career in Physical Therapy

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spending time in other career fields, they embraced change and are pursuing a career in physical therapy. Let’s take a look at their journeys and ultimately their decision to change careers.

Third-year student Maria Luisa Siepi’s path to physical therapy began over a decade ago. With an undergraduate degree in History and Fine Arts, Luisa began her career at the Guggenheim Museum learning about art conservation, loans and exchanges, and the shipment of invaluable works of art. From there, she turned to publishing and spent time working under the Managing Editor at Pantheon Books. She then traveled overseas and taught English as a Second Language in Italy for six years. It wasn’t until experiencing chronic lower back pain for more than a year that Luisa shifted her focus to a health career. After enduring spinal surgery, Luisa strived to understand what had caused her pain and how her body functioned. After studying the Alexander Technique, Luisa took up swimming and embarked on a regimen of Rolfing treatments for realignment. Luisa explains, “I became aware of ingrained movement habits and tension patterns in myself, while learning how to move efficiently and safely.” In the hope of helping others benefit from her experience, Luisa decided to change careers; just not as quickly as she anticipated.

In researching what she needed in order to pursue a program in physical therapy, Luisa saw that it would take her two years just to complete the prerequisites. Feeling more of a sense of urgency, she switched her efforts to massage therapy, which didn’t have the up-front requirements. Luisa enrolled in the Swedish Institute, where she completed training as a masseuse. After a few years in the field, Luisa opened her own company, East Coast Chair Massage. However, sometime thereafter, massage therapy went into a decline. At that point, Luisa found work at a crisis intervention line which, curiously, led her back to physical therapy. Luisa explains:

“My training for the crisis intervention center was rigorous. Many hours in active listening, crisis theory, and suicide assessment followed by an ongoing volunteer commitment. Trained to tune in to callers’ emotions, my function was to help people cope or get help. I quickly noticed the similarity between this method of empowerment through awareness, and the process by which I had faced my own physical challenges of six years earlier. This inspired me to revisit my ambition to become a physical therapist.”

While working at the crisis line, Luisa took the prerequisites to apply to the NYU doctor of physical therapy program. She was accepted in 2009 and is expected to graduate in 2012. Changing careers was not a clear cut path for Luisa. Her journey took her through multiple avenues, ultimately leading her back to pursue a career in physical therapy. “[Changing careers] has given me a new focus and a belief that I will one day be able to impact people’s lives deeply and make a positive contribution to the field,” says Luisa. “I would encourage anyone to change careers in order to pursue their dream, even if it is later in life.”

Class of 2009 DPT graduate Emil Berengut followed a slightly similar but entirely different path to physical therapy. After spending a decade in Maryland and Washington, D.C. as a social worker in corporate wellness and stress management, Emil himself was burned out and ready for a change. What led him to studying physical therapy at NYU was, well, many things.

As a social worker, Emil had had a second job: teaching the Krav Maga style of martial arts. Periodically he sustained injuries, which would naturally bring him to physical therapists for treatment. Emil liked working with PTs because “they loved what they did, and their expertise in healthcare are on the rise and physical therapy is a key contributor.”

Careers in healthcare are on the rise and physical therapy is a key contributor.

were on their feet doing things, and they were dynamic.”

As it turned out, before deciding to study mental health and social work, Emil had considered going into physical therapy. So when his wife was shopping for grad schools, the idea of his looking into PT schools wasn’t a great leap.

How did he choose NYU, leaving the Maryland-DC area behind? “Three reasons,” he said. His wife-to-be was headed to NYU for Anthropology. And, as Emil said, he’d “interviewed at a number of schools and liked NYU. They acknowledged and valued his previous experience in the work force as a social worker. And the curriculum made the most sense. It seemed like other programs were more random, whereas with NYU, you could see the progression from one course to another.”

Today, Emil works as a PT at the Hospital for Special Surgery. He did his first affiliation there and after that was able to clinch a job working weekends as a tech through the rest of PT school. That, in turn, helped him land his current position at HSS. Emil loves being a physical therapist, particularly enjoys the collaborative nature of the work. “With physical therapy, it’s something you do with your patients, not to them.”

Like Luisa and Emil, several other NYU PT students and alumni have taken the leap and changed careers to PT. Whether this change is rooted in a flagging economy or the fact that a student chose the wrong career in the first place, the NYU Physical Therapy Department welcomes these career changers and celebrates those who believe it’s time to enter this dynamic field. The future is bright for the physical therapy profession.
The NYU Steinhardt Physical Therapy Department gratefully acknowledges the generous support of all our contributors.

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Orthopedic Program Graduates First Four Residents!
The NYU PT Department will be graduating four Orthopedic Physical Therapists this coming January from our Clinical Residency Program, begun in the fall of 2010. Designed so licensed physical therapists can obtain advanced orthopedic knowledge and clinical skills, this program is part of the American Physical Therapy Association’s Vision 2020 plan, which stresses the increasing need of residency/fellowship education within a doctoring profession.

The orthopedic residents slated for graduation are: Beatrice Giurlani, Frank Hoeffner, Jerry-Thomas Monaco, and Mariana Carsalade Pina Rodrigues.

Current residents in the program are working with mentors at the following sites: Bi-County Physical Therapy & Rehabilitation; Executive Park OSPT; Jersey Central Physical Therapy; Masefield and Cavallaro Physical Therapy; Park Sports Physical Therapy & Hand Rehabilitation; and, Performance Physical Therapy.

In addition to weekly classes and work directly with mentors, residents also take the Weekend Intensives modules to supplement their orthopedic training.

Interested in adding “OCS” to your credentials? Join the next group of residents in our Clinical Residency Program in Orthopedic Physical Therapy. We are presently taking applications for the 2013 residency class at http://steinhardt.nyu.edu/pt/opt/admission. Application deadline is April 15, 2012.

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Dr. Arthur J. Nelson, Jr. Commemorative Event

The weather and venue couldn’t have been more perfect for the evening when so many joined together to honor our beloved former chair, the late Dr. Arthur J. Nelson, Jr. at a reception at NYU’s Kimmel Center Rosenthal Pavilion, high above Washington Square. Friends, family, colleagues and students paid tribute to Dr. Nelson, Jr. at a reception at NYU’s Kimmel Center Rosenthal Pavilion, high above Washington Square.

Dr. Marilyn Moffat and other former students of Dr. Nelson attended.

• Dr. Eugene Lambert, a graduate of the baccalaureate degree program at NYU, who was Dr. Nelson’s friend and colleague
• Dr. Kenneth Harwood, Vice President of Practice and Education at the American Physical Therapy Association
• Dr. Chukuka S. Enwemeka, Professor and Dean of College of Health Sciences, University of Wisconsin at Milwaukee, a PhD graduate of Dr. Nelson
• Dr. Sue Ann Sisto, Professor of Physical Therapy and Director of Research of Rehabilitation Sciences at SUNY Stony Brook, also a PhD graduate of Dr. Nelson

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Weekend Intensives

In Orthopedic Physical Therapy

Advanced Physical Therapy Examination and Intervention Skills of the Musculoskeletal System

Spring 2012 Schedule

Friday 6:00 pm — 8:30 pm | Saturday 8:00 am — 5:00 pm
All classes take place at 380 2nd Avenue at 22nd Street, 4th Floor. Each module is a minimum of 1.1 CEUs.

- **MODULE 1: Spine**
  - March 23–24, 2012
  - Registration deadline: March 9
  - Greg Hicks, PT, PhD
  - Assistant Professor, Department of Physical Therapy, University of Delaware

- **MODULE 2: Hip and SI**
  - March 30–31, 2012
  - Registration deadline: March 16
  - Robert Rowe, PT, DPT, DMT, MHS, FAAOMPT
  - Residency/Fellowship Manager, Brooks/UNF Orthopaedic Residency

- **MODULE 3: Lumbar Spine**
  - April 20–21, 2012
  - Registration deadline: April 6
  - Smita Rao, PT, PhD, Owner/President, South Shore Physical Therapy OCS, FAAOMPT
  - MGH Institute of Health Professions Adjunct Clinical Assistant Professor, MA, PT, DPT, MS

- **MODULE 4: Cervical/Thoracic Spine**
  - May 4–5, 2012
  - Registration deadline: April 20
  - Michael S. Punioello, DPT, MS, OCS, FAAOMPT
  - South Shore Physical Therapy Associates, Hingham, MA; Adjunct Clinical Assistant Professor, MGH Institute of Health Professions

Participants may register for individual weekend modules. Cost: $400 per module
To register, contact Druanne Dillon at 212-998-9405 or dd84@nyu.edu. Summer schedule and more information at www.steinhardt.nyu.edu/pt.

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Department Chair and Associate Professor Dr. Wen Ling traveled to the Far East this summer to Guangzhou, China, where she was keynote speaker at the Physical Therapy Sciences Seminar at The First Affiliated Hospital of Sun Yat-sen University, and also gave a presentation entitled Physical Therapy Interventions for Patients with Stroke, at Sun Yat-sen University, on May 28, 2011. Then she headed to Taiwan, where she received an Outstanding Alumni Award from the Physical Therapy School at National Taiwan University. In Taipei, Dr. Ling delivered two presentations: Physical Therapy Examination and Evaluation for Patients with Neuromuscular Disorders to the Physical Therapy Association of the Republic of China on June 4, 2011, and Student-Oriented Teaching; from Developing a Syllabus to Outcome Assessment at National Taiwan University on June 5, 2011.

Dr. Greg Gutierrez received a $20,000 grant from the American Orthopedic Foot and Ankle Society for his study, “Proprioception and Neuromuscular Control Following Ankle Instability Surgery.” Gutierrez said, “We are evaluating proprioception, balance and neuromuscular control during gait in persons before and after ankle instability surgery. Our hypothesis is that anatomic surgical reconstruction is successful due to the restoration of proprioception from the joint, which assists the central nervous system (by providing appropriate information) in properly preparing the joint for an upcoming stimulus, leading to better balance and neuromuscular control strategies. The results of this work will lead to the development of more appropriate intervention and rehabilitation protocols to optimize clinical management of these individuals.”

It has been a busy year for Smita Rao, PT, PhD who published five peer-reviewed manuscripts and presented two instructional courses and two research posters this year! Her work on the relationship between barefoot loading and pain was published in “Osteoarthritis and Cartilage,” which is the number one journal in Orthopedics based on Thomson Reuters Journal Citation Reports. Other noteworthy manuscripts were published across the disciplines of Physical Therapy, Rehabilitation and Biomechanics, in leading journals including the Journal of Orthopedic and Sports Physical Therapy, Gait and Posture, Journal of Pediatric Orthopedics and Clinical Biomechanics.

With recent MA graduate Renata Ripa, Dr. Rao presented new work examining muscle activation in response to footwear at the International Society of Biomechanics meeting in Brussels. In collaboration with the Foot and Ankle Service at NYU Hospital for Joint Diseases, Dr. Rao’s work in hallux rigidus (great toe arthritis) was presented at the World Congress on Osteoarthritis, organized by Osteoarthritis Research Society International in San Diego.

At the American College of Sports Medicine meeting, Dr. Rao co-presented a symposium titled, “Mechanisms Underlying Effectiveness of Foot Orthoses – A Translational Perspective” with Chris Neville, PT, PhD, Assistant Professor at SUNY-Upstate Medical Center. She co-presented a lab on gait analysis at NYU Langone Medical Center’s First Annual CME Running Analysis Symposium organized by Dina Pagnotta, MPT, MPH. At the annual meeting of the American College of Rheumatology – Association of Rheumatology Health Professionals, she co-presented a symposium titled, “Foot Structure, Footwear, and Foot Pain: Translating Evidence into Practice” with Dr. Marian Hannan, Harvard Medical School and Dr. Howard Hillstrom, Hospital for Special Surgery. “There is enormous interest in improving clinical management of foot pain,” Dr. Rao says, “and our work combines a uniquely cross-disciplinary perspective with rigorous research evidence.”

Dr. Rao and Louis Iannuzzi, PT, CPed, DPT were awarded a research grant by the New York Physical Therapy Association to assess the efficacy of rocker sole shoes in individuals with venous ulcers.

Clinical Assistant Professor Lou Iannuzzi earned his DPT from Boston University this past year, was also reappointed to his teaching post in the NYU DPT program and developed a brochure on diabetic wound care based on the standard of care for the Hansen’s Disease (Leprosy) population.

FROM THE CHAIR
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the world, I’m pleased to say that applicants are overwhelmingly choosing NYU; applications and enrollment are way up at the NYU PT Department. We are in our second year of taking admissions applications through the APTA’s Physical Therapist Centralized Application Service (PTCAS), and it’s been a very positive step for us in terms of the breadth, diversity and choice of students. Your continued donations to the NYU PT Support Fund and the Salant Physical Therapy Scholarship Fund allow us to surmount economic barriers so we may accept and educate the best and the brightest, regardless of their financial standing.

The Arthur J. Nelson, Jr. Human Performance Laboratory continues to be a real boon for our research faculty. In this newsletter you’ll read about the grants awarded to Dr. Gregory Gutierrez and Dr. Smita Rao, along with the exciting work being done by them in collaboration with others, including Dr. Preeti Raghavan of the NYU School of Medicine/Rusk Institute. They are involved in the kinds of studies that shape our thinking and practice in the field of physical therapy, ultimately helping us better to serve our client population.

Another area where we have been quite busy is in preparing for our DPT program re-accreditation visit by the APTA’s Commission on Accreditation in Physical Therapy Education (CAPTE) next October. In addition to the daily business of teaching and research that goes on in the Physical Therapy Department, our preparations for the CAPTE visit require the nearly constant attention of faculty and administrative staff in order to produce exhaustive reporting to account for the value of an NYU DPT education. I have no doubt that with the strident efforts of so many remarkable personnel, we will pass through the reaccreditation process with flying colors!

The good news is that our alumni are enjoying full employment because the time is ripe for physical therapists and so many of you are offering your fellow NYU PT grads jobs. Thank you. Keep up your fine support. And have a great holiday season and year to come. I wish you a happy, healthy and successful 2012.

Wen K. Ling, PT, PhD
Chair, Department of Physical Therapy
MOFFAT WORLD TRAVELS

During the early months of 2011, in Marilyn Moffat’s official capacity as World Confederation for Physical Therapy (WCPT) President, she did site visits with WCPT staff to review the three finalist countries that had made bids to host the 2015 World Congress. Thus, Marilyn was initially in Capetown, South Africa, then Singapore, and finally Rio de Janeiro, Brazil. June 2011 was the time of the World Confederation for Physical Therapy General Meeting and Congress held every four years and was convened in Amsterdam, the Netherlands. At that meeting, Marilyn was elected for a second term as President of the World Confederation for Physical Therapy.

In September, she traveled to Beirut, Lebanon for the 8th International Congress of the Order of Physiotherapists in Lebanon. In October, she attended the Annual Meeting of the Asociacion Fisioterapia Brasileiro in Florianopolis, Brazil.

Presentations


“Building Bone Health Into Your Practice: Osteoporosis Functional Examination and Exercise Prescription” – APTA Combined Sections Meeting – New Orleans LA – February 11, 2011

“The Challenges of the Profession Before You” – Graduation Address, Washington University, May 20, 2011

“Broadening Our Horizons” – Presidential Address, General Meeting World Confederation for Physical Therapy, Amsterdam, The Netherlands, June 18, 2011

“Celebrating WCPT’s 60th Anniversary” – Opening Ceremonies Address, World Confederation for Physical Therapy 2011, Amsterdam, The Netherlands, June 20, 2011


“Evidence-Based Exercise Prescription: Are We Pushing Hard Enough?” – 8th International Congress of the Order of Physiotherapists in Lebanon, Beirut, Lebanon – September 17, 2011

“Moving the Profession Forward Around the World” – Keynote Address, 8th International Congress of the Order of Physiotherapists in Lebanon, Beirut, Lebanon – September 17, 2011

Publications

Moffat M. Physical therapy education around the world. J PhysTher Educ. 2011 (Accepted for publication)


Pozi F, Gutierrez GM, Moffat M. Biomechanical and EMG analysis of toe and heel landing during stepping down in ongoing gait. APTA Combined Sections Meeting, Chicago IL, February 2012 Poster (Submitted)


Contributed to

For Tendon Pain, Think Beyond the Needle. NY Times - Jane Brody’s column. Personal Health Science Section. March 1, 2011


Poster Presentation


Pozi F, Gutierrez GM, Moffat M. Biomechanical and EMG analysis of toe and heel landing during stepping down in ongoing gait. APTA Combined Sections Meeting, Chicago IL, February 2012 Poster (Submitted)


“Physical Therapists as Exercise Experts for Aging Adults: Evidence-based Examination and Exercise Prescription”, APTA Combined Sections Meeting, New Orleans – January 9, 2011


“Building Bone Health Into Your Practice: Osteoporosis Functional Examination and Exercise Prescription” APTA Combined Sections Meeting, New Orleans – February 11, 2011


“Osteoporosis and Low Bone Mass: Examination and Exercise Prescription in the Real World” Amsterdam, The Netherlands – June 24, 2011

Additional Scholarly Activity

Reviewer, Physiotherapy Theory and Practice, 2009-present

Member, Advisory Board - Turkish Journal of Physiotherapy Rehabilitation, 2011-present
**continued from page 2**

1995 Steven Strauss has been living in Israel for 10 years. He works in a health fund doing outpatient work and home care.

James Vasaturo is in private practice. He recently received the Steve Blackmon Award for Excellence and the Good Samaritan Award from Long Beach Medical Center. He’s married with a son and a daughter.

1999 Jeremy Alter graduated from U. of Maryland-Baltimore with a doctorate of science in physical therapy in May 2010. He is currently Clinic Director, LifeBridge Health Sports Medicine & Rehabilitation powered by Physiotherapy Associates.

Patrick Sonser is now an MD. He’s a practicing Physical Medicine & Rehabilitation Physician (Physiatrist) who specializes in interventional spine procedures and pain management. He’s Medical Director of Rehab Medicine at Parrish MC.

2000 Rivi Har-El has private practices in Manhattan and Queens and is an Adjunct Professor at Down State MC PT Dept.

Dimitrios Kostopoulos is practicing electromyography testing. He graduated from UHSA School of Medicine in July 2011 with a PhD degree.

2001 Jangwhon Yoon left New York to become an assistant professor at Dongshin University, Naju, Korea.

Heather Williams reports: Greg and I are very excited to share that we both resigned from HSS and are the new owners of Northport Physical Therapy and Sports Performance. Our link: www.northporthpt.com.

2002 Connie Kotrozos Kalogiros is senior PT in NYC Dept of Ed and does early intervention PT home care through various agencies. She is a mini-grant recipient ($500) from the Council for Exceptional Children to purchase a Nintendo Wii System to use with students to assess attention and motivation. In October 2010, she presented follow-up data at the CEC Convention. She has two young sons.

2003 Sam Eslami writes: After graduation, I moved back to Tehran. I established my own clinic in neurologic rehabilitation and also manage a charity polyclinic. I teach at Tehran University in radiology, orthotics, prosthetics, and ICU interventions for both BS and MS PT students. I completed a 4-year course of study online in naturopathy. This, in combination with what I’ve learned from Georgia State and NYU, has enabled me to establish a clinic designed to work with patients with a variety of chronic illnesses in therapeutic exercise. My reason for establishing such a clinic is that, beyond PT and medications, patients with chronic illnesses can so benefit from many lifestyle modifications and natural treatments.

Gregory Thomas is a Medical Officer for the U.S. Army Special Operations Unit. He is a Certified Orthopedic Specialist. He co-authored “Addition of Isolated Wrist Extensor Eccentric Exercise to Standard Treatment for Chronic Lateral Epicondylitis” for the Journal of Shoulder and Elbow Surgery. He is a March 2011 Airborne Graduate from Fort Benning, GA.

2004 Ariane Amsz is self-employed at Wall Street Wellness & Physical Therapy, specializing in pelvic floor dysfunction & chronic pains.

Gloria Armstrong is still living and working in London. “I’ve been given a team lead position with the lymphoedema service where I’ve been working for the past 1-1/2 years. The patients we get are varied and challenging. Sadly many have developed leg swelling purely because of obesity! My fiancé and I are looking to leave London but no idea where yet!”

2005 Brooke Gilliland Klatt works in Outpatient Neuro/Vestibular Rehabilitation and is on the Clinical Faculty at the University of Pittsburgh PT Dept.

2006 Jeanne-Marie Schalestock Tufts says, “I’ve just returned to work in the outpatient dept of Beaufort Memorial Hospital after having triplet girls 19 months ago!”

2007 Rory Spiegel will graduate from medical school in 2012.

2008 Whitney Diefendorf Baran is living with her husband in New York City and working in pediatrics. They are expecting their first child.

Chelsey Ann Gelow Holdsworth is the lead inpatient PT at Sonoma Valley Hospital. She became a certified clinical instructor in August 2009.

Rebecca Talmud opened a pediatric physical therapy practice called “Dinosaur Physical Therapy.”

2009 Emil Berengut does outpatient orthopedics at the Hospital for Special Surgery. He is currently enrolled in the HSS Orthopedic Residency Program.

Kate A. Fuchs is at Kessler Institute Inpatient Rehab, working with orthopedic, cardiac & neurological patients. “I was promoted from staff to Proficient PT at Kessler.”

**IN MEMORIAM**

Katherine Laughlin Antonelle (1958), on 3/31/08
Stanley J. Capone (1954), on 2/5/05
Jack Hofkosh (1950)
Samuel Kaiser (1950), on 5/20/10
Marty Levy (1951/1956), on 2/11/10
Jack W. Remignanti (1957), on 2/1/08
Eleanore Rose (1955), on 5/12/10
Mavis Rose (1958)
Leonora (Lee) Brust Zuckaukas (1950), on 9/3/10

Laurence M. Steve (1973) passed away on April 21, 2011. Larry was a respected physical therapist for nearly 50 years. An active member of the APTA, he was a passionate advocate for the profession. He was on staff at Jacobi Hospital, taught anatomy at Albert Einstein College of Medicine, was a member of Ithaca College’s New York-based faculty, and eventually opened his own private practice in the Bronx in 1986. His dedication to his patients was legendary.

Edwin Walker Powell (1949) passed away on February 5, 2011. An active athlete in his younger years, Ed received degrees in physical therapy from both NYU and UCLA. He career in physical therapy spanned nearly 45 years and led him to Valdosta, Georgia, where he was the first physical therapist in the area. A member of his town’s Rotary Club, he originated the “Crash” program in the early 70s to assist stranded motorists; it eventually became the Travelers Assistance Program.

Joseph Zohar (1962/1968) died on December 14, 2009. He made his mark on the world of sports and physical therapy by applying scientific regimens of weight training to the conditioning and rehabilitation of professional athletes. A former Newsday columnist, Zohar also published two books, Scientific Conditioning Program for Tennis and How to Prevent Sports Injuries. Joseph Zohar helped many New York Knicks with weight training, including Willis Reed and Julius “Dr. J” Erving, and worked with professional tennis players including John McEnroe and Vitas Gerulaitis. Zohar’s widow wrote: “He was a credit to the NYU Physical Therapy Department. Through you, his life touched many and made them better.”
2011 Physical Therapy Recruitment Fair

The third annual Physical Therapy Recruitment Fair was held on March 6, 2011. Students from many physical therapy programs in the area arrived with resumes in hand, ready to discover new career opportunities. Representatives from physical therapy sites across the country eagerly shared information about their facilities, mentoring opportunities and employee benefits. NYU Steinhardt School of Culture, Education, and Human Development, Department of Physical Therapy co-hosted the event with NY/NJ Physical Therapy Clinical Education Consortium.

Lauren Dowd, MPT, Clinical Education Director, IVY REHAB Network
“I thought the career fair was great. Everything was well organized. The students who helped me to my table were very friendly and helpful. We met with a lot of great students and hopefully will be interviewing some of them soon. See you next year!”

Merri Stein, Therapy Professionals, Inc., OT/PT/SLP Permanent Job Placement and Staffing, Pediatric and Adult Home Care
“It was a great recruitment fair and we worked very hard and talked to many wonderful PT students/graduates.”

Matt Landfield, PT Manager, PM&R, Phelps Memorial Hospital Center
“It was a great recruitment fair and we worked very hard and talked to many wonderful PT students/graduates.”

Brad Schmitt, Employment Recruiter, Matheny Medical and Educational Center
“Hi. Overall, I thought it was a very successful job fair and I look forward to coming next year. Take good care.”

Todd Bzdewka, PT, MPT, GCS, CCCE Center Coordinator of Clinical Education, FOX Rehabilitation
“I think it was great, no recommendation for improvement.”

Natalya Lezhak, Lutheran Medical Center
“I believe everything was great! Thank you again for the opportunity!”

Shanel Sherese Green, Internal Corporate Recruiter - Outpatient Division, NovaCare Rehabilitation and Select Physical Therapy
“Thank you for hosting this event another year. It is always a great turn out with many students interested in our outpatient clinics not just locally, but also nationally across our markets in 35 states. As always, a great event and we look forward to participating next year as well.”

Tommy Oswald, Advance Rehabilitation
“Had a great time, met some top notch students!”

Interested in participating in the 2012 Physical Therapy Recruitment Fair? Please see the back cover of this newsletter for further details.

2011 Recruiters and Educational Institutions

| Access Physical Therapy & Wellness |
| Advance Rehabilitation |
| Advanced Medical |
| College of Staten Island Columbia |
| Constellation Health Services |
| Continuum Health Partners |
| Cortland Regional Medical Center |
| Crystal Run Healthcare |
| Eastern Rehabilitation Network/ Hartford Hospital |
| Essex |
| Excel Orthopedic Rehabilitation |
| Fox Rehabilitation |
| Genesis Rehab Services |
| Hunter |
| Ivy Rehab |
| Jersey Central Physical Therapy & Fitness |
| JFK-Johnson Rehab Institute |
| Kessler Institute for Rehabilitation |
| Life Care Centers of America LIU |
| Lutheran Medical Center |
| Matheny Medical & Educational Center |
| Mercy |
| Montefiore, The University Hospital for Albert Einstein College of Medicine |
| Nassau CC |
| Nazareth College |
| New York Medical College |
| New York Presbyterian Hospital NYU |
| NYU Langone Medical Center/ Bellevue Hospital |
| NovaCare Rehabilitation and Select Physical Therapy Palisades Medical Center, North Bergen, NJ |
| Phelps Memorial Hospital Center Premier Physical Therapy ProStep Rehab |
| Reddy-Care Physical Therapy RehabCare Group |
| Revival Home Health Care SportsCare of America, P.C. |
| St. Joseph’s Healthcare System - North Jersey |
| Staten Island University Hospital Stony Brook Summit Pacific Rehabilitation LLC |
| Sundance Rehab The Ensign Group Therapy Professional, Inc. Touro |
| Universal Institute U. of Delaware UMDNJ |
| Upstate Medical University |

Looking for a new job opportunity?
The NYU PT website is a great resource to view new job listings in the physical therapy field for all alumni. Visit http://steinhardt.nyu.edu/internship/pt for a complete list of positions. If you are interested in posting a new position, click “Post a New Internship/Job” to share your opportunity with other NYU alumni.
Congratulations TO THE CLASS OF 2011

Class of 2011 Awards

Julia Liu  
ARTHUR J. NELSON AWARD  
For Excellence in Clinical Electrotherapy

Andrea Tychanski  
DEPARTMENT SERVICE AWARD  
For Outstanding Service to the School, Department, Faculty and Student Body

Jessica Hubert  
DEPARTMENT SERVICE AWARD  
For Outstanding Service to the School, Department, Faculty and Student Body

Claire Storck  
DEPARTMENT SERVICE AWARD  
For Outstanding Service to the School, Department, Faculty and Student Body

Helen Chae  
ELIZABETH C. ADDOMS AWARD  
For Excellence in Academic and Clinical Performance

Katie Kadamus  
ELIZABETH C. ADDOMS AWARD  
For Excellence in Academic and Clinical Performance

Mandy Messinger  
SAMUEL ESHBORN SERVICE AWARD  
For graduate students in recognition of superlative and extraordinary service, exhibiting the value of strong leadership in school activities in NYU Steinhardt and NEW YORK AMERICAN PHYSICAL THERAPY ASSOCIATION AWARD  
For Student Participation

Sarah Middleton  
JOHN W. WITHERS MEMORIAL AWARD  
In recognition of their outstanding scholastic attainment, and for upholding the highest ideals of service, loyalty and devotion to the School and their graduating class

Graduation, August 2011 in the Skirball Center.
The Year in Pictures

Walk/Run for Physical Therapy Research
On March 12, members of the Class of 2011 launched the inaugural NYU DPT Walk/Run for Physical Therapy Research, benefiting The Foundation for Physical Therapy Research, which awards grants to researchers hoping to discover better ways to help patients such as elderly who have survived strokes, children with cerebral palsy, veterans with amputations, and many others.

Rock ’n Roll 10k
On October 22nd, a number of NYU DPT students volunteered at the Rock ’n Roll 10k charity event. Here are participants Casey Smith and Adam Strizak from DPT Class of 2013.

Avon Walk
Several NYU PT students volunteered in the Medical Tent on Roosevelt Island during the Avon Walk for Breast Cancer on October 20 & 21, 2011.

New York City Marathon
NYU PT students were out in force volunteering in medical tents across the five boroughs during the NYC Marathon on November 6, 2011.

Morning News Shows
To help celebrate National Physical Therapy Month, Foundation Trustee Marilyn Moffat, PT, DPT, PhD, FAPTA, CSCS, and the NYU PT students made a brief appearance on NBC’s Today Show October 5.

The group was easily recognizable by banners promoting the Foundation for Physical Therapy and the bright green shirts that flanked the outdoor area of NBC studios in mid-town Manhattan.

Today show weatherman and feature anchor Al Roker pointed out our group, referenced the Foundation by name, and indicated that he was a fan of the profession himself, commenting, “Always love the physical therapists!” Other NYU PT students were spotted outside ABC’s Good Morning America studio in Times Square.

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2012 ANNUAL PHYSICAL THERAPY RECRUITMENT FAIR

Sunday, March 4, 2012
New York University
Rosenthal Pavilion, Kimmel Center, 10th Floor
60 Washington Square South

A unique opportunity for healthcare professionals to meet with members of the healthcare industry!

WHO SHOULD ATTEND?
Healthcare organizations
Healthcare administrators
Healthcare representatives
Physical therapy students
Practicing physical therapists interested in relocation or opportunities for upward mobility

Exhibitors must register. For pricing information, please contact Anne Seaton at 212 998 9414 or email mas2@nyu.edu.

Registration deadline: February 10, 2012. Space is limited. Registration after this date will be accepted on a space-available basis.


- Prepare to sit for the clinical specialist exam offered by the American Physical Therapy Association
- Obtain advanced orthopedic knowledge and clinical skills at a top-ranked research university
- Learn about the latest developments in evidence-based orthopedic physical therapy
- Study with board-certified clinical specialists and physicians
- Complete the advanced certificate program in 12 months

Application deadline: April 15, 2012
Pursue your goals. Be the future. Be NYU Steinhardt.
Visit www.steinhardt.nyu.edu/pt/opt or call 212 998 9413.

Become a Master Clinician and Clinical Affiliate!
We are looking for interested clinicians and sites to serve as Master Clinicians and clinical affiliates. Clinical education is an important aspect of the Doctor of Physical Therapy curriculum, and we are continually looking for experienced clinicians to serve in these capacities. As an NYU graduate, your connection with the PT Department gives you a unique opportunity to serve as a mentor and assist current DPT students in their educational experience. By serving as a Master Clinician or clinical affiliate, you will also earn tuition credits at NYU that can be used to further your own education free of charge.

As part of NYU’s dedication to its students, the Physical Therapy Department is continually looking to expand its network of clinical sites nationwide. Please contact our Director of Clinical Education, Elaine Becker, PT, DPT, MA, PCS at 212 998 9407 or eb2@nyu.edu to request more information.

2011 NYU Steinhardt Department of Physical Therapy Alumni Newsletter

Department of Physical Therapy
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New York, NY 10010
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Druanne Dillon Writer/Editor
J. Geddis Designer

To honor the extraordinary lifetime contributions of Physical Therapy Professor Marilyn Moffat, the Steinhardt School is raising $2 million to endow a chair in her name. The endowment will ensure funding in perpetuity for an outstanding professor to teach physical therapy at NYU. Many friends, patients and students of Professor Moffat have made generous contributions totaling $1,058,925.21 to date.

For more information about The Campaign for the Marilyn Moffat Chair in Physical Therapy, please contact Dr. Wen Ling at 212 998 9415 or wkl1@nyu.edu.

Nelson continued from page 5

- The Reverend Susan Nelson-Colaneri, Dr. Nelson’s daughter
- Dr. Marilyn Moffat, a graduate of the certificate program at NYU, Dr. Nelson’s friend and colleague, who’s currently Professor of Physical Therapy at NYU and the president of WCPT

Keep the memory and work of Dr. Nelson alive. Here’s how...
Dr. Nelson loved the NYU Physical Therapy Department, as evidenced by how tirelessly he gave of himself. Make a much-needed donation payable to NYU Physical Therapy Support Fund, earmarked for the Dr. Arthur J. Nelson, Jr. Human Performance Laboratory, where so much of the research and thinking begun by Dr. Nelson continues every day.

Any amount, large or small, will hold great meaning and will be used to further Dr. Nelson’s work in the lab bearing his name. Thank you so much for your generosity.