

# CURRICULUM VITAE

## **John Sutera PT, DPT, MSPT**

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Doctor of Physical Therapy Program, Steinhardt School of Culture, Education and Human Development, New York University

### **Education**

Stony Brook University, Stony Brook, NY: Doctor of Physical Therapy; DPT: 2013

The College of Staten Island, Staten Island, NY; MS Physical Therapy: 1997

The College of Staten Island, Staten Island, NY; BS Health Sciences: 1997

Binghamton University, Binghamton, NY: BA Economics: 1989

### **Licensure and Certification**

License: New York State: 017688-1

Certifications through Emory University/APTA:

Vestibular Competency/Certification: 2010

### **Professional Experience**

New York University, Steinhardt School; Physical Therapy Program, New York, NY

Clinical Assistant Professor (Clinical Track): (2015 – Present)

Adjunct Faculty (2013 – 2015)

New York Eye and Ear Infirmary of Mount Sinai, New York, NY

Per Diem Physical Therapist: (2015 – Present) - Vestibular Rehabilitation

Senior Physical Therapist: (2008 – 2015) - Vestibular Rehabilitation

Healing Quest Physical Therapy, Staten Island, NY

Physical Therapist (2009 – 2013) - Vestibular Rehabilitation

Beth Israel Medical Center, New York, NY

Senior Physical Therapist (2000 – 2008) Outpatient Cardiac and Pulmonary Rehabilitation -  
The Center for Cardiac & Pulmonary Health

Physical Therapist (1997 – 2003) Physical Medicine & Rehabilitation: Acute Care,  
Chest Physical Therapy, Cardiac Surgery Unit, Inpatient Rehabilitation.

### **Continued Professional Education (Selected)**

Expanding Neurological Expertise: Advanced Practice in Vestibular Physical Therapy by APTA, 2013

Measurable Outcomes and Evidence Based Treatment in Patients with Neurological Disorders, Kari Dunning, PhD,PT; Educational Resources, 2013

Vestibular Rehabilitation: A competency based course, Emory University/APTA 2010

CPI Credentialing Course by APTA, 2009

### **Teaching Activities**

Sutera J. Adjunct Faculty: NYU Steinhardt; School of Physical Therapy. Cardiopulmonary Exam and Interventions. Co-Instructor as part of the physical therapy program core curriculum. 2014 – 2015

Sutera J. Adjunct Faculty: NYU Steinhardt; School of Physical Therapy. Neurology Exam and Interventions. Guest Instructor as part of the physical therapy program core curriculum, 5 Lectures. 2013 – 2014

Sutera J. Adjunct Lecturer: *What is Vestibular Rehabilitation?* Lecture presented to Audiology students in the Graduate Center of CUNY Au.D. Program as part of core curriculum course: Audiologic and Vestibular Assessment. 2012.

Sutera J. Adjunct Lecturer: *What is Vestibular Rehabilitation?* Lecture presented to Audiology students in the Long Island Doctor of Audiology (Au.D) Consortium Program of Adelphi University as part of core curriculum course: 2013.

### **Clinical Instruction**

2009-Present: Clinical Instructor in Vestibular Rehabilitation at New York Eye and Ear Infirmary for NYU School of Physical Therapy Master Clinician Program.

2009-2015: Clinical Instructor: Vestibular Rehabilitation at New York Eye and Ear Infirmary; various schools

2002-2008: Clinical Instructor in Cardiac and Pulmonary Rehabilitation at The Center for Cardiac & Pulmonary Health for NYU School of Physical Therapy Master Clinician Program.

1998-2002: Clinical Instructor at Beth Israel Medical Center: on various clinical rotations; various schools

### **Peer Reviewed Scientific and Professional Presentations**

Sutera J, Zaiff CE, Nelson AJ, Rothman J. The Effect of a Therapeutic Ball on the Quadriceps and Lumbar Paraspinals during a Forward Reaching Task. Poster Presentation, presented at The Combined Sections Meeting of the American Physical Therapy Association 1998 (Boston, MA) and at The New York Physical Therapy Association's Annual Conference: (Melville, NY) 1997.

Sutera J. "Understanding and Identifying BPPV in the Dizzy Patient"; as part of New York Eye & Ear Infirmary's Institute for Continuing Medical Education's presentation of *Current Concepts in the Diagnosis and Management of the Dizzy Patient*. Course accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. April 30, 2012

### **Peer Reviewed Publications**

Lei-Rivera L, Sutera J, Galatioto J, Hujsak BD, Gurley J. Special tools for the assessment of balance and dizziness in individuals with mild traumatic brain injury. *NeuroRehabilitation* 32(3):463-72 (2013)

### **Non-Peer Reviewed Presentations**

2010-2015

- Provide existing staff, new staff and ancillary staff with individual education and training in vestibular rehabilitation.
- Vestibular case conference presentations to resident ENTs, Audiologists and attending neuro-otologists at New York Eye & Ear Infirmary.

2002-2008

- Formal lecture to ongoing groups of patients enrolled in classes for pulmonary rehabilitation (as required by the AACVPR) on proper energy conservation techniques, pulmonary hygiene and relaxation techniques.
- Formal lecture via to cardiac patients on risk factor modification, exercise prescription and proper nutrition as part of their cardiac rehabilitation program.

### **Professional Memberships**

American Physical Therapy Association

Neurology Section of the American Physical Therapy Association

Vestibular SIG of Neurology Section of the APTA.

Geriatrics Section of the American Physical Therapy Association

New York Physical Therapy Association

### **Current Teaching Responsibilities in the Entry Level Physical Therapy Program**

PT-GE 2250 Physical Therapy Examinations of the Cardiovascular and Pulmonary Systems

PT-GE 2260 Physical Therapy Interventions of the Cardiovascular and Pulmonary Systems

PT-GE 2020 The Physical Therapist as an Educator/Communicator

PT-GE 2209 Lifespan Development

PT-GE 2227 Principles of Exercise

PT-GE 2019 Physical Therapist as an Administrator, Delegator, Manager, Consultant

PT-GE 2252 Physical Therapy Examination of Neuromuscular System

PT-GE 2262 Physical Therapy Interventions of the Neuromuscular System