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**MARION NESTLE, Ph.D., M.P.H.**

**CURRENT ADDRESS**

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**EDUCATION**

1954-59 U. California Berkeley, Bacteriology (Phi Beta Kappa) BA  
1963-68 U. California Berkeley, Molecular Biology PhD  
1985-86 U. California Berkeley, Public Health Nutrition MPH

**LICENSE**

New York State Certification in Nutrition, License #000007

**PRIMARY APPOINTMENTS**

1988- **New York University, Steinhardt School, Department of Nutrition, Food Studies & Public Health**

2004- Paulette Goddard Professor

2003-04 Professor and Director of Public Health Initiatives

1988-03 Professor and Chair

2006- **New York University, Arts & Science, Department of Sociology**

Professor (Honorary)

**OTHER ONGOING APPOINTMENTS AND ACTIVITIES**

**Visiting Professor**

2006- **Cornell University, College of Agriculture, Division of Nutritional Sciences**  
(Honorary)

**Columnist**

2007- *Bark Magazine*, contributing co-editor

2008- *San Francisco Chronicle*, Food Matters column

**Internet**

2009- Daily (almost) blog at [www.foodpolitics.com](http://www.foodpolitics.com), and at the Atlantic Food Channel at <http://food.theatlantic.com>

Twitter @marionnestle

2008- Weekly (almost) Q&A, Ask Marion at [www.eatingliberally.org](http://www.eatingliberally.org)

2007-08 Blog at [www.whattoeatbook.com](http://www.whattoeatbook.com)

**PAST APPOINTMENTS**

1986-88 **Office of Disease Prevention and Health Promotion,  
Department of Health and Human Services, Washington, D.C.**  
Staff Director for Nutrition Policy and Senior Nutrition Policy Advisor  
Managing Editor, 1988 *Surgeon General's Report on Nutrition and Health*

1976-86 **University of California San Francisco, School of Medicine**

Administrative

Associate Dean, School of Medicine, Human Biology Programs  
Administrative Director, Medical Scientist Training Program (MD/PhD)  
Acting Director (1983-84)  
Director, John Tung/American Cancer Society Clinical Nutrition Education Center  
(1984-86)

Faculty

1976-85 Lecturer: Biochemistry and Biophysics (1976-85), Medicine (1979-84),  
Family and Community Medicine (1984-85)  
1985-86 Adjunct Associate Professor, Family and Community Medicine  
1983-86 Associated Faculty, Institute for Health Policy Studies

1971-76 **Brandeis University, Waltham, MA**

1971-73 Lecturer in Biology  
1974-76 Assistant Professor of Biology

**RECENT VISITING APPOINTMENTS**

2007 **University of California Berkeley, Graduate School of Journalism**  
Visiting Professor, Spring Semester

2006 **University of California, Berkeley, Schools of Public Policy, Public Health, and Journalism**  
Visiting Professor, Spring Semester

**RESEARCH TRAINING**

1959-61 Encephalitis Research Laboratory, School of Public Health, UC Berkeley: Laboratory  
Technician/Research Assistant  
1963-68 Department of Molecular Biology, UC Berkeley: Predoctoral Trainee  
1968-71 Department of Biology, Brandeis University: Postdoctoral Fellow (Biochemistry, 1968-70;  
Developmental Biology, 1970-71)

**RESEARCH INTERESTS: PUBLIC HEALTH NUTRITION**

- Food and nutrition policy development and analysis (domestic and international), with a focus on dietary guidance; social and environmental influences on food choice; the politics of food safety; and the effects of food industry marketing on children's diets and health.
- Communicating information about the links among agriculture, food, nutrition, and health to students, professionals, and the public.

**HONORS AND AWARDS (Last 5 years)****2004**

- *Saveur*, The *Saveur* 100 Favorites
- UCLA Center for Society, the Individual, and Genetics, Distinguished Fellow
- New York *Daily News*, 100 Women Who Shape Our City
- Daniel E. Griffiths Research Award, NYU Steinhardt School of Education, *Safe Food*
- Alumna of the Year, University of California Berkeley, School of Public Health
- *Time*, Obesity Warrior
- American Public Health Association, David P. Rall Award for Advocacy in Public Health
- *Organic Style*, Environmental Power 50 List "Guardian of Good Eating"
- Saul O. Sidore Annual Lecture University of New Hampshire, Durham
- Elected Graduation Speaker, University of California School of Public Health, Berkeley
- Ninth Annual Carl Martinson Lecture, University of Minnesota School of Public Health, Minneapolis

**2005**

- American Association for the Advancement of Science, Fellow
- National Committee for Quality Assurance 2005 Health Quality Award
- American Society for Nutritional Sciences, Fellow

**2006**

- California Public Health Association--North, Bridging the Gap Award for Excellence in Science and Public Policy Writing
- San Francisco *Bay Guardian* 2006 Best of the Bay Award: Food Politics Lecture Series, Goldman School of Public Policy, University of California Berkeley
- Amazon.com editors' Top Ten Books of 2006, Health, Mind, and Body (*What to Eat*, #2)
- Professor of Sociology, NYU (Honorary)
- Visiting Professor, Nutrition Sciences, Cornell University (Honorary)
- *Eating Well* magazine, "Must-Read," *What to Eat*
- University of Toronto, 32<sup>nd</sup> Annual Edna W. Park Lecture

**2007**

- National Multiple Sclerosis Society Books for a Better Life Award (Wellness), *What to Eat*
- Nation's Restaurant News 50: Health Authorities
- University of California Alumni Association Centennial, 100 Berkeley Luminaries
- James Beard Award (Reference), *What to Eat*
- *Cooking Light*, Mover and Taste Shaper
- Natural Gourmet Institute Award for Excellence in Health-Supportive Food Education
- Charmaine and Maurice Kaplan Distinguished Lecture in Cancer Prevention, University of California San Diego Moores Cancer Center
- University of Wisconsin Union Directorate Distinguished Lecture, Madison
- Seventh Annual Rocky Young Lecture, Santa Monica College, California
- Annual President's Lecture, University of Oklahoma Honors College, Norman
- Annual Albert Howard Memorial Lecture, Navdanya Centre, New Delhi, India
- Annual Lecture in Honor of Sidney Mintz, Anthropology Department, Johns Hopkins, Baltimore

**2008**

- Eighth Annual Anne E. Dyson Memorial Grand Rounds Lecture, University of Rochester Strong Memorial Hospital, Pediatric Department
- Sander Gilman Distinguished Scholar Lecture, NYU
- Public Health Solutions, Policy and Advocacy Solutions Award

**2009**

- University of California, Santa Barbara, Interdisciplinary Humanities endowed lecture
- Rock Ethics Institute 9<sup>th</sup> Annual Lippin Ethics Lecture
- Wagner College Academic and Cultural Enrichment lecture
- Clinton School of Public Service, William J. Clinton Distinguished Lecture
- U.S. Embassy and Bruno Kreisky Forum for International Dialogue lecturer, Vienna
- Sixth Annual George McGovern Lecture, U.S. Embassy and Food and Agriculture Organization, Rome

**PROFESSIONAL MEMBERSHIPS: CURRENT**

American Association for the Advancement of Science	Les Dames d'Escoffier
American Public Health Association	Public Health Association of NYC
American Society of Nutrition	Slow Food USA
Association for the Study of Food and Society	
Center for Science in the Public Interest	
Culinary Historians of New York City	
International Association of Culinary Professionals	
James Beard Foundation	

**PROFESSIONAL COMMITTEES AND BOARDS****Current**

2009- Commission on Federal Leadership in U.S. Health and Medicine, Center for the Study of the Presidency and Congress

2009- Who's Who Committee, James Beard Foundation

2008- Botany of Desire (film), scientific advisory committee

2005- Slow Food, USA, Advisory Board

2005- Chez Panisse Foundation, Advisory Board

2004- Union of Concerned Scientists, Advisory Board

2002- California Center for Public Health Advocacy, scientific advisor

1998- New York Hall of Science, Distinguished Science Sponsor

1995- Harvard Business School and J.F. Kennedy School of Government, Private and Public, Scientific, Academic and Consumer Food Policy Committee (PAPSAC)

**Past (Selected)**

2006-08 Pew Commission on Industrial Farm Animal Production and Public Health

2002 New York State Health Department heart disease prevention plan, chair

2000-07 Data Management Committee, WHELS clinical trial, University of California San Diego Cancer Center

1998-01 FDA Science Advisory Board

1995-96 American Cancer Society, Prevention Subcommittee on Nutrition; Dietary Guidelines

*Committee, Chair*

- 1994-95 DHHS/USDA Dietary Guidelines Advisory Committee  
 1993-97 New York State Commission on Dietetics and Nutrition  
 1992-95 FDA Food Advisory Committee  
 1991-93 National Association for Public Health Policy, Council on Food Policy, *Vice-Chair*  
 1990-91 U.S. Olympic Committee, Council on Sports Medicine and Science, Nutrition Subcommittee  
 1988-94 New York Academy of Medicine, Committee on Public Health, Subcommittee on Nutrition Education, *Chair* (1992-93)  
 1988-93 Center for Science in the Public Interest, Board of Directors  
 1986-88 DHHS Nutrition Policy Board, *Staff Director*  
 1976-86 California Nutrition Council  
 1976-86 Episcopal Sanctuary Advisory Board

**EDITORIAL ADVISORY BOARDS (Current)****U.S.***The Bark* (contributing editor)*Cooking Light**Eating Well**Nutrition Week**Gastronomica**Journal of Public Health Policy**The Lancet* (editorial consultant)**International***Public Health Nutrition* (U.K.)*Journal of Culinary Science & Technology* (Dublin)*Food and Foodways* (U.K.)**MANUSCRIPT REVIEWS (Current)**

American Journal of Clinical Nutrition

American Journal of Public Health

European Journal of Public Health

Journal of the American Medical Association

Journal of the American Public Health Association

Journal of the National Cancer Institute

Journal of Public Health Policy

Public Health Nutrition

**INTERNATIONAL CONSULTING**

2002-05 World Health Organization (WHO), Geneva

1995 WHO Regional Office for Europe, Copenhagen

1989 Hungarian Ministry of Health and Social Welfare, Budapest

1990 Ministry of Health, Havana

1991 WHO Regional Office for Europe, Health Ministry of Mauritius

1986 U.S. Agency for International Development, Bangkok and Jakarta

**NEW YORK UNIVERSITY SERVICE (Selected)**

- 2009- Agnew Chair Ad Hoc selection committee, Steinhardt School  
 2008- Society of Fellows  
 2008- Committee on Promotion and Tenure, Steinhardt School  
 2007- Dean's advisory committee, Steinhardt School  
 2004-05 Committee on Promotion and Tenure, Steinhardt School of Education  
 2004- Faculty Collections Advisory Committee, Bobst Library  
 2003-04 Steering Committee, Global MPH Program  
 1996-98 Committee on Promotion and Tenure, School of Education (*Chair*, 1998)  
 1995-98 Whitehead Faculty Fellowship Review Committee  
 1991-98 Curriculum Challenge Grant review committee  
 1988-92 Wagner School of Public Service, Advanced Management Program for Clinicians, advisory committee

**TEACHING EXPERIENCE****2006-09**

- Nutrition in public health (NYU, Department of Nutrition, Food Studies, and Public Health, fall 2005, 2006, 2008 (graduate); spring 2008 (undergraduate))
- Nutrition in food studies (NYU, spring 2009)
- Food and nutrition policy (Schools of Public Policy, Public Health, and Journalism, UC Berkeley, spring 2006)
- Food politics (Schools of Public Policy, Public Health, and Journalism, UC Berkeley, spring 2006)
- Interpreting science (Graduate School of Journalism, UC Berkeley, spring 2007)
- Food sociology (NYU, fall 2007)

**NYU teaching: 1988-2005**

Community nutrition  
 Complementary nutrition therapy  
 Doctoral seminar  
 Food and culture  
 Food politics and policy  
 Food sociology  
 International nutrition  
 Introductory nutrition  
 Nutrition for food professionals  
 Nutrition in food studies  
 Nutrition in public health  
 Research applications  
 Program planning  
 Social and behavioral determinants of health

**University of California San Francisco School of Medicine: 1976-86**

Cell structure and function  
 Biochemistry  
 Clinical nutrition: medicine, pediatrics, obstetrics and gynecology, family & community medicine

**Brandeis University: 1968-76**

Introductory biology, lecture and laboratory

Cell biology

Research laboratory studies: invertebrate and vertebrate zoology, botany

Introductory nutrition

**INVITED PRESENTATIONS: 2008**

- February 5 New York: St Vincent's Hospital Pediatric Grand Rounds (lecture)  
 February 12 Los Angeles: California Endowment (2 lectures)  
 February 21 NYU: Global Public Health Integrative Seminar (lecture)  
 February 27 New York: Eating Liberally (panel)  
 February 28 New York: Calhoun School, School and Society Initiative (lecture)  
 February 29 Princeton: Society of Fellows food conference (lecture)  
 March 5 Santa Barbara: Orfaea Fund event on school food (Q and A with Morgan Spurlock)  
 March 6 Menlo Park, CA: Stanford University, ethics and society program (lecture)  
 March 7 Menlo Park, CA: Stanford University, ethics and society program (seminar)  
 March 19 Rochester, NY: **Annual Anne E. Dyson Memorial Grand Rounds**, University of Rochester Pediatrics Department, Strong Memorial Hospital  
 March 27 NYU: Sander Gilman Distinguished Scholar Lecture, Silver 6-8 pm (panel)  
 April 4 Wesleyan, CT: Wesleyan Shasha Seminar for Human Concerns (**keynote**)  
 April 8 Washington, DC: Trans Atlantic Consumer Dialogue (**keynote**)  
 April 30 San Luis Obispo: Provost's Civic Engagement Speaker  
 May 1 Berkeley: School of Public Health (lecture)  
 May 3 Napa: Copia Center for Food and the Arts (panel)  
 May 4 San Francisco: Grace Cathedral public forum (talk)  
 May 17 NYU: College of Nursing Alumni meeting (**keynote**)  
 May 20 New York: Science Tonight with Ira Flatow (conversation)  
 June 3 Copenhagen, Denmark: Nordic Nutrition conference (**keynote**)  
 June 5 NYU: Fales Library (panel)  
 June 9 Ramapo College, Havemeyer Edible Garden (lecture)  
 July 14 Stevens Point, WI: University of Wisconsin, National Wellness Institute (**keynote**)  
 August 14 Chautauqua, NY: food week conference (lecture)  
 August 24 Berkeley, CA: Holistic Hound (book talk)  
 August 25 Berkeley, CA: Noe Valley Pets (book talk)  
 August 26 San Francisco: Commonwealth Club (talk)  
 August 28 Napa: Master Gardeners of Napa County at Copia, (**keynote**)  
 August 30 San Francisco: Slow Food Nation (panel)  
 September 9 Zurich: European Food & Beverage Risk conference (**keynote**)  
 September 11 Parma, Italy: Barilla (lecture)  
 September 16 New York: Global health meeting (panel)  
 September 18 Cambridge: Harvard Books (book talk)  
 September 20 Boston: Public Health Advocacy Institute (**keynote**)  
 September 24 New York: Culinary Historians of New York (panel)  
 September 27 Ithaca: Borders Books (book talk)  
 October 3 NYU: Feast and Famine (book talk)

- October 4 NYU: School food conference (**keynote**)  
 October 9 Washington, DC: Politics and Prose (book talk)  
 October 16 Houston, TX: Food writers conference  
 October 18 NYU: NYU Medical Center obesity course (lecture)  
 October 21 NYU: Alumni event (talk)  
 October 29 Duluth, MN: College of St. Scholastica, Department of Peace and Justice (**keynote**)  
 November 5 Ithaca: Cornell Hans Bethe House lecturer  
 November 8 Washington, DC: Green Festivals (talk)  
 November 13 Toronto: Ontario Ministry of Agriculture, Food and Rural Affairs, 2008 Outlook Conference (plenary)  
 November 14 NYU: Dumplings and Dynasties: The Regional Cuisine and Food Culture of China conference (panel)  
 November 17 New York: Bulldog Reporter Food and Beverage PR Summit (**keynote**)  
 November 23 Boston, PAPSAC, Kennedy School (talk)  
 December 2 New York: Mid-Manhattan Library (lecture)  
 December 3 New York: D.H. Shaw Co (lecture)  
 December 4 Hyde Park: Culinary Institute of America (lecture)

#### **INVITED PRESENTATIONS: 2009**

- January 19 New York: Institute for Integrative Nutrition (lecture)  
 January 21 Toronto: University of Toronto, Hart House (lecture)  
 January 31 San Francisco: Union of Concerned Scientists Advisory Committee (panel)  
 February 3 Philadelphia: U. Pennsylvania Robert Wood Johnson Clinical Scholars Program (lecture)  
 February 5 New York: St. Luke's Roosevelt Hospital Center, Cardiovascular Fellows Forum series (lecture)  
 February 11 Kansas City: Kansas City Public Library, book talk  
 February 12 Kansas City: Kansas City Healthy Kids conference (**keynote**)  
 February 25 Los Angeles: NYU Regional Alumni group (talk)  
 February 26 Santa Barbara: University of California, Santa Barbara, Interdisciplinary Humanities Center (**endowed lecture**)  
 March 12 New York: Hermann Biggs Society (lecture)  
 March 16 New York: NYU Medical Center, medical class (lecture)  
 March 17: Toledo OH: University of Toledo, Environmental Sciences and Women's and Gender Studies Programs (lecture)  
 March 24 New York: New York State Health Foundation (lecture)  
 March 25: Cambridge, MA: MIT Knight Science Journalism Fellowship program (lecture)  
 April 1 State College PA: Pennsylvania State University Bioethics and Medical Humanities Program, Rock Ethics Institute **9<sup>th</sup> Annual Lippin Ethics Lecture** and Workshop  
 April 2 State College PA: Pennsylvania State University, Lobby Talks program  
 April 6 Staten Island: Wagner College **Academic and Cultural Enrichment** lecture  
 April 15 NYU: class  
 April 18 Richmond, VA: Richmond Forum (with Michael Pollan)  
 April 20 New York: Food, Inc. preview (panel)  
 April 30 Philadelphia: U. Pennsylvania Law School  
 May 1 New York: Gel 2008

May 14 New York: York College/FDA Collaboration (lecture)  
May 16 Portland OR: Oregon State University, Linus Pauling Institute (lecture)  
May 18 New York: New York Public Library (panel)  
May 27 Little Rock, AK: Clinton School of Public Service, **William J. Clinton Distinguished Lecture**  
May 28 New York: STOP (Safe Tables Our Priority) fundraiser, 7:30  
June 17 New York: Corporate Accountability fundraiser (talk)  
June 19 New York: CIES Food Business Summit (speaker)  
July 15 Fairbanks AL: University of Alaska Fairbanks Summer Sessions (lecture)  
August 2 New Delhi Global Conference on Meeting Nutritional Challenges with Sustainability and Equity (**keynote**).  
August 20 New York: Hosted screening of film, No Impact Man (panel moderator)  
September 17 New London, CT: Connecticut College (lecture)  
September 24 Vienna: U.S. Embassy and Bruno Kreisky Forum for International Dialogue lecturer  
Oct 2 Philadelphia: Les Dames d'Escoffier annual meeting (**keynote**)  
Oct 2 Philadelphia: Fair Food press conference, Reading Terminal market (talk)  
Oct 3 Bar Harbor: College of the Atlantic conference on sustainable food systems (**keynote**)  
Oct 8 Los Angeles: Kaiser Permanente Hypertension Symposium (lecture)  
October 15 Rome: United Nations (FAO) staff, lecture  
October 15 Rome: Roma Tre University students, lecture  
October 16 Rome: **Sixth Annual George McGovern Lecture**, Food and Agriculture Organization (5-21 State Dept, Europe)  
October 19 Milan: Nutrition Foundation of Italy, lecture  
October 20 Vicenza: University Research Foundation, lecture

## PUBLICATIONS

### Thesis

Nestle M. Purification and properties of a nuclease from *Serratia marcescens*. Berkeley: University of California 1968.

### Books

Nestle M. *Nutrition in Clinical Practice*. Greenbrae CA: Jones Medical Publications 1985: 328 pages.

- Asian edition: Maruzen Publishers, Singapore, 1986
- Greek edition: G.K. Parisianes Publisher, Athens, 1987

Nestle M. *Food Politics: How the Food Industry Influences Nutrition and Health*. Berkeley: University of California Press, 2002: 457 pages.

- Paperback edition: University of California Press, 2003.
- Chinese edition: Social Sciences Academic Press, Beijing (Liu Wenjun et al, translators, simplified characters) 2004.
- Japanese edition: Tokyo: Tuttle-Mori Agency, Inc, 2005.
- Revised edition, University of California Press, 2007

Nestle M. *Safe Food: Bacteria, Biotechnology, and Bioterrorism*. Berkeley: University of California Press, 2003: 350 pages.

- Paperback edition: University of California Press, 2004.
- Chinese edition: Social Science Academic Press, Beijing (Huang Yu-Tong et al, translators, simplified characters), 2004.
- Japanese edition: Tamako Hirose and Hiroko Kubata, translators, Iwanami Shoten, Tokyo (expected 2009)

Nestle M. *What to Eat*. New York: North Point Press (Farrar, Straus and Giroux), 2006: 611 pages.

- Paperback edition: 2007
- Hebrew edition, Tel Aviv: Modan and Kineret Publishers, 2007.

Nestle M. *Pet Food Politics: The Chihuahua in the Coal Mine*. Berkeley: University of California Press, 2008: 219 pages.

### Edited Books

Department of Health and Human Services, Public Health Service. *The Surgeon General's Report on Nutrition and Health*. Publ. No. (PHS) 88-50210. Washington DC: U.S. Government Printing Office, 1988, 712 pages [*Managing Editor*].

- Reprint: Prima Publishing, 1989.
- Reprint: Warner Books, 1989.

Nestle M, Dixon LB, eds. *Taking Sides: Clashing Views on Controversial Issues in Nutrition and Food*, New York: McGraw Hill/Dushkin, 2004.

**PUBLISHED ARTICLES, SELECTED, SINCE THE MID-1990s**

**Professional Articles (Selected)**

Nestle M. The law and nutrition. *New York State Bar Journal* 1994;May/June:38-41.

Nestle M. Traditional models of healthy eating: alternatives to techno-food. *Journal of Nutrition Education* 1994;26:241-245.

Nestle M. Folate and neural tube defects: policy implications. *Journal of Nutrition Education* 1994;26:287-293.

Nestle M, Dalton S. Food aid and international hunger crises: the United States in Somalia. *Agriculture and Human Values* 1994;11(4):19-27.

Mueller C, Nestle M. Regulation of medical foods: toward a rational policy. *Nutrition in Clinical Practice* 1995;10(1):8-15.

Nestle M. Mediterranean diets: historical and research overview. *American Journal of Clinical Nutrition* 1995;61(suppl):1313s-1320s.

Young LR, Nestle M. Portion sizes in dietary assessment: issues and policy implications. *Nutrition Reviews* 1995;53:149-158.

Young LR, Nestle M. Food labels consistently underestimate the actual weights of single-serving baked products. *Journal of the American Dietetic Association* 1995;95:1150-1151.

Rose D, Nestle M. Welfare reform and nutrition education: alternative strategies to address the challenges of the future. *Journal of Nutrition Education* 1996;29:61-66.

Nestle M. Alcohol guidelines for chronic disease prevention: from prohibition to moderation. *Social History of Alcohol Review* 1996;32-33:45-59. Reprinted in: *Nutrition Today*, 1997.

Nestle M. Alcohol guidelines for chronic disease prevention: from prohibition to moderation. *Nutrition Today* 1997;32(2):86-92.

Young LR, Nestle M. Variation in perceptions of a "medium" food portion: implications for dietary guidance. *Journal of the American Dietetic Association* 1998;98:458-459.

Nestle M, Wing R, Birch L, et al. Behavioral and social influences on food choice. *Nutrition Reviews* 1998;56:s50-s64.

Singer AJ, Werther K, Nestle M. Improvements are needed in hospital diets to meet dietary guidelines for health promotion and disease prevention. *Journal of the American Dietetic Association* 1998;98:639-641.

Nestle M. The selling of olestra. *Public Health Reports* 1998;113:508-520.

Nestle M. In defense of the USDA Food Guide Pyramid. *Nutrition Today*, 1998;33(5):189-197.

Nestle M, Woteki C. Interpretation of dietary change in the United States: fat as an indicator. *Appetite* 1999;32:107-112.

Nestle M. Hunger in America: A Matter of Policy. *Social Research* 1999;66(1): 257-282.

Nestle M. Meat or wheat for the next millennium? Plenary lecture: animal v. plant foods in human diets and health: is the historical record unequivocal? *Proceedings of the Nutrition Society (U.K.)* 1999;58:211-218.

Nestle M. Dietary supplement advertising: a matter of politics, not science. *Journal of Nutrition Education* 1999;31:278-282.

Nestle M, Jacobson MF. Halting the obesity epidemic: A public health policy approach. *Public Health Reports* 2000;115:12-24.

Reprinted (in part) in: *Nutrition Week*, 2000.

Reprinted in: Klimis-Zacas DJ, ed. *Annual Editions: Nutrition*, 13<sup>th</sup> ed, 2001-2002. Guilford, CT: McGraw-Hill/Dushkin, 2001:102-110.

Reprinted in: *The Snail*, December 2003.

Nestle M. Soft drink "pouring rights:" marketing empty calories. *Public Health Reports* 2000;115:308-319.

Nestle M. Ethical dilemmas in choosing a healthful diet: Vote with your fork! *Proceedings of the Nutrition Society (U.K.)* 2000;59:619-629.

Kumanyika SK, Morssink CB, Nestle M. Minority women and advocacy for women's health. *American Journal of Public Health* 2001;91:1383-1388.

Nestle M. Food company sponsorship of nutrition research and professional activities: A conflict of interest? *Public Health Nutrition* 2001;4:1015-1022.

Young LR, Nestle M. The contribution of expanding portion sizes to the U.S. obesity epidemic. *American Journal of Public Health* 2002;92:246-249.

Byers T, Nestle M, McTeirnan A, Doyle C, Currie-Williams A, Gansler T, Thun M, and the American Cancer Society 2001 Nutrition and Physical Activity Guidelines Advisory Committee. American Cancer Society Guidelines on Nutrition and Physical Activity for Cancer Prevention: Reducing the Risk of Cancer with Healthy Food Choices and Physical Activity. *CA Cancer Journal for Clinicians* 2002;52:92-119.

Young L, Nestle M. Expanding portion sizes in the U.S. marketplace: Implications for nutrition counseling. *Journal of the American Dietetic Association* 2003;103:231-234.

Lewin A, Lindstrom L, Nestle M. Food industry promises to address childhood obesity: preliminary evaluation. *Journal of Public Health Policy* 2006;27:327-348.

Young L, Nestle M. Portion sizes and obesity: Response of fast food companies. *Journal of Public Health Policy* 2007;28:238-248.

Nestle M. Eating made simple. *Scientific American*, September 2007:60-69.

Nestle M. Reading the food social movement. *World Literature Today* 2009;January-February:37-39.

Joseph M, Nestle M. The ethics of food. *Lahey Clinic Journal of Medical Ethics* 2009;16(1):1-7.

### **Editorials and Commentary (Selected)**

Nestle M. The politics of dietary guidance--a new opportunity [editorial]. *American Journal of Public Health* 1994;84:713-715.

Nestle M. Allergies to transgenic foods--questions of policy [editorial]. *New England Journal of Medicine* 1996;334:726-728.

Nestle M. Fruits and vegetables: protective or just fellow travelers? *Nutrition Reviews* 1996;54(8):255-257.

Nestle M. Broccoli sprouts as inducers of carcinogen-detoxifying enzyme systems: clinical, dietary, and policy implications [editorial]. *Proceedings of the National Academy of Sciences* 1997;94:11149-11151. Reprinted in: *Nutrition Reviews*, 1998.

Nestle M. Toward more healthful dietary patterns—a matter of policy [editorial]. *Public Health Reports* 1998;113:420-423.

Nestle M. Nutrition and women's health: the politics of dietary advice [editorial]. *Journal of the American Medical Women's Association* 2001;56:42-43.

Nestle M. Deconstructing dietary guidelines. *Gastronomica*, February 2001:3-4.

Fried EJ, Nestle M. The growing political movement against soft drinks in schools [commentary]. *Journal of the American Medical Association* 2002;288:2181.

Nestle M. Increasing portion sizes in American diets: more calories, more obesity [commentary]. *Journal of the American Dietetic Association* 2003;103:39-40.

Nestle M. The ironic politics of obesity [editorial]. *Science* 2003;299:781.

Nestle M. Not good enough to eat [commentary]. *New Scientist* 2003;177 (February 22):25.

Nestle M. In praise of the organic environment. *Global Agenda* (World Economic Forum, Davos), 2005:218-219. Reprinted in:

- *Co-op Community News* (Community Food Co-op, Bellingham WA), April 2005
- George-Warren H, ed. *Farm Aid: A Song for America*. Rodale Press, 2005:209-210.

Nestle M. Preventing childhood diabetes: The need for public health intervention [editorial]. *American Journal of Public Health* 2005;95:1497-1499.

Nestle M. Food marketing and childhood obesity—a matter of policy [Perspective]. *New England Journal of Medicine* 2006;354:2527-2528.

Nestle M. Food industry and health: mostly promises, little action. *Lancet* 2006;368:564-565.

Nestle M. Food safety and food security: a matter of public health. *Bija* (India) 2007;45:34-37.

Woolf SH, Nestle M. Do dietary guidelines explain the obesity epidemic? *American Journal of Preventive Medicine* 2008;34(3):263-265.

Ludwig D, Nestle M. Can the food industry play a constructive role in the obesity epidemic? *JAMA* 2008;300:1808-1811.

Nestle M. What Obama can do in the USA. *Public Health Nutrition* 2009;12(3):433-435.

### **Book Chapters (Selected)**

Nestle M, Woteki CE. Trends in American dietary patterns: research issues and policy implications. In: Bronner F, ed. *Nutrition and Health--Topics and Controversies*. Boca Raton, FL: CRC Press, 1995:1-44.

Nestle M. Nutrition. In: Woolf S, Lawrence R, Jonas S, eds. *Health Promotion and Disease Prevention in Clinical Practice*. Baltimore, MD: Williams & Wilkins, 1996:193-216.

Nestle M. Food lobbies, the food pyramid, and U.S. nutrition policy. In: Lee PR, Estes CL, Close L, eds. *The Nation's Health*, 5<sup>th</sup> ed. Sudbury MA: Jones and Bartlett, Publ, 1997:210-222.

Nestle M. The role of chocolate in the American diet: nutritional perspectives. In: Szogyi A, ed. *Chocolate, Food of the Gods*. Westport, CN: Greenwood Press, 1997:111-124.

Caldwell D, Nestle M, Rogers W. School Nutrition Services. In: Marx E, Wooley SF, Northrop D, eds. *Health is Academic: A Guide to Coordinated School Health Programs*. New York, Teachers College Press, 1998:195-223.

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