

**Universidad Popular Autónoma del Estado de Puebla, A. C**

**New York University  
Department of Nutrition, Food Studies, and Public Health  
International Issues in Nutrition**

<b>Date</b>	<b>Hour</b>	<b>Activity</b>	<b>Responsible person</b>	<b>Place</b>	<b>Observations</b>
<b>Sunday 3</b>	TBC	Meeting with Daniel Young, Agustín Landa and Rodolfo Carvajal	Beatriz Briones	Holiday Inn Hotel	
	All day	Arrive in Puebla	Domingo Pinero	Holiday Inn Hotel	
		Check into Hotel	Domingo Pinero	Holiday Inn Hotel	
	20:00-23:00	Buffet dinner & Reception	Domingo Pinero	Holiday Inn Hotel	
<b>Monday 4</b>	7:30	Breakfast in Hotel	Domingo Pinero	Holiday Inn Hotel	
	8:30	Depart to Cholula	Beatriz Briones	Holiday Inn Hotel	Departure from hotel
	9:00-10:30	Cultural tour of Cholula (Museum, Pyramids, Church, Zócalo)	Beatriz Briones	Cholula	
	10:30	Depart to Hospital	Beatriz Briones	Cholula	
	11:00-12:30	Visita a Hospital General de Cholula	Dra. Sandra Solis Solano	Cholula	
	13:00-14:30	Lunch at Cholula's Portales	Beatriz Briones	Los Portales	
	14:30	Back to Hotel	Domingo Pinero		
	17:00 - 17:30.	Welcome and Orientation	Agustín Landa and Rodolfo Carvajal	UPAEP	
	17:30-19:30	Tour guide of the exposition "Our traditions"	UPAEP	MUSEO	
	20:00-22:00	Class Dinner	Domingo Pinero	Cantina de los Remedios	
	22:00	Back to Hotel	Domingo Pinero	Holiday Inn Hotel	

<b>Tuesday 5</b>	8:00	Breakfast in Hotel	Domingo Pinero	Holiday Inn Hotel	
	9:00	Depart to UPAEP	Domingo Pinero	Holiday Inn Hotel	
	09:30-11:00	Major factors affecting the Poblanos Health including but not limited to emigration, labor, poverty, nutrition, family, housing and gender	Dr Abel Cruz García	CETEC Room 202	
	11:00	Coffee Break	Beatriz Briones	CETEC	
	11:30-13:30	Major factors affecting the Poblanos Health including but not limited to emigration, labor, poverty, nutrition, family, housing and gender	Dr Abel Cruz García	CETEC Room 202	
	13:30-15:30	Lunch	Domingo Pinero	On your own	
	16:00-18:00	Panel on: "Cultural views on health, illness and cultural sensitivity, meaning of culture and difference between culture and ethnicity and framework for understanding culturally relevant and sensitive services".	Dr. Gustavo Ernesto Barrientos Lavin	CETEC Room 202	
			Dra. Rosaura Rosas González		
Dra. Cristal Sarrazaga Molina					
18:00	Free evening Dinner on your own	Domingo Pinero	On your own		
<b>Wednesday 6</b>	8:00	Breakfast in Hotel	Domingo Pinero	Holiday Inn Hotel	
	9:00	Depart to UPAEP	Domingo Pinero	Holiday Inn Hotel	
	09:30-10:30	Panel on: "The Design of the Mexican Health Care System". (Ministry of Health)	Dr. Abel Cruz García	CETEC Room 202	

10:30-11:30	Panel on: "The Design of the Mexican Health Care System". (Instituto Mexicano del Seguro Social)	Dr. Alberto Ortiz Casillas	CETEC Room 202	
11:30	Coffee Break	Beatriz Briones	CETEC	
12:00-13:30	Panel on: "The Design of the Mexican Health Care System". (Instituto de Seguridad y Servicios Sociales a los Trabajadores del Estado de Puebla)	Dr. Alberto Ortiz Casillas	CETEC Room 202	
13:30-15:00	Lunch	Domingo Pinero	On your own	
15:00-16:30	Migration from Puebla to New York: effects on Poblano communities and impact on the health of Poblano communities (intimate partner violence, AIDS, TB, alcohol abuse, STIs).	Dr. Juan Manuel Tetitla Múnive	CETEC Room 202	
16:30	Coffee Break	Beatriz Briones	CETEC	
17:00-18:30	Community based health promotion: Understanding the work of local agencies addressing Poblano Public health issues including, but not limited to, direct service programs, special projects, community organizing and coalitions.	Dr. Juan Manuel Tetitla Múnive	CETEC Room 202	
18:30	Free time	Domingo Pinero	On your own	

	19:30	Dinner with UPAEP's President Alfredo Miranda, Provost Herberto Rodríguez, Outreach and Development Vicerrector Agustín Landa, International Programs Director Rodolfo Carvajal, Humanities Department Director Ma. Esther Castillo and Health Department Director Juan Carlos Pérez.	Beatriz Briones	Avenida Juárez	
<b>Thursday 7</b>	8:00	Breakfast in Hotel	Domingo Pinero	Holiday Inn Hotel	
	9:00	Depart to UPAEP	Domingo Pinero	Holiday Inn Hotel	
	9:30	Depart to Huaquechula (immigrant community)	Beatriz Briones	Meet at UPAEP's front door	
	10:00-13:30	Visit Huaquechula and discussion with families in their houses.	Dra. Sandra Solis Solano	Huaquechula	
	13:30-15:00	Depart to Cacaloxuchitl (immigrant community) and Lunch at bus	Beatriz Briones	Cacaloxuchitl	
	15:00-17:00	Visit Cacaloxuchitl and discussion with families in their houses.	Dra. Sandra Solis Solano	Cacaloxuchitl	
	17:00	Back to UPAEP	Beatriz Briones	UPAEP	
	17:30-19:30	Free time	Domingo Pinero	On your own	
	19:30-22:00	Class Dinner	Domingo Pinero	La T-Cla	
		22:00	Back to Hotel	Domingo Pinero	Holiday Inn Hotel
<b>Friday 8</b>	6:45	Pick up box lunch	Domingo Pinero	Holiday Inn Hotel front desk	
	7:00	Depart to Cuetzalan del Progreso	Beatriz Briones	Holiday Inn Hotel	

	11:00	Check into Hotel	Beatriz Briones	Cuetzalan	
	11:30-13:00	Visit Hospital Integral con Medicina Tradicional (Cuetzalan del Progreso)	Dr. Juan Manuel Tetitla Múnive	Cuetzalan	
	13:00-15:00	Lunch at "La Peña"	Beatriz Briones	Cuetzalan	
	15:00-19:00	Visit the Temazcal	Dr. Juan Manuel Tetitla Múnive	Cuetzalan	
	19:00	Free evening Dinner on your own	Domingo Pinero	Cuetzalan	
<b>Saturday 9</b>	9:00	Breakfast in Hotel	Domingo Pinero	Cuetzalan	
	10:30 - 13:00	Visit Community Organizations	Dr. Juan Manuel Tetitla Múnive	Cuetzalan	
	13:00-15:00	Lunch	Beatriz Briones	Huehuetla	
	15:00	Back to Puebla	Beatriz Briones	Holiday Inn Hotel	
	19:00	Free evening Dinner on your own	Domingo Pinero	On your own	
<b>Sunday 10</b>	9:00	Breakfast in Hotel	Domingo Pinero	Holiday Inn Hotel	
	10:00-18:00	Free day in Puebla. Optional visits: Palafoxian Library, Cathedral, Zócalo, Municipal Palace, Rosary Chapel, Victoria Market, Saint Claire's Street (Traditional candy street), Theater, Artist neighborhood, Parian (crafts market), Los Sapos (flee market) and Amparo Museum.	Domingo Pinero	Puebla's Zócalo	
	18:00	Free evening Dinner on your own	Domingo Pinero	Puebla's Zócalo	

<b>Monday 11</b>	7:30	Breakfast in Hotel	Domingo Pinero	Holiday Inn Hotel	
	8:30	Depart to UPAEP	Domingo Pinero	Holiday Inn Hotel	
	9:00	Depart to Hospital del Niño Poblano	Beatriz Briones	Meet at UPAEP's front door	
	9:30 - 12:30	Visit to Hospital del Niño Poblano	Beatriz Briones	Hospital del Niño Poblano	The Nutrition and the Public Health groups will be visiting the facilities for each area at the hospital
	12:30	Back to UPAEP	Beatriz Briones	UPAEP	
	1:00-16:00	Join other classes for culinary experience. Lunch at Culinary Class	Beatriz Briones	Culinary School	
	16:00 p.m.	Depart to Hospital UPAEP	Beatriz Briones	Meet at UPAEP's front door	
	16:30-18:30	Visit to Hospital UPAEP	Beatriz Briones	Hospital UPAEP	The Nutrition and the Public Health groups will be visiting the facilities for each area at the hospital
	19:00 p.m.	Back to Hotel	Beatriz Briones	Holiday Inn Hotel	
	19:30-20:00 p.m.	Free time	Domingo Pinero	Holiday Inn Hotel	
<b>Tuesday 12</b>	8:00	Breakfast in Hotel	Domingo Pinero	Holiday Inn Hotel	
	9:00	Depart to UPAEP	Domingo Pinero	Holiday Inn Hotel	
	9:30-11:30	Food System (production, changes in diet)	Carlos soto	CETEC Room 203	
	11:30	Coffee Break	Ailed Muñoz	CETEC	

	12:00-14:00	Antipoverty program in Mexico (e.g. Oportunidades, Progresá)	Dra. Sandra Solis Solano	CETEC Room 202	
	14:00-15:30	Lunch	Domingo Pinero	On your own	
	12:00-14:00	Food System (production, changes in diet)	Carlos soto	CETEC Room 203	
	20:00	Dinner with Mexican families	Beatriz Briones	Guest's families houses	Families will pick you up at the hotel
<b>Wednesday 13</b>	6:45	Pick up box lunch	Domingo Pinero	Holiday Inn Hotel front desk	
	7:00	Depart to Cuernavaca	Beatriz Briones	Holiday Inn Hotel	
	11:00-15:00	Visit Instituto Nacional de Salud Pública Nutritional Status of the Mexican Population	Dra Tere Sharma	Cuernavaca, Morelos	
	15:00-17:00	Lunch	Beatriz Briones	Morelos	
	17:00	Depart to Puebla	Beatriz Briones	Morelos	
	20:30	Free evening Dinner on your own	Domingo Pinero	On your own	
	16:00	Free evening Dinner on your own	Domingo Pinero	On your own	
<b>Thursday 14</b>	8:00	Breakfast in Hotel	Domingo Pinero	Holiday Inn Hotel	
	9:00	Depart to UPAEP	Domingo Pinero	Holiday Inn Hotel	
	9:30-11:30	Obesity Prevention Programs in Mexico	Dr. Carlos Galindo Rodríguez	CETEC Room 203	
	11:30	Coffee Break	Beatriz Briones	CETEC	
	12:00-14:00	Micro nutritional deficiencies	Flor Erendira Romero or Domingo Pinero	CETEC Room 203	

	14:00-15:30	Lunch	Domingo Pinero	On your own	
	16:00	Free evening Dinner on your own	Domingo Pinero	On your own	
<b>Friday 15</b>	8:00	Breakfast in Hotel	Domingo Pinero	Holiday Inn Hotel	
	9:00	Depart to UPAEP	Domingo Pinero	Holiday Inn Hotel	
	9:30-12:30	Debriefing Session	Domingo Pinero	CETEC Room 203	
	12:30-14:00	Lunch	Domingo Pinero	On your own	
	14:00-19:00	Free evening	Domingo Pinero	On your own	
	19:30-21:30	Class Dinner / Celebration	Domingo Pinero	Mi Ciudad	
	21:30	Back to Hotel	Domingo Pinero	Holiday Inn Hotel	
<b>Saturday 16</b>	8:00	Breakfast and check out of Hotel	Domingo Pinero	Holiday Inn Hotel	
	11:00	Depart to International Airport in Mexico City	Domingo Pinero	International Airport Mexico City	

Holiday Inn PUEBLA-CENTRO HISTORICO  
2 ORIENTE NO.211, CENTRO HISTORICO  
PUEBLA, 72000 MEXICO  
Phone: 011 52222 223-6600