

Community Public Health Newsletter

Department of Nutrition, Food Studies, and Public Health

A Project of the
Public Health Student
Group at Steinhardt

Welcome from the PHSG!

As the holidays are approaching fast, please take a break to get to know fellow students and professors in this Fall 2008 Newsletter. We've included pictures of the contributing writers so you can easily become acquainted!

First years: We hope you have adjusted easily to New York and to Steinhardt. We're so excited to have four articles written by first year students (page 4-5) who are already opening their minds to current public health issues.

Second years: We hope you had great summer experiences, such as Isha Nirola's service with the WHO in the Republic of Kiribati (page 1), and are taking the time to get to know the class of 2010.

Everyone: We hope you enjoy getting acquainted with Dr. Macinko and Dr. Ompad (page 2) and the new PSHG board (page 7) Also take some time to read about our staff and alumni news (page 5), Winter NYC events (page 7) and recipes in "Home for the Holidays" (page 6).

INSIDE THIS ISSUE:

Summer in Kiribati	1
Staff Profiles	2
Food and Politics	3
Collision of Cultures	4
Columbia HIV/AIDS	4
Alumni and Staff	5
Home for the Holidays	6
A Guide to NYC: Winter 2008	7
A Letter from the PHSG	8

Summer in Kiribati by Isha Nirola

This past summer I was fortunate enough to return to the Republic of Kiribati, where I served as a Peace Corps Volunteer a few years ago, to intern with the World Health Organization. It was a decision that I am so grateful that I made, not only on a personal level, but also as a MPH student working toward a career in International Public Health.

My return to Kiribati was not only an emotional journey back to my other "home", but also a phenomenal experience professionally. My project was to assist the Ministry of Health staff with a focus group research project. The Kiribati Minister of Health requested the WHO's assistance with a formative research project that will be used to support the Minister's Tobacco Control Bill, which will be proposed to Parliament next year.

Two research consultants from Johns Hopkins University Bloomberg School of Public Health came to Kiribati a few months before I arrived. They conducted workshops on conducting focus group research and introduced a new style of research that uses visual images to conduct focus groups discussion called Visual and Interactive Dialog and Appraisal (VIC). They have worked with Ministries around the world and have found that the transfer of skills has been successful, particularly in countries where resources are limited. Over the course of my internship, I was trained on this type of research and helped conduct focus group discussions with community leaders regarding the contents of the Minister's Tobacco Control Bill. Upon completion, we compiled the results of our research into a report for the Minister. He will present the findings depicted in our report when he proposes the bill to Parliament.

This experience was one of the most important things I have done, particularly because I plan on working abroad once I complete my MPH degree. Being able to apply the skills I learned in my Research Methods course gave me a practical understanding of what we had covered in class. In addition, prior to my departure to Kiribati, Dr. Gutmacher and Dr. Ruiz were able to provide me with some of the course readings for the Assessing Community Needs course that I am taking this semester. I was able to apply the concepts from the readings to my work at W.H.O., while I also learned new methods in the field. Getting out into the field allows us to understand the trials and tribulations that we will face and the skills to figure out contextual solutions. Through this experience I feel I have a clearer grasp on how the information that we are covering in our courses will come into play as we transition from an academic environment to a professional environment. All in all, it was a fantastic experience that has me energized for my last year in this program and has made me optimistic about my professional goals for the future.



Isha Nirola is a 2nd year International Public Health Candidate

Staff Interviews: Get to know your Steinhardt professors! By Jennie Ellison

Dr. James Macinko is associate professor of public health and health policy in the Department of Nutrition, Food Studies, and Public Health and is the director of the NYU Global Master's program in Public Health. Dr. Macinko was formerly a Robert Wood Johnson Foundation Health and Society Scholar and a Fulbright Scholar. He holds a doctorate in health and social policy from Johns Hopkins University. His research interests are primary health care, global health, health services research, and social epidemiology. He has authored twenty-six peer-reviewed publications and has worked with a number of NGOs, governments, aid agencies, and international organizations. This Spring, he is teaching the undergraduate class, "Introduction to Global Public Health".



Dr. Danielle C. Ompad is currently the Associate Director of the Center for Urban Epidemiologic Studies (CUES) at the New York Academy of Medicine and an Adjunct Assistant Professor in the Department of Nutrition, Food Science and Public Health. She holds a M.H.S. and Ph.D. in infectious disease epidemiology from Johns Hopkins University School of Public Health. Her research interests include urban substance abuse and sexual behavior, as well as urban neighborhoods. She has published over 50 peer-reviewed manuscripts to date as well as several book chapters. She is currently a member-at-large of the International Society for Urban Health, and has consulted for the WHO and PAHO on urban health issues. This Spring, she is teaching "Research Design in Public Health".



What was your first job out of grad school?

After I finished my Master's degree, I began to work on a project through a university research center that was evaluating the relationship between microfinance programs and maternal and child health in Africa and Latin America. I had started working on the project as an intern while doing my MA and once I graduated they hired me full time. I stayed there for five years and learned a lot.

My first job out of graduate school was as an epidemiologist at the Center for Urban Epidemiologic Studies (CUES) at the New York Academy of Medicine. There were five or six studies going on related to drug use, HIV and HCV. My job was to manage the entire operation which included four supervisors and 15 -20 field staff.

Tell us about a current project you are excited about...

I have a few new research projects I'm excited about. The first uses vital statistics data to analyze disparities in avoidable mortality in the United States over a 30 year period. My collaborators and I are planning to quantify the long-term impact of unequal treatment in the US medical system by measuring disparities in causes of death that should be avoidable, given adequate medical care. A second project looks at the relationship between immigration, the neighborhood environment, preventive health behaviors, and obesity among recent Mexican immigrant women in New York and Philadelphia. A third project uses data on hospitalizations in the Brazilian Health System to assess whether investments in the country's primary health care system have resulted in more efficient and appropriate use of tertiary care, in what parts of the country there have been the most significant changes, and whether other factors such as changes in health insurance coverage help explain these trends.

One current project I am excited about is a study of knowledge, attitudes and beliefs about the HPV vaccine among African American and Hispanic women in Harlem and the South Bronx. We will be interviewing girls and young women aged 13 to 26 who are eligible for the vaccine as well as mothers and female legal guardians of girls and young women aged 9 to 26 who are eligible for the vaccine. I am working with the Cervical Cancer Intervention Working Group of the Harlem Community and Academic Partnership (HCAP) on this project. HCAP is a diverse partnership of community residents, community based organizations and service providers, academia, and public health institutions. HCAP's mission is to identify social determinants of health and implement interventions to improve the health and wellbeing of urban residents using a community-based participatory research approach.

What is the most important piece of advice you would give for a job or internship seeker?

Many people I know have gotten their jobs through networking which then led to an internship or volunteering opportunity that eventually turned into a good job. Internships are a great way to test out the organization and to see if it's right for you before you make the commitment to work there full time. Internships and volunteer opportunities also make networking easier because your contacts at that organization know something about you and will feel more confident recommending you to other people and organizations.

When I am interviewing someone for a position, I am always impressed when someone has taken the time to find out about our center and what we do. So, my one piece of advice is to do some research about the organization you are interviewing with and come with questions. This will show that you are engaged and resourceful.

What are your leisure activities?

I like music a lot and living in New York makes it possible to attend concerts and shows of musicians from all over the world--classical, world music, electronic, punk rock--I like it all and there's always more than enough to do to fill my few free hours!

I love to travel and try to go visit my family in Hawai'i every summer. I try to go abroad at least once a year and when possible, I visit UNESCO World Heritage Sites. I also like photography and collect cameras. I own some early Brownies as well as Polaroid land and twin lens reflex cameras.

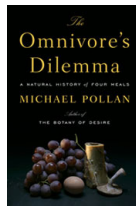
Op-Ed: Vision of a Grassroot, Grass-Fed Revolution by Kelly Moltzen

Growing up, we were taught by the USDA that “all foods can fit,” that everything in moderation is good for us. We were taught that we needed dairy products in our diet in order to get calcium, otherwise we would develop osteoporosis. We were taught that we needed to get our protein from meat. But what if this were not the whole picture? Would the USDA actually hide information from us?

Unfortunately, yes. It seems as though Congress is more concerned about taking food industry lobbyists' money than about giving the public scientifically sound advice, as Marion Nestle tells us in her book [Food Politics](#). However disturbing this may sound, we cannot allow the food industry to dominate us, not when 63% of Americans are overweight or obese and children born in the year 2000 or after may be the first generation to die before their parents; not when animals are subjected to living on claustrophobic, unsanitary Concentrated Animal Feeding Operations (CAFO), force-fed corn and artificial substances that make them

sick, necessitating the use of administering antibiotics before we buy and eat the omega-6 laden meat which makes us sick. Not when 25% of the foods we buy in the grocery store has some form of corn in them, and the ammonium nitrate left over from the production of explosives during World War II is used to fertilize crops – facts Michael Pollan shares with us in [The Omnivore's Dilemma](#).

This country needs a complete change of mindset, where we raise humanely treated omega-3 rich grass-fed animals and stop using additives and pesticides on our food. We need to craft a world that is not dominated by the need of the food industry to keep money in its wallet, but one that is driven by the need to keep real food on the table. A world where our children don't need to learn how to read labels, but instead learn how to grow vegetables. A world where we get energy from the sun and wind, not coal and oil, and where we eat our



food, not burn it as biofuel.

Fortunately there is a revolution starting, as people have banded together for such programs as the Real Food Challenge and Slow Food Nation. Californians had an initiative on their ballot this November called “Proposition 2,” which was a huge breakthrough for humane farm animal treatment. It prohibits cruel and inhumane ways of confining animals in their cages. The USDA recently passed more rigorous regulations for organic food, prohibiting the existence of organic CAFOs. The list of 2010 Dietary Guidelines Advisory Committee appointees looks promising as well. Yet we need to continue supporting CSA communities, creating farm to school programs, and weakening the connection between food industry lobbyists and Washington, D.C. If we don't do it, then who will?



Kelly Moltzen is a 1st year International Public Health Candidate.

Politics of School Food Conference Informs and Inspires by Christine Binder

On October 4th, people packed into the Rosenthal Pavilion for the first ever Politics of School Food Conference, presented by the NY Coalition for Healthy School Food and co-sponsored by the Department of Nutrition, Food Studies, and Public Health. The Conference featured two panels, the first moderated by New York Times columnist Mark Bittman, and the second by Jayni Chase, Founder of the Center for Environmental Education.

The first group of panelists included Milton Mills, MD, Margo Wootan, DSc, Michele Simon, JD, MPH, and Marion Nestle, PhD, MPH, who discussed the factors leading to childhood obesity and the current school food environment. Childhood obesity, according to Nestle, began to rise in the late 1970s and early 1980s



As the amount of food available in America increased drastically and companies, hungry for profit, began to aggressively market their food products to children, at home and at school. What children eat at school is also largely determined by the federal government, which reimburses schools only ninety cents per subsidized school lunch. Twenty cents is provided as free commodity foods, such as beef, cheese, chicken, and potatoes, which generally become cheeseburgers, pizza, chicken nuggets, and French fries. Not all ninety cents is even spent on providing school lunches, however, as under-funded schools often use food services to turn a profit.

The second set of panelists, Ann Cooper (Director of Nutrition, Berkeley Unified School District), Katie Adamick, JD, Peter Anderson, and David Berkowitz (Executive Director NYC DOE), were all examples of people who had suc-

cessfully turned around the school lunch programs in their schools. For Example, “Renegade lunch lady” Ann Cooper quickly transformed the district's cafeterias, trading nachos and neon cheese sauce for a fresh salad bar, which quickly became the most popular food item among the children. Though not every school district is fortunate enough to have its own renegade lunch lady, the take-home message of the conference was that tireless political and community involvement is vital for creating change. Even though the obstacles are steep, they must continue to be overcome for the health of the nation's children.

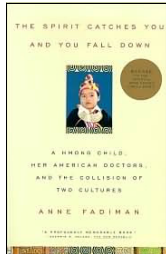


Christine Binder is a 1st year Public Health Nutrition Candidate.

Collision of Cultures by Jonathan Reid

"It felt as if there was this layer of Saran Wrap...and they were on one side...and we were on the other...we were reaching and reaching and could kind of get into their area, but we couldn't touch them" (p 48). Differences in culture, language and literacy can have a drastic delay or can even prevent the restoration of health. Such clashes have been important issues in the field of public health. This is the world depicted in author Anne Fadiman's book [The Spirit Catches You and You Fall Down](#). She conveys these themes through the life of a Hmong family in Merced, California and their encounters with Western culture.

The collision of cultures resulting in a delay of proper medical care is an important issue in public health. In her book, Nao Kao and Foua Lee struggle to keep their customs and values in a society that has no place

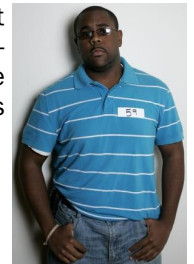


for them. In their culture, the soul is an important part of the human existence and it must be preserved at all costs. When Lia, the daughter of Nao Kao and Foua, first exhibited the symptoms of epilepsy, her parents regarded it as evidence of her soul being scared away from her body. In fact, Hmong-English dictionaries translate "epilepsy" as *quag dab peg*, literally meaning "the spirit catches you and you fall down."

The collision of cultures is also seen in language barriers. The instructions of the healthcare professional are not always clear in English, let alone a foreign language. Unfortunately, there are not always literal translations for either party, and certain matters are often left ambiguous and unsettled. Nao Kao and Foua are shown countless times how to "properly" (according to Western principles) care for their daughter. However, their daughter's medical

condition showed their failure to complete the assigned tasks. While this was partly due to their cultural beliefs, the lack of clarity in the language was an unfortunate contribution.

In an effort to foster communication, more doctors should be at least familiar with foreign languages. A next step, would be the employment of more interpreters in local hospitals. Interpreters would act as a third party and help expedite the process of receiving healthcare. With regards to the Lee family, having an interpreter present at every visit possibly could have changed Lia's outcome.



Jonathan Reid is a 1st year International Public Health candidate.

Columbia HIV/AIDS Panel by Surkhab Peerzada

I was honoured to attend a panel on various challenges to HIV/AIDS testing at Mailman School of Public Health at Columbia University on September 11. Dr. Ronald Bayer moderated this panel which included Dr. Futterman of the Adolescent AIDS Program, Ms. Knox of the HIV Law Project, Ms. Elcock of the Harlem United Community AIDS Center, and Mr. Cohen of the Open Society Institute. They mapped the local and global debate and tactfully addressed the ethical, moral, and social discourses surrounding HIV/AIDS testing.

The panellists referred to Article 27-f of the New York State legislation. The Act now makes it possible to provide consent forms to patients without conducting 45 minute long pre-and post test counselling sessions. Theoretically speaking, this has made

provision of test much less time-consuming and thereby much more accessible. However, the dilemma herein is the consequence of test results: stigma, fear, isolation, financial burden, moral obligation to inform patient's sexual partners, etc. One of the ways to prevent the spread of the disease is to find out those missing numbers who are unaware of their status. A quick and dirty process like this will bring providers and public health practitioners closer to that goal. However, the obvious and irksome question remains: what about the social, emotional, and mental consequences for the individual?

HIV/AIDS testing is an issue that pits public health concerns against human rights; an issue tweaked and highlighted by the panellists. I find myself agreeing with Mr. Cohen

who called for an enabling environment to precede widespread dissemination of the HIV/AIDS testing. I encourage all of you to look up Article 27-f as well as the May 2007 UNAIDS-WHO guideline on HIV/AIDS testing.



Surkhab Peerzada is a 1st year International Public Health Candidate

Alumni and Staff

Looking at the Class of 2008:

With 1st year and 2nd year students searching for internships and jobs after graduation, take a look at current positions and employers of the MPH 2008 class for some ideas of what an MPH degree offers you.

Position, Employer

Clinical Research Coordinator, Mount Sinai School of Medicine
Patient Educator/Intake Counselor, Westside Women's Health pavilion
Research Intern, Harlem United Community AIDS Center
Assistant in Clinical Microbicides—HIV/AIDS Program, Population Council
Project Assistant, IRX Therapeutics, Inc.
Research Analyst, Xcenda/Amerisource Bergen Speciality Group
Research Associate, NY Memory and Health Aging Services
Project Coordinator, Memorial Sloan Kettering Cancer Center
Research Assistant, Bayer HealthCare Pharmaceuticals
Clinical Dietician, North Shore University Hospital
Health Literacy Director, "I Have a Dream" Foundation

Student and Faculty Publications and Achievements

Student News

The following alumni passed the CPH exam <http://www.publichealthexam.org/>:

Ruthie Aerts, MPH, January 2008
Catherine Hill, MPH, January 2008
Alena Kolychkina, MPH, August 2008
Erin Rampe, MPH, May 2008
Eileen Sabino, MPH, May 2008

MPH Candidate '10 Dana Sarnak, was appointed as a Princeton University Project '55 Fellow. The Public Health Fellowship is at the Norwalk Community Health Center, where she works with the Norwalk Early Childhood Committee as a special projects coordinator.

MPH Candidate '09 Ghalib Al-Jibara, submitted an abstract and got accepted for a poster presentation at the Unite for sight conference at Yale university next April. The abstract is titled, "Is the prevalence of cardiovascular disease risk factors increasing in rural India? An analysis of the population of Kuppam in rural South India."

Student Publications

Jessica Lorenzo, MPH, May 2006

Wisnivesky JP, **Lorenzo J**, Lyn-Cook R, Newman T, Aponte A, Kiefer E, Halm EA. Barriers to adherence to asthma management guidelines among inner-city primary care providers. *Ann Allergy Asthma Immunol* 2008 Sep;101(3):264-70.

Joseph Palamar, MPH, January 2006 (current PhD student)

Palamar, J.J., Mukherjee, P.P., & Halkitis, P.N. (2008). A longitudinal investigation of powder cocaine use among club drug using gay and bisexual men. *Journal of Studies on Alcohol and Drugs*, 69(6), 806-813.

Halkitis, P.N., Mukherjee, P.P., & **Palamar, J.J.** (2008). Longitudinal modeling of methamphetamine use and sex behaviors in gay and bisexual men. *AIDS & Behavior*.

Newton, T., Reid, M., De La Garza, R., Mahoney III, J., Abad, A., Condos, R., **Palamar, J.**, et al. (2008). Evaluation of the subjective effects of aripiprazole and methamphetamine in methamphetamine dependent volunteers. *The Intl J of Neuropsychopharmacology*, 11(8), 1037-1045.

Faculty Publications

James Macinko

Shi, L. and **J. Macinko**. 2008. CHANGES IN MEDICAL CARE EXPERIENCES OF RACIAL AND ETHNIC GROUPS IN THE UNITED STATES, 1996-2002. *International Journal of Health Services*, 38 (4):653-670.

Diana Silver

Beth C. Weitzman, Tod Mijanovich, **Diana Silver**, Caitlyn Brazill. "If you build it, will they come? estimating the demand for after school programs in America's distressed cities". *Youth and Society*. September 2008.

Beth Dixon

Dixon LB. Updating the healthy eating index to reflect current dietary guidance. *J Am Diet Assoc*. 2008 Nov;108(11):1837-42.

Faculty Grants

Dixon LB. Evaluation of whether NYC group daycares meet new city-mandated physical activity policies using observational and objective methods. Funding Agency: Robert Wood Johnson Foundation Active Living Research. Amount: \$34,967. Time Period: April 2008 - August 2009.

Dixon LB. Evaluation of new physical activity and nutrition policies for group daycares in New York City. Funding Agency: Robert Wood Johnson Foundation Healthy Eating Research initiative. Amount: \$100,000. Time Period: September 2007 - December 2008.

In November, **Dr. Beth Dixon** became chair of the Food and Nutrition Section of the American Public Health Association, serving an interest group of approximately 800 food and nutrition professionals in the U.S. She also became chair of the Association of Graduate Programs in Public Health Nutrition.

CONGRATULATIONS!

Home for the Holidays: Compiled by Rose Chang

As academic nomads, we move around between schools, cities, and countries—during this, many of us have created portable, mini-versions of our own “homes” to carry around with us in our transiency—a collection of things we do, eat and think about when we want to feel the comfort of “home.” Dedicated to the pursuit of comfort and relaxation (two things that are sorely missed during exam weeks), hopefully the next pages will inspire all of us to do a little extra thing or two during the upcoming holidays and winter break. We hope that everyone enjoys their well-deserved time off after finals and gets to spend some downtime doing what it is that makes them feel at-home!

HOME COOKING

With Rekha Rejagopal

Q: What food makes you think of home?

A: Gulab jamun is a very popular sweet in India and it happens to be my favorite. It makes me think of home because my mom would make it for my birthday.

Rekha Rejagopal is a 2nd year International Community Health MPH Candidate



HOME COOKING

With Amy Schultz

Pastel de Choclo:

Chilean Corn & Meat Pie

Serves 12

- 6 large ears of corn, grate the kernels
- 8 leaves of fresh basil, finely chopped
- 1 tsp. salt
- 3 tbsp. butter
- 1/2-1 cup milk
- 4 large onions, chopped
- 3 tbsps. oil
- 1 lb. (1/2 kg) finely ground lean beef
- Salt and pepper to taste



Gulab Jamun:

Sweet dumplings with saffron infused syrup

Yield: 15-35 pieces (depending on size of dumpling)

Ingredients for gulab jamun:
1 packet of milk powder (1 cup)
½ cup of all purpose flour
Couple of pinches of baking soda
½ stick of butter (softened)

Simple Syrup:
3 cups of water
2-3 cups of sugar
Few pinches of saffron

Combine all the dry ingredients and soften butter into a bowl.
Mix all of the ingredients with enough milk to make the dough (roughly ¼ cup)
Dough should be crumbly but easily shaped into a ball.

Note: Use a little butter on your hands to keep dough from sticking to your palms.

Roll the dough into small balls (cherry size)
Deep fry in medium low temperature till the gulab jamun become evenly browned. To do this, you must continuously roll the dumplings in the hot oil.

After frying, remove and drain excess oil from the dumplings.

While the dumplings are frying, prepare the simple syrup. Just boil the water and sugar together and a few pinches of saffron threads. Reduce temperature to low or medium low once the water reduces and forms syrup.

Place the dumplings into the warm syrup. Let them sit in the syrup for 20-30 minutes before serving.

For garnish, add crushed pistachios or sweetened coconut.



- 1 tsp. ground cumin
- 4 hard-boiled eggs, sliced
- 1 cup black olives 1 cup raisins
- 12 pieces of chicken, browned in hot oil, seasoned with salt, pepper and cumin
- 2 tbsps. confectioners' sugar

Heat the grated corn, chopped basil, salt and butter in a large pot. Add the milk little by little, stirring constantly until the mixture thickens. Cook over low heat for 5 minutes. Leave to one side while you prepare the meat filling.

Fry the onions in oil until transparent, add the ground meat and stir to brown. Season with salt, pepper and ground cumin.

To prepare the pie use an oven-proof dish that you can take to the table. Spread over the bottom of the dish the onion-ground meat mixture. Arrange over this the hard boiled egg slices, olives and raisins.

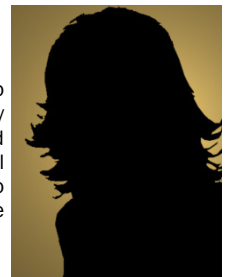
Put the chicken pieces on top, bone the chicken if you like. Cover the filling with the corn mixture. Sprinkle the confectioners' sugar over the top.

Bake in a hot oven 400 Deg. F (205 Deg. C) for 30-35 minutes until the crust is golden brown. Serve at once. In Chile more sugar is served to sprinkle over the "pastel" as it is eaten.

Q: What food makes you think of home?

A: Pastel de Choclo reminds me of my husband's family and Chile. This is a traditional meal that Chileans use to celebrate independence day.

Amy Schultz is a 2nd year Community Public Health MPH Candidate



Home for the Holidays: Continued

Staying in the City for Break? A Guide to Winter 2008 in NYC



Holiday Windows

(Now-12/30)

Window Shopping at it's Finest...and because it's a recession and we're in public health.

NYC's department stores' giant fashion dioramas.

For a map of windows: gonyc.about.com/od/christmassignets/l/bl_xmaswindows.htm



Kwanzaa Fest

(12/28)

12pm-5pm.

NYC's biggest Kwanzaa celebration.

American Museum of Natural History.

79th St. & Central Park West.



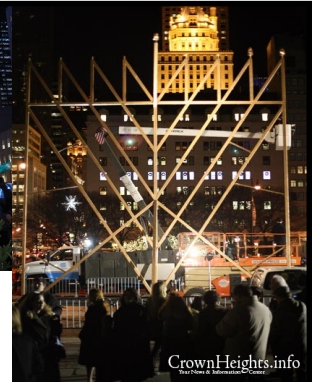
Rockefeller Christmas Tree

(Now-1/9)

This year's tree is "eco-friendly"—Who knew?

Check it out at: www.thetreenyc.com/smartTree.php

Rockefeller Center. 5th Avenue between 49th & 50th Streets.



World's Largest Hanukkah Menorah Lighting

(12/21 - 12/28)

5pm Each Night

It's 32 feet tall!! Grand Army Plaza. 59th Street & 5th Avenue.



kidsnightonbroadway.com

Kids' Night on Broadway

(Buy tickets now for shows on 2/3 and 2/4)

For those of you who want to treat your favorite kid(s) to a Broadway show, check out KNOB.

Kids free with a paying adult for select shows Feb 3 & 4th. Tickets on sale now!

kidsnightonbroadway.com/kids.php



Ice Skating

If you're gonna be cold, you might as well OWN the cold. There are plenty of places to ice skate in the city. \$4+

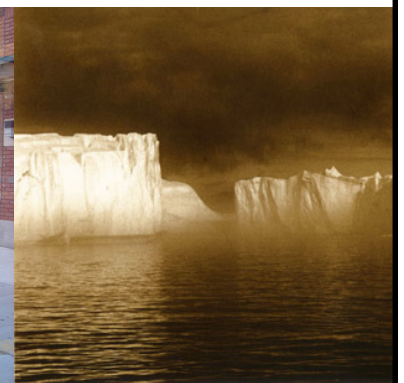


NYC Restaurant Week 2009

(Jan 18-23 & 25-30)

When else will you get to eat a three-course meal at the city's top restaurants for \$24.07 (lunch) and \$35 (dinner)??

Reservations open on 1/5. For a restaurant list: <http://nycgo.com/restaurantweek/index.cfm>



Polar Light at Look North Gallery

(Now-12/31)

Look North Gallery and Al Gore's The Climate Project collaborate to bring us this exhibit of images of climate change in Greenland. Photos & Drawings. For more info: www.looknorthny.com

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2008-2009 PHSG E-Board

Top row, L to R: Kim Yu, Rose Chang,
 Melissa Farfallo, Kate Rucinski, Tamar
 Adjoian, Jonathan Reid,

Bottom row, L to R: Shoshana Brown,
 Jennie Ellison, Jaughna Neilsen-Bobbit,
 Caity Warinsky and Kelly Moltzen

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 Ruiz and Lisa Kroin

A Letter from the Public Health Student Group at Steinhardt

THANK YOU to everyone who has contributed to making the work of PHSG a huge success this semester. By the hard work and dedication of those who graduated before us, we were handed a very strong foundation to build upon during the 2008-2009 academic year. With that said, this semester has been our most successful since the inception of PHSG.

This Fall, PHSG has presented a variety of events ranging in topic: career development, public health issues, and networking (social, academic and professional). These successes would not have been possible, if not for the new students who stepped up as leaders this year. They have consistently brought innovative ideas to shape and expand the programs offered by the department—which is the ultimate goal of PHSG.

Also, a large part of our success this semester should be attributed to our wonderful faculty and staff—we thank you for your willingness to engage with us critically and socially, outside of the classroom (especially given your limited free time).

Last, but not least, we thank those who have attended PHSG events and/or provided feedback regarding them. We know that everyone's lives are busy, and when interest is strong enough to put these events into your schedules, that means that we're on the right track. We hope that you'll keep attending our meetings and events in the remainder of this semester and throughout the next—our next meeting is December 3rd and there are a lot of great events in the works for Spring '09!

Have a Wonderful Winter Break & Happy Holidays!

Rose Chang, Co-President

2008-2009 PHSG EXECUTIVE BOARD:

Shoshana Brown, Co-President
 Rose Chang, Co-President/Co-Editor
 Jonathan Reid, Vice President
 Kate Rucinski, Treasurer
 Tamar Adjoian, Co-Secretary
 Caity Warinsky, Co-Secretary
 Kelly Moltzen, Communications Chair
 Kim Yu, Mentorship Chair
 Melissa Farello, Nutrition Representative
 Christine Binder, Social Chair
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The mission of the NYU Community Public Health program is to improve the health of diverse population groups at the local, national and international levels. This mission is consistent with New York University's role as a center for global education. The program prepares students to be effective public health leaders and service providers through its commitment to excellence in education, research, and community service. It promotes public health practice and professional values through graduate-level field work with community agencies, collaboration with outside agencies, and the provision of direct service to the community.