

**Department of Nutrition, Food Studies, and Public Health**  
**E33.2316.099 Community Health:**  
**A Society in Transition: Capetown, South Africa**  
**Dates: July–August (Application Deadline: March 14)**  
 Instructor(s): Sally Guttmacher, Ph.D. & Yumary Ruiz, Ph.D., MPH

**Course Description:**

The seminar examines the impact of these changes on community health. Students examine how primary health care is delivered through the South African health care system; the current distribution of infectious and chronic diseases (including HIV, TB, Malaria and various cancers) in South Africa; specific issues related to reproductive health in South Africa, including the implementation of HIV/AIDS treatment and prevention programs and issues in family planning; and shortcomings in health policy and service implementation, associated with the legacy of apartheid as well post-apartheid era developments. Students also spend one week shadowing the activities of community-based social advocacy groups or health NGO's, in order to gain insights into the important role civil society organizations play in community health in South Africa.

**Course Objectives:**

**To enable participants:**

- To acquire a better understanding of some of the priority areas in reproductive health and infectious diseases in South Africa.
- To examine key changes that have & are occurring in health policy and service delivery in South Africa, in particular in reproductive health, within the context of broader health service transformation in the country and within the context of South African history
- To gain insights into key constraints affecting changes in health policy and delivery, especially in reproductive health and in better and less resourced areas of the country.

**The objectives will be achieved by focusing on the following content areas (by week):**

**Week One:**

- Overview of some key events in S.A. history
- The transformation of the health policy and services in post-apartheid South Africa
- An overview of changes in reproductive health policy and reproductive health problems in SA
- Health and human rights
- Gender-based violence
- Men's involvement in reproductive health
- Fertility and infertility
- TB and malaria
- HIV

The course will take the form of informational inputs and discussion. In addition, there will be a site visit to public sector health services at the beginning of the second week of the course. A compilation of readings is supplied to provide background for the course content in week 1.

**Week Two:**

Students will have an opportunity to be attached to community-based organizations and shadow their activities

**Week Three:**

There will be a field trip to the province of Kwazulu-Natal where there will be a series of informational inputs, research field site visits and visits to a rural hospital and community.

**Week 4:**

Students will have an opportunity to consolidate the information and experiences obtained in the first three weeks of the course and prepare a presentation to their peers and coordinators, preferably on their attachments to organizations in week 2.

**Evaluation of Student performance:**

Students work on a group project, exploring in greater depth one of the issues discussed in class.

Evaluation of student performance is based on a group project, a log, and course participation.

Please note: This summer abroad course forms part of a credit course for the NYU summer abroad program. Attendance at ALL sessions and till the end of the course is compulsory unless the student has liaised and received approval from the student liaison/one of the coordinators for missing a session.

**Draft schedule New York University: Summer Abroad Program, International Community Health, Cape Town, South Africa: University of Cape Town, July/August 2008**

**Orientation programme:**

	<b>Friday 4<sup>th</sup> July</b>	<b>Saturday 5<sup>th</sup> July</b>	<b>Sunday 6<sup>th</sup> July</b>
	<p><b>Orientation session : 1pm</b></p> <p><b>Evening: Group Dinner at Bo-Kaap Kombuis 7:30 (Transport arranged - Koornhoop &amp; Freeland lodges depart at 7pm)</b></p>	<p><b>Township tour</b></p> <p><b>11 am – to be collected Koornhoop &amp; Freeland lodges</b></p>	<p><b>Free time</b></p>

**NYU Schedule, Week 1: Reproductive health: Transitions in Health Care Delivery,  
University of Cape Town 2008**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Wk 1</b>	<b>7<sup>th</sup></b>	<b>8<sup>th</sup></b>	<b>9<sup>th</sup></b>	<b>10<sup>th</sup></b>	<b>11<sup>th</sup></b>
<b>a.m</b>	<p><b>S1: Overview of South African History (10.30 – 11.30 a.m)</b></p> <p><b>TEA (11.30–11.45 a.m)</b></p> <p><b>S2: An overview of contemporary South African politics – (12-1 pm)</b></p>	<p><b>S4: The transformation of health policy and services in post-apartheid South Africa (9 – 10.30 am)</b></p> <p><b>TEA (10.30-11 am)</b></p> <p><b>S5: 14 Years of Democracy in South Africa: Documenting Transformation in Reproductive Health Policy (11-12 noon)</b></p> <p><b>Overview of Reproductive Health delivery services – (12-1pm)</b></p>	<p><b>S8: Fertility Matters, Part 1: Contraception &amp; Termination of Pregnancy (9-10.30 am)</b></p> <p><b>S9: Fertility Matters, Part 2: Infertility (11 am – 1 pm)</b></p>	<p><b>HEALTH CENTRE SITE VISITS</b></p>	<p><b>S13: HIV/AIDS AIDS mortality in S.A (9a.m - 10.30 a.m)</b></p> <p><b>TEA (10.30 - 11a.m.)</b></p> <p><b>Anti-retroviral treatment programs (11 am –12pm)</b></p> <p><b>The impact of Traditional Healers on ARV treatment in S.A (12 noon – 1pm)</b></p>
<b>1- 2p.m</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH (1.30-1.30 pm)</b>
<b>p.m</b>	<p><b>S3: Race and Class in S.A (2-4pm)</b></p>	<p><b>S7: Men and gender issues: HIV/AIDS and Gender-based violence (9am - 11am)</b></p>	<p><b>S10: Gender – based violence in S.A: Part 1- Domestic violence (2 – 3pm)</b></p> <p><b>S11: Gender – based violence in S.A: Part 2- Sexual violence (3-4.30 pm)</b></p>	<p><b>S12: Infectious diseases: TB &amp; Malaria (2 – 4pm)</b></p>	<p><b>- Overview of HIV programs and PMTCT programs in W.Cape (1.30-2.30/3pm)</b></p> <p><b>Organisations of PLWHAs: Advocacy and support programs 3 p.m – 4pm</b></p>

- S1: South African History: Prof. Howard Phillips, Dept of History, University of Cape Town,
- S2: An overview of contemporary South African politics: Prof Lungisile Nsebeza, Dept of Sociology UCT, and HSRC
- S3: Race and Class in S.A – Prof Jeremy Seekings, Dept of Sociology and Centre for Social Science Research, UCT
- S4: The transformation of health policy and services in post -apartheid South Africa: Lucy Gilson
- S 5: Overview of Reproductive Health policy changes & problems in S.A: Dr Di Cooper, Women’s Health Research Unit, SOPH, UCT
- S6: Overview of reproductive health services in W.Cape: Mr Koena Nkoko, Dept of Provincial Health
- S7: Men and gender issues: HIV/AIDS and gender-based violence: Dean Peacock, Co-Director & colleagues, Sonke Gender Justice
- S8: Gender-based violence in South Africa: Part 1 – Domestic Violence: Dr N Abrahams & S Mathews, Gender & Health Unit, MRC
- S9: Gender-based violence in South Africa: Part 1 – Sexual violence: Ms Dee Smythe, Gender Health & Justice Unit, UCT
- S10: Fertility Matters, Part 1: Contraception and Termination of Pregnancy: Dr Di Cooper
- S 10: Fertility Matters Part 2: Infertility: Dr Tamtam Mtambese, Dept of Obstetrics & Gynaecology, UCT ? –& Ms Thandi Mqamqo
- S11: Infectious diseases Part 1: TB: Dr David Coetzee, Infectious Diseases and Epidemiology Unit, SOPH and Family Medicine, UCT
- S12: Infectious diseases Part 2: Malaria: Prof. Karen Barnes, Pharmacology Dept, UCT
- S13 : HIV
- HIV/AIDS mortality in South Africa: Mr David Bourne, Infectious Diseases & Epidemiology Unit, SOPH and Family Medicine, UCT
  - ARV treatment programs: Dr Meg Osler, School of Public Health and Family Medicine, UCT
  - ARV’s & Traditional Healers/Medicine: Sumaya Mall, Women’s Health Research Unit, SOPH, UCT
  - Prevention of Perinatal transmission of HIV programs: Unathi Mahlali ; -Organisations of PLWHAs: Advocacy and support programs - Nono Eland, Treatment Action Campaign;
- S10: Documentary photography session: Paul Weinberg, Head, Centre for the archives and documentary photography, UCT

**NYU Schedule, Week 2: Community/NGO/Health Service placements**

<b>Monday 14<sup>th</sup> July</b>	<b>Tuesday 15<sup>th</sup></b>	<b>Wednesday 16<sup>th</sup></b>	<b>Thursday 17<sup>th</sup></b>	<b>Friday 18<sup>th</sup></b>
<b>Documentary Photography session a.m</b>	<b>NGO/ Community based organisational placements</b>	<b>NGO/ Community based organisational placements</b>  <b>Group dinner at 7pm: Feedback on placements</b>	<b>NGO/ Community based organisational placements</b>	<b>NGO/ Community based organisational placements</b>

### NYU Schedule, Week 3: Kwazulu-Natal

Monday 21 <sup>st</sup> July	Tuesday 22 <sup>nd</sup> July	Wednesday 23 <sup>rd</sup> July	Thursday 24 <sup>th</sup> July	Friday 25 <sup>th</sup> July	Sat 26 <sup>th</sup> July & Sun 27 <sup>th</sup>
<p>Travel to Durban</p> <p>arrive by 11.30 am</p> <p>Site visit: Valley Trust Project</p> <p>Stay over in Valley or a Thousand Hills area</p>	<p>Site visit to – Valley Trust Project</p> <p>Travel to St Lucia</p> <p>Stay over at Sea Sands in St Lucia</p>	<p>Travel to Hlabisa:</p> <p>Visit Hlabisa Hospital: 11.30 am – 1.30 pm</p> <p>2.30/3/30pm: social get together with Hlabisa community &amp; meet up with families</p> <p>One group stays over with families in Hlabisa/group returns to St Lucia overnight</p>	<p>Visit Silethimfundo Senior Primary School 9-11am</p> <p>Return to St Lucia</p> <p>Time off for site seeing in p.m</p> <p>Group dinner</p>	<p>Time off for site seeing</p>	<p>Time off for site seeing</p> <p>St Lucia</p>

### NYU Schedule, Week 4: Cape Town

Week 4	Monday 28 <sup>th</sup> July	Tuesday 29 <sup>th</sup>	Wednesday 30 <sup>th</sup>	Thursday 31 <sup>st</sup>
	Transport from St Lucia back to Durban airport	Project Preparation	Project Preparation	Project presentation & Evaluation of course
		↓	↓	LUNCH
				↓

#### Required Readings:

**Required Readings: Summer 2008  
Community Health: Society in Transition  
Bibliography of Articles**

**The transformation of health policy & services in post-apartheid South Africa:**

- Cooper, D., Morroni, C., Orner, P., Moodley, J., Harries, J., Cullingworth, et al. (2004). Ten Years of Democracy in South Africa: Documenting Transformation in Reproductive Health Policy and Status. *Reproductive Health Matters*, 12(24), 70-85.
- [link to be added] Klugman, B. Balancing means and ends – population policy in South Africa.
- [link to be added] Jewkes, R. & Rees, H. (2005). Dramatic decline in abortion mortality due to the Choice on Termination of Pregnancy Act. *SAM*, 95(4).

**Men & gender issues: HIV/AIDS & gender-based violence:**

- Peacock, D. (2005). Urgency and optimism: masculinities, gender equality and public health. *Agenda*, 146-153.
- Peacock, D., Khumalo, B. & McNab. (2006). Men and gender activism in South Africa: observations, critique and recommendations for the future. *Agenda*, 69, 71-81.
- Peacock, D. & Levack, A. (2004). The Men as Partners Program in South Africa: Reaching men to End Gender-Based Violence and Promote Sexual and Reproductive Health. *International Journal of Men's Health*, 3(3), 173-188.

**Gender-based violence in South Africa:**

- Abrahams, N., Jewkes, R. & Laubsher, R. (1999). "I Do Not Believe In Democracy In The Home" Men's relationships with and abuse of women. *CERSA (Women's Health) Medical Research Council*, 1-20.
- Jewkes, R. & Abrahams, N. (2002). The epidemiology of rape and sexual coercion in South Africa: an overview. *Social & Science Magazine*, 55, 1231-1244.
- Jewkes, R., Gumedde, T., Westaway, M.S., Dickson, K., Brown, H. & Rees, H. (2005). Why are women still aborting outside designated facilities in metropolitan South Africa? *BJOG: an International Journal of Obstetrics and Gynaecology*, 112, 1236-1242.
- Watts, C. & Zimmerman, C. (2002). Violence against women: global scope and magnitude. *The Lancet*, 359, 1232-1237.

**Fertility Matters**

- Brown, H.C., Jewkes, R., Levin, J., Dickson-Tetteh, K. & Rees, H. (2003). Management of incomplete abortion in South African public hospitals. *BJOG: an International Journal of Obstetrics and Gynaecology*, 110, 371-377.
- Cooper, D., Dickson, K., Blanchard, K., Cullingworth, L., Mavimbela, N., von Mollendorf, C., et al. (2005). Medical abortion: The possibilities for introduction in public sector in South Africa. *Reproductive Health Matters*, 13(26), 35-43.
- Dyer, S.J., Abrahams, N., Hoffman, M. & van der Spuy, Z.M. (2002). Infertility in South Africa: women's reproductive health knowledge and treatment-seeking behaviour for involuntary childlessness. *Human Reproduction*, 17(6), 1657-1662.
- Dyer, S.J., Abrahams, N., Mokoena, N.E. & van der Spuy, Z.M. (2004). You are a man because you have children': experiences, reproductive health knowledge and treatment-seeking behaviour among men suffering from couple infertility in South Africa. *Human Reproduction*, 19(4), 960-967.
- Jewkes, R., Rees, H., Dickson, K., Brown, H. & Levin, J. (2005). The impact of age on the epidemiology of incomplete abortions in South Africa after legislative change. *BJOG: an International Journal of Obstetrics and Gynaecology*, 112, 355-359.

**Infectious Diseases: TB & Malaria**

- [link to be added] Global tuberculosis control. (2007). South Africa. *WHO Report*.
- WHO, The Global Plan to Stop TB 2006-2015, Global tuberculosis control – surveillance, planning, financing. (2007). [http://www.who.int/tb/publications/global\\_report/en/index.html](http://www.who.int/tb/publications/global_report/en/index.html)
- Putting Malaria on the Map. Malaria in Southern Africa. [http://www.malaria.org.za/Malaria\\_Risk/General\\_Information/general\\_information.html](http://www.malaria.org.za/Malaria_Risk/General_Information/general_information.html)

**HIV/AIDS**

2006 AIDS Epidemic Update. *Global Summary*.

- Cooper, D., Bracken, H., Myer, L., Zweigenthal, V., Harries, J., Orner, P., et al. (2005). Reproductive intentions and choices among HIV-infected individuals in Cape Town, South Africa: Lessons for reproductive policy and service provision from a qualitative study. *Population Council*, 1-6.
- Cooper, D., Harries, J., Myer, L., Orner, P., & Bracken, H. (2007). "Life is still going on": Reproductive intentions among HIV-positive women and men in South Africa. *Social Science & Medicine*, 65, 274-283.
- Coovadia, H., Rollins, N., Bland, R., Little, J., Coutsooudis, A., Bennish, M., et al. (2007). Mother-to-child transmission of HIV-1 infection during exclusive breastfeeding in the first 6 months of life: an intervention cohort study. *The Lancet*, 369, 1107-1116.
- HIV & AIDS and STI Strategic Plan for South Africa 2007-2011. (2007). 20-44.
- McIntyre, J. (2003). Mothers infected with HIV. *British Medical Bulletin*, 67, 126-135.
- Orner, P. (2006). Psychological impacts on caregivers of people living with AIDS. (2006). *AIDS Care*, 18(3), 236-240.
- Pienaar, D., Myer, L., Cleary, S., Coetzee, D., Michaels, D., Cloete, K., et al. (2006). Models of Care for Antiretroviral Service Delivery. Cape Town: University of Cape Town.
- Sawires, S., Dworkin, S., Fiamma, A., Peacock, D., Szekeres, G., & Coates, T. (2007). Male circumcision and HIV/AIDS: challenges and opportunities. *The Lancet*, 369, 708-713.
- Schneider, H., Blaauw, D., Gilson, L., Chabikuli, N. & Goudge, J. (2006). Health Systems and Access to Antiretroviral Drugs for HIV in Southern Africa: Service Delivery and Human Resources Challenges. *Reproductive Health Matters*, 14(27), 12-23.

**Traditional Healing:**

Nattrass, N.(2006). The quest for healing in South Africa's age of AIDS. Centre for Social Science Research: Working Paper no.155