Department of Nutrition, Food Studies, and Public Health
E33.2316.099 Community Health:
A Society in Transition: Capetown, South Africa
Dates: July–August (Application Deadline: March 14)
Instructor(s): Sally Guttmacher, Ph.D, & Yumary Ruiz, Ph.D., MPH

Course Description:
The seminar examines the impact of these changes on community health. Students examine how primary health care is delivered through the South African health care system; the current distribution of infectious and chronic diseases (including HIV, TB, Malaria and various cancers) in South Africa; specific issues related to reproductive health in South Africa, including the implementation of HIV/AIDS treatment and prevention programs and issues in family planning; and shortcomings in health policy and service implementation, associated with the legacy of apartheid as well post-apartheid era developments. Students also spend one week shadowing the activities of community-based social advocacy groups or health NGO’s, in order to gain insights into the important role civil society organizations play in community health in South Africa.

Course Objectives:
To enable participants:
- To acquire a better understanding of some of the priority areas in reproductive health and infectious diseases in South Africa.
- To examine key changes that have & are occurring in health policy and service delivery in South Africa, in particular in reproductive health, within the context of broader health service transformation in the country and within the context of South African history
- To gain insights into key constraints affecting changes in health policy and delivery, especially in reproductive health and in better and less resourced areas of the country.

The objectives will be achieved by focusing on the following content areas (by week):

**Week One:**
- Overview of some key events in S.A. history
- The transformation of the health policy and services in post-apartheid South Africa
- An overview of changes in reproductive health policy and reproductive health problems in SA
- Health and human rights
- Gender-based violence
- Men's involvement in reproductive health
- Fertility and infertility
- TB and malaria
- HIV

The course will take the form of informational inputs and discussion. In addition, there will be a site visit to public sector health services at the beginning of the second week of the course. A compilation of readings is supplied to provide background for the course content in week 1.

**Week Two:**
Students will have an opportunity to be attached to community-based organizations and shadow their activities.

**Week Three:**
There will be a field trip to the province of Kwazulu-Natal where there will be a series of informational inputs, research field site visits and visits to a rural hospital and community.

**Week 4:**
Students will have an opportunity to consolidate the information and experiences obtained in the first three weeks of the course and prepare a presentation to their peers and coordinators, preferably on their attachments to organizations in week 2.

Evaluation of Student performance:
Students work on a group project, exploring in greater depth one of the issues discussed in class.
Evaluation of student performance is based on a group project, a log, and course participation.

Please note: This summer abroad course forms part of a credit course for the NYU summer abroad program. Attendance at ALL sessions and till the end of the course is compulsory unless the student has liaised and received approval from the student liaison/one of the coordinators for missing a session.
Draft schedule New York University: Summer Abroad Program, International Community Health, Cape Town, South Africa: University of Cape Town, July/August 2008

Orientation programme:

<table>
<thead>
<tr>
<th>Friday 4&lt;sup&gt;th&lt;/sup&gt; July</th>
<th>Saturday 5&lt;sup&gt;th&lt;/sup&gt; July</th>
<th>Sunday 6&lt;sup&gt;th&lt;/sup&gt; July</th>
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<tbody>
<tr>
<td>Orientation session: 1pm</td>
<td>Township tour</td>
<td>Free time</td>
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<tr>
<td>Evening: Group Dinner at Bo-Kaap Kombuis 7:30 (Transport arranged - Koornhoop &amp; Freeland lodges depart at 7pm)</td>
<td>11 am – to be collected Koornhoop &amp; Freeland lodges</td>
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NYU Schedule, Week 1: Reproductive health: Transitions in Health Care Delivery, University of Cape Town 2008

<table>
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<tr>
<th>Wk 1</th>
<th>Monday</th>
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<td>7th</td>
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<td>9th</td>
<td>10th</td>
<td>11th</td>
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<td></td>
<td>S1: Overview of South African History (10.30 – 11.30 a.m)</td>
<td>S4: The transformation of health policy and services in post-apartheid South Africa (9 – 10.30 am)</td>
<td>S8: Fertility Matters, Part 1: Contraception &amp; Termination of Pregnancy (9-10.30 am)</td>
<td>HEALTH CENTRE SITE VISITS</td>
<td>S13: HIV/AIDS mortality in S.A (9 a.m - 10.30 a.m)</td>
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<td></td>
<td>TEA (11.30–11.45 a.m)</td>
<td>TEA (10.30-11 am)</td>
<td>S9: Fertility Matters, Part 2: Infertility (11 am – 1 pm)</td>
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<td>TEA (10.30 -11 a.m.)</td>
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<td>S2: An overview of contemporary South African politics – (12-1 pm)</td>
<td>S5: 14 Years of Democracy in South Africa: Documenting Transformation in Reproductive Health Policy (11-12 noon)</td>
<td>Overview of Reproductive Health delivery services – (12-1pm)</td>
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<td>Anti-retroviral treatment programs (11 am –12pm)</td>
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<td>The impact of Traditional Healers on ARV treatment in S.A (12 noon – 1pm)</td>
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<td>1-2p.m</td>
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<td>LUNCH (1.30-1.30 pm)</td>
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<td>p.m</td>
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<td></td>
<td>- Overview of HIV programs and PMTCT programs in W.Cape (1.30-2.30/3pm)</td>
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<td>S3: Race and Class in S.A (2-4pm)</td>
<td>S7: Men and gender issues: HIV/AIDS and Gender-based violence (9am - 11am)</td>
<td>S10: Gender – based violence in S.A: Part 1-Domestic violence (2 – 3pm)</td>
<td>S12: Infectious diseases: TB &amp; Malaria (2 – 4pm)</td>
<td>Organisation s of PLWHAs: Advocacy and support programs 3 p.m – 4pm</td>
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<td>S11: Gender – based violence in S.A: Part 2- Sexual violence (3-4.30 pm)</td>
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S1: South African History: Prof. Howard Phillips, Dept of History, University of Cape Town,

S2: An overview of contemporary South African politics: Prof Lungisile Nsebeza, Dept of Sociology UCT, and HSRC

S3: Race and Class in S.A – Prof Jeremy Seekings, Dept of Sociology and Centre for Social Science Research, UCT

S4: The transformation of health policy and services in post-apartheid South Africa: Lucy Gilson

S5: Overview of Reproductive Health policy changes & problems in S.A: Dr Di Cooper, Women’s Health Research Unit, SOPH, UCT

S6: Overview of reproductive health services in W.Cape: Mr Koena Nkoko, Dept of Provincial Health

S7: Men and gender issues: HIV/AIDS and gender-based violence: Dean Peacock, Co-Director & colleagues, Sonke Gender Justice

S8: Gender-based violence in South Africa: Part 1 – Domestic Violence: Dr N Abrahams & S Mathews, Gender & Health Unit, MRC

S9: Gender-based violence in South Africa: Part 1 – Sexual violence: Ms Dee Smythe, Gender Health & Justice Unit, UCT

S10: Fertility Matters, Part 1: Contraception and Termination of Pregnancy: Dr Di Cooper

S10: Fertility Matters Part 2: Infertility: Dr Tamtam Mtambese, Dept of Obstetrics & Gynaecology, UCT – & Ms Thandi Mgqamqo

S11: Infectious diseases Part 1: TB: Dr David Coetzee, Infectious Diseases and Epidemiology Unit, SOPH and Family Medicine, UCT

S12: Infectious diseases Part 2: Malaria: Prof. Karen Barnes, Pharmacology Dept, UCT

S13: HIV
-HIV/AIDS mortality in South Africa: Mr David Bourne, Infectious Diseases & Epidemiology Unit, SOPH and Family Medicine, UCT
-ARV treatment programs: Dr Meg Osler, School of Public Health and Family Medicine, UCT
-ARV’s & Traditional Healers/Medicine: Sumaya Mall, Women’s Health Research Unit, SOPH, UCT
-Prevention of Perinatal transmission of HIV programs: Unathi Mahlati – Organisations of PLWHAs: Advocacy and support programs - Nono Eland, Treatment Action Campaign;
S10: Documentary photography session: Paul Weinberg, Head, Centre for the archives and documentary photography, UCT
NYU Schedule, Week 2: Community/NGO/Health Service placements

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<tr>
<th>Monday 14&lt;sup&gt;th&lt;/sup&gt; July</th>
<th>Tuesday 15&lt;sup&gt;th&lt;/sup&gt;</th>
<th>Wednesday 16&lt;sup&gt;th&lt;/sup&gt;</th>
<th>Thursday 17&lt;sup&gt;th&lt;/sup&gt;</th>
<th>Friday 18&lt;sup&gt;th&lt;/sup&gt;</th>
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<tbody>
<tr>
<td>Documentary Photography session a.m</td>
<td>NGO/Community based organisational placements</td>
<td>NGO/Community based organisational placements</td>
<td>NGO/Community based organisational placements</td>
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Group dinner at 7pm: Feedback on placements
NYU Schedule, Week 3: Kwazulu-Natal

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<tr>
<th>Monday 21st July</th>
<th>Tuesday 22nd July</th>
<th>Wednesday 23rd July</th>
<th>Thursday 24th July</th>
<th>Friday 25th July</th>
<th>Sat 26th July &amp; Sun 27th</th>
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<tbody>
<tr>
<td>Travel to Durban</td>
<td>Site visit to –</td>
<td>Travel to Hlabisa:</td>
<td>Visit Silethimfundo</td>
<td>Time off for site</td>
<td>Time off for site seeing</td>
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<tr>
<td>arrive by 11.30 am</td>
<td>Valley Trust</td>
<td>Visit Hlabisa</td>
<td>Senior Primary</td>
<td>seeing</td>
<td>seeing</td>
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<td></td>
<td>Project</td>
<td>Hospital: 11.30 am -</td>
<td>School 9-11am</td>
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<td>Site visit:</td>
<td>1.30 pm</td>
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<td></td>
<td>Valley Trust</td>
<td>2.30/3/30pm: social</td>
<td>Return to St</td>
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<td></td>
<td>Project</td>
<td>get together with</td>
<td>Lucia</td>
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<td>Hlabisa community &amp;</td>
<td>Time off for</td>
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<td>meet up with</td>
<td>site seeing in</td>
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<td>families</td>
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<td>Stay over in</td>
<td>Stay over at</td>
<td>One group stays</td>
<td>Group dinner</td>
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<td>Valley or a</td>
<td>Sea Sands in St</td>
<td>over with families</td>
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<td>Thousand Hills</td>
<td>Lucia</td>
<td>in Hlabisa/group</td>
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<td>returns to St Lucia</td>
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NYU Schedule, Week 4: Cape Town

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<tr>
<th>Week 4</th>
<th>Monday 28th July</th>
<th>Tuesday 29th</th>
<th>Wednesday 30th</th>
<th>Thursday 31st</th>
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<tr>
<td></td>
<td>Transport from</td>
<td>Project</td>
<td>Project</td>
<td>Project</td>
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<td>St Lucia back to</td>
<td>Preparation</td>
<td>Preparation</td>
<td>presentation</td>
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<td>Durban airport</td>
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<td>LUNCH</td>
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Required Readings:
Required Readings: Summer 2008
Community Health: Society in Transition
Bibliography of Articles

The transformation of health policy & services in post-apartheid South Africa:
[link to be added] Klugman, B. Balancing means and ends – population policy in South Africa.

Men & gender issues: HIV/AIDS & gender-based violence:

Gender-based violence in South Africa:

Fertility Matters

Infectious Diseases: TB & Malaria

**HIV/AIDS**


**Traditional Healing:**