DEPARTMENT OF NUTRITION, FOOD STUDIES & PUBLIC HEALTH

DOCTORAL OF PHILOSOPHY (Ph.D.) DEGREE IN NUTRITION & DIETETICS

(Curriculum Code HOND-Ph.D.)

2011-2012

Niyati Parekh, Ph.D., M.S., Nutrition and Dietetics Program Director

To request further information or to make an appointment with a faculty advisor:

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Please visit our website:  http://steinhardt.nyu.edu/nutrition/

9/2010
NUTRITION AND DIETETICS (HOND)
DOCTOR OF PHILOSOPHY DEGREE, 2010-2011

INTRODUCTION
The Department of Nutrition, Food Studies, and Public Health offers an interdisciplinary program of advanced study in nutrition and dietetics that prepares graduates for teaching, research, administrative, and leadership positions in academic, public health, government, industry, and other institutions.

Detailed explanations of The Steinhardt School of Culture, Education, and Human Development requirements for the doctorate are provided in the Handbook of Doctoral Study, available from the Office of Graduate Studies, and The Steinhardt School of Culture, Education, and Human Development Graduate Bulletin (see below).

For further information, contact:
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ADMISSION
(DEADLINE TO SUBMIT ALL APPLICATION MATERIALS TO THE STEINHARDT GRADUATE ADMISSIONS OFFICE IS DECEMBER 15, 2010)

The Steinhardt School of Culture, Education, and Human Development ADMISSION REQUIREMENTS (minimum)

1. Undergraduate or master's degree from an accredited institution
2. Competitive applicants typically have a combined Graduate Record Examination (GRE) score of at least 1200.
3. TOEFL scores (international students only). Successful candidates typically score 600 on the paper-based exam; 250 on the computer-based exam; or 100 on the internet-based exam.
4. Current resume or curriculum vitae, including information about:
   a. Previous academic training in nutrition or dietetics and the undergraduate or master's level
   b. Previous work experience in nutrition or dietetics
   c. Potential to make a contribution to the profession
5. Statement of Purpose (about 500 words) explaining:
   a. Why you are applying to the doctoral program
   b. Your career goals and how doctoral training will help you achieve these goals
   c. How doctoral work will help you contribute to the profession
6. Three letters of recommendation from employers, former professors, or professional colleagues who have observed your work

SELECTION CRITERIA
In addition to the above requirements, acceptance into HOND-Ph.D. Nutrition and Dietetics program requires:

- One prior degree in nutrition or dietetics.
- Overall GPA > 3.5 in at least one prior academic degree program
- Prior professional work or research experience related to departmental programs
- Clear focus/goals expressed by applicants through the application and interview process

Extra consideration will be given for peer-reviewed publications and grants by applicants.
Expectations of Doctoral Students:

- Departmental participation including Fall and Spring doctoral seminar
- Engagement in research project development
- Teaching experience and curriculum development
- Candidacy examination and grant proposal in second year
- Work with a primary mentor and secondary advisor

Review by doctoral faculty begins in February, when applications reach the department. Applicants who pass an initial screening will be invited to interview with specific faculty members in person or by telephone. Admission is highly selective. The decision is based on availability of faculty and their research interests, as well as on the full range of admission criteria.

APPLICATION PROCEDURES

1. Request application materials and a copy of the Bulletin from:

Office of Graduate Admissions
New York University • The Steinhardt School of Culture, Education, and Human Development
82 Washington Square East, 3rd Floor
New York, NY 10003-6644

Or — Download an application from: [http://steinhardt.nyu.edu/graduate_admissions/](http://steinhardt.nyu.edu/graduate_admissions/)

2. Send to that office: the completed application form checked for the doctoral program in Nutrition and Dietetics, two copies of official transcripts, GRE scores, personal statement, three letters of recommendation, current resume, and any other pertinent credentials, along with the current application fee.

3. The final deadline for submission of all materials is December 15 (no exceptions) for Fall admission.

4. All applicants to full-time doctoral study will automatically be considered for Steinhardt Fellowships for Doctoral Study teaching assistantships or graduate assistantships (TA/GA positions).

5. Applicants for part-time doctoral work who are interested in adjunct teaching should mention that interest in their statement of purpose.

FINANCIAL AID

Financial aid is available to U.S. citizens; apply through Graduate Admissions. For further information, please visit the Financial Aid website at [http://steinhardt.nyu.edu/financial_aid/](http://steinhardt.nyu.edu/financial_aid/).

DEGREE REQUIREMENTS (see the following page for specific requirements)

Academic prerequisites: Some preparatory academic work may be required in addition to the minimum specialization requirements for the degree; the need for such work is determined in consultation with an advisor.

<table>
<thead>
<tr>
<th>Points</th>
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</thead>
<tbody>
<tr>
<td>Foundation courses in nutrition and dietetics</td>
</tr>
<tr>
<td>Cognate study (by advisement) - Course related to, but not in your specialized field of study</td>
</tr>
<tr>
<td>Research methods courses</td>
</tr>
<tr>
<td>Dissertation proposal seminar</td>
</tr>
<tr>
<td>Departmental doctoral seminar *</td>
</tr>
<tr>
<td>Specialization courses (by advisement)</td>
</tr>
</tbody>
</table>

* Additional credits of E33.3098 Departmental Doctoral Seminar (1) as required to maintain matriculation

** Students matriculating with previous graduate work or master's degrees may be held for fewer credits.
**Dissertation requirements:**
- Departmental candidacy examination, which includes a written and oral examination
- Preparation and defense of a research proposal
- Development and completion of a doctoral-level research project
- A written thesis (dissertation) about the research project
- A final oral examination on the dissertation research project

**DOCTORAL CURRICULUM**
This curriculum is an example. All course requirements are determined in consultation with the student's advisor.

**Foundations Courses in Nutrition and Dietetics**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>E33.2139</td>
<td>Advanced Nutrition: Protein, Fats &amp; Carbohydrates</td>
<td>3</td>
</tr>
<tr>
<td>E33.2144</td>
<td>Advanced Nutrition: Vitamins &amp; Minerals</td>
<td>3</td>
</tr>
<tr>
<td>E33.2192</td>
<td>Nutritional Epidemiology</td>
<td>3</td>
</tr>
<tr>
<td>E33.2061</td>
<td>Research Applications</td>
<td>3</td>
</tr>
</tbody>
</table>

If equivalent courses have been taken previously, you may select from:
- E33.2207 Seminar in Advanced Nutrition
- E33.2178 Nutrition Assessment Methods for Research
- E33.xxxx Other advanced level nutrition classes

**Cognate Study (by advisement)**
- Graduate level course related to, but not in your field of study

**Research Methods Courses - these may include:**
- Research Methods courses offered by Department or School:
  - [http://steinhardt.nyu.edu/humsocsci/interdepartmental/courses](http://steinhardt.nyu.edu/humsocsci/interdepartmental/courses)
- Research Methods courses offered by other schools at NYU or as part of the Inter-University Doctoral Consortium
  - [http://gsas.nyu.edu/page/grad.scholarlyprograms.interuniversitydoctoralconsortium.html](http://gsas.nyu.edu/page/grad.scholarlyprograms.interuniversitydoctoralconsortium.html)
- Prerequisite courses to research methods courses
- Fieldwork seminars
- Foreign language courses
- Other research skills courses

**Proposal Seminar**
- E10.3001 or E10.3002 Dissertation Proposal Seminar

**Departmental Doctoral Seminar**
- E33.3098 Departmental doctoral seminar

**Specialization (by advisement)***

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Points</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>18</td>
</tr>
</tbody>
</table>

Total: 54 points*

Registration is required in any semester in which a student is not registered for at least one 3-point course.

*Students matriculating with previous graduate work or master's degrees may be held for fewer credits as determined in consultation with the Director of the Nutrition and Dietetics Doctoral Program and faculty advisor.*
SAMPLE PLAN TO COMPLETE
DOCTORAL PROGRAM IN NUTRITION AND DIETETICS

<table>
<thead>
<tr>
<th>Fall (12 cr)</th>
<th>Spring (12 cr)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 1</td>
<td></td>
</tr>
<tr>
<td>Biostatistics I (3 cr)</td>
<td>Biostatistics II (3 cr)</td>
</tr>
<tr>
<td>Advanced Nutrition I (3 cr)</td>
<td>Advanced Nutrition II (3 cr)</td>
</tr>
<tr>
<td>Research Methods course (3 cr)</td>
<td>Research Applications (3 cr)</td>
</tr>
<tr>
<td>Cognate Studies class (3 cr)</td>
<td>Elective (3 cr)</td>
</tr>
<tr>
<td>Doctoral Seminar (0 cr)</td>
<td>Doctoral Seminar (0 cr)</td>
</tr>
</tbody>
</table>

Benchmarks
- Satisfactory completion of coursework (24 credits)
- Gain experience working on a research project
- Year 1 paper: write review paper and present to doctoral seminar; review paper in FS
- Teaching assistance for research courses in the department
- Faculty evaluation/review at end of year

| Year 2                      |                                 |
|-----------------------------|                                 |
| Fall (12 cr)                | Spring (12 cr)                  |
| Research Course (6 cr)      | Research Course (6 cr)          |
| Nutrition Epidemiology (3 cr) | Dissertation Proposal Course (3 cr) |
| Elective (3 cr)             | Elective (3 cr)                 |
| Doctoral Seminar (0 cr)     | Doctoral Seminar (0 cr)         |

Benchmarks
- Satisfactory completion of coursework (24 credits)
- Year 2 paper: Analysis of secondary data suitable for publication (present to doctoral seminar) or Dean’s grant or conference presentation or journal/book reviews
- Teaching assistance for research courses in the department or teaching course or section
- Spring or Summer of year 2: Candidacy Exam and Faculty review/evaluation
- Faculty evaluation/review at end of year

*The goal is to complete 48 credits at the end of the 2nd year*

| Year 3                      |                                 |
|-----------------------------|                                 |
| Benchmarks                  |                                 |
| Doctoral Seminar (1 cr)     | Doctoral Seminar (1 cr)         |
| Satisfactory completion of coursework (6 credits) |
| Identify committees members for dissertation research |
| Presentations of research projects (year 1 or 2 papers and/or other work) at a national conference, co-author on refereed paper or author of book review for a scholarly journal |
| Dissertation proposal defense Spring/Summer of year 3 (or later on advisement) |
| Develop proposal for dissertation funding/support (after proposal defense – may occur in year 4) |
| Expanded teaching experience |

| Year 4                      |                                 |
|-----------------------------|                                 |
| Benchmarks                  |                                 |
| Doctoral Seminar (1 cr)     | Doctoral Seminar (1 cr)         |
| Satisfactory progress on dissertation research |
DOCTORAL DEGREE PROCESS

1. Identify your temporary faculty advisor. This advisor will help you select courses and get started on the degree process.

2. Every semester: Attend E33.3098 Doctoral Seminar for 0 credits. Register for the course for 1 credit in every semester in which you are not attending at least 3 credits of coursework. (This course substitutes for Doctoral Advisement fee).

3. Begin taking Foundation Courses in Nutrition and Dietetics and Research Methods courses.

4. Select the doctoral advisor who will chair your dissertation committee and supervise your research.

5. Select and begin work on a topic for your dissertation research.

6. Take courses in your specialization and in cognate studies (related to but not in your field of specialization), and other requirements.

7. Doctoral Candidacy Examination: arrange to take when you have completed at least 18 - but not more than 36 - credits of coursework. Two months prior to the candidacy exam, develop a reading list and seek feedback from faculty advisor and other faculty members who will serve on your candidacy exam committee.

8. Doctoral Committee: select and request official appointment of committee chair from the department plus two additional NYU faculty members; meet at least once with full committee.


11. Complete coursework and conduct and complete dissertation research.

12. Analyze data and write dissertation with guidance and approval by committee members.

13. Submit approved dissertation to Office of Graduate Studies and register for final oral examination by committee members and two outside reviewers.