

IKUKO ACOSTA, Ph.D., ATR-BC, LCAT

CURRICULUM VITÆ

EDUCATION

- Ph.D. Arts and Humanities
Dissertation Title: "A Dynamic Approach to the Interpretation of Artwork by Psychiatric Patients Based upon the Aesthetic Theories of Rudolph Arnheim" New York University
September 2001
- M.A. Art Therapy New York University
October 1981
- B.A. Major in Fine Arts, Minor in Psychology Rutgers University
June 1966

PROFESSIONAL EXPERIENCE

Current Position

Steinhardt School of Culture, Education, and Human Development, New York University

Clinical Assistant Professor September 2002 - present

Director of The Graduate Art Therapy Program

Direct the Graduate Art Therapy Program: admissions, advising students, scheduling, hiring and budgeting for adjunct faculty, planning and implementing curricula, overseeing the internship program, and teaching graduate courses in Art Therapy. Create Symposia, workshop series and other professional/educational events.

Previous Administrative Positions

Steinhardt School of Culture, Education, and Human Development, New York University

Program Coordinator, The Graduate Art Therapy Program June 1998 – May 2002

Coordinator, School Based Art Therapy Program September 1997 - present

Coordinated the Art Therapy Programs at P.S. 51 and P.S. 307: setting up and hiring art therapists, arranging interning students and providing clinical supervision.

Adjunct Instructor September 1983 - May 1998

Assistant to the Program Director: coordinating the internship program, advising students, assisting with the admission procedure.

Teaching

<u>Steinhardt School of Culture, Education, and Human Development</u> New York University	September 1983 - Present
Courses: Art for Art Therapists, Pictorial and Sculptural Analysis, Art Therapy with Groups, Research in Art Therapy, Final Project (Thesis writing) in Art Therapy, Internship Supervision Seminar in Art Therapy, Supervision Techniques in Art Therapy.	
<u>Sparkill, New York</u>	October 2009
Assessment methods for art therapy students.	
<u>Cape Town, South Africa</u>	August 2009
Three week Internship practicum for art therapy students	
<u>Ayacucho, Peru</u>	August 2008
Three week Internship practicum for art therapy students	
<u>Moshi, Tanzania</u>	August 2007
Three week Internship practicum for art therapy students	
<u>Rai University, Delhi, India</u>	March 2007
“Introduction to Art Therapy” for Business, Economics and Media students	
<u>La Salle College, Singapore.</u>	March 2006
Assessment methods for art therapy students.	
<u>New York University Medical School, New York, N.Y.</u>	Spring 2001 and 2004
“Introduction to Art Therapy”. Five-week lecture series consisting of didactic, experiential and clinical materials, was attended by twenty-two medical students.	
<u>Torino School of Art Therapy, Torino, Italy.</u>	July 2002
Art Therapy Assessment	
<u>Won Kwang University, Sanbon, Korea.</u>	January 2002
“Pictorial Interpretation” to art therapy students.	
<u>Il Porto, Torino School for Clinical Training, Torino, Italy.</u>	Summers 1989, 1994, 1996
“Art Therapy with Adults” and “Art Therapy Assessments”.	
<u>Vermont College of Norwich University, Montpelier, VT.</u>	Summer 1997
“Art Therapy with Adolescents”. to art therapy students.	
<u>Paterson Board of Education, Paterson, N.J.</u>	February 1967 - May 1981
Elementary School Teacher-grades 3 to 8	

Consulting

- Edna Manley College, Kingston, Jamaica April 2009 - current
Consulting to develop Art Therapy program
- Chai University, Seoul, Korea October 2008
Contributing Faculty
- Burapha University, Thailand June, 2007
Consulting to develop Asia Pacific Art Therapy Center
- Creative Art Therapy Services for the Elderly. January 2004 - present
Consult and oversee this privately funded Art Therapy Program for the Elderly.
- Won Kwang University, Sanbon, Korea. January 2002
Consulting to develop an Art Therapy Program in the Expressive Therapy Department of Won Kwang University.

Clinical Experience

- Private Clinical Supervision 1984 - Present
Clinical Supervisor.
Supervised many art therapy students and professional art therapists preparing to qualify for the title of ATR (Registered Art Therapist)
- Private Practice 1988 - Present
Art Therapist
Provide private individual art therapy sessions for young adults.
- Essex County Hospital Center, Cedar Grove, N.J. June 1981- May 1998
Art Therapist, for and team member in the Admission Unit.
Evaluated and treated the newly admitted patients using the art therapy assessments.
- Devereux Deerhaven School, Chester, N.J June 1987 - September 1990
Art Therapy Consultant for adolescent girls with emotional disturbances and substance abuse problems in a residential facility.

Lectures and Presentations

- St. Thomas Aquinas College, Sparkill, NY November 2009
Presentation of Art Therapy Assessment
- Korean Creative Arts Therapy Conference, Seoul, Korea October 2008
Keynote Speaker
- American Art Therapy Conference, Albuquerque, New Mexico November 2007
Panel Presentation
- Rai University, Delhi, India March 2007
Guest Lecturer

<u>CATC (Creative Arts Therapy Conference)</u> , Tokyo, Japan. Keynote Speaker: "Principles of Art Therapy in Practice"	October 2006
<u>Brapha University and Silpakorn University</u> , Bangkok, Thailand Keynote Speaker: "Introduction to Art Therapy and Its Cross Cultural Application"	March 2006
<u>La Salle College</u> , "Globalization of Art Therapy Practice". Singapore Keynote Speaker and workshop leader	March, 2006
<u>New York University Symposium</u> , "Art as Therapy with Children". N.Y., N.Y. Moderator for the Panel discussion on Edith Kramer	December, 2005
<u>New York University Creative Arts Symposium</u> , N.Y., N.Y. Moderator, "Symposium: The Creative Arts Therapies' Response to 9/11".	2002
<u>International Mental Health and Artistic Creativity Symposium</u> , Ankara, Turkey. "Pictorial Analysis of Artwork Created by Psychiatric Patients".	November 2002
<u>Nordic Art Therapy Conference</u> , Reykjavik, Iceland Art Therapy Assessments", and conducted experiential workshops.	1996
<u>New York University Galletin Division</u> , N.Y., N.Y. "How to Assess the Artwork Produced by Psychiatric Patients".	1993 to 1996
<u>New York Art Therapy Association</u> , N.Y., N.Y. "Pictorial Analysis of Psychotic Art".	1992
<u>Art Institute of Chicago</u> , Chicago, IL. Conducted workshop "Copying the Patients' Artwork"	1990
<u>Garden State Art Therapy Association</u> , New Jersey "Pictorial Analysis of Psychotic Art".	1990
<u>Harlem Hospital</u> , N.Y., N.Y. "Pictorial Manifestations of Psychosis".	1989
<u>Woodhull Hospital</u> , Brooklyn, N.Y. Art Assessment used in In-Patient Psychiatric Unit	1987
<u>Jacobi Hospital</u> , Bronx, N.Y. "Art as a Diagnostic Tool".	1986
<u>Annual Art Therapy Conference</u> , Miami, Florida Presentation: "Art Therapists as a Third Hand"	1985
<u>Annual Art Therapy Conference</u> , Washington, DC Presentation: "Non-Structured Art Therapy Assessment".	1984
<u>Essex County Hospital Center</u> , Cedar Grove, N.J. "A Case Study: A Schizophrenic male patient".	1983

PUBLICATIONS

Articles

“Art Therapy Education in the US” in *Creative Arts Therapies*. (2008), Tokyo, Japan: Filmart Publishing Co.

“Rediscovering the Dynamic Properties Inherent in Art”, *American Journal of Art Therapy*. Vol.39, February 2001

Book Reviews

Book Review of *Creative Arts Therapies Approaches in Adoption and Foster Care* by Donna J. Betts. *Arts and Psychology*. September 2005

Book Review of *Child Art Therapy*. 2nd Ed. by Judith Aron Rubin August 2004. *Wiley Publishers, Hoboken, N.J. (for the publisher)*

Book Review of *Trust the Process: An Artist's Guide to Letting Go* by Shaun McNiff. *American Journal of Art Therapy*. Vol.38, May 2000

PROFESSIONAL AFFILIATIONS

Committee Memberships

Editorial Committee of <i>American Journal of Art Therapy</i>	2001 - 2002
Educational Committee of the American Art Therapy Association.	2005 - 2006
Membership Committee of the American Art Therapy Association..	1981 - 1985
Paper Review Committee for ATA Annual Art Therapy Conference	1995 - 1996
Examination Committee for the Board Certification Test	1995

Professional Member of the American Art Therapy Association

Credentials

Registered Art Therapist (ATR #85-086)

Board Certified by Art Therapy Credentials Board (ID# 1287)

Licensed Creative Arts Therapist in the State of New York

LANGUAGES

Fluent in Japanese (Written and Spoken)