

NYU Steinhardt Interession Study Abroad Program, January 2013
Global Food Cultures: Mexico
Led by Dr. Carolyn Dimitri (faculty) and Christy Spackman (Program Assistant)

| Day | Activity |
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| 1 | <ul style="list-style-type: none"> • Arrival, check-in • Orientation reception in the evening |
| 2 | <ul style="list-style-type: none"> • Introduction to Puebla • Bus Tour • Lunch on Own • Bread Production--visit a local Rosca de Reyes location • Class dinner |
| 3 | <ul style="list-style-type: none"> • Breakfast as class in hotel--with conversation RE NAFTA • Centro de abastos • Lunch on own • Visit local food retail: Chedderai & Walmart (Superama) |
| 4 | <ul style="list-style-type: none"> • Lecture: Traditional food production & gender • La Preciosita • Dinner on own |
| 5 | <p>3 Kings Day-- Eat tamales in the street and have Rosca with the UPAEP faculty and staff, followed by free day.</p> |
| 6 | <ul style="list-style-type: none"> • Lecture: History of Mexican food • Visit Cholula • Lunch on own at market/ Los portales • Tour of Cholula • Museum • Pyramid + Church • Dinner on own |
| 7 | <ul style="list-style-type: none"> • Granjas Ryc • Ryc Ranch • Ryc Store • Lunch on own in the town • Ryc meatpacking plant • Dinner on own |
| 8 | <ul style="list-style-type: none"> • Barbacoa • Dinner on own |
| 9 | <ul style="list-style-type: none"> • Lecture: Food anthropologist • Lunch culinary experience at UPAEP • Free afternoon/ pack |
| 10 | <ul style="list-style-type: none"> • Check out of hotel • Visit El Calvario • Lunch • Continue on to Oaxaca • Check into hotel, short walking tour of Oaxaca • Dinner on own or Class dinner |

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| 11 | <ul style="list-style-type: none">• Breakfast at square• Visit Organic food market• Visit Tierra Del Sol Permaculture site• Visit the tequila production place, then the archeological site• Dinner on own |
| 12 | <ul style="list-style-type: none">• Breakfast on own• Late morning departure to Monte Alban• Visit Monte Alban + discussion about food production and geography of the region• Hike |
| 13 | <ul style="list-style-type: none">• Breakfast on own• Visit the coffee grower's cooperative (http://www.cepco.com.mx/)• Visit a coffee plantation• Dinner on own |
| 14 | <ul style="list-style-type: none">• Breakfast on own• Visit the Mayordomo factory• Visit a mango producer• Free afternoon/ pack• Final class dinner |
| 15 | Early departure for Mexico City |