

TAYMY J. CASO, M.A.

Doctoral Fellow
New York University
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EDUCATIONAL HISTORY

Ph.D. Student in Counseling Psychology

New York University, New York, NY

Anticipated Date of Graduation, May 2020

Master of Arts in Clinical Psychology

Teachers College, Columbia University, New York, NY

Integrative Project: Honorable Mention

May 2015

Bachelor of Arts in Psychology and Philosophy

The University of Tampa, Tampa, Florida

Honors Program, Dean's Honor List

December 2011

LANGUAGES

Bilingual Spanish

CLINICAL EXPERIENCE

Predoctoral Extern

Baruch College Counseling Center

New York, New York

August 2016 – May 2017

Supervisors: Logan Persons Jones, Psy. D; Caroline Kasnakian, Ph.D

Predoctoral Extern

Columbia University Medical Center

Adult Community Psychiatry – Rafael Tavares Treatment Team

New York, New York

July 2017 – June 2018

RESEARCH EXPERIENCE

Principal Investigator

Department of Applied Psychology, New York University

New York, New York

February 2016 – present (NYU); *January 2015 – January 2016 (Teachers College)*

Supervisor: Sumie Okazaki, Ph.D.

Transgender Identity Formation Study

This grounded theory study aims to capture individual subjective appraisals of gender identity formation, gender performativity, and authentic presentation in individuals who identify as transgender, gender nonconforming, genderqueer, gender fluid, androgynous, or non-binary, through personal narratives. IRB Protocol FY2016-41

- Supervise team of 10 research assistants working on data entry, transcription, and analysis
- Conduct substantive literature review on grounded theory, research concerning gender identity, transgender issues, and psychopathology associated with Gender Dysphoria
- Complete required training and documentation to receive IRB approval
- Produce and post recruitment flyers online and contact local LGBTQ community organizations to obtain participants to interview
- Conduct detailed, constructivist, grounded theory interviews with TGNC subjects and service providers to develop model of identity formation
- Code transcripts to analyze emerging themes and categories

Doctoral Research Assistant

Center for Health, Identity, Behavior, and Prevention Studies (CHIBPS), New York University
New York, New York

August 2015– September 2016

Supervisor: Perry Halkitis, Ph.D.

Syndemic Production Among Emergent Adult Men: Project 18

- Recruit participants for NIH-funded, P18 cohort study on syndemic production among emerging young men who have sex with men (YMSM)
- Administer the following scales to assess mental health, sexual behavior, substance use, support networks, and exposure to traumatic experiences: DSM Quick Assessment, Timeline Follow Back, Social Networks, and HIV Status Checklist to participants for P18 study
- Undergo New York State Department of Health HIV Testing training to obtain certification
- Oversee and lead transgender research initiatives on research team
- Develop and submit grant applications requesting funding to finance costs of research studies on transgender and gender nonconforming community

Research Assistant

Department of Counseling & Clinical Psychology, Teachers College Columbia University
New York, New York

July 2014 – Present

Supervisor: Melanie Brewster, Ph.D.

Understanding Consensual Non-Monogamy: A Content Analysis of Literature on Openness, Polyamory, and Beyond

- Develop list of key search terms, keywords, limiters, and subject terms for search engines (Ebscohost, JStor, etc.)
- Use Qualtrics to develop coding sheet for inclusion of articles
- Code abstracts and articles based on inclusion criteria to compile articles for content analysis
- Conducted statistical analyses to prepare manuscript for publication

Research Assistant/Lab Member

Department of Counseling & Clinical Psychology, Teachers College Columbia University

New York, New York

November 2013 – present

Supervisor: Randall Richardson, Ph.D.

Compiling and analyzing data to publish findings from four separate studies conducted at New York State Psychiatric Institute on gender disparities among diagnosis of Borderline Personality Disorder in patients meeting DSM diagnostic criteria.

- Conducted exhaustive literature review on etiology, prevalence, and diagnosis of Borderline Personality Disorder
- Used SPSS to conduct chi square tests, ANOVAs and other statistical analyses on data obtained from studies to determine findings
- Studied and analyzed codebook, including scales used for assessing symptoms and severity of BPD: SIS, CSI, SCID-II, BDI, HDI, and SIBS
- Assisted in writing a manuscript to publish results and findings of four studies

Research Assistant

Department of Counseling & Clinical Psychology, Teachers College Columbia University

New York, New York

September 2013 – May 2014

Supervisors: Dr. Barry Farber, Matt Blanchard

Lying in Psychotherapy

- Conducted extensive search of peer-reviewed articles to narrow research questions concerning why patients are motivated in therapy and how it affects therapists' perception of the client
- Performed literature review on deception in therapy to determine weaknesses in the literature
- Analyzed Self-Concealment Scale and Paulhus Deception Scale to brainstorm ideas for therapist jogger
- Used Qualtrics to combine assessment scales and compile national survey
- Posted study information on forums like Craigslist and Facebook daily to recruit participants for study
- Conducted statistical analyses on the data collect to determine significance of research findings

Research Assistant

Department of Counseling & Clinical Psychology, Teachers College Columbia University

New York, New York

July 2013 – March 2014

Supervisor: Helen Verdeli, Ph.D.

- Applied concept mapping to develop a system of inclusion and exclusion criteria in order to narrow research questions for meta-analysis on Depression
- Analyzed and implement methods from published meta-analyses to develop coding sheet
- Evaluated articles to determine if they meet inclusion criteria
- Reviewed previous research in treatment modalities for Depression to consolidate database of articles for literature review
- Coded articles from database searches to assess individual findings and statistical analyses
- Compiled a contact list of authors of grey literature to formulate knowledge base for meta-analysis

Research Assistant (Interviewer)

Department of Counseling & Clinical Psychology, Teachers College Columbia University
New York, New York

July 2013 – November 2013

Supervisors: Helen Verdeli, Ph.D.; Charlie Baily

Unaccompanied Immigrant Children Study

- Recruited Spanish speaking immigrant children and their guardians, referred by Catholic Charities, to participate in the study
- Attended weekly meetings with other interviewers in the study to maintain protocols and troubleshoot problems
- Attended training and learned to administer the Hopkins Symptom Checklist-37A for Adolescents (HSCL-37a), DISC, Child Behavior Checklist (CBCL), Adaptation & Attitude Questionnaire (A&A), Reactions of Adolescents to Traumatic Stress Questionnaire (RATS), and the Stressful life Events Questionnaire (SLE) for the Unaccompanied Immigrant Children Study
- Interviewed participants and administered battery of assessment scales to complete study protocol

Research Lab Member

Department of Counseling & Clinical Psychology, Teachers College Columbia University
New York, New York

February 2013 – August 2013

Supervisors: Laura Smith, Ph.D. Kim Baranowski, Ph.D.

Systemic Barriers to Mental Health Services Provided to Undocumented Immigrants from Mexico (UIFM)

- Examined transcribed interviews of mental health practitioners on service provision, including: systemic factors, service provision, legislation, and personal experiences associated with working with UIFM clients, to establish UIFM access to vital services
- Performed Consensual Qualitative Research, based on Clara Hill's methodology, on the interview transcripts of mental health providers to analyze data collected
- Attended weekly meeting to arrive at a consensus and determine categories/domains, core ideas, frequencies and cross-analysis on the data
- Began working on a presentation to showcase findings at the APA Convention

Research Assistant (Interviewer/Coder/Rater)

Department of Counseling & Clinical Psychology, Teachers College Columbia University
New York, New York

September 2012 – October 2013

Supervisors: George Bonanno, Ph.D. Chuck Burton, Ph.D.

Social Consequences of Prejudiced Experiences (SCOPE)

- Administered consent form to participants and explained risks of participating in the study
- Administered Life Events Questionnaire and Timeline Follow-Back to subjects in order to capture traumatic experiences and facilitate next phase of experiment
- Coded and rated the subject's facial expressions during experimental tasks and personal accounts to establish inter-rater reliability

- Conducted phone interviews and screening to determine eligibility for participation in the study
- Managed recruitment efforts and distributed fliers throughout Columbia University and surrounding colleges in order to attract qualified subjects

Intern/Research Assistant

*Department of Counseling & Clinical Psychology, Teachers College Columbia University
New York, New York*

September 2012 – May 2013

Supervisor: Dr. Laura Smith

Youth Participatory Action Research at OneWorld Middle School with a group of 15 male, seventh grade students in the Bronx.

- Provided counseling and mentorship to 15 disadvantaged, at risk boys at an approved inner city public school in the Bronx in order to conduct YPAR
- Led weekly group discussions and discussed emotional challenges group members faced to help them develop better problem-solving skills
- Completed weekly fieldwork notes to summarize group dynamics, process, interventions and report any incidents that occurred
- Attended independent supervision with Clinical Internship Coordinator to monitor progress and discuss difficulties within the group
- Attended weekly seminar to discuss counseling techniques and progress with students
- Helped organize a conference at TC for the children presented their individual group projects providing recognition for their efforts

Undergraduate Research Assistant

*Department of Psychology, University of Tampa
Tampa, Florida*

August 2009 – May 2010

Supervisor: Joseph Sclafani, Ph.D.

Conducted research on Religiosity, Adjustment, and Group Behavior in First Year Undergraduate Students: A study on religious attitudes and behaviors among first year students

- Examined and selected scales capturing religiosity and spirituality to develop study survey
- Administered survey to 100 subjects in order to assess religious attitudes and acclimation to the University environment
- Coded subject responses and analyzed data with SPSS to evaluate the strength of correlations among items in the scales
- Conducted a presentation at the Undergraduate Research Symposium for the Social Sciences at The University of Tampa to showcase findings.

Undergraduate Research Assistant

*Department of Psychology, University of Tampa
Tampa, Florida*

January 2009- May 2009

Supervisor: Jeffrey Klepfer, Ph.D.

Assisted with research on Student Autonomy in the Classroom

- Organized search of peer-reviewed articles to narrow research questions on autonomy and academic environments
- Examined and summarized research on autonomy in higher education to determine research design
- Randomly assigned participants to either the experimental group and control group to solidify experimental design
- Analyzed data with SPSS to identify whether a more autonomous classroom environment with led to higher achievement

PROFESSIONAL EXPERIENCE

Programs Administrative Coordinator

Community Language & TESOL Certificate Programs, Teachers College Columbia University
New York, New York

March 2014 – August 2015

- Developed QR codes, analytics, and materials for social media content, brochures, and other marketing materials for the CLP Office
- Used Qualtrics to develop placement exams for students, quality assurance surveys, and conduct course evaluations and surveys (html coding, java script, timing, operating system compatibility, improve technicalities, adding timers to test, submit button to skip sections in case test crashes)
- Used CMS and T4 to update CLP & TESOL Certificate Program websites with new content
- Used FileMaker Pro to develop database registry of courses offered and students enrolled in the CLP program
- Assisted Program Director and manage online CASHNET system to develop reports concerning enrollment data and program budget
- Updated student records, registration, enrollment, and placement data to maintain office ledger and accounts
- Scheduling appointments with prospective students concerning registration, courses offered, payment, policies, refunds, and certificates for completion

Computer Information Systems Helpdesk Assistant

CIS Helpdesk, Teachers College Columbia University

New York, New York

August 2013 – March 2014

- Assisted faculty and staff with user accounts, interfaces, software, and network systems to ensure functionality
- Created, serviced, and closed work requests for faculty and staff to maintain CIS Ticketing System
- Reviewed and submitted invoices to Accounts Payable for approval and filed machine warranties to process orders
- Received deliveries from Shipping and Receiving and created tickets to conduct inventory reports
- Submitted service requests to Dell to order parts, get machines replaced through warranty, and troubleshoot problems

- Reimaged computers, granted administrative rights to users, migrated data, and deployed machines to resolve user's technical issues

Account Retention Specialist

The Tampa Tribune, Media General

Tampa, Florida

August 2010 – August 2012

- Managed customer accounts, processed payments/refunds, reviewed pricing guidelines for each district, and contacted local Division Managers and Carriers to correct delivery/service problems
- Rerouted addresses in DSI system software to incorporate/change new delivery areas
- Made approximately 80 in/outbound calls per day, while maintaining monthly sales quotas/retention goals
- Reviewed vendor invoices and approved/verified sales to monitor fraud
- Helped troubleshoot technical issues with customers using newspaper applications on Kindle, iPad, and other tablets
- Trained new employees to use DSI and Oracle to assist customers

TEACHING EXPERIENCE

Instructor & Teaching Assistant

The University of Tampa, Psychology Department

Tampa, Florida

January 2010 – May 2011

- Worked as a teaching assistant during spring 2010 to train and develop curriculum for Pathways to Honors course.
- Taught two introductory honors courses to first year students to expand their knowledge of career planning and goal formation
- Collaborated with professors to set curriculum, discuss past lectures, review pending syllabus, and prepare for upcoming classes
- Held office hours to assist students in developing Four Year Plans and discuss progress
- Returned assignments to students in a timely manner to ensure grades were calculated by established deadlines

PSYCHOLOGICAL ASSESSMENT

Experienced in administering the following assessments:

Clinical Interview, HTP, WAIS-IV, WJIII, WRAT, BDI, Life Events Questionnaire, TLB, SCID-II, SIBS, Social Networks, RCFT, PAI

AWARDS

Outstanding Achievement on the Masters Essay Integrative Project, Teachers College, Columbia University, Awarded May 2015

GRANTS AND FELLOWSHIPS

1. Doctoral Fellowship, Awarded 2015-2019
2. Arthur B. Zankel Urban Fellowship \$10,000, Awarded 2012-2013

ORAL PRESENTATIONS

Caso, T.J (2017, March). Gender Identity Development, Sexual Fluidity, and Dynamic Systems Theory in practice. Guest lecture in Cross-cultural counseling graduate course. New York University, New York, New York.

Caso, T. J. (2017, April). *Dynamic Systems Model of Identity Change*. Paper accepted for presentation at the 2017 LGBTQ Scholars of Color Conference, New York, New York.

Foster, A., Geiger, E., Caso, T. J., Breslow, A., & Sawyer, J. (2015, February). *Self and Social Justice: The Benefits and Drawbacks of Hashtag Activism*. Roundtable presentation at the 32nd Annual Winter Roundtable on Cultural Psychology and Education at Teachers College, Columbia University, New York, New York.

POSTER PRESENTATIONS

Caso, T. J. (2017, April). *A Multidimensional Dynamic Systems Approach to Understanding Identity Reconfigurations*. Poster accepted at the Northwestern University National LGBTQ Health Conference Bridging Research & Practice 2017, Chicago, Illinois.

Brewster, M.E., Soderstrom, B., Esposito, J., Breslow, A.S., Caso, T.J., Arango, S., Foster, S., Geiger, E., Sandil, R., Morshedian, N., Sawyer, J. & Cheng, J. (2015, August). *Understanding "Monogamish" Relationships: A Content Analysis of Peer-Reviewed Scholarship*. Poster presented at the 2015 Annual Convention of the American Psychological Association, Toronto, Canada.

Caso, T. J. & Reyes, J.A. (2015, August). *Gender Identity Formation: A Grounded Theory Study*. Poster presented at the 2015 Annual Convention of the American Psychological Association, Toronto, Canada.

Caso, T. J. (2015, May). *Identity Formation in Gender Nonconforming Adults: A Grounded Theory Study*. Poster presented presentation at the Clinical Psychology Integrative Project Showcase, Teachers College, Columbia University, New York, New York.

Caso, T. J. (2010, April). *Religiosity, Adjustment, and Group Behavior in First Year Undergraduate students*. Poster presented at the Undergraduate Research Symposium for the Social Sciences at The University of Tampa, Tampa, Florida.

MANUSCRIPTS IN PRESS

Brewster, M.E., Soderstrom, B., Esposito, J., Breslow, A.S., Sawyer, J., N., Geiger, Morshedian,

E., Caso, T.J., Arango, S., Foster, S., Sandil, R., & Cheng, J. (2017). A Content Analysis of Scholarship on Consensual Non-Monogamies: Methodological Roadmaps, Current Themes, and Directions for Future Research. *Journal Counseling and Family Psychology*.

PUBLICATIONS

Caso, T. J. (2012). The Oppression of Women throughout the Old Testament. *Respondez! University of Tampa Honors Literary Journal*, 22, p.66-73.

PROFESSIONAL ORGANIZATIONS

Student Representative, APA Society of Counseling Psychology SLGBTI, Dec. 2015 – Dec. 2017

Member, New York State Psychological Association

Member, National Latina/o Psychological Association Student Committee, March 2017 – Present

Member, National Latina/o Psychological Association

Student Affiliate, American Psychological Association

Student Affiliate, APA Society for the Psychology of Women

Member, Psi Chi National Honor Society in Psychology

CERTIFICATIONS

New York State Department of Health AIDS Institute HIV Post Test Counseling Certificate

PROFESSIONAL QUALIFICATIONS

Software: MS Office (Word, Access, Powerpoint, Excel), SPSS, Qualtrics, Adobe CS6
Photoshop, InDesign, Dreamweaver, FileMaker Pro, Atlas.ti (Version 7 & 8), NVivo

Content Management Systems & LMS: Terminal 4 CMS, Moodle, Canvas, Blackboard

REFERENCES AVAILABLE UPON REQUEST