

# Zachary Yale Barletta

---

zachary.barletta@nyu.edu • (516) 398-0297

## EDUCATION

---

SEPT 2013 — PRESENT

### **New York University**

PH.D. CANDIDATE, COUNSELING PSYCHOLOGY, APA-ACCREDITED

DISSERTATION: The roles of nonsuicidal self-injury and substance misuse in suicide attempts among lesbian, gay, and bisexual youth (proposal approved Oct. 2016)

JUN 2017 — JUN 2018

### **Harvard Medical School/Cambridge Health Alliance**

PRE-DOCTORAL PSYCHOLOGY INTERNSHIP, APA-ACCREDITED

AUG 2009 — JAN 2013

### **Cornell University**

B.S., HUMAN DEVELOPMENT • GPA 3.91 • MAJOR GPA 4.00

## CLINICAL EXPERIENCE

---

SEPT 2016 — PRESENT

### **Psychology Extern, Kings County Hospital Center**

BROOKLYN, NY

- Provide individual and group psychotherapy for adult inpatients with psychosis, affective disorders, substance use disorders, acute suicidality, and complex trauma histories (Spring 2017 rotation)
- Conducted neuropsychological testing throughout behavioral health and medical units, provided patients and care providers feedback and wrote integrated reports (Assessments Administered: RBANS; NAB; DRS-2; WMS-IV; D-KEFS; WAIS-IV; CVLT-II; MoCA; Fall 2016 rotation)
- Co-facilitate inpatient cognitive-behavior therapy (CBT) for psychosis groups
- Participate in weekly case conference and training seminar, including a 15-week didactic series on Exner scoring and interpretation of the Rorschach

Supervisors: Sagiv Ashkenazi, Psy.D.; Damaliah Gibson, Ph.D.; Elena Osroy, Ph.D.

JULY 2015 — JUN 2016

### **Psychology Extern, The Addiction Institute of New York, Mount Sinai West Hospital, Young Adult & College Program**

NEW YORK, NY

- Provided culturally-competent, individual, integrative psychotherapy to a caseload of 6 outpatients with substance use and co-occurring psychiatric and health issues; ages 18-62

- Co-facilitated twice weekly, outpatient, process group for college students and young adults with substance use and co-occurring psychiatric issues
- Conducted 2 intake assessments weekly for outpatient clinic, and decided upon appropriate modality and level of treatment
- Facilitated Crystal Clear groups (process groups for gay & bisexual men actively using crystal methamphetamine) and general addiction-focused intensive outpatient groups as needed
- Conducted psychodiagnostic testing, provided patients and mental health care providers feedback and wrote integrated reports (Assessments Administered: Rorschach, TAT, PAI, WAIS-IV)

Supervisor: January Massin, Ph.D.

SEPT 2014 — MAY 2015

### **Psychology Extern, Pace University Counseling Center**

NEW YORK, NY

- Provided culturally-competent, individual, relational psychotherapy to a caseload of 6 clients; ages 18-21
- Conducted two intakes assessments weekly, decided upon appropriate referrals, wrote evaluation reports, and presented cases at weekly disposition meetings
- Co-facilitated Acceptance and Commitment Therapy (ACT) stress management group weekly
- Participated in weekly staff meetings and didactic training seminars on college-relevant clinical topics

Supervisors: Regina Hund, Psy.D.; Faedra Dagirmanjian, Ph.D.

JAN 2012 — MAY 2012

### **Intake Counselor, The Door**

NEW YORK, NY

- Conducted 250 psychosocial evaluations of marginalized urban youth (ages 12-21) with a wide range of mental health correlates and concerns including: homelessness, physical and sexual abuse/assault, substance use, suicidality, and nonsuicidal self-injury
- Connected youth to in-service or other community recovery/support resources
- Participated in bi-weekly seminars and written reflections addressing youth development in the context of urban, marginalized, and multicultural communities

Supervisor: Elise Schuster, MPH

## TEACHING EXPERIENCE

---

AUG 2015 — PRESENT

### **Adjunct Instructor, New York University**

INDIVIDUAL COUNSELING SKILLS I, DEPT. OF APPLIED PSYCHOLOGY

- Facilitate didactic seminar on foundational counseling skills to masters students in Mental Health Counseling and Drama Therapy programs
- Supervise simulated video-recorded counseling dyads using Interpersonal Process Recall in a group supervision

SEPT 2016 — PRESENT

## **Teaching Assistant, New York University**

THEORIES OF PERSONALITY, DEPT. OF APPLIED PSYCHOLOGY UNDERGRADUATE PROGRAM

- Grade 80 students' written assignments, exams, and term papers
- Address students' questions, concerns and issues during twice-weekly office hours and via email
- Provide guest lectures on contemporary psychoanalytic theories of personality
- Hold review sessions for each of the three exams

Faculty Instructor: Mary Brabeck, Ph.D.

JAN 2013 — JUN 2013

## **Associate Teacher, Cornell Child Care Center**

ITHACA, NY

- Fostered individualized learning environments for 25 toddlers (18-months to 3-years old) by implementing teaching methods that catered to the distinctive cultural and developmental needs of each child
- Documented and facilitated each child's emotional, social, and cognitive development within the context of family goals and values

AUG 2011 — DEC 2011

## **Undergraduate Teaching Assistant, Cornell University**

RESEARCH METHODS, DEPT. OF HUMAN DEVELOPMENT

- Assisted 25 students with their independent research projects by aiding in statistical analyses, study designs, and literature reviews
- Supervised and mentored 7 students for the course's group and final projects
- Evaluated students' written work and provided constructive feedback for weekly assignments

Faculty Instructor: Marianella Casasola, Ph.D.

## RESEARCH EXPERIENCE

---

DISSERTATION

The roles of nonsuicidal self-injury and substance misuse in suicide attempts among lesbian, gay, and bisexual youth (proposal approved Oct. 2016)

Committee members: Arnold Grossman, Ph.D. (chair), Neil Palmer, Ph.D., Mary Sue Richardson, Ph.D.

---

SEPT 2013 — MAY 2016

## **Graduate Research Assistant, Arnold Grossman, Ph.D.**

NEW YORK UNIVERSITY, DEPT. OF APPLIED PSYCHOLOGY

*PROJECT: RISK AND PROTECTIVE FACTORS FOR SUICIDE AMONG SEXUAL MINORITY YOUTH*

- Assisted in participant retention, study design, and data management for a National Institute of Mental Health (NIMH) funded 5-year longitudinal study
- Conducted preliminary analyses for conferences and panel presentations
- Supervised undergraduate and masters students' work as research assistants

JAN 2010 — JAN 2013

## **Undergraduate Research Assistant, Ritch Savin-Williams, Ph.D.**

CORNELL UNIVERSITY, DEPT. OF HUMAN DEVELOPMENT, SEX & GENDER LAB

- Conducted 300+ interviews for empirical studies concerning sexual fluidity, personality perception, and gender non-conformity
- Recruited 500+ participants by reaching out to LGBTQ communities on campus both online and in-person
- Performed data entry & preparation, and qualitative analyses

MAY 2012 — AUG 2012

## **Undergraduate Research Assistant, Arnold Grossman, Ph.D.**

NEW YORK UNIVERSITY, DEPT. OF APPLIED PSYCHOLOGY

- Recruited participants for NIMH longitudinal study ( $n=1,142$ ) by networking at LGBTQ events in the New York area
- Managed data entry and data validation using Qualtrics software

## PANEL & POSTER PRESENTATIONS

---

- **Barletta, Z. Y.**, Frank, J. A., Belser, A., Russell, S. T., & Grossman, A. H. (2015, August). The role of nonsuicidal self-injury in suicidality among LGBQ youth. Poster session presented at the 2015 APA Conference in Toronto, ON.
- Grossman, A. H., Frank, J. A., **Barletta, Z. Y.** & Russell, S. T. (2014, November). Suicidal ideation among transgender youth. Poster session presented at 2014 APHA Conference in New Orleans, LA.
- Frank, J. A., Belser, A., **Barletta, Z. Y.**, McCutcheon, M. J., Russell, S. T., & Grossman, A. H. (2014, August). *Potential mediators explaining elevated suicide ideation among bisexual male youth*. Symposium on Bisexual Issues conducted at 2014 APA Conference in Washington, D.C.

## FELLOWSHIPS, HONORS & AWARDS

---

FEB 2016

### **Division 39 Scholar Award**

AMERICAN PSYCHOLOGICAL ASSOCIATION, DIVISION OF PSYCHOANALYSIS

Recognized for outstanding attention to issues of gender and sexual identity diversity in psychoanalytic research and clinical work

SEPT 2013 — MAY 2017

### **Steinhardt Research Assistantship**

NEW YORK UNIVERSITY

Awarded 4-years of full tuition remission and stipend for doctoral studies (\$95,885)

AUG 2015

## **Steinhardt Doctoral Student Travel Award**

NEW YORK UNIVERSITY

Awarded travel expenses to APA annual conference

AUG 2009 — JAN 2013

## **Hunter R. Rawlings III Presidential Research Scholarship**

CORNELL UNIVERSITY

Awarded grant to conduct undergraduate research (\$8,000)

OCT 2011 — JAN 2013

## **Kappa Omicron Nu**

CORNELL UNIVERSITY

Human Sciences Honor Society member

AUG 2009

## **New York Lottery Leaders of Tomorrow Scholarship**

CORNELL UNIVERSITY

Awarded merit-based tuition scholarship for undergraduate studies (\$5,000)

## PROFESSIONAL MEMBERSHIPS

---

- American Psychological Association (APA)
- APA Division 39 (Psychoanalysis)
- APA Division 44 (Society for the Study of Lesbian, Gay, Bisexual, and Transgender Issues)
- New York State Psychological Association (NYSPA)
- American Public Health Association (APHA)