

# Valerie R. Newsome

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## Education:

Ph.D., Biobehavioral Health, The Pennsylvania State University, 2013  
Dissertation: Educated and At-Risk: How the Shortage of Available Male Partners Influences HIV Risk for College-Educated African-American Women

M.S., Community/Clinical Psychology, Florida A&M University, 2006  
Thesis: The Effects of HIV Knowledge and HIV Self-Efficacy on Risky Sexual Behavior Among African-American College Students

B.S., Psychology, Magna Cum Laude, Florida A&M University, 2003

## Honors/Affiliations:

Africana Research Center Awardee, 2010-2011  
Bunton-Waller Scholarship Award Recipient, 2009 - 2013  
Ford Endowment Award for Professional Development Recipient, 2009 - 2013  
Florida A&M University, Presidential Scholars- Distinguished Scholar Award, 1999 - 2003  
(full academic university scholarship)

## Experience:

2013 – present: **Post-Doctoral Fellow**,  
National Development and Research Institutes, Inc.- New York, NY

2013 – present: **Adjunct Professor**,  
New York University  
Department of Applied Psychology- New York, NY

2013 – present: **Adjunct Professor**,  
Brooklyn College  
Department of Health and Nutrition Sciences  
Department of Psychology- Brooklyn, NY

2009 - 2013: **Graduate Research Assistant**,  
National Institute of Mental Health (NIMH) Grant: Capacity Building for Research on HIV/AIDS Stigma in South Africa  
Dr. Collins Airhihenbuwa, P.I.- The Pennsylvania State University, Department of Biobehavioral Health

Summer 2010: **Intern**,  
Chicago Women's AIDS Project (CWAP)  
Black Women's Health Disparities Campaign- Chicago, IL

2007- 2009: **HIV Prevention Counselor/Community Health Educator**,  
HIV Testing, Counseling, and Referral Services; REACH Program Supervisor;  
Facilitator of "Be Proud, Be Responsible"- Centers for Disease Control sponsored DEBI Intervention  
ActionAIDS, Inc. - Philadelphia, PA

2007- 2008: **Research Program Evaluator**,  
Substance Abuse and Mental Health Services Administration (SAMHSA) Grant:  
I.S.I.S. (Intelligent Sisters Improving Selves) HIV Prevention Research Program - Philadelphia, PA  
The Pennsylvania State University, Department of Psychology  
P.I.- Tiffany Townsend, Ph.D.

2007: **HIV Prevention Counselor**,  
Counseling and Referral Services;  
Sasha Bruce Youthworks, Inc.- Washington, D.C.

2005-2006: **Senior Administrator; Intake Coordinator; Counseling & Case Management Supervisor**,  
Mental Health Care Services, Community Intervention Center, Inc. - Tallahassee, FL

### **Funding:**

2010-2011 Principal Investigator, PSU Africana Research Center: The Role of Gender-Ratio Imbalance in HIV Vulnerability for Professional African-American Women Ages 25-34 (\$2,000)

### **Publications:**

Newsome, V. & Airhihenbuwa, C. (2013) Gender-Ratio Imbalance Effects on HIV Risk Behaviors in African-American Women- A Review. *Health Promotion Practice, 14*, 459-463.

Iwelunmor, J., Airhihenbuwa, C., Newsome, V. (2014) A Review of the PEN-3 Cultural Model and its Application in Public Health Research and Interventions. *Ethnicity and Health, 19*, 20-46.

Smith, E., Cox, J., Newsome, V., Sofolohan, Y., Airhihenbuwa, C. (2013) Measuring HIV and AIDS-related Stigma across South Africa: A Versatile and Multidimensional Scale, *Health Education and Behavior* . 1090198113515245.

Ivy, M., Newsome, V., & Aroyewun, O. (2004) Determinants of transit from marriage among African-Americans. *Journal of Black Studies, 532-547*.

### **Manuscripts in Progress:**

Newsome, V. & Airhihenbuwa, C. Gender-Ratio Imbalance and Sexual Self-Efficacy in College-Educated African-American Women: Developing a Culturally Appropriate Scale for HIV Research

HIV-Positive Women's Perceptions of Gender Differences in Treatment of Persons Living with HIV/AIDS in Family, Community, and Health Care Systems in Western Cape and Limpopo Provinces of South Africa.

### **Other Manuscripts Under Review:**

Newsome, V., Snipes, S.A., Airhihenbuwa, C. "Educated and At-Risk": How the Shortage of Available Partners Influences HIV Risk for College-Educated African-American Women. *AIDS & Behavior*.

## **Membership in Professional Societies**

Junior League of Brooklyn, 2014 - present  
National Coalition of 100 Black Women, 2009 - present  
American Public Health Association (APHA), 2009 - present  
Society of Public Health Educators (SOPHE), 2009 - present  
Association of Black Psychologists (ABPsi), 2003 - present  
Golden Key Honour Society, 2002 – present

## **Presentations:**

“Shades of Black: Investigating Within-Group Differences in African-American Women’s HIV Risk Behavior”  
Paper Presentation. American Public Health Association Annual Conference and Convention, Boston, MA,  
November 4, 2013

“College-Educated and Economically Stable African-American Women of Child-Bearing Age, 25-34: Unique  
Risk Factors of a Forgotten Population.” Poster Presentation. American Public Health Association Annual  
Conference and Convention, San Francisco, CA, October 31, 2012

“HIV-Positive Women’s Perceptions of Gender Differences in Treatment of Persons Living with HIV/AIDS in  
Family, Community, and Health Care Systems in Western Cape and Limpopo Provinces of South Africa.”  
Poster Presentation. American Public Health Association Annual Conference and Convention, Washington,  
D.C., November 1, 2011

“HIV Risk in African-American College Students: Examining Knowledge and Self-Efficacy.”  
Association of Black Psychologists Annual Conference, Chicago, IL, July 30, 2010

“Understanding HIV and AIDS Stigma from a Cultural Perspective.” GlobeMed Global Health Conference,  
State College, PA, March 27, 2010

“HIV Myths.” 2<sup>nd</sup> Annual AIDS Education Month Youth Summit, Philadelphia, PA, June 5, 2008

“Facilitating Youth Programs.” 9<sup>th</sup> Annual Prevention and Education Summit, Philadelphia, PA, June 18, 2008

“HIV and the Black Church.” The Meeting of Baptist Ministers Wives, Philadelphia, PA, March 4, 2008.

## **Teaching Experience and Training:**

### **Instructor:**

Spring 2014, “Health Psychology”  
Spring 2014, “Social and Behavioral Sciences in Public Health”  
Spring 2014, “Development and Prevention Science”  
Fall 2013, “Health Psychology”  
Fall 2013, “Crisis Intervention”  
Fall 2013, “Sexual Decision-Making and Risk-Taking in Adolescence”  
Summer 2012, “Behavior, Health, and Disease”  
Summer 2012, “Health and Human Sexuality”  
Summer 2011, “Behavior, Health, and Disease”

Teaching Assistant:

Spring 2012, "Women's Health Issues"  
Spring 2012, "Health and Human Sexuality"  
Fall 2011, "Gender and Biobehavioral Health"  
Fall 2011, "Introduction to Health and Human Sexuality"  
Spring 2011, "Behavior, Health, and Disease"  
Fall 2010, "Diversity and Health"  
Fall 2010, "Foundations and Principles of Health Promotion"

Invited Guest Lectures:

Sociocultural Applications in Public Health  
HIV 101 for College Students

**Reviewer Activities:**

Health Promotion Practice (since July 2012)

**Service:**

Mentor: Fast Start Mentoring Program, The Pennsylvania State University (2010 - 2013)  
Planning Committee Member: Society for Public Health Education (SOPHE) 2012 Annual Conference  
Planning Committee Member: Imhotep Student Research Conference 2004, Florida A&M University

**Skills and Qualifications:**

Trained in Health Research and Intervention Development using the PEN-3 Cultural Model  
Trained in Motivational Interviewing and Comprehensive Risk Counseling using the Stages of Change Model  
Trained in administration and interpretation of OraQuick and OraSure HIV tests  
Use of SPSS, experienced in data gathering, accurate data entry and analysis  
Use of NVivo, experienced in coding qualitative data and running analyses

Trained in the Administration and Interpretation of:

Beck Depression Inventory; Children's Depression Inventory; Children's Functional Assessment Rating Scale;  
Conners Parent Rating Scale; Devereaux Scales for Mental Disorders; Draw-A-Person: Emotional Disturbance  
Screening; Forer Structured Sentence Completion Test; Mental Status Examination; Minnesota Multiphasic  
Personality Inventory – II; Parent Section of the Children's Interview of Psychiatric Symptoms (PChIPS);  
Stanford-Binet V; Thematic Apperception Test; WISC-IV

