Impact of Traumatic Brain Injuries on Family Members and Their Role on the Patient Recovery

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As family members become caregivers, I have found that they experience frustration due to decreased personal time and the difficulties associated with daily management of the behavioral issues, physical disabilities, and cognitive deficits present in the individual with TBI. Moreover, family members are often unprepared and/or inexperienced in this type of caregiving role. In this presentation will offer an overview of different studies that my group have conducted around the world about the short and long term psychosocial consequences of caregiving for an individual with TBI and will present the results of a brain injury family intervention program that we created to improve individual and family functioning.