In Memoriam: Dr. Arthur J. Nelson

Dr. Arthur J. Nelson Jr., former chair of the New York University Physical Therapy Department and internationally known researcher, educator, and a consummate clinician died on Sunday, November 7, 2010 at 8 pm. Dr. Nelson earned his physical therapy certificate and BS degree (cum laude) in 1954, a MS in 1958, and a PhD in 1966 from NYU.

He began his career in the clinic as a staff physical therapist at New York Hospital in 1954. The following year, he became director of the Cerebral Palsy Unit (PS 48) at the Department of Health in New York City, and then from 1956 to 1958, served as a commissioned officer of the United States Public Health Service. He later became director of Rehabilitation at St. Vincent’s Medical Center of Richmond until 1966.

Dr. Nelson served as an instructor at NYU’s Physical Therapy program. He became an associate professor in 1969 and professor and chairperson of the Department in 1970. Of the many reasons NYU students crowded lecture halls to see Dr. Nelson, one was his legendary ability to symmetrically draw the nervous system on a chalk board using both hands simultaneously.

In 1970, the department received approval from New York State to offer a PhD degree program in physical therapy and from 1973 to 1994, Dr. Nelson served as director of Doctoral Studies in Pathokinesiology at NYU. This program, under his stewardship, produced many of the great leaders in the field today, including those who went on to have prolific research careers, build doctoral programs, or serve as editors of internationally-recognized health journals.

Later, as project director of the Doctoral Traineeship Grant for Clinical Research in Physical Therapy, from the US Department of Education’s National Institutes of Disability Research and Rehabilitation (1989-1997), Dr. Nelson was instrumental in training a whole new generation of physical therapy researchers.

In 1994, he joined CUNY as professor of biology at the College of Staten Island. Along with various other teaching appointments he held as a visiting professor at.

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1958 Arthur Rosenthal is enjoying retirement in Oceanside, NY.

1969 Mary (Gresbach) Van Hoorn (Columbia Falls, ME) celebrates her 50th year practicing physical therapy. Working now 4 days/week in home health allows Mary to also enjoy time with her 11 grandchildren. She continues to love PT as she did in the beginning of her career!

1971 Richard Poggi (Wading River, NY) is happily enjoying retirement.

1973 Richard Donovan (Vero Beach, FL) is the owner of Coastal Physical Rehabilitation, which offers outpatient services in orthopedics, neurology, vestibular balance disorders, and home health. Coastal Physical Rehabilitation is the proud recipient of the Provider Excellence Award for Top 10% Physical Therapy Clinics awarded by Network Synergy Group. The clinic has been honored with this award 3 years in a row. Plus, it is the only PT owned clinic in Sebastian, FL.

1974 Ellen (Fishman) Bodner (Great Neck, NY) has been working in private practice since 1982.

As owner of JDD Physical Therapy, Jeannie (Drukker) Davis (West Hills, CA) provides therapy specializing in chronic pain and fibromyalgia. In addition, she holds a full-time position as the manager of a patient care software team at Kaiser Permanente in Los Angeles, CA. Jeannie also enjoys spending time with her 2 granddaughters, ages 1 and 4.

1975 Eric Tulman stays occupied as the President/Owner of an outpatient orthopedic rehabilitation clinic in Hilo, HI.

1976 Susan (Jarmolowsky) Jarmel (Fayetteville, NY) is the Physical Therapy Supervisor at a 250 bed LTC/STR facility in inner city Syracuse. She recently earned her certification in Pilates instruction.

Jacki Sloan (Ridgefield, CT) currently works in an orthopedic based private practice.

1979 Mary (Stavridis) Mooney (Smithtown, NY) is excited to have completed the transitional Doctoral of Physical Therapy program at Stony Brook University this year. Her current practice activities include a full-time Visiting Nurse Service Suffolk contract with St. Mary’s Home Healthcare for Children. Her 22- and 25-year-old sons are now in undergraduate and graduate school respectively.

1979/1982 As owner of 3 physical therapy facilities in New York City, Kenneth Schlenger (White Plains, NY) celebrates his 21st year in private practice. Following in his footsteps, his eldest daughter graduated from Brooklyn College in May 2009 and is now enrolled in the Doctoral of Physical Therapy program at New York Medical College in Valhalla, NY.

1980 Arlene (Kopolsky) Katz (Marlboro, NJ) is celebrating her second anniversary at Pilates Space LLC, an Authentic Pilates Studio. As the Owner/Director of Pilates Space, Arlene teaches authentic Pilates on all of the apparatus. Her daughter, Ilana, is chief resident of neurology at Columbia Presbyterian Hospital and is pregnant with Arlene’s first grandson. In July, Ilanna will begin her MS fellowship at Mt. Sinai Hospital in NYC. Arlene’s son, Daniel, is PGY2 at Mt. Sinai Hospital in anesthesiology, and On May 30, 2010, he married Nina Gutman, who is a pharmacist working for Novatis in regulatory. Arlene’s daughter, Laura, is an NYU alumnus and is awaiting responses from medical schools for 2011.

1981 Barbara (Strauss) Marcum (Palo Alto, CA) currently works in pediatrics at a private practice in San Jose. She was recertified as a Pediatric Certified Specialist in 2009.

1982 Colonel Robert M. Lucania’s (Travis AFB, CA) Diagnostics and Therapeutics Squadron was honored with many professional awards including: 2009 AMC Nutritional Medicine Team of the Year; Outstanding Air Force Blood Bank Inspection with 3 best practices; 60th Medical Group Health and Safety Award; and 60th Medical Group Verne Orr Award for Management. Colonel Lucania was appointed as the chief consultant to the Air Force Surgeon General for physical and occupational therapy. In addition to being inducted into Hicksville High School Hall of Fame, Colonel Lucania has also joined the Lions Club and completed a sailing course in the San Francisco Bay. His wife, Ursula, continues to work as a cultural consultant and teaches on German cultural medicine. She won 3 ribbons in International Toastmasters.

1985 Michele (Stadler) Zezima (Astoria, NY) received her Master’s Degree in Pediatrics in Early Intervention from Oklahoma University and proudly presented her case study at the 2005 CSM. She currently works at Steppingstone Day School and Vitaris Rehabilitation.

NYU ALUMNUS RECEIVES HONORARY AWARD

On June 19, 2010, Patrick J. Van Beveren was honored by the American Physical Therapy Association (APTA) during the annual conference meeting in Boston, Massachusetts. Dr. Van Beveren, NYU class of 1979, received the prestigious Henry O. and Florence P. Kendall Practice Award. This award is presented only once a year and is the APTA’s only clinical practice award.

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1988 Grad Sammy Esterson and John Dugan at the last Private Practice Section meeting

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In Memoriam: Dr. Arthur J. Nelson — A ‘Father’ to the Profession

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Boston University (1972-73), Thomas Jefferson University (1991-92), and Touro College (1988-90), Dr. Nelson also owned a private practice of physical therapy that he started in 1983.

As a quinessential researcher, Dr. Nelson authored many important works including a cutting edge study on “The Relationship of Gamma De-efferentation to Tension in Skeletal Muscle” where he employed a human rather than animal model. His seminal paper, “The Functional Ambulation Profile,” published in 1974, lead to the development of an objective ambulation score that has since been adapted by clinicians and researchers worldwide.

The development of this “functional ambulation performance (FAP) score,” which provided a summary score for walking, along with the creation of a GaitRite portable walkway system, which electronically quantified temporal and spatial parameters of gait, galvanized a plethora of researchers who used his system to publish the gait characteristics in a wide range of patients. These populations included multiple sclerosis, dystonia, club foot, elders with falls, Williams syndrome, stroke, cerebral palsy, spinal muscular atrophy, Parkinson’s disease, rheumatic arthritis, fibromyalgia, diabetes, Frederick’s ataxia, children with hemophilia, Hurler syndrome, Huntington’s disease, Alzheimer’s disease, cerebellar dysfunction, and a patient with Chariot-Marie-Tooth.

In addition to his research, Dr. Nelson served on numerous advisory boards including the Editorial Board of the Journal of Orthopedic and Sports Physical Therapy, the Archives of Physical Medicine and Rehabilitation, and the Peer Review Panel of the U.S. Agency for Health Care Policy Research. He had been a Grant Reviewer for the National Institute for Disability Rehabilitation Research, as well as for the Center of Complementary and Alternative Medicine of the National Institutes of Health.

Dr. Nelson was an ardent supporter of the American Physical Therapy Association (APTA), serving on numerous task forces including chairperson of the Section on Research, chairperson of the Committee on Continuing Education of the New York Chapter, vice chairperson on the section of electrophysiological and electrokinesiological measurement (now Clinical Electrophysiology), and treasurer of the Section on Education.

Dr. Nelson had also received numerous honors and awards throughout his esteemed career. He was a Catherine Worthingham Fellow of the APTA and a Founders Day Honors Scholar at NYU (1966). He received the Distinguished Service Award from the New York Chapter of the APTA (1973), and has been listed in both Who’s Who in America, and Who’s Who in Health Care. In April 2002, Dr. Nelson was honored at NYU with the Distinguished Faculty Award during the NYU PT Department’s 75th Anniversary Diamond Jubilee.

As testimony to the NYU PT Department’s profound appreciation for Dr. Nelson’s monumental contribution to the field, the department’s human performance laboratory was named in his honor several years ago. Faculty and graduate students routinely conduct research and generate new knowledge at the department’s “Arthur J. Nelson Jr. Human Performance Laboratory,” a state-of-the-art facility with a focus in the area of pathokinesiology. Also in his honor, the department continues to bestow “The Arthur J. Nelson Award” annually to a deserving graduating student who achieves superior academic and clinical excellence and demonstrates interest and potential to be a leader in the field of electrotherapy.

The physical therapy profession, NYU’s Department of Physical Therapy, and generations of students are indebted to the vision and leadership, research and teaching, clinical talents and mentorship of this great man — a “father” to the profession of physical therapy.
BOOK CORNER:

Ann Goerdt Contributes to New Guidelines for Community-Based Rehabilitation

Launched on October 27 in Abuja, Nigeria, the Community-based Rehabilitation (CBR) Guidelines provide practical suggestions to program managers on how to develop or strengthen community-based programs that are inclusive of people with disabilities and their families.

WHO, ILO, UNESCO and the International Disability and Development Consortium (IDDC), collaborated over a period of five years to develop the guidelines. More than 180 individuals and nearly 300 organizations, the majority from low-income and middle-income countries, were involved. The guidelines are based on a new CBR matrix which includes five components — health, education, livelihood, social and empowerment — each with corresponding elements.

As a primary author and editor for the health component of the new guidelines, Ann Goerdt participated in the African Regional Meeting on Community-Based Rehabilitation, where the presentation of the guidelines occurred.

We Remember Mary Maloney Rumsey

The Physical Therapy Department mourns the passing of Mary Maloney Rumsey, a very dear and longtime friend of Dr. Marilyn Moffat and of the NYU Physical Therapy Department as well.

Mary Rumsey was born April 21, 1911 in East Norwich, NY and died on November 1, 2010. Mary attended Rutgers University, and she began her career as a social worker. On October 5, 1934, she married Charles Rumsey and remained happily married to him for over 70 years until his death in 2007. She resided in Sands Point, New York and in New York City. She is survived by her son (Charles C. Rumsey, Jr.), her daughter (Celia D. Rothbart), two granddaughters, and four great-grandchildren.

During the course of her life she became an active philanthropist supporting many worthy charitable institutions, notably the New York University Physical Therapy Department. She also sponsored the training of young women in physical therapy by providing scholarships to advance their educations. She was also an enthusiastic participant in physical therapy exercise as she did her exercise routine every day, which certainly kept her nimble and fit through her 99th year. Mary was also a patron of the arts and an avid gardener. She will be deeply missed by all of us.
Clinical Residency Program in Orthopedic Physical Therapy Launched Fall 2010!

The NYU PT Department has placed 6 residents in the new Clinical Residency Program in Orthopedic Physical Therapy. Designed so that licensed physical therapists can obtain advanced orthopedic knowledge and clinical skills, this program is part of the America Physical Therapy Association’s 2020 vision plan, which stresses the increasing need of residency/fellowship education within a doctoring profession.

Director of the program, Dr. Kevin Weaver, explains, “This program’s unique learning experience provides mentorship from orthopedic practicing physical therapists and physicians.” We are excited about the new program and are looking forward to working with the mentors at the following clinical sites:

Performance Physical Therapy – Greenwich, CT
www.humanperformanceexperts.com/home.aspx

Bi-County Physical Therapy – Williston Park, NY
www.bicountypt.com/index.html

Academy Physical Therapy – New York, NY
www.academypht.com

Park Sports Physical Therapy and Hand Rehabilitation – Brooklyn, NY
www.parksportsppt.com

Bradley & Monson Physical Therapy – New York, NY
www.bradleymonson.com

New Jersey Center for Physical Therapy – Riverdale, NJ
www.njpt.com

As part of the curriculum, the residents began taking weekend modules this fall and will continue into the spring and summer. We look forward to the residents’ successful completion of the program in September 2011.

Interested in joining the second class of residents? We are presently taking applications for the 2012 residency class: http://steinhardt.nyu.edu/pt/opt/admission. The application deadline is January 15, 2011.

NYU ALUMNUS RECEIVES HONORARY AWARD

The award was established in 1976 by the Maryland chapter to honor Henry O. Kendall and Florence P. Kendall’s exemplary contributions to the profession over more than 50 years.

Dr. Van Beveren is the supervisor of the physical therapy services at St. Camillus Health and Rehabilitation Center in Syracuse, NY and is also the author of several online courses and the co-author of a home study course and textbook chapter on exercise and aging. Dr. Van Beveren is a nationally-recognized speaker presenting on function and exercise for older adults. As a member of the APTA since 1973, he has generously given his time to serve on various committees and task forces and has been the president and treasurer of the NYPTA.

JACOB S. SCHLEICHKORN, PT, MA, PHD (1950)

Stony Brook in 1987, Jay spent 12 years as the Consulting Editor for the APTA PT Bulletin, and authored over 100 papers, 300 articles, and 6 books, including The Bobaths: A Biography of Berta and Karel Bobath. Jay was the recipient of many awards including: APTA’s Lucy Blair Award, Bobath Award, and APTA’s Helen Hislop Award for Outstanding Contributions to Professional Literature. He was also designated as a Distinguished Scholar in Residence in the Physical Therapy Program at the University of Central Florida in 2002.

Jay is survived by his wife of 60 years, Marianne; 3 sons, Raymond, Peter and Henry; 3 daughters-in-law, Deborah, Ilene and Susan; and 7 grandchildren.

Weekend Intensives In Orthopedic Physical Therapy

Advanced Physical Therapy Examination and Intervention Skills of the Musculoskeletal System

Spring 2011 Schedule

Friday 6:00 pm — 8:30 pm | Saturday 8:00 am — 5:00 pm
All classes take place at 380 2nd Avenue at 22nd Street, 4th Floor
Each module is a minimum of 11 CEUs

March 11-12, 2011
MODULE 5: Lumbar Spine
Greg Hicks, PT, PhD
Assistant Professor, Department of Physical Therapy,
University of Delaware
Registration deadline: Feb. 25

March 25-26, 2011
MODULE 6: Cervical/Thoracic Spine
Robert Rowe, PT, DPT, DMT,
MHS, FAAOMPT
Residency/Fellowship Manager,
Brooks/UNF Orthopaedic Residency
Registration deadline: Mar. 11

April 15-16, 2011
MODULE 7: Ankle/Foot
Michael S. Punliello, DPT, MS,
OCS, FAAOMPT
South Shore Physical Therapy Associates, Hingham, MA;
Adjunct Clinical Assistant Professor, MGH Institute of Health Professions
Registration deadline: Apr. 1

May 6-7, 2011
MODULE 8: Hip and SI
Michael S. Punliello, DPT, MS,
OCS, FAAOMPT
South Shore Physical Therapy Associates, Hingham, MA;
Adjunct Clinical Assistant Professor, MGH Institute of Health Professions
Registration deadline: Apr. 29

Participants may register for individual weekend modules.
Cost: $400 per module
To register, call 212 998 9414 or e-mail Anne Seaton at mas2@nyu.edu.
More information at www.steinhardt.nyu.edu/pt
Dr. Ling has published over 30 manuscripts and book chapters, conducted multiple continuing education workshops, and performed research regarding topics including evaluating gait deviations and movement changes under differing conditions. Dr. Ling’s recently published book, *Neuro Notes: A Clinical Pocket Guide*, was translated into Japanese, Indonesian, and Turkish. She also presented an abstract at the 2010 APTA annual conference and gave two international presentations in Taiwan and China this year.

### 2010 FACULTY SCHOLARLY ACTIVITIES

The PT faculty has had a successful and productive year. Dr. Smita Rao developed vibrant and productive clinical collaborations, including projects with colleagues at Polytechnic Institute of NYU, Hospital for Joint Diseases at NYU Langone Medical Center, and at the Hospital for Special Surgery. She presented her findings in four manuscripts, including two scholarly publications in *Gait and Posture* and the *Archives of Physical Medicine and Rehabilitation*. Along with her graduate students from NYU Steinhardt and NYU Poly and collaborators, she presented her research findings in 13 conference presentations over the last year. Please find a list of ongoing projects and publications at [http://steinhardt.nyu.edu/faculty_bios/view/Smita_Rao](http://steinhardt.nyu.edu/faculty_bios/view/Smita_Rao).

Dr. Greg Gutierrez continued research on biomechanics and movement sciences. In collaboration with the Foot & Ankle service at the Hospital for Joint Diseases, Dr. Gutierrez is evaluating changes in proprioception, balance, and neuromuscular control with ankle instability surgery. In 2010, he published two peer reviewed articles and presented at the annual meetings of the Gait & Clinical Movement Analysis Society (GCMAS) and American Society of Biomechanics (ASB). Find out more about Dr. Gutierrez’s scholarly activities at [http://steinhardt.nyu.edu/pt/faculty_bios/view/Gregory_Gutierrez](http://steinhardt.nyu.edu/pt/faculty_bios/view/Gregory_Gutierrez).

In addition to conducting research, NYU PT faculty is devoted to professional activities and development. Dr. Elaine Becker travels all over the tri-state area, educating clinical instructors by teaching APTA’s Nationally Credentialed Trainer Level I and II courses. As a member of the Clinical Instructor Education Board (CIEB), Dr. Becker is one of 6 individuals across the nation who oversees and manages the voluntary process of the APTA clinical instructor credentialing.

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### FROM THE CHAIR

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Clinical Residency in Orthopedic Physical Therapy program in the tri-state area. Nevertheless, it is impossible to celebrate without acknowledging those who laid the groundwork for today’s triumphs.

I sadly share the news of the loss of our former chair, dear friend, and my own mentor, Dr. Arthur J. Nelson Jr. Most of us remember Dr. Nelson as an esteemed colleague, inspirational educator, and innovative thinker. Be it the groundbreaking ideas he expressed in his written publications or his ingenious additions to methods in practice, the hallmarks of his excellence have surrounded us silently for years only to be coaxed into the spotlight as our humble means of saying “thank you” to a man who has given so much to the profession of physical therapy.

The news of his passing has touched us all in a profound way and inspired many of his former students and colleagues to rekindle their connection with their alma mater to share their fondest memories of Dr. Nelson with us. Willie Haskins (’71) extols Dr. Nelson’s classroom presence by remembering, “Not only did Dr. Nelson draw incredible anatomical images with two hands and using different colored chalks — he did so while talking, a mile a minute as we frantically took notes.” Graduate and physical therapist Elmer Platz confirms, “To this day I continue to utilize my notes and diagrams from his lectures when I require additional clarity of this material. As one of many students whom he has influenced, I know that I will never forget his contribution to my abilities to carry on the work of helping others which he loved so much.”

As Elmer explained, the essence of Dr. Nelson’s nature was his desire to help others improve their quality of life. Karen Schwarzchild is no exception to this rule. She recalls, “I was a young girl, with no money or support, from a poor family. I wanted to be a physical therapist, and Dr. Nelson interviewed me at the NYU cafeteria since I was volunteering there. I thought my chances [for admission]... were slim... I was an average student with average SAT scores. I know that he was responsible for my admission in some way.”

Karen has been practicing physical therapy for 35 years now and cites, “I will always remember Dr. Nelson fondly.... My passion was largely instigated by him.”

As an educator, he was a visionary who enabled us to question the existing methodologies in order to achieve a deeper understanding of the practice and a higher level of success in treatment. His labor provided the ideas and techniques that enabled us to surmount obstacles we once thought were insurmountable, and his vision provided the enlightenment we needed to navigate our own journey to success. As a result of Dr. Nelson’s tireless efforts, we have been fortunate enough to stand on the shoulders of a giant and see a future for physical therapy that continues to improve the quality of life of our patients. It is because of talented scholars and practitioners like Dr. Nelson that NYU’s Department of Physical Therapy continues to provide its graduates with the skills and information they need to create cutting edge practices.

We respond to grief in many different ways. As a colleague of Dr. Nelson, I am comforted by remembering his accomplishments and contributions to the profession of physical therapy. As his friend, I find solace in the words of the poet Kenji Miyazawa: “We must embrace pain and burn it as fuel for our journey.” Although Dr. Nelson’s passing has pained all of our hearts, we can all honor his memory by sharing his stories and teachings with the patients we treat, the students we instruct, the colleagues we research with, and the lives we improve. I encourage you to be a part of the continuation of his work, his memory, and his vision by remaining connected with or rekindling your connection with NYU’s Department of Physical Therapy. Please look to our website for the details of NYU DPT’s memorial tribute to Dr. Nelson.
Dr. Marilyn Moffat Continues to Advance the Profession of Physical Therapy in 2010

Presentations

“THE CHALLENGES CONFRONTING PHYSIOTHERAPY: ADVANCING THE PROFESSION AROUND THE WORLD”
Swiss Physiotherapy Association Meeting, Basel, Switzerland. Keynote Address, May 7, 2010
European Region Meeting World Confederation for Physical Therapy, Berlin, Germany. Keynote Address, May 27, 2010
Africa Region Meeting World Confederation for Physical Therapy, Ghana, Africa. Keynote Address, July 22, 2010
South America Region Meeting World Confederation for Physical Therapy, Santiago, Chile. Keynote Address, August 19, 2010
Taiwan Physical Therapy Association Meeting, Taichung, Taiwan. Keynote Address, September 26, 2010
Irish Society of Chartered Physiotherapists, Limerick, Ireland. Keynote, November 13, 2010, including the presentation, “Are We Meeting the Challenges?”

“AGE-DEFYING FITNESS”
The Princeton Club of NY, New York NY, June 8, 2010
Irish Society of Chartered Physiotherapists, Limerick, Ireland, November 12, 2010

“DIRECT ACCESS”
Europe Region Meeting World Confederation for Physical Therapy, Berlin, Germany, May 26, 2010

“PHYSICAL THERAPISTS AS EXERCISE EXPERTS WITH AGING ADULTS”
Africa Region Meeting World Confederation for Physical Therapy, Ghana, Africa, July 22, 2010

“SETTING THE STAGE: PROFILE OF AGING AMERICANS”
EXPAAC Conference, Indianapolis, Indiana, July 28, 2010

“MEETING THE NEEDS OF THE PROFESSION AS DEMOGRAPHICS CHANGE”
Australian Physiotherapy Association, Gold Coast, Australia. Keynote, October 29, 2010

Poster Presentation


Publications


Contributed to

100 Simple Things You Can Do to Prevent Alzheimer’s and Age-Related Memory Loss by Jean Carper. Little Brown, 2010.
Improve Your Posture With Exercise, Shoes by Kim Painter, USA Today September 23, 2010

Continuing Education Workshops

“PHYSICAL THERAPISTS AS EXERCISE EXPERTS FOR AGING ADULTS: EVIDENCE-BASED EXAMINATION AND EXERCISE PRESCRIPTION”
Hamad Medical Center, Doha, Qatar, January 13-14, 2010
Part I of 3 Part Series for Section on Geriatrics, Clyde NC, March 20-21, 2010
Dubai, March 26, 2010
Part 2 of 3 Part Series for Section on Geriatrics, Boston MA, April 10-11, 2010
Paramaribo, Suriname – April 24, 2010
Part 2 of 3 Part Series for Section on Geriatrics, Clyde NC, May 1-2, 2010
Basel, Switzerland, May 6, 2010
South America Region World Confederation for Physical Therapy, Santiago, Chile, August 18, 2010
Taipei, Taiwan. September 25, 2010
Lebanon Valley University, Lancaster PA, October 1, 2010
Asociacion Puertorriqueño de Fisioterapia – Puerto Rico, October 9, 2010
NY/NJ Physical Therapy Associations Annual Conference, Atlantic City, NJ, October 16, 2010
Part I of 3 Part Series for Section on Geriatrics, Des Moines, Iowa, October 23-24, 2010
Jamaica Physiotherapy Association Meeting, Jamaica, December 10-12, 2010

“BUILDING BONE HEALTH INTO YOUR PRACTICE”
Private Practice Section, APTA Annual Meeting, Washington, DC, November 3, 2010

“PHYSICAL THERAPISTS AS EXERCISE EXPERTS FOR AGING ADULTS: SPECIAL POPULATIONS, NUTRITION, MEDS, COMPLEMENTARY EXERCISES”
Part 3 of 3 Part Series for Section on Geriatrics, San Diego CA, February 16-17, 2010
Part 3 of 3 Part Series for Section on Geriatrics – Boston MA, June 19-20, 2010
Part 3 of 3 Part Series for Section on Geriatrics – Clyde, NC, September 18-19, 2010

Awards

2010 Joan Mills Outstanding Service Award, Section on Geriatrics APTA
Short Takes | News and Notes from PT Alumni

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1987 Marcy (Kantell) Wanzer (Littleton, MA) expresses her passion for kids through her work at Boston Public Schools and the Nashoba Learning Group, which is a school for autistic children.

1988 Tracy (Littman) Urvater (New City, NY) is the senior physical therapist for Rockland Orthopedics and Sports Medicine and the site supervisor in the Airmont location.

1989 Helene Widman (New York, NY) interacts frequently with NYU students during their clinical rotations as she serves as the clinical coordinator at the YAI/NYL Grumercy School. She is also completing the transitional Doctoral of Physical Therapy program at NYU.

1991 Lynn Marro (Stony Point, NY) received her Doctoral of Physical Therapy in 2009.

1998 In February of 2009, Daniel P. Tahany (Long Island City, NY) opened his own private practice, City Physical Therapy, PC, a unique practice combining his two passions: physical therapy and martial arts. housed in a 15,000 sq. foot facility, City PT contains a gym, martial arts training facility, acupuncture, massage therapy, and of course, an orthopedic/sports physical therapy practice. While City PT treats all manner of orthopedic conditions and sports injuries, it also specializes in the treatment of martial arts injuries, treating martial artists ranging from recreational participants to professional fighters.

1999 Jo-Anne (Nissen) Esposito (Oceanside, NY) is happily married with 2 kids: Michael, age 6 and Kaitlyn Hope, age 2. Jo-Anne stays busy working as the senior administrative manager at North Shore - LIJ Health System in the Department of Rehabilitation Medicine. She also oversees operations at a Physical Medicine and Rehabilitation MD practice, an outpatient physical therapy practice (STARS) and an outpatient brain injury practice (Transitions of Long Island).


On April 8, 2010, Meryl (Horowitz) Cohen (Roslyn Heights, NY) welcomed her new little girl, Lara Brooke, to the family. Lara joins her big brother, Spencer, who is almost 3 years old. Although Meryl and her husband are avid tennis players, Spencer enjoys and excels at golf. With the new addition to the family and a demanding commute, Meryl has decided to change from working part-time at New York Presbyterian Hospital-Weill Cornell Medical Center to doing per diem work. She hopes to transition to home care in Long island and start her own lymphedema practice.

While currently negotiating 2 outpatient practices in Westchester County staffed with 4 physical therapists, Ivan Hernandez (Yonkers, NY) continues to teach PT electrical and manual therapy courses at New York Medical College. He also enjoys spending time with his 2 sons: Ivan Jr., age 8 and Henry Travis, age 2. Ivan and his wife recently celebrated their 8th wedding anniversary and 16th year as a couple!

2002 In addition to celebrating the birth of his second son, Bryce, Philip Lombardo (Butler, NJ) is studying TMJ treatment under John Dunn, CCTT, FAAOMPT, who carries 37 years of experience and is the provider of choice for TMJ concerns in Northern NJ. Philip was recently designated as the first senior executive at Churchill Orthopedic Rehabilitation and is excited to welcome Jessica Schwartz to the practice in December. Jessica is currently enrolled in the NYU PT Clinical Residency Program and will be the first NYU PT resident working in all of NJ.

2006 This year has brought a lot of positive change for Juneok Park (Brooklyn, NY). His 2 year-old son, Joel, gained a new baby brother named Luke. Moreover, Juneok is proud to announce the opening of his own physical therapy practice in Brooklyn.

The clinic provides an orthopedic outpatient setting and is affiliated with the NYU Joint Disease Hospital.

Not only is Michelle Briancesco (New York, NY) a certified kinesiophobia practitioner, she also passed the Orthopedic Clinical Specialist Exam this year and is working towards Maitland and IPA certifications. Michelle works in a small, private outpatient clinic focusing on sports/orthopedics.

Petros Koulas (Cyprus) made his dreams of starting his own physical therapy practice a reality. Resigning from his position as director at Hands-On Physical Therapy in Astoria, Petros and his wife, Theodora, moved to Cyprus and opened a clinic in September. The clinic is called Physical Therapy and Nutrition Center and Theodora serves as the nutritionist on staff.

2008 Whitney (Diefendorf) Baran (New York, NY) is currently working as a pediatric physical therapist in Manhattan, which she has done since graduating from NYU. Whitney also married Jason Baran in January 2010 in NYC, where they also now happily live. She sends love to the Class of 2008!

2009 Morgan Harris (New York, NY) is working at Greenwich Hospital in the Acute Rehabilitation Department.

Stefan Schmid (Switzerland) serves as a research scientist at Bern University of Applied Sciences in Switzerland. He also has a manuscript on press at the Journal of Electromyography and Kinesiology, with NYU Faculty Dr. Marilyn Moffat and Dr. Gregory Gutierrez as co-authors. The manuscript evaluates the effect of cryotherapy on neuromuscular control.

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2010 Physical Therapy Recruitment Fair

The third annual Physical Therapy Recruitment Fair was held on April 25, 2010. Students from various physical therapy programs came alert and ready to share their resume and gain new perspective on career opportunities.

Representatives from physical therapy sites across the country eagerly shared information about their facilities, mentoring opportunities and employee benefits. The event was co-hosted by the NY/NJ Physical Therapy Clinical Education Consortium and the NYU Steinhardt School of Culture, Education, and Human Development, Department of Physical Therapy.

The overall perception of the recruiters remains positive:

Eileen Kimbell-Meaney, Human Resources, St. Josephs Healthcare System
"As always, the NYU PT Fair is a Career Fair I look forward to! I cannot think of anything to make it better. The students are always prepared and engaged and we hire students from this event every year."

Stephanie Ijadi, Recruiter, Reddy-Care Physical Therapy
"This year was my first year at the recruitment fair and I thought it was very successful. We felt that many of the students were well prepared and very eager to start working in the field. We look forward to the event again next year."

Ashley M. Eckard, Strategic Recruitment Services, Genesis HealthCare
"I thought the event was very good. I really don’t have any suggestions for improvement."

Carol Lewis, JFK Johnson Rehabilitation Institute
"Thanks again for a great fair!"

Todd Bzdewka, PT, MPT, CCCE, Mentor Services Physical Therapy Coordinator, Geriatric Residency Coordinator, Center Coordinator of Clinical Education, FOX Rehabilitation
"The job fair went very well, as always it is one of the best I attend."

Interested in participating in the 2011 Physical Therapy Recruitment Fair? Please see the back cover of this newsletter for further details.
Congratulations TO THE CLASS OF 2010

Class of 2010 Awards

C. Shante Cofield
Rachel Gibian
Emily Lesinski
Jessica Lee
Courtney Craven

ARThUR J. NELSON AWARD
For Excellence in Clinical Electrotherapy

DEPARTMENT SERVICE AWARD
For Outstanding Service to the School, Department, Faculty and Student Body

DEPARTMENT SERVICE AWARD
For Outstanding Service to the School, Department, Faculty and Student Body

ELIZABETH C. ADDOMS AWARD
For Excellence in Academic and Clinical Performance

ELIZABETH C. ADDOMS AWARD
For Excellence in Academic and Clinical Performance

Monisha Mealing*
Jamila Cleary*

2010 NYPTA MINORITY AWARD
For contributions in the areas of minority affairs and services and high scholastic achievement

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*Class of 2011
The Year in Pictures

APTA Student Conclave
Many NYU PT students enjoyed a weekend of learning at the National Student Conclave held in Cherry Hill, New Jersey.

Morning News Shows
October brings the celebration of the National Physical Therapy Month, which means the attendance of DPT students at the ABC, NBC, and CBS morning shows in effort to raise awareness of the profession of physical therapy.

Master Clinician Dinner
On May 18, 2010, NYU professors join in celebration with the clinical affiliates at the Torch Club. The dinner was in recognition of all the Master Clinicians who give their time and energy to educate the students in collaboration with the clinical education program.

New York City Marathon
NYU DPT students impact the community by volunteering at the NYC Marathon on November 7, 2010.

Third year students enjoyed a concert by Elton John and Leon Russell at the Beacon Theatre during the ABC morning show.
Become a Master Clinician and Clinical Affiliate!
We are looking for interested clinicians and sites to serve as Master Clinicians and clinical affiliates. Clinical education is an important aspect of the Doctor of Physical Therapy curriculum, and we are continuously looking for experienced clinicians to serve in these capacities. As an NYU graduate, your connection with the PT Department gives you a unique opportunity to serve as a mentor and assist current DPT students in their educational experience. By serving as a Master Clinician or clinical affiliate, you will also earn tuition credits at NYU that can be used to further your own education free of charge.

As part of NYU’s dedication to its students, the Physical Therapy Department is continuously looking to expand its network of clinical sites nationwide. Please contact our Director of Clinical Education, Elaine Becker, PT, DPT, MA, PCS at 212 998 9407 or eb2@nyu.edu to request more information.

- Prepare to sit for the clinical specialist exam offered by the American Physical Therapy Association
- Obtain advanced orthopedic knowledge and clinical skills at a top-ranked research university
- Learn about the latest developments in evidence-based orthopedic physical therapy
- Study with board-certified clinical specialists and physicians
- Complete the advanced certificate program in 12 months

Application deadline: January 15, 2011.
Pursue your goals. Be the future. Be NYU Steinhardt.
Visit www.steinhardt.nyu.edu/pt/opt or call 212 998 9413.

An Endowed Chair Honoring a Leader in Physical Therapy
To honor the extraordinary lifetime contributions of Physical Therapy Professor Marilyn Moffat, the Steinhardt School is raising $2 million to endow a chair in her name. The endowment will ensure funding in perpetuity for an outstanding professor to teach physical therapy at NYU. Many friends, patients and students of Professor Moffat have made generous contributions totaling $931,553.43 to date.

For more information about The Campaign for the Marilyn Moffat Chair in Physical Therapy, please contact Dr. Wen Ling at 212 998 9415 or wkl1@nyu.edu.

2011 ANNUAL PHYSICAL THERAPY RECRUITMENT FAIR
Sunday, March 6, 2011
New York University
Rosenthal Pavilion, Kimmel Center, 10th Floor
60 Washington Square South
A unique opportunity for health care professionals to meet with members of the health care industry!

WHO SHOULD ATTEND?
- Health care organizations
- Health care administrators
- Health care representatives
- Physical therapy students
- Practicing physical therapists interested in relocation or opportunities for upward mobility

Exhibitors must register. For pricing information, please contact Anne Seaton at 212 998 9414 or write to mas2@nyu.edu

Registration deadline: February 11, 2011. Space is limited. Registration after this date will be accepted on a space available basis.

Clinical Residency Program in Orthopedic Physical Therapy
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New York University is an affirmative action/equal opportunity institution.