Wednesday, October 9th was marked by a celebration of 85 years of excellence and leadership in NYU PT, a department that began as a small program within the School of Education in 1927.

The celebration kicked off at 6 PM on the tenth floor of NYU’s Rosenthal Pavilion with a reception that included a jazz pianist, an open wine bar, and a panoply of hors d’oeuvres. To help memorialize the event, a local artist drew caricatures of guests who agreed to sit and strike a pose. It was a time for alumni, families, and guests to rekindle friendships, catch up on stories, and enjoy the magnificent vistas overlooking Washington Square Park.

The new chair of the department, Dr. Mitchell Batavia, served as the master of ceremonies. His speech highlighted NYU PT’s 85 years of leadership in physical therapy education, and was accompanied by a slide show with rare images from the program’s 1929 bulletin, including photos of some of the program’s first faculty members, and an unearthed image of Elizabeth C. Addoms, the first NYU PT director whose tenure started in the mid-1940s. Batavia told the story of a small baccalaureate/certificate program that grew to be a department with five cutting-edge programs and over 350 clinical sites.

Lindsay Wright, associate dean for planning and communication, brought tidings on behalf of the dean’s office and helped honor three PT faculty members who have contributed significantly to NYU over the years. NYU PT honored Wen Ling for her 15 years of service as the department chair.

Faculty at the 85th anniversary celebration.
Gloria Armstrong—2004, DPT
After leaving NYC in 2008, Gloria Armstrong Paterson a wonderful physiotherapy experience working and living in London. She specialized in Women’s Health and worked at St. George’s Hospital, a leading lymphoedema diagnosis and treatment center in Europe. After three years in London, she traveled through Africa and South America and got married to Ross Paterson in New Zealand and welcomed their new baby, John Davie Paterson on March 19, 2013! Gloria and her family currently reside in New Zealand and she is looking forward to obtaining her physiotherapy registration/license in New Zealand. Gloria writes, “I am certainly grateful for the thoroughness of NYU’s Cardio/Pulm units/courses as it is apparently the main area that many US programs are usually considered to be lacking, however NYU’s program continues to be viewed as equivalent to overseas programs.”

Emil Berengut—2009, DPT
Emil Berengut, PT, DPT, MSW, OCS, CSCS, became a Board Certified Orthopaedic Specialist this year. Additionally, Berengut presented at the Combined Sections Meeting in San Diego and looks forward to participating in research and publishing.

Joshua Ettinger—2013, DPT
Congratulations to Josh Ettinger on his most recent move to Great Neck, NY! We look forward to more updates once you’ve unpacked.

Gisela Figueroa—2007, DPT
Gisela Figueroa reports she is now a certified NDT therapist and certified vestibular therapist. She is currently working with patients concerning orthopedics and neurological (including vestibular) issues at NY Presbyterian Weill Cornell Medical Center, Outpatient Physical Therapy Department.

Franca Gioia—1997, MA PT Pathokinesiology
Franca worked at NYP from 1990-2012. She is married with two children and living in the Yorkville section of Manhattan. She sees elderly patients in their homes, offering therapeutic yoga in addition to traditional manual therapy and functional mobility training. She is also working with Pledge 2 Protect, a coalition working to stop the dangerous E 91st St. Marine Transfer Station.

Rivi Har-El—2000, PhD
We are thankful that Rivi Har-El checked in and reports she is doing well. We look forward to hearing more from her in the upcoming months.

Frank Hoeffner—2011, Ortho Res
Frank Hoeffner, PT, DPT, OCS, a former resident and current mentor of our Orthopedic-Residency Program has been awarded the New York Physical Therapy Association (NYPTA) New Professional Scholarship. The award will support his travel to attend and present at APTA’s Combined Sections Meeting in Las Vegas, NV. May this be one of many more accolades to come!

Denise Hoell—1991, BS
Denise Hoell recently completed a Transitional Doctorate of Physical Therapy (May 2013) at The College of Saint Scholastica, Duluth, MN.

Susan Johnson—1980, BS
A graduate of the last NYU PT Certificate Class of 1980, Susan Johnson maintains a great interest in healthcare access issues, especially in regards to rehab services for those living in extreme poverty. She has worked for many years with a rehab projects in developing countries including Mexico, Haiti, and Guatemala.

Sandra Kaplan—1991, PhD

Kathryn Knote—2011, DPT
Katie Kadamus Knote rotated into the Inpatient Pediatric Rehab Department at Rusk Rehabilitation in July 2013 and just celebrated her two year anniversary at Rusk this October. Congratulations are also due as she wed Alex Knote in September 2013 on Long Island!

Maria LaPutt—2002, DPT
Maria La Putt ’02 announces the opening of her new clinic and wellness center, Ananda Physical Therapy & Wellness, in Greenwich, CT. Maria specializes in myofascial release, pilates-based rehabilitation, and yoga. Learn more at www.anandapt.com

Phil Lombardo—2012, DPT
Congratulations are in order for Phil Lombardo ’12 on the birth of his third son, Micah Cartelli Lombardo, on March 22, 2013. Phil is proud to report that he is the most credentialed PT listed for the state of NJ on the APTA Find a PT Website and that he started a non-profit organization, New Jersey Edible Home Gardens, to promote healthy eating, eliminate GMO’s and chemically treated food through home, community, and school gardens.

Robert Lucania—1982, BS
Robert Lucania retired from the Air Force in 2010 as a Colonel and had the privilege of commanding three squadrons and the chance to enhance PT leadership. Lucania explains, “It was a challenge leading the largest Air Force Surgical Squadron, however, when people know you care and you’re professional, you gain their respect.” Before retiring, Robert had the opportunity to take the position as the Air Force Surgeon General’s Chief Consultant for Physical Medicine which allowed him to build a team that continues to push forward with innovative and evidence-based PT practices in the military. Robert joined the Mild Traumatic Brain Injury (mTBI) team to pursue his dream of seeing patients full time and was promoted to be the regional director for Army mTBI programs in Bavaria, Germany. He finds the promotion to be both challenging and rewarding as he is again working with the men and women of our American Armed Forces. Additionally, he is among those scheduled to be honored by The National Ethnic Coalition of Organizations as a recipient of the Ellis Island Medal of Honor for exemplifying outstanding qualities in his personal and professional life while continuing to preserve the richness of his heritage. Robert remarks, “It’s been a rewarding and exciting career and again, I want to thank you for all you’ve done for the students at NYU and our profession.”

Jenny McGuinness—2012, DPT
Congratulations are in order for Jenny McGuinness ’12 on the birth of her son, Hank, who joins older brother Gray, aged 5. Jenny and her family reside in their new home in Westport, CT, and she looks forward to taking an ortho outpatient job in the spring when Hank is a little older.

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VIOLET RIBBON CUTTING CEREMONY: An Audio-Visual Technology Celebration

On Sept. 4, students, faculty, and administration congregated for a ribbon cutting ceremony in the PT department to celebrate the arrival of new AV teaching equipment.

The upgrade was critical. No longer would faculty schlep LCD projector carts out of closets and hook up multiple lines, connectors, and cords each time they lectured. No more would faculty or students risk tripping over a network of wiring lying on the floor, leading to crashed power point presentations.

Instead, all classrooms now contain integrated AV systems that coordinate—at the push of two buttons—ceiling hung projectors, flat screen monitors, DVD players, audio devices, Internet, and centralized computers. Students will also benefit from a separate AV system to practice presentations, a sort of dress rehearsal space before their classroom gig. This is not to say the upgrades have been without some growing pains—a hiccup, or perhaps a belch—but overall, the new technology has elevated the quality of student-faculty educational experiences monumentally.

Historically, ribbon cutting ceremonies are reserved for moments like the celebration of a new business. The PT violet ribbon cutting ceremony symbolized pedagogical advances at NYU: faculty freedom to educate students using intelligent technology, a reenergized pedagogy at the hyphen between research and practice.

The ribbon cutting was also an opportunity to thank the people at NYU Steinhardt who helped make the upgrade possible through an exceptional team effort: Robert Knight, Leslie Brown, Jeffrey Lane, David Wong, Ben Vien, and of course, our own Anne Seaton.

The highlight of the celebration came when Mary Brabeck, dean of the Steinhardt School of Culture, Education, and Human Development, spoke to the gathered faculty and students. She congratulated the department on its 85th anniversary, its successful accreditation, and its new advances in teaching technology. She also spoke on the importance of wellness as a signature goal in NYU Steinhardt’s upcoming strategic plan, a goal that PT played a key role in bringing to the School’s forefront.

After Dean Brabeck spoke, she was presented with scissors to cut the violet ribbon suspended across the classroom space. She first suggested Dr. Batavia cut the ribbon, but in a symbolic gesture of shared governance, they cut the ribbon together. The violinist and cellist then broke out into Vivaldi’s Four Seasons, and the celebration began.

To view the ceremony, please visit our Website: http://steinhardt.nyu.edu/pt/

Alum Emmanuel Yung Launches iPad/iPhone App ‘Clinical Pattern Recognition—Low Back Pain’

On Oct. 21, 2013, NYU (MA, 1992) and NYU Medical Center alumnus Emmanuel “Manny” Yung, PT, DPT, MA, OCS, FAAOMPT, launched an iPad/iPhone app called “Clinical Pattern Recognition—Low Back Pain,” which he co-developed.

Designed to help students and clinicians hone their clinical reasoning skills regarding examination, differential diagnosis, movement faults, treatments and exercises for low back pain, the guideline- and evidence-based app is simple to use. Each technique is linked to PubMed abstracts.

You can find the app at https://itunes.apple.com/app?id=725106395?mt=8

The team developing the app is made up of doctorate-level residency- and fellowship-trained physical therapy clinicians, educators, and researchers. (Read more about the team at www.clinicalpatternrecognition.com/team/)

Dr. Yung fondly remembers Professors Wen Ling and Andrew McDonough who were his teaching role models at NYU. They instilled in him the value of movement research and anatomy respectively. This strong foundation influenced Yung’s role in the development of the PT app as well as his recent co-authored article, Middle and Lower Trapezius Strengthening for the Management of Lateral Epicondylalgia in The Journal of Orthopaedic and Sports Physical Therapy. (http://dx.doi.org/10.2519/jospt.2013.4659)

Dr. Marilyn Moffat came to NYU Medical Center to encourage the staff to be engaged in APTA, our professional organization. Her speech inspired Yung to go on to provide years of service to the profession of physical therapy. Recent appointments include: Lead Reviewer for the American Board of Physical Therapy Residency and Fellowship Education Program Credentialing Services Committee (2013) as well as Specialization Academy of Content Experts Orthopaedic Clinical Specialist Item Writer for the American Board of Physical Therapy Specialties (2014-2015).
Evidence-Based Practice Crossword Puzzle

CLUES

ACROSS

4. Patient leaving a study
6. Acronym used to rule-out a disease when a test is highly sensitive
8. Therapeutic benefit measured under typical clinical care conditions
10. Proportion of people with the disease at 1 point in time
11. Method used to control for bias

DOWN

1. Quantifies uncertainty
2. A quantitative synthesis of many studies
3. The proportion of new cases
5. A method used to minimize confounding
7. Acronym used to rule-in a disease when a test is highly specific
8. A research design that incorporates manipulation
9. Therapeutic benefits measured under ideal conditions

(Answers may be found on page 13)

FROM THE CHAIR

continued from page 1

evolving needs of the PT profession and upholds the highest standards of education, practice, and patient services. We are also indebted to Dr. Wen Ling for her dedicated service as department chair for the past 15 years.

In this issue, I am excited to highlight many of the events and honors bestowed upon our alumni, students, faculty, and department over the course of 2013 including ribbon cuttings, the anniversary celebration, and NYU PT’s first alumni event in Asia.

The official CAPTE accreditation report indicates that our flagship, the DPT program, continues to be rated as exemplary. Thanks to the indefatigable dedication of our core faculty and the tireless leadership of both Dr. Wen Ling and Dr. Marilyn Moffat, we are in excellent standing for another ten years.

To enhance the research mission of our department, we have initiated a search for a new associate professor tenure track faculty member. We are also pleased to announce that we will be accepting PhD students in 2014 with a competitive full-time funded fellowship/scholarship slot. An interdisciplinary PhD program in Rehab Sciences, which involves Steinhardt and Rusk, is also in the works. New to our newsletter is the name “PT Momentum” and the addition of a crossword puzzle.

I was inexplicably moved by the address our current students delivered to the potential applicants for next year’s class at the DPT Open House in October wherein they expressed the sense of family, support, and community within our department. This sense of community is invaluable to any organization. To this end, we plan to start a social media site using LinkedIn to foster our “family” connections and share news of upcoming events, announcements, and collaborations with all our alumni and friends of the department.

Please be on the lookout for an email inviting you to a NYU PT LinkedIn site (as well as tutorials if you’re not familiar with social media) so that we can move together as a family in 2014 and beyond.

Cheers!

— Mitchell Batavia PT, MA, PhD
Associate Professor and Chair
Reflections from Program Director, Dr. Weaver

In celebration of NYU’s Orthopedic PT Residency Program’s third anniversary, we are compiling reflections on the program and its progress from the perspective of the program’s director, mentors, and graduates.

To start, we interviewed Dr. Kevin Weaver, the program director of the Orthopedic PT Residency Program.

PT Momentum (PTM): Can you give us a basic overview of the program?
Dr. Kevin Weaver: The NYU Orthopedic PT Residency Program is a post-graduate program for physical therapists who want to sit for the Orthopedic Clinical Specialist exam. In keeping with APTA’s 20/20 vision of autonomous practice, the clinical specialist is best equipped to deal with the challenges of direct access practice through differential diagnosis.

PTM: What makes this program so special?
KW: The program exposes residents to a diverse array of educational experiences that include mentoring from OCS PTs and orthopedic physicians, TA experiences in the DPT program, and advanced instruction from nationally-recognized PTs who practice throughout the United States and are involved in fellowship and residency programs. These experiences help prepare residents for diverse settings that mirror our tri-state community. Also, the class size is kept small, in keeping with the importance of quality one on one interactions and appropriate clinical placements.

PTM: What is the general profile of your program’s applicants?
KW: Residents are PTs who have recently graduated from NY and NJ DPT programs as well as seasoned practitioners with anywhere from two to ten years of experience. The program attracts local, out-of-state, as well as international students.

PTM: How does this program fit in with the Evidence-Based Practice (EBP) model?
KW: The most important part of EBP is meeting the patient’s values and expectations. This art of PT is most challenged by the overt socioeconomic and cultural diversity found in the NYC area. The program targets these critical elements of EBP.

PTM: What is your vision of PT practice and how does this program help to implement this vision?
KW: The cornerstones of orthopedic physical therapy are patient education, manual therapy, and therapeutic exercises. These three areas are stressed continuously throughout the Orthopedic PT Residency curriculum through scholarly reviews.

Weekend Intensives in Orthopedic Physical Therapy

Advanced Physical Therapy Examination and Intervention Skills of the Musculoskeletal System

Spring + Summer 2014 Schedule

**SPRING 2014:**
- February 28 & March 1, 2014
  - **MODULE 5: THORACIC/LUMBAR SPINE**
    - Tara Jo Manal, PT, DPT, OCS, SCS
    - Clinical Services, Department of Physical Therapy, University of Delaware
    - Explore valuable red and yellow flag measures and how they can impact your care
    - Review clinical practice guidelines that you can apply to patient care on Monday morning
    - Gain mastery of mobilization and manipulation procedures through laboratory participation
    - Understand role of spinal exercises in treatment
    - Special evaluation and treatment considerations for the older adult with low back pain

- March 7-8, 2014
  - **MODULE 6: HIP AND SI**
    - Michael S. Punjellow, DPT, MS, OCS, FAAOMP'T
    - South Shore Physical Therapy Associates, Hingham, MA; Adjunct Clinical Assistant Professor, Physical Therapy Program, MGH Institute of Health Professions
    - Common hip pathologies
    - Integrate hip examination best evidence
    - Manual PT techniques and therapeutic exercise
    - Integrate a mechanical approach and best evidence for sacroiliac joint
    - Physical examination of the pelvis
    - Manual physical therapy techniques and therapeutic exercise for SIJ dysfunction

- April 18-19, 2014
  - **MODULE 8: ANKLE/FOOT**
    - Smita Rao, PT, PhD
    - Department of Physical Therapy, New York University Langone Medical Center
    - Appropriate for beginner, intermediate, and advanced clinicians, and those preparing for the OCS exam
    - Didactic sessions will cover recent advances in biomechanical, clinical, and translational research relevant to clinical decision-making and direct access
    - Lab sessions will cover: clinical examination techniques, and interventions such as manual therapy, taping, orthoses prescription, and therapeutic exercise
    - Walking/running video analysis with a focus on foot/ankle

**SUMMER 2014:**
- June 6-7
  - **MODULE 9: MOTOR CONTROL**
    - Dick Magill
    - June 13-14
  - **MODULE 10: MOVEMENT GAIT**
    - Wen Ling, Smita Rao, and Todd Wilkowski
    - July 25-26
  - **MODULE 11: RSI ERGONOMICS**
    - Kevin Weaver
    - August 1-2
  - **MODULE 12: WORK CONDITION FCE**
    - Mark Wurster and John McLinden

Participants may register for individual weekend modules. Cost: $400 per module, $1400 for all four modules, $350 each when three or more PTs from the same site register. To register, contact Peggy Dadaille at 212 998 9429 or pd70@nyu.edu. For more information go to www.steinhardt.nyu.edu/pt.
Wen Ling for her 15 years of service as the department chair. Marilyn Moffat for her seminal contributions to the profession and for which there are current efforts to establish the Moffat Chair, and Ann Goerdt, in the wake of her recent retirement, in recognition of her years of service to the Physical Therapy Department.

The first honoree of the evening was Dr. Wen Ling, who is described as “direct, organized, strong, focused, determined, perceptive, able to take charge” and noted for having “a wicked sense of humor.” Dr. Wen Ling has been chair of the department for the past decade and a half, only stepping down in late August. She is recognized as a clinician-scientist and author with expertise in the neuromuscular area and gait. Dr. Ling was acknowledged for her tireless efforts in promoting diversity, and increasing the visibility of our department in the national and international communities including China and Taiwan.

As chair, Dr. Ling secured and renovated a new departmental space for teaching and research on Second Avenue, launched the Doctor of Physical Therapy Program for Practicing Physical Therapists, and successfully completed two accreditation visits by CAPTE.

Dr. Andrew McDonough, a former chair of the department, came to the podium to congratulate Dr. Ling on her good work as chair over this impressive span of time. As he recalled his own memories of serving as chair, he told the audience, and the new chair, Dr. Batavia, that being a chair did not always entail glamorous duties. To clarify, McDonough walked over to a plastic bag situated off to the side of the podium and unveiled its contents: a toilet plunger. Dr. Batavia asked the department administrator who coordinated the event, Anne Seaton, rhetorically, “He’s not going to present that thing to me…is he?” Sure enough, McDonough did present the plunger to Batavia as well as one of his own beautifully framed photographs to Dr. Ling. Upon returning to the podium, Batavia quipped, “I’d prefer the picture to the plunger.” Several days later, Batavia received a custom-framed photograph in the mail.

Although Dr. Sheng-Che (Steven) Yen, a former student of Dr. Ling’s, could not attend the event, he sent a message of thanks to Dr. Ling, along with a story or two. Steven wrote that when he first came to America from Taiwan as a new student, he would sit quietly in class and not speak because English was not his first language. Dr. Ling knew that he avoided speaking in front of the class and thus constantly called upon him to answer questions. Initially, he often felt as if he would have a heart attack when called on because speaking pushed him out of his comfort zone, but Dr. Ling’s strategy worked wonders. Now, Dr. Yen reports that as an assistant professor at Northeastern University, he regularly lectures to a DPT class of over 100 students and presents at national conferences in front of huge audiences. He also recalls that Dr. Ling went above and beyond her roles as professor and advisor. For example, Dr. Ling knew that
living in New York was not easy for Steven and his wife, so from time to time, she provided them with some essentials for daily living, such as a slow cooker—a device which Yen reports still travels with them wherever they go.

Dr. Casey Smith ’13, past class representative, also shared kind words about Dr. Ling with the audience from her experiences as a student. Smith said, “[Dr. Ling] disarmed us by knowing more about us personally than we thought she did. Sometimes, I thought she might actually know me better than I knew myself.” She also said, “[Dr. Ling] demonstrated that she cared for each of us and our learning journey. This caring enabled her to better meet our needs and made us feel that we belonged.”

The second honoree of the night was Dr. Marilyn Moffat, who has been described as being “a true leader with extraordinary vision, strong, never cruel, warm, a visionary, adapting to the needs of the profession, and indefatigable in her support of our profession.”

While Dr. Moffat hardly needed an introduction, one could not speak about her without mentioning her six-year term as the President of the APTA, her major role in the development of the Association’s Guide to Physical Therapy Practice, and her current position as president of the World Confederation of Physical Therapy. Dr. Andrew Guccione, professor and chair of the Department of Rehabilitation Science at George Mason University, made his way all the way up from Virginia to speak about Dr. Moffat. Dr. Batavia also took a stab at covering some highlights from her voluminous curriculum vita, but relented due to time constraints, mentioning that we only rented the room for one night as Dr. Moffat’s CV scrolled all the way down to the foot of the podium and across the floor.

Dr. Carol Lewis, renowned geriatric rehabilitation specialist and co-author with Dr. Moffat on the popular lay public book Age-Defying Fitness, could not attend the celebration but sent a video in which she revealed Dr. Moffat’s superpowers. Dr. Lewis spoke about Dr. Moffat’s uncanny ability to know something about everybody and to care about them. As for accomplishments, she reminded everyone that Dr. Moffat has received awards from all the APTA sections and even has one named after her.

Mr. Mallon, former CEO and general counsel for the APTA, sent a note of congratulations to Dr. Moffat that was read during the celebration. Along with all accolades Dr. Moffat deserved for her accomplishments at the APTA, he also mentioned Dr. Moffat’s commitments in that nothing outdoes her commitment to both causes and people.

Lastly, Carolyn Beck ’14, current DPT student and class representative, approached the podium to express her gratitude for having Dr. Moffat as a teacher.

Dr. Goerdt’s international and national accomplishments are numerous and include her involvement in the development and implementation of WHO training programs for rehabilitation personnel in other parts of the world. She also served as representative
What some of our recent alumni say ....

David Lui, DPT 2013—NYU’s DPT program provides a comprehensive foundation in all areas of physical therapy preparing graduates to be exceptional generalist practitioners. One of the program’s greatest aspects is its clinical observations component in which we are exposed to the experiences and knowledge of master clinicians to help reinforce what is being taught in our classes. The clinical affiliations sites available to us were numerous and some of the best in the nation. Faculty members of NYU DPT are open, friendly, and approachable and the small class sizes really allow for you to bond with the classmates you will be sharing the next three plus years with. The program also taught me the skills needed to examine research literature critically in order to find the best evidence for patient care, and for that I am most appreciative.

Elina Faynleyb, DPT 2013—As an English major straight out of college, I was worried that I would be at a disadvantage in the field of Physical Therapy, but going to NYU DPT and learning in a diverse classroom with equally diverse professors helped make me confident in my abilities and enthusiastic about my future career as a DPT. NYU DPT caters to its students and I always felt I got the help I needed from the department. NYU DPT helped me build important relationships not only with my peers, but with my professors, and other practitioners in the field. Going out into my first affiliation, I felt confident in my training, and by my last affiliation, I felt like I had all the skill sets necessary to begin practicing as a DPT. The resources available at NYU DPT far exceeded my expectations and the connections I have made while in the program will surely last a lifetime. The clinical affiliations made available to us were great and the coordinators ensured we were matched with an optimal affiliation. The weekly observations in our second and third years made me glad I picked NYU DPT. Being in the field on an observation that correlated with what we were learning in the classroom helped solidify everything I was seeing in the classroom, and made it easier to achieve carryover into my summer affiliations.

Ma Michelle Cruz, Ortho Res 2013—In 2012, my contract with the staffing agency that had employed me as a physical therapist (PT) for five years was ending. Within that five years, I had gone back to school for my second doctorate degree, a DPT, through another academic institution in New York. As a self-proclaimed professional student, I knew what skills I wanted to hone after being a PT for 14 years. I was thrilled to learn that NYU offered a residency program in orthopedic PT. I jumped at the opportunity. Through this program, I have gained more knowledge and skills in orthopedic PT that I am able to include in my current practice. I use current evidence-based practice to encourage good outcomes for my patients. My mentoring facility in Brooklyn took me in as a regular staff PT after the 12 months of training under a wonderful mentor. Barely a month into the full-time position, I was invited to be involved in another specialty, pulmonary rehabilitation, because of my background in the field. Aside from that, I am happy to report that effective Nov. 1, 2013, I will be the center coordinator for clinical education for Metro SportsMed, an affiliate of the New York Methodist Hospital. I cannot thank NYU Department of Physical Therapy enough for all the opportunities that have opened up for me as a result of my participation in the DPT program. I hope for continued success for the department.

Jessica Schwartz, Ortho Res 2013—Being a part of the inaugural post-doctoral residency with NYU DPT and NJCPT was the best thing I could’ve ever done for my career, knowledge base, and my patients. Learning and engaging with some of the top clinical and research based minds in the field was incredibly inspiring. I find myself utilizing the education and skill-sets I learned in Orthopedic Residency everyday with my patients, students, and fellow physical therapists. Thank you for implementing the APTA’s Vision 20/20 facilitating clinicians who can confidently differentially diagnose and treat in a direct access state.
Elliot Fishbein, PT, OCS, CFMT, FAAOMPT, presented a poster entitled, “Physical Therapy Management of a Confirmed Case of Chronic Exertional Compartment Syndrome Using the Functional Manual Therapy ApproachTM” during a break-out session for clinical research and case reports at the Annual Conference and Exposition for the American Academy of Orthopedic and Manual Physical Therapists (AAOMPT) held October 16-20 in Cincinnati, OH. Dr. Fishbein’s poster illustrates a case report documenting successful conservative (non-surgical) management of chronic exertional compartment syndrome (CECS) using the functional manual therapy approach. This session was presented before a small panel and attended by an audience of approximately 80 physical therapists from around the country including representatives from the International Federation of Orthopedic and Manual Physical Therapists (IFOMPT).

Gregory M. Gutierrez, PhD. Assistant Professor, has been awarded a grant for the period of September 1, 2013 to August 31, 2014 in the amount of $100,000 through the New York University-Poly Seed Grant Competition as Co-Principal Investigator for “Development of an Ankle Instability Rehabilitation Robot.” Read more about Dr. Gutierrez’s groundbreaking work in his publications:


Louis Iannuzzi, PT, DPT, C.Ped. has been actively involved with Pedorthic Footwear Association (PFA) for over 23 years and presented a lecture entitled “Total Contact Casting for Charcot Management” at the 54th Annual PFA Symposium & Exhibition in Boston, MA, on November 1st. Dr. Iannuzzi maintains the distinction of being the first to become cross credentialed for this organization as both a Pedorthist and Physical Therapist. As the former Executive Vice President and Exam Writing Chair for the American Board for Certificat (ABC) Prosthetics, Orthotics, & Pedorthics, Dr. Iannuzzi has been board certified since 1990.

Wen Ling, HT, PhD On September 7, 2013, a group of alumni from East Asia gathered for an evening of wonderful conversation, eating, and singing during the 6th Asia-Western Pacific Regional Congress of the World Confederation for Physical Therapy meeting held in Taichung, Taiwan. This event marks the first NYU PT alumni event held in Asia and it was attended by over 20 graduates from Taiwan, Japan, Thailand, and the United States, as well as Dr. Marilyn Moffat and Dr. Wen Ling who attended the reunion on behalf of New York University. The event was organized by Mei-Ying Kuo (MA-Pathokinesiology, 1996) and Hsiu-I Chen (MA-Pathokinesiology, 1995). Shih-Heng Sun (MA-DD, 1996) served as the Master of Ceremonies. As September 28 marks both Confucius’ birthday and Teacher’s Day in Taiwan, the organizing committee adored the room with decorations for Teacher’s Day as well as NYU’s signature violet color and the NYU torch in honor of NYU PT.

To test the faculty’s long term memory skills, the alumni did not wear name tags. Nevertheless, the practice of physical therapy must counteract the aging process as everyone looked the same! Dr. Moffat was so pleased and surprised to see Ping-Yen Chiang (MA-Pathokinesiology, 1981). On behalf of graduates, Mr. Chiang commented that studying at NYU was a life-changing event as it enabled him to truly understand the profession of physical therapy and set his career path and goals. Prapas Pothongsunun (PhD, 1993) traveled from Chiang-Mai, Thailand, to attend the reunion. The oldest graduate in attendance was Ping-Yen Chiang of 1980 and the youngest was Ya-Ying Wang of 2006 (DPT-PPT).

At the end of wonderful evening, Shih-Heng Sun committed to start an alumni association for NYU Department of Physical Therapy in Taiwan. Dr. Moffat agreed to serve as its honorary chairperson.

Smita Rao, PT, PhD was invited to present her research on the management of the foot in individuals with arthritis in an invited keynote address at the Annual Meeting of the International Society of Prosthetics and Orthotics (ISPO), Swedish Branch, in Stockholm, Sweden on November 15th. Founded in 1970, the ISPO is a multidisciplinary, international and non-political organization open to all with a professional interest in fields related to orthotics, prosthetics, and rehabilitation. Read more about the ISPO here: http://www.ispo.se/ispo-sverige.

Dr. Rao presented two talks at ISPO, one on clinical decision making titled, “Considerations for the Management of Midfoot Arthritis: An Overview” and the second on the implications of her research findings on clinical practice titled, “Do orthoses alter segmental foot kinematics during walking in patients with midfoot arthritis?” Both talks inspired lively discussions on opportunities and barriers related to translating research into clinical practice.

Kevin Weaver, PT, DPT, MA, OCS, CEA, CIE has been awarded Steinhardt’s 2013 Excellence in Teaching Award.
MOFFAT WORLD TRAVELS

Dr. Marilyn Moffat continues her activities as President of the World Confederation for Physical Therapy, the sole international organization representing 350,000 physical therapists in 106 countries worldwide that is dedicated to promoting the profession and improving global health. Since 1951, the Confederation has united the profession together across national boundaries, providing it with international leadership, consistency, education guidelines, practice standards, and policy statements that provide a baseline of quality.

She also continues to co-chair the APTA Section on Geriatrics’ three-course certification series that grants physical therapists “Certified Exercise Experts for Aging Adults.”

Marilyn’s travels have taken her to: Chicago, Illinois; Minneapolis, Minnesota; Auburn, Washington; Huntington, West Virginia; Beijing, China; Bogota, Columbia; Santiago, Dominican Republic; London, England; Budapest, Hungary; Washington, DC; Queretaro, Mexico; Taipei, Taiwan as well as Taichung also in Taiwan.

Publications


Feel Your Best at Any Age. Prevention, Aug. 2013

Easy At Home Exercises. AARP Blog, May 2013.


Presentations

“Celebrating 40 Years: University of Vermont—Tribute to Sam Feitlberg,” University of Vermont Physical Therapy Program, Burlington, VT, May 10, 2013.


School of Physical Therapy, National Taiwan University, Taipei, Taiwan: “Physical Therapy Management of the Person with Osteoporosis,” Sept. 3, 2013.


7th World Congress of International Society of Physical Medicine and Rehabilitation Medicine, Beijing, China: “Physical Therapists as Integral Members of the Rehabilitation Team,” June 18, 2013

“Physical Therapist Interventions for the Aging Population: Keeping this Populations Moving Through Physical Therapy,” June 18, 2013

The NYU Steinhardt Physical Therapy Department gratefully acknowledges the generous support of all our contributors.
Jerry-Thomas Monaco—2011, Ortho Res
Jerry-Thomas Monaco was an orthopedic resident from 2010-2011 and currently resides in Highlands, NJ, while working for Kessler Rehab in Edison, NJ. Jerry-Thomas is pursing CI credentials and hopes to work with NYU students.

Marissa O’Keefe—2008, DPT
Congratulations to Marissa Wzorek O’Keefe, PT, DPT, CLT, WCC, who was married in September 2012!

Robert Post—1980, BS/MA/PhD
Robert Post is currently the Director of a DPT Program at Neumann University, PA; Commissioner on the Committee on Accreditation in Physical Therapy (CAPTE); and actively engaged in laser research and will be presenting a featured session on light therapy at CSM 2014.

Travis Reiter—2009, DPT
Travis Reiter reports that he and his wife, Caitlin, are expecting their first child, a little girl, in February!

Gertrude Schwartz—1951, BS
Gertrude “Trudy” Schwartz ’51 reports that she is 94 and “in very good health, probably due to my PT background and good genes!” Trudy still chauffeurs people to meetings in her ‘92 Saturn and volunteers in a nursing home one day a week. Trudy’s volunteer work is part of a non-profit service for residents and she continues to take courses, go to concerts, and remain active in civic organizations.

Jessica Schwartz—2013, Ortho Res
Jessica Schwartz was recently featured by Nightly News with Brian Williams and Lester Holt. She started a Prosthetics Education Program at work last year and volunteers with the Challenged Athletes Foundation (CAF). She joins Bob Gailey, PT, PhD of the University of Miami/creator of the first five step program prosthetic running program, and Peter Harsch, prosthetist/top 25 triathlete/wounded warrior leader, to lead a free mobility and running clinic for people living with above and below knee amputations in Boston. The CAF trains 80+ percent of all para-olympians for the US National team. Her most recent event boasted 56 participants, 31 of whom never ran before. All 56 left running and of the 56 participants, she had four survivors from the Boston Marathon tragedy who came to participate. Two of them, Heather and Celeste, recently received their new legs and just started walking again. Heather received her running leg the night before and Jessica and her team got her up and moving within the first 30 minutes! Jessica writes, “Opportunities like this remind me how truly lucky we are to have a three-day work week and have the ability to maximize/benevolently offer our time on an off day to people truly in need.” Learn more about Jessica’s event here: Lestor Holt NBC Nightly News: http://www.nbcnews.com/video/nightly-news/53204436/#53204436 • Brian Williams

NYU PT Alumni Who Have Gone on to Specialize

| GERIATRIC (GCS) | Judith Dailey ('61), Marilyn Moffat ('63), Gail Davies ('66), Bernadette Toscani ('78), Barbara Jean Brown ('83), Jean Hill ('84), Kathleen Kline ('94) |
| NEUROLOGIC (NCS) | David Smyntek ('78), Vita Incantalupo ('86), Cristiana Kahl ('86), Laural Crandall ('90), Jason Shaw ('97), Grace Chen ('02), Melissa Chung ('05), Maytal Zicha ('08), Clara Gaspari ('04), Minam Gross ('08), Robert Schreyer ('03) |
| ORTHOPEDIC (OCS) | William Temes ('74), Evelyn Orton ('75), Bernard Finnerty ('77), Debra Howard ('77), Frances Kramer ('77), Susan Edmond ('78), Marie Kardys Kelly ('78), Thomas Nolan ('78), Patrick Van Beveren ('79), Jeffrey Snyder ('81), Jody Llacera ('83), Donna Croce ('84), Donal Demay ('98), Paul Paletis ('98), Josephine Park ('99), Wing-Sze Fu ('00), Ivan Hernandez ('01), Justin Gornell ('01), Grace Tang ('02), Gregory C. Thomas ('03), James Koo ('04), Hiromi Otani ('02), Michael D’Agati ('05), Fun-Yu Kevin Kay ('06), Maureen Mangosong Wenski ('04), Emil Berengut ('09) |
| CARDIOPULMONARY (CCS) | Susan Hoover Garritan ('78), Maryclare Krowing ('83), William Kuntz ('84), Suri Granek ('86), Cynthia Smestad ('88), Peg Meisler ('90) |
| PEDIATRIC (PCS) | Sylvene Blissett ('82), Peter Raalf ('82), Suri Granek ('86), Cynthia Argiro ('87), Linda Finneran ('87), Linda Fuller ('89), Carol Mangini ('90), Bala Pillai ('93), Wen Yu Liu ('95), Michael Cantara ('96), Wing-Sze Fu ('00), Megan Freeland ('05) |

SPORTS (SCS) | Arnold Bell ('74), Karen Maier Berger ('86), Benjamin Gelfand ('88), Michael Fox ('91), Cindi Gold ('94), Ivan Hernandez ('01), Hiromi Otani ('02), Philip Lombardo ('02), James Koo ('04), Brian Gurney ('05), Erica Lee Zimmermann ('05), Fun-Yu Kevin Kay ('06), Jeremy Crow ('06), Joseph Ciccone ('07), Jennifer Gentile ('01) |

WOMEN'S HEALTH | Denise Jagroo ('02), Laurelle Kilmartin ('04) |

NYC News/53204436/#53204436 • Brian Williams

Congratulations to Jerry-Thomas Monaco on the birth of her son, Landon Thomas Aitken, on September 16, 2013!
NY-NJ Clinical Educators Consortium
Job Fair 2013

At the February 24, 2013 Job Fair, held high up in NYU Kimmel Center’s Rosenthal Pavilion and sponsored by the New York-New Jersey Clinical Educators Consortium, we had strong participation and excellent attendance. Companies that sponsored tables were more than satisfied with the number and variety of attendees drawing on a great many in the region.

- Tables registered: 22
- Attendees (primarily students): 133
- Organizations represented: 20+, including:
  - Columbia
  - College of Staten Island
  - Hunter
  - LIU
  - NYIT
  - NYU
  - Sage Graduate School
  - Seton Hall
  - Stony Brook
  - SUNY Buffalo
  - UMDNJ- Rutgers
  - University of Delaware
  - University of Hartford
  - University of Penn
  - University of Scranton
  - Utica College
  - Western University

A great many positive comments were received during and after the event, especially concerning the quantity and variety of students who attended.

Looking for a new job opportunity?
The NYU PT Website is a great resource to view new job listings in the physical therapy field for all alumni. Visit http://steinhardt.nyu.edu/internship/pt for a complete list of positions. If you are interested in posting a new position, click “Post a New Internship/Job” to share your opportunity with other NYU alumni.

NYU ORTHOPEDIC PT RESIDENCY PROGRAM
Reflections from Program Director, Dr. Weaver

continued from page 8

of journals and one-on-one clinical experience with our mentors.

A mentor for the program, Glen Rowell, PT, DPT, OCS, noted the impact his affiliation with the program had on his own practices. He contributes, “The coursework offered by the NYU Orthopedic Residency program enhanced my clinical knowledge tremendously. I feel as if it brought me up to date with current knowledge and helped me establish a near daily routine of literature review I might not have done otherwise.” In addition to influencing Rowell’s own style of practice, he notes the impact the program had on the culture of physical therapists. Rowell explains, “The residents set up a climate of learning that students on clinical affiliation do not normally experience. They helped create an environment where the best and most cutting edge practice patterns were utilized. This not only helped our practice and its reputation, but it helped our patients…bottom line.”

Finally, we turn to the program’s most recent alumni for their reflections. Beatrice Giurlani acknowledges both the rigor and value of the program, saying, “It is a long journey, but you will be able to deepen your knowledge and advance your orthopedic clinical skills to a different level. The Residency covers everything necessary to prepare the OCS exam and offers incredible learning opportunities—the hours spent in the operating room or shadowing some of the best orthopedic surgeons of NY were the most exciting ever. Every intense module gives you useful information that you can apply on the next day at the clinic, where you feel a difference in patients’ satisfaction. I wish every therapist could have the opportunity to experience this program …”

Perhaps the finest testimonial about the program’s impact lies in our graduates’ application of their knowledge in the field. Jerry-Thomas Monaco reports that since graduating, “I have found my patient outcomes are better, I have been able to provide more efficient treatment to my patients, and educate my patients, students, and other therapists more effectively.” Upon graduation and returning to the clinic he worked in, Monaco’s manager remarked, “In less than two years, you have gained ten years experience.”

To put it as succinctly as Glen Rowell does, the Orthopedic Residency’s greatest accomplishment is that it helps improve clinical practice and patient care…bottom line.

Evidence-Based Practice Crossword Puzzle Answer Key

ACROSS
4. Attrition
6. SNOUT
8. Effectiveness
10. Prevalence
11. Blinding

DOWN
1. Confidence Interval
2. Meta-analysis
3. Incidence
5. Randomization
7. SPIN
8. Experiment
9. Efficacy
Class of 2013 Awards

Curtis Wu

ARTHUR J. NELSON AWARD
For excellence in clinical electrotherapy

Elena Myasnikova

ARTHUR J. NELSON AWARD
For excellence in clinical electrotherapy

Kristen Cotrone

ELIZABETH C. ADDOMS AWARD
For excellence in academic and clinical performance

Carly Lochala

ELIZABETH C. ADDOMS AWARD
For excellence in academic and clinical performance

Michelle Cilenti

DEPARTMENT SERVICE AWARD
For outstanding service and excellent leadership

Casey Smith

DEPARTMENT SERVICE AWARD
For outstanding service and excellent leadership

Keynote Speaker
Doctoral Convocation
The Year in Pictures

Stress Busters
Third-year DPT students hosted their first stress buster event on November 7th and it was a relaxing success! Over 30 students signed up for backrubs and neck massages while helping themselves to baked goods in the Student Lounge. Students reported feeling “sleepy,” “relaxed” and yet “ready to take on the world!” The hope is to make this event a tradition to promote student well being and stress reduction during midterms and finals!

Morning News Shows
In celebration of National Physical Therapy Month, Professors Marilyn Moffat and Louis Iannuzzi along with NYU PT students made appearances at NBC’s Today show and ABC’s Good Morning America show on September 25th.

NYU DPT 5K Run/Walk
NYU’s Doctor of Physical Therapy Class of 2013 students hosted the third annual NYU DPT 5K Run/Walk in Prospect Park on March 9. Despite the snow, we had an amazing turnout with over 450 registered runners from NYU, fellow physical therapy programs, running clubs and the community at large. The event provided a fun activity to promote health and wellness and unite NYU students with the surrounding community. With the aid of campus groups such as Live Well NYU and Steinhardt GSO, as well as private donations, we raised over $16,000 for the Foundation for Physical Therapy.
2014 ANNUAL PHYSICAL THERAPY RECRUITMENT FAIR

Sunday, March 9, 2014
New York University
Rosenthal Pavilion, Kimmel Center, 10th Floor
60 Washington Square South

A unique opportunity for healthcare professionals to meet with members of the healthcare industry!

WHO SHOULD ATTEND?
Healthcare organizations
Healthcare administrators
Healthcare representatives
Physical therapy students
Practicing physical therapists interested in relocation or opportunities for upward mobility

Exhibitors must register. For pricing information, please contact Anne Seaton at 212 998 9414 or email mas2@nyu.edu.

Registration deadline: February 21, 2014. Space is limited. Registration after this date will be accepted on a space available basis.


- Prepare to sit for the clinical specialist exam offered by the American Physical Therapy Association
- Obtain advanced orthopedic knowledge and clinical skills at a top-ranked research university
- Learn about the latest developments in evidence-based orthopedic physical therapy
- Study with board-certified clinical specialists and physicians
- Complete the advanced certificate program in 12 months

Application deadline: April 14, 2014
Pursue your goals. Be the future. Be NYU Steinhardt.
Visit www.steinhardt.nyu.edu/pt/opt or call Peggy Dadaille at 212 998 9429 or pd70@nyu.edu.

NEW YORK UNIVERSITY
New York University is an affirmative action/equal opportunity institution.

Become a Master Clinician and Clinical Affiliate!

We are looking for interested clinicians and sites to serve as Master Clinicians and clinical affiliates. Clinical education is an important aspect of the Doctor of Physical Therapy curriculum, and we are continually looking for experienced clinicians to serve in these capacities. As an NYU graduate, your connection with the PT Department gives you a unique opportunity to serve as a mentor and assist current DPT students in their educational experience. By serving as a Master Clinician or clinical affiliate, you will also earn tuition credits at NYU that can be used to further your own education free of charge.

As part of NYU’s dedication to its students, the Physical Therapy Department is continually looking to expand its network of clinical sites nationwide. Please contact our Director of Clinical Education, Elaine Becker, PT, DPT, PCS at 212 998 9407 or eb2@nyu.edu to request more information.

To honor the extraordinary lifetime contributions of Physical Therapy Professor Marilyn Moffat, the Steinhardt School is raising $2 million to endow a chair in her name. The endowment will ensure funding in perpetuity for an outstanding professor to teach physical therapy at NYU. Many friends, patients and students of Professor Moffat have made generous contributions totaling $1,368,774.67 to date.

For more information about The Campaign for the Marilyn Moffat Chair in Physical Therapy, please contact Dr. Mitchell Batavia at 212 998 9409 or mitchell.batavia@nyu.edu.

An Endowed Chair Honoring a Leader in Physical Therapy

2013 NYU Steinhardt Department of Physical Therapy
PT Momentum, The Alumni Newsletter

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