

STUDY ABROAD IN Sydney, Australia: INTERNSHIP IN ART THERAPY  
(ARTT-GE2302)

Instructor : Ikuko Acosta

June 14-July 4, 2015

**WEEK 1**

**June 15 (Mon)**

Orientation by the Accra NYU staff

**June 16(Tues)**

*(Groups 1 and 2)* 9:00am-12noon

All students will start internship at their specifically assigned placements: 1. Redfern Community Centre, 2. This site is pending

*(Group 3)* 10:00am-1:00pm

3. Mudgin-Gal Aboriginal Womens Corp.

Students will meet the staff and the children/adolescents/adults, and begin to select and formulate groups. Two pairs of students at each placement will work with 3 different groups every morning.

12:30-1:30pm Lunch

1:30-2:30pm

Supervision with the instructor. Discuss and process the first day experience, and plan and prepare for the art project for the next day.

**June 17(Wed) - June 18(Thurs.)**

9am-12noon

Continue the same schedule: Each pair of students will work with 3 groups of children/adolescents/adults at their respective placements.

12:30-1:30pm Lunch

1:30pm-2:30pm

Supervision with the instructor. Discuss and process 1. The schedule and the structure at the placement, 2. Cultural adjustment, 3. Other issues related to personal experience within a different cultural context.

## **June 19 (Fri)**

Same schedule as 6/17 and 6/18, except the students will share a mini presentation of each placement and be familiarized with each other's placement.

## **WEEK 2**

### **June 22 (Mon)- June 25 (Thurs)**

9am-12noon-  
Internship on site.

12:30-1:30pm Lunch

1:30pm-2:30pm Supervision with the Instructor.

The daily schedule continues the same, except the content of the supervision will shift according to the level of adjustment of the students, receptivity of the participants, and the type of art project that is culturally appropriate.

## **June 26 (Fri)**

9am-12noon  
Internship on site.

12:30-1:30pm Lunch

1:30-pm - 3pm. Supervision with the instructor.

Students will share the mini presentation of their placements as well as begin to discuss and plan for the final project on the last day.

## **WEEK 3**

### **June 29 (Mon)-July 2 (Thurs)**

9am-12noon  
Internship on site.

12:30-1:30pm Lunch

1:30-2:30pm Supervision with the instructor.

Continue to discuss and process their work with children/adolescents/adults and begin to identify specific cultural factors that may be influencing their artwork, art making style and their attitude toward art therapy experience.

## **June 3 (Fri)**

Final art project at each placement. The project may involve art exhibit, ceremony and other types of celebratory event. All participants will receive a certificate to acknowledge their participation in the Art Therapy program.

### **ASSIGNMENTS**

1. Keep a daily journal.
2. Participate actively in daily supervision seminar.
3. Final project: Students are required to produce a final project that incorporates their experience in Australia on multi levels including cultural, clinical and personal levels. The project can be submitted in a different format, such as paper, photo journals, artwork or the combination of all, but must show the evidence of personal insight that they gained from this 3 week intensive course. The final project is due a month after they return to US.

\*Please note that the afternoon schedule/activity (after the supervision) may vary depending on the plans prepared by the NYU Sydney staff, such as visiting an NGO, an orphanage, a drum lesson, etc. Students also spend their free time shopping to purchase local art materials to use in their art project on site.