

Issues in Global Public Health and Nutrition: Puebla and Oaxaca Mexico
Department of Public Health

COURSE INSTRUCTOR

Niyati Parekh, Ph.D, RD.

NYU SCHEDULE JANUARY 2015	
Date	Public Health Course
SUNDAY Jan. 4 th	Arrive to Puebla Check in at the hotel
MONDAY Jan. 5 th	7:00 - 8:00 Breakfast at the hotel
	8:15 - 9:15 Meet Octavio at the Hotel Lobby Orientation Session by UPAEP
	9:15 Depart to UPAEP 10:00 – 11:30 Lecture by Niyati Parekh (T 250)
	11:30 – 13:00 Bus tour
	13:00 – 14:30 Lunch on your own
	17:40 Meet Octavio at the Lobby's Hotel
	18:00 – 19:30 Class Dinner
	20:00 Go back to the Hotel
TUESDAY Jan. 6 th	7:00 – 7:45 Breakfast at the hotel
	7:45 Depart to UPAEP
	8:30 – 9:30 Rosca de reyes activity at UPAEP (Meet Octavio at UPAEP'S main entrance)
	9:30 – 11:00 Lecture “Food Policies in Mexico” Veronica (T 250)
	11:15 – 12:45 Lecture “Anti Poverty Programs” Sandra Solis (T 251)
	13:00 – 14:30 Lunch on your own
	14:30 – 16:00 Lecture “ Food advertising, labeling and marketing in Mexico” Mauro Garcia (T 250)
	16:30 – 18:00 Visit food store “ Comercial Mexicana”
WEDNESDAY Jan. 7 th	7:15 – 8:00 Breakfast at the hotel
	8:15 Depart to Hospital General del Norte
	9:00 – 12:00 Visit Hospital General del Norte talk about diabetes in Mexico 12:00 – 13:00 Lunch on your own
	13:00 – 14:30 Lecture “ Diabetes and prevention programs in Mexico” Erasmio Guzman (T 251)

	14:45 – 16:30 Lecture “Nutrition Assistance Programs” Fatima Mercedes
THURSDAY Jan. 8 th	6:30 Depart to Cuetzalan (Box breakfast distributed) 9:00 Arrive to Cuetzalan 9:00 – 14:30 Visit Hospital of Traditional Medicine and shadow traditional healers in their communities 14:30 Check inn at the hotel 15:00 Lunch on your own 16:30 – 19:30 Temazcal Bath 20:00 Class Dinner
FRIDAY Jan. 9 th	9:00 – 10:00 Breakfast at the hotel 10:00 Depart to Puebla
SATURDAY, Jan. 10 th	8:00 – 9:00 Breakfast at the hotel 9:45 Meet Octavio at UPAEP’s main entrance 10:00 – 12:00 Lecture “ Obesity perception in Mexico” Martha Rivera (T 251) 12:00 – 13:00 Lunch on your own 13:00 – 15:00 Lecture “ The Mexican Health care system” Sandra Treviño (T 251) 15:00 Free time to get to know the city
SUNDAY, Jan. 11 th	9:00 – 10:00 Breakfast at the hotel 10:00 Depart to Cholula 10:30 – 12:30 Pyramid’s and museum Tour 12:30 – 14:30 Cholula’s Market 14:30 – 16:30 Free time to get to know the city 16:30 Return to the hotel
MONDAY, Jan. 12 th	6:30 – 7:00 Breakfast at the hotel 7:00 Depart to Egg Factory 9:00 – 13:00 Visit Egg Factory and reflection session provided by Amy Bentley (Boc Lunch Distributed) 13:00 – 16:00 Travel to Oaxaca 16:00 Check in at the hotel 18:30 Class Dinner (Meet at the Looby’s Hotel)
TUESDAY Jan. 13 th	8:00 – 9:00 Breakfast at the hotel 10:00 – 12:00 Mole tasting and class 12:00 Depart to Montealban 12:30 – 14:30 Visit Montealban 14:30 – 16:00 lunch on your own 16:30 – 18:00 Lecture “ What is Mexico eating” Charlyne Curiel
Wednesday. Jan. 14 th	7:30 – 8:15 Breakfast at the hotel 8:30 – 10:00 Lecture “Puente a la Salud Comunitaria” Pete Noll

	10:00 Depart to Etna
	11:00 – 12:30 Talk with people from Puente a la Salud and visit the local grocery store
	12:30 – 14:00 Lunch experience with women from the community and staff from Puente a la Salud
	14:30 Depart to Oaxaca
	17:00 Lecture “ How Oaxaca is addressing health issues in the state”
Thursday Jan. 15 th	7:30 – 8:15 Breakfast at the hotel
	8:30 Depart to “ Clinica del Pueblo”
	9:00 – 10:30 Visit the clinic
	11:00 – 13:00 Panel on obesity, diabetes and how the government and NGO’s are working together to prevent them
	13:00 – 15:00 Lunch on your own
	16:30 – 18:30 Panel on Health disparities and nutrition assistance programs
Friday Jan. 16 th	7:30 – 8:30 Breakfast at the hotel
	8:30 Depart to NGO CANICA
	9:00 – 11:30 Visit CANICA
	12:00 – 13:00 Lunch on your own
Saturday Jan. 17 th	Depart to the USA